

2013 Duathlon Series - Race 1 Podium Finsihers

| Pos | Category | Name |
|-----|------------------------------------|-------------------------|
| 1 | A - Course A - Male Elite Open | Tang Ho Fai |
| 2 | A - Course A - Male Elite Open | Lo Ching Hin, Ivan |
| 3 | A - Course A - Male Elite Open | Perry Wong |
| 1 | O - Course A - Male 60 & Over | Chan Ho Kee |
| 2 | O - Course A - Male 60 & Over | Leung Chi Hung Nelson |
| 3 | O - Course A - Male 60 & Over | TSOI HON KUEN |
| 1 | N - Course A - Male 55-59 | LAM CHAN FAI |
| 2 | N - Course A - Male 55-59 | Wong Kam Tim |
| 3 | N - Course A - Male 55-59 | Wong Kwok Wah |
| 1 | M - Course A - Male 50-54 | Sung Yan Wah, Danny |
| 2 | M - Course A - Male 50-54 | CHANG KING FU |
| 3 | M - Course A - Male 50-54 | Ho Tak Ming |
| 1 | L - Course A - Male 45-49 | WONG TAK WAH, EDWARD |
| 2 | L - Course A - Male 45-49 | Billy Chow |
| 3 | L - Course A - Male 45-49 | Tim Hallworth |
| 1 | K - Course A - Male 40-44 | Wan Shu Wah |
| 2 | K - Course A - Male 40-44 | YUNG Leong Sang |
| 3 | K - Course A - Male 40-44 | Yue Kwok Chung Andrew |
| 1 | I - Course A - Male 30-34 | Lee Yuk Tong |
| 2 | I - Course A - Male 30-34 | WONG KA MING |
| 3 | I - Course A - Male 30-34 | SUN FAT YEE |
| 4 | I - Course A - Male 30-34 | Lam Tsz Wai |
| 1 | J - Course A - Male 35-39 | Christopher Cook |
| 2 | J - Course A - Male 35-39 | Chow Hoi Tat |
| 3 | J - Course A - Male 35-39 | Simon Waterhouse |
| 4 | J - Course A - Male 35-39 | Sin Chun Kwong |
| 1 | H - Course A - Male 25-29 | Zeco Wan |
| 2 | H - Course A - Male 25-29 | Hsieh Chun Shing, Jason |
| 3 | H - Course A - Male 25-29 | Tam Yau Yan |
| 1 | G - Course A - Male 20-24 | Pun Yiu Chung |
| 2 | G - Course A - Male 20-24 | Cheng Tsz Yeung |
| 3 | G - Course A - Male 20-24 | Chan Chun Lung, Alan |
| 1 | E - Course A - Male Junior | Lam Ka Wai |
| 2 | E - Course A - Male Junior | Chan Ka Lung |
| 3 | E - Course A - Male Junior | Chow Man Him |
| 1 | C - Course A - Male Elite Junior | Michael Lam |
| 2 | C - Course A - Male Elite Junior | Shuen Chun Kit, Jeffrey |
| 3 | C - Course A - Male Elite Junior | WONG TSZ TO |
| 1 | B - Course A - Female Elite Open | Cheung Ting Yan |
| 2 | B - Course A - Female Elite Open | KATE RUTHERFORD |
| 3 | B - Course A - Female Elite Open | Chan On Ki |
| 1 | D - Course A - Female Elite Junior | Choi Yan Yin |
| 2 | D - Course A - Female Elite Junior | Lee Yuk Ying, Aggie |
| 3 | D - Course A - Female Elite Junior | Lo Jian Ying , Eve |
| 1 | V - Course A - Female 45-49 | Jessica Mccaroll |
| 2 | V - Course A - Female 45-49 | Tong Yuk Ling, Phoebe |
| 3 | V - Course A - Female 45-49 | CHING SUK KAM |
| 1 | X - Course A - Female 55-59 | Trisha Leahy |
| 2 | X - Course A - Female 55-59 | Yeung Sai Hee, Sally |
| 1 | W - Course A - Female 50-54 | SY Mei Lee, Janet |
| 1 | U - Course A - Female 40-44 | Lui Shuk Han, Karen |
| 2 | U - Course A - Female 40-44 | Libby Alexander |
| 3 | U - Course A - Female 40-44 | Lai Ka Wing Alice |
| 1 | T - Course A - Female 35-39 | Tam Lai Kwan |
| 2 | T - Course A - Female 35-39 | Wong Suet Fan |
| 3 | T - Course A - Female 35-39 | Emma Poon |
| 1 | S - Course A - Female 30-34 | Lau On Yue |
| 2 | S - Course A - Female 30-34 | Ng Wing Nga |
| 1 | Q - Course A - Female 25-29 | Tang Cheuk Hang |
| 2 | Q - Course A - Female 25-29 | Luk Pui Yin |

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| 3 | Q - Course A - Female 25-29 | Lau Wai Yin |
| 1 | P - Course A - Female 20-24 | She Pui Shan |
| 1 | F - Course A - Female Junior | Tsang Ka Hung |
| 2 | F - Course A - Female Junior | CHAN WING TUNG |
| 3 | F - Course A - Female Junior | Lee Wing Sum |
| 1 | D1 - Course B - Male Youth | Angus Chow |
| 2 | D1 - Course B - Male Youth | Lai Chun Ming |
| 3 | D1 - Course B - Male Youth | Chan Ting Hei, Eric |
| 1 | D2 - Course B - Female Youth | Kelly Law |
| 2 | D2 - Course B - Female Youth | Tam Nga Man |

2013 Duathlon Series - Race 2 Podium Finsihers

| Pos | Category | Name |
|-----|------------------------------------|-------------------------|
| 1 | A - Course A - Male Elite Open | Tang Ho Fai, Jeffrey |
| 2 | A - Course A - Male Elite Open | Perry Wong |
| 3 | A - Course A - Male Elite Open | Chan Chi Chung |
| 1 | B - Course A - Female Elite Open | Cheung Ting Yan |
| 2 | B - Course A - Female Elite Open | KATE RUTHERFORD |
| 3 | B - Course A - Female Elite Open | Chan On Ki |
| 1 | C - Course A - Male Elite Junior | SHUEN CHUN KIT |
| 2 | C - Course A - Male Elite Junior | Michael Lam |
| 3 | C - Course A - Male Elite Junior | WONG TSZ TO |
| 1 | D - Course A - Female Elite Junior | Choi Yan Yin |
| 2 | D - Course A - Female Elite Junior | Camden Richter |
| 3 | D - Course A - Female Elite Junior | Lee Yuk Ying, Aggie |
| 1 | D1 - Course B - Male Youth | Angus Chow |
| 2 | D1 - Course B - Male Youth | Lai Chun Ming |
| 3 | D1 - Course B - Male Youth | Oscar Coggins |
| 1 | D2 - Course B - Female Youth | KELLY LAW |
| 2 | D2 - Course B - Female Youth | Tam Nga Man |
| 1 | E - Course A - Male Junior | Chow Man Him |
| 2 | E - Course A - Male Junior | James Tan |
| 3 | E - Course A - Male Junior | Lam Ka Wai |
| 1 | F - Course A - Female Junior | Tsang Ka Hung |
| 2 | F - Course A - Female Junior | CHAN WING TUNG |
| 3 | F - Course A - Female Junior | CHAN KWAN HO |
| 1 | G - Course A - Male 20-24 | Pun Yiu Chung |
| 2 | G - Course A - Male 20-24 | Chan Chun Lung, Alan |
| 3 | G - Course A - Male 20-24 | Cheng Tsz Yeung |
| 1 | H - Course A - Male 25-29 | Zeco Wan |
| 2 | H - Course A - Male 25-29 | Hsieh Chun Shing, Jason |
| 3 | H - Course A - Male 25-29 | Yau Kwun San |
| 1 | I - Course A - Male 30-34 | Andrew Wright |
| 2 | I - Course A - Male 30-34 | WONG KA MING |
| 3 | I - Course A - Male 30-34 | Reinert Alexandre |
| 4 | I - Course A - Male 30-34 | KIN CHUNG WONG |
| 1 | J - Course A - Male 35-39 | James Piachaud |
| 2 | J - Course A - Male 35-39 | Wong Siu Yuen |
| 3 | J - Course A - Male 35-39 | Simon Waterhouse |
| 4 | J - Course A - Male 35-39 | Thomas Butter |
| 1 | K - Course A - Male 40-44 | Paul d'Arcy |
| 2 | K - Course A - Male 40-44 | Gianandrea Pesci |
| 3 | K - Course A - Male 40-44 | Yue Kwok Chung Andrew |
| 4 | K - Course A - Male 40-44 | Cheung Wai Kei |
| 1 | L - Course A - Male 45-49 | WONG TAK WAH, EDWARD |
| 2 | L - Course A - Male 45-49 | Lam Kam Ching |
| 3 | L - Course A - Male 45-49 | Richard Thornton |
| 4 | L - Course A - Male 45-49 | Chung Chun Bong Alex |
| 1 | M - Course A - Male 50-54 | Sung Yan Wah, Danny |
| 2 | M - Course A - Male 50-54 | Chan Chu |
| 3 | M - Course A - Male 50-54 | Lee Ying Ho |
| 1 | N - Course A - Male 55-59 | Chau Yun Tung |

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| 2 | N - Course A - Male 55-59 | LAM CHAN FAI |
| 3 | N - Course A - Male 55-59 | Wu Chi-wai |
| 1 | O - Course A - Male 60 & Over | James Stewart |
| 2 | O - Course A - Male 60 & Over | Leung Chi Hung Nelson |
| 3 | O - Course A - Male 60 & Over | Chan Ho Kee |
| 1 | P - Course A - Female 20-24 | She Pui Shan |
| 1 | Q - Course A - Female 25-29 | Claire Watson |
| 2 | Q - Course A - Female 25-29 | TANG CHEUK HANG |
| 3 | Q - Course A - Female 25-29 | LAU WAI YIN |
| 1 | S - Course A - Female 30-34 | MANDY TIK |
| 2 | S - Course A - Female 30-34 | Lau On Yue |
| 3 | S - Course A - Female 30-34 | Tong Carlay |
| 1 | T - Course A - Female 35-39 | Janie Grant Riddell |
| 2 | T - Course A - Female 35-39 | Nerida Rigg |
| 3 | T - Course A - Female 35-39 | Anne-Marie Balfe |
| 1 | U - Course A - Female 40-44 | Lui Shuk Han, Karen |
| 2 | U - Course A - Female 40-44 | Pixie Thornton |
| 3 | U - Course A - Female 40-44 | Lai Ka Wing Alice |
| 1 | V - Course A - Female 45-49 | Tong Yuk Ling, Phoebe |
| 2 | V - Course A - Female 45-49 | Jessica McCarroll |
| 3 | V - Course A - Female 45-49 | LEUNG YIN YI |
| 1 | W - Course A - Female 50-54 | SY Mei Lee, Janet |
| 2 | W - Course A - Female 50-54 | Tam Yuen Hung |
| 1 | X - Course A - Female 55-59 | Yeung Sai Hee, Sally |

Completed Dauthlon Race 1 and Race 2 Finishers

| Name | Category |
|-------------------------|-------------------|
| She Pui Shan | Female 20-24 |
| Lau Wai Yin | Female 25-29 |
| Ng Wing Nga | Female 30-34 |
| Lau On Yue | Female 30-34 |
| HUI CHING YING | Female 35-39 |
| FUNG PIK YEE | Female 40-44 |
| Lai Ka Wing Alice | Female 40-44 |
| Lee Wing Yu | Female 40-44 |
| Leung Wing Sau | Female 40-44 |
| Lui Shuk Han, Karen | Female 40-44 |
| MAN ANITA | Female 40-44 |
| Jessica Mccaroll | Female 45-49 |
| Leung Yin Yi | Female 45-49 |
| Maria Swinton | Female 45-49 |
| Tong Yuk Ling, Phoebe | Female 45-49 |
| SY Mei Lee, Janet | Female 50-54 |
| Yeung Sai Hee, Sally | Female 55-59 |
| Cheung Ting Yan | Female Elite Open |
| KATE RUTHERFORD | Female Elite Open |
| Chan On Ki | Female Elite Open |
| Chan Kwan Ho | Female Junior |
| CHAN WING TUNG | Female Junior |
| Lee Wing Sum | Female Junior |
| Tsang Ka Hung | Female Junior |
| Kelly Law | Female Youth Open |
| Tam Nga Man | Female Youth Open |
| Chan Chun Lung, Alan | Male 20-24 |
| Chan Man Kit | Male 20-24 |
| Chan Yin Ming | Male 20-24 |
| Cheng Tsz Yeung | Male 20-24 |
| Chui Chung Hong | Male 20-24 |
| Fok Yun Sam | Male 20-24 |
| Hui Ka Cheong | Male 20-24 |
| Iam Chi Wen, Nelson | Male 20-24 |
| Lee Kai Yeung | Male 20-24 |
| Leung Ka Wa | Male 20-24 |
| Ngai Lee Chiu | Male 20-24 |
| Pun Yiu Chung | Male 20-24 |
| WU Kenneth Yee-Lok | Male 20-24 |
| Ng Ching Hong | Male 20-24 |
| HON Yau Tin | Male 25-29 |
| Hsieh Chun Shing, Jason | Male 25-29 |
| Hui Ka Wai | Male 25-29 |
| HUNG CHEUNG KIT, JOHN | Male 25-29 |
| Leung Ka Lun | Male 25-29 |
| Sau Miu Cheung | Male 25-29 |
| Shing Ming | Male 25-29 |
| Wong Wing Hang | Male 25-29 |
| Yiu Ching Ho | Male 25-29 |
| Zeco Wan | Male 25-29 |

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| Wan Ka Ming | Male 25-29 |
| Yau Kwun San | Male 25-29 |
| Lui Kim Lun | Male 30-34 |
| HO Ka Yan | Male 30-34 |
| HO KWOK WAI | Male 30-34 |
| Lam Tsz Wai | Male 30-34 |
| Lee Yuk Tong | Male 30-34 |
| Leung Chun Kit | Male 30-34 |
| Mak Chi Chung | Male 30-34 |
| Tse King Yung | Male 30-34 |
| Wan Chun Hung | Male 30-34 |
| WONG KA MING | Male 30-34 |
| Wong Yuk Hei | Male 30-34 |
| Woo Wai Kit | Male 30-34 |
| YIM TAT YIP | Male 30-34 |
| Au Hoi Lam | Male 30-34 |
| Chan Hiu Tan | Male 30-34 |
| CHEUNG TING FUNG | Male 30-34 |
| Cyrus Tin | Male 30-34 |
| Cheng Chi Fung | Male 30-34 |
| Brian Woo | Male 35-39 |
| CHEN CHRIS | Male 35-39 |
| Cheng Chi Ko | Male 35-39 |
| Cheung Ka Lok | Male 35-39 |
| Chiu Chi Wah Steve | Male 35-39 |
| Chow Hoi Tat | Male 35-39 |
| Ho Chi Hong | Male 35-39 |
| IP CHUNG YIN | Male 35-39 |
| James Whitman | Male 35-39 |
| Kwok Ping Hung | Male 35-39 |
| Lee Siu Yin | Male 35-39 |
| Lee Yuk Keung | Male 35-39 |
| Leung Ching Fai Frankie | Male 35-39 |
| Leung Tat Chi | Male 35-39 |
| Raymond Ma | Male 35-39 |
| Simon Waterhouse | Male 35-39 |
| Sin Chun Kwong | Male 35-39 |
| Lo Ying Wai | Male 35-39 |
| Wong Lok Shun | Male 35-39 |
| WONG PUI YUEN | Male 35-39 |
| Peter Leung | Male 35-39 |
| Chan Ping Kwong | Male 40-44 |
| Chen Teng | Male 40-44 |
| Ka Ki Leung | Male 40-44 |
| Lam Siu Kwan | Male 40-44 |
| LAU BIK WAH | Male 40-44 |
| Leung Wai Kwong | Male 40-44 |
| Paul d'Arcy | Male 40-44 |
| Yick Cheuk Kai, Jackie | Male 40-44 |
| Chan Ka Lun | Male 40-44 |
| Andy Wong | Male 40-44 |
| Yue Kwok Chung Andrew | Male 40-44 |
| Yeung Chi Wai | Male 40-44 |

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| Chan Wai Yin, Mickey | Male 45-49 |
| Cheng Kai Sing | Male 45-49 |
| Cheung Man Kwong | Male 45-49 |
| Choy Wai Kwun | Male 45-49 |
| Chung Chun Bong Alex | Male 45-49 |
| Danny Miao | Male 45-49 |
| Eiji Yanagawa | Male 45-49 |
| Kevin Lee | Male 45-49 |
| Lam Kam Ching | Male 45-49 |
| Ma Chi Po | Male 45-49 |
| Nicholas Tan | Male 45-49 |
| Peter Goldberg | Male 45-49 |
| Wong Ho Yuen | Male 45-49 |
| Wong Ka Wai | Male 45-49 |
| WONG TAK WAH, EDWARD | Male 45-49 |
| Chan Chu | Male 50-54 |
| Alan Torrigino | Male 50-54 |
| Choy Ying Keung | Male 50-54 |
| Chung Lui Hung Lawrence | Male 50-54 |
| Chung Shun | Male 50-54 |
| Ho Tak Ming | Male 50-54 |
| Lam Chi Wing | Male 50-54 |
| Lam Tsz Leung | Male 50-54 |
| Lee Kwok Ning | Male 50-54 |
| Lee Ying Ho | Male 50-54 |
| Leung Yau Hong | Male 50-54 |
| Liu Wing Chuen | Male 50-54 |
| LUI KIM MING | Male 50-54 |
| Peter Brown | Male 50-54 |
| Poon Kwok Wing | Male 50-54 |
| Stuart Cranfield | Male 50-54 |
| Sung Yan Wah, Danny | Male 50-54 |
| Chan Fai Ming | Male 55-59 |
| LAM CHAN FAI | Male 55-59 |
| Wong Kam Tim | Male 55-59 |
| Wong Kwok Wah | Male 55-59 |
| Chan Ho Kee | Male 60 & Over |
| CHAN KING CHE, STEPHEN | Male 60 & Over |
| Leung Chi Hung Nelson | Male 60 & Over |
| Chan Yat Chi | Male Elite Junior |
| Fan Lukas Long | Male Elite Junior |
| Fung Yat To | Male Elite Junior |
| Henry Warren | Male Elite Junior |
| Heung Chin Tung | Male Elite Junior |
| Lee Tsun Kiu | Male Elite Junior |
| Leung Chun Hin | Male Elite Junior |
| Michael Lam | Male Elite Junior |
| OR YIU HANG | Male Elite Junior |
| REINY KYLE BROWN | Male Elite Junior |
| Tsoi Ka Cheuk | Male Elite Junior |
| WONG TSZ TO | Male Elite Junior |
| Perry Wong | Male Elite Open |
| Tang Ho Fai, Jeffrey | Male Elite Open |

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| Chau Man Kei | Male Junior |
| Chow Man Him | Male Junior |
| Lam Ka Wai | Male Junior |
| Leung Pok Yin | Male Junior |
| Siu Kin Lok | Male Junior |
| James Tan | Male Junior |
| Tse Hoi Kit | Male Junior |
| Tsoi Ka Hei | Male Junior |
| Tsoi Ka Kit | Male Junior |
| YIN CHUN HONG | Male Junior |
| Angus Chow | Male Youth Open |
| Chan Ting Hei, Eric | Male Youth Open |
| Cyrus Hung | Male Youth Open |
| Lai Chun Ming | Male Youth Open |
| Oscar Coggins | Male Youth Open |
| Wong Hoi Tin | Male Youth Open |