香港三項鐵人總會 Hong Kong Triathlon Association

教練招聘 (香港代表隊 B 隊及灣仔游泳訓練)

Recruitment of Coach for National Squad B and Wan Chai swim training sessions

工作範圍 Job Duty

- 1. 執教香港三項鐵人總會之香港代表隊 B 隊
 - Coaching of TriHK National Squad B (NSB)
- 2. 執教香港三項鐵人總會之灣仔訓練,當中包括安排游泳及陸上訓練予香港代表隊、香港代表隊 B 隊成員、 地區集訓隊隊員及分齡組運動員
 - Coaching of TriHK's Wan Chai training sessions which may include swim and dryland sessions for National Squad, National Squad B athletes, Regional Squad athletes and Age Groupers
- 3. 執教香港集訓隊 B 隊及灣仔游泳訓練每月約 60-70 時,當中包括平日及週末訓練。灣仔游泳訓練於逢星期一、三、五進行。當灣仔訓練池週年維修期間,訓練將於其他泳池舉行
 - Coach about 60-70hrs/month, include weekday and weekend. Coaching will usually be conducted every Monday, Wednesday and Friday at Wan Chai Swimming Pool. Training sessions will be moved to other districts when the Wan Chai Training Pool is closed for maintenance
- 4. 出席每年之香港代表隊 B 隊計時測試及香港集訓隊 B 隊會議;執教附加訓練、本地或海外訓練營以促使隊員達到計時測試的標準,並以晉身香港代表隊為目標
 - Attend all NSB time trials and NSB Meetings, coaching additional training, training camps (local or overseas) and urge athletes to qualify for time trials. The ultimate goal for NSB athletes is to qualify as National Squad member.
- 5. 與港隊總教練商討及編訂訓練營、訓練日及每月之訓練計劃,並於不少於一星期前向香港三項鐵人總會提 交每月之訓練計劃及向本會作出相應之匯報
 - Discuss and prepare the training plan with National Coach on Training Camp, Training Day and the monthly training plan, and submit training plan to TriHK at least 1 week before the monthly training and fully informed on any update
- 6. 保存運動員詳盡的訓練紀錄,並每月向香港三項鐵人總會提交香港代表隊 B 隊隊員及分齡組運動員之出席 紀錄、訓練報告及評估報告
 - Work with athlete to keep detailed training records, and submit monthly report to TriHK of recording attendant, training report and evaluation report for NSB and Age Groupers
- 7. 與總會秘書處商討訓練上所需之協調, 當中包括安排訓練設施的租用事宜 Liaise with TriHK Secretariat on necessary arrangement to facilitate the training sessions, which including the logistic and other arrangements for booking of training facilities.
- 8. 積極參與教練培訓計劃的活動,並每年參與不少於一次相關活動
 - Actively involved in coach education programme and take part in related program at least once per year
- 9. 熱心/積極發展三項鐵人運動
 - Enthusiastic in developing triathlon

申請人所需資格 Requirements of applicants

- 1. 必須持第二級或以上之三項鐵人教練證書
 - Fully qualified Level II or above triathlon coaching certificate
- 2. 持三年或以上之三項鐵人訓練教學經驗
 - At least 3 years relevant coaching experience
- 3. 持有泳池活動導師拯救章或以上級別之有效的拯溺証書
 - Holding Pool Aquatic Leader Rescue Award or above valid Life Saving Certificate
- 4. 香港三項鐵人總會 2013 年會員
 - Paid up 2013 member of Hong Kong Triathlon Association
- 5. 香港三項鐵人總會 2013 年度之註冊教練
 - 2013 registered coach of Hong Kong Triathlon Association
- 6. 前香港代表隊成員獲優先考慮
 - Retired National Squad member will be an advantage
- 7. 於最近兩年(2011-2012年)有參與三項鐵人比賽經驗之教練獲優先考慮
 - Triathlon race experience in the last two years (2011 to 2012) will be an advantage
- 8. 持本會認可之游泳導師證書可獲優先考慮
 - Holding valid Swimming Teacher Certificate will be an advantage
- 9. 必須持有有效之急救証書
 - Holding valid First-aid Certificate
- 10. 獲取錄者最遲需於 2013 年 4 月 1 日上任
 - Successful candidate must report to duty no later than 1st April 2013

有興趣人士請將個人履歷及有關證書,於二零一三年一月二十八日或之前電郵至 <u>trihk@triathlon.com.hk</u>。如有查詢請致電 2504-8282 與黃小姐聯絡。

Interested candidates please send your resume with certified copy of certificate by email to trihk@triathlon.com.hk. Applications should be submitted no later than 28 January 2013. For any enquiry, please contact Miss Angela Wong at 2504 8282