

香港人壽三項鐵人賽2012

Hong Kong Life Triathlon Championships 2012

3 June, 2012 Sunday; Temperature : 25 - 30C; Humidity : 60-85%

Category Results

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female Elite Open	1	1	KATE RUTHERFORD	Hong Kong Dragons Triathlon Club	01:12:04	00:12:40	00:02:22	00:34:01	00:01:33	00:21:30	5	100.00
Course A - Female Elite Open	2	4	CHEUNG TING YAN, JOYCE	Energetic Triathlon Shatin	01:13:10	00:13:09	00:02:11	00:34:02	00:01:37	00:22:13	4	80.00
Course A - Female Elite Open	3	5	LI YIK LAM, EDITH	Energetic Triathlon Shatin	01:13:19	00:12:22	00:02:11	00:34:30	00:01:34	00:22:44	3	60.00
Course A - Female Elite Open	4	3	CHAN ON KI	Titan Triathlon	01:15:30	00:12:46	00:02:11	00:34:54	00:01:51	00:23:49	2	40.00
Course A - Female Elite Open	5	2	NERIDA RIGG	Hong Kong Dragons Triathlon Club	01:38:16	00:18:17	00:03:09	00:41:45	00:02:24	00:32:43	1	20.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female Elite Junior	1	10	LEE YUK YING, AGGIE	Hope Sport Association	01:14:19	00:12:59	00:02:09	00:33:54	00:01:32	00:23:47	5	100.00
Course A - Female Elite Junior	2	9	CHAN LONG CHING	Energetic Triathlon Shatin	01:16:05	00:12:23	00:02:08	00:34:30	00:01:31	00:25:34	4	80.00
Course A - Female Elite Junior	3	11	CHOI YAN YIN	Energetic Triathlon Shatin	01:17:58	00:13:12	00:02:17	00:36:10	00:01:39	00:24:43	3	60.00
Course A - Female Elite Junior	4	12	WAN TSZ CHING	Titan Triathlon	01:19:51	00:13:37	00:02:20	00:37:00	00:01:47	00:25:10	2	40.00
Course A - Female Elite Junior	5	7	JUNE LAM		01:40:10	00:16:15	00:03:48	00:45:34	00:02:15	00:32:18	1	20.00
Course A - Female Elite Junior	DNS	6	WU SUM YI	Energetic Triathlon Shatin								
Course A - Female Elite Junior	DNS	8	NG YUI LAM	Energetic Triathlon Shatin								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female 20-24	1	13	SHE PUI SHAN	Energetic Triathlon Shatin	01:26:27	00:14:52	00:02:29	00:41:25	00:01:44	00:25:58	1	100.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female 25-29	1	14	LAU ON YUE	Titan Triathlon	01:27:44	00:18:39	00:02:48	00:37:30	00:01:59	00:26:49	6	100.00
Course A - Female 25-29	2	19	FRANCES LAI		01:31:14	00:18:28	00:03:34	00:44:11	00:01:46	00:23:18	5	83.33
Course A - Female 25-29	3	17	MICHAELA LEE LEBLANC	Tritons Triathlon Club	01:33:02	00:21:16	00:03:23	00:39:48	00:02:15	00:26:22	4	66.67
Course A - Female 25-29	4	20	SOPHIA MINUTOLO		01:39:13	00:15:44	00:04:09	00:41:27	00:03:49	00:34:06	3	50.00
Course A - Female 25-29	5	22	LAU FIONA		01:49:41	00:21:35	00:04:43	00:47:06	00:06:11	00:30:08	2	33.33
Course A - Female 25-29	6	21	ZHANG CHEN		01:53:05	00:23:53	00:06:32	00:46:57	00:03:26	00:32:20	1	16.67
Course A - Female 25-30	DNS	16	JOEY TAM									
Course A - Female 25-31	DNS	18	MIRA CHRISTANTO	Tritons Triathlon Club								
No race bib	DSQ	15	LINA YUEN		01:50:10	00:26:44	00:04:01	00:48:06	00:02:06	00:29:13		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female 30-34	1	27	LEE CHEE YING, JANICE	Sonic Sports Association	01:25:14	00:17:32	00:03:31	00:38:04	00:02:13	00:23:56	6	100.00
Course A - Female 30-34	2	26	TONG CARLAY	Energetic Triathlon Shatin	01:26:44	00:16:06	00:02:47	00:42:50	00:01:46	00:23:17	5	83.33
Course A - Female 30-34	3	28	DEBORAH LAUREN HANLEY		01:28:10	00:15:40	00:03:35	00:42:00	00:02:17	00:24:40	4	66.67
Course A - Female 30-34	4	24	WONG SUET FAN		01:29:17	00:17:02	00:03:24	00:38:58		00:29:53	3	50.00
Course A - Female 30-34	5	25	JOANNA TINLIN		01:29:18	00:18:18	00:03:28	00:40:54	00:02:11	00:24:29	2	33.33
Course A - Female 30-34	6	29	MEGUMI MATSUI	Tritons Triathlon Club	01:35:34	00:19:41	00:05:11	00:40:51	00:02:51	00:27:00	1	16.67

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female 35-39	1	45	CRISTINA TONDA	Tritons Triathlon Club	01:29:58	00:19:52	00:03:29	00:39:52	00:02:52	00:23:54	8	100.00
Course A - Female 35-39	2	33	CHIN SUET LAI		01:34:53	00:21:17	00:04:06	00:43:55	00:02:22	00:23:13	7	87.50
Course A - Female 35-39	3	37	LAI KWAN TAM		01:38:14	00:24:13	00:04:27	00:41:05	00:01:55	00:26:36	6	75.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female 35-39	4	42	LI CHI YAN	Titan Triathlon	01:40:27	00:21:00	00:03:18	00:44:46	00:02:10	00:29:15	5	62.50
Course A - Female 35-39	5	36	JULIE SAVOIE		01:41:11	00:22:38	00:03:21	00:41:42	00:02:30	00:31:02	4	50.00
Course A - Female 35-39	6	41	HO WING YAN, CHERRY	Titan Triathlon	01:51:30	00:17:11	00:03:21	00:58:07	00:02:54	00:29:58	3	37.50
Course A - Female 35-39	7	40	WONG WEN MEE	Energetic Triathlon Shatin	01:57:44	00:24:27	00:04:49	00:42:29	00:03:17	00:42:45	2	25.00
Course A - Female 35-39	8	32	ALICE LAI	New Wave Swimming Club	02:05:16	00:41:22	00:04:55	00:47:27	00:02:54	00:28:41	1	12.50
Course A - Female 35-39	DNS	30	ANNE-MARIE BALFE									
Course A - Female 35-39	DNS	31	RACHEL LOUISE DAVIES	Tritons Triathlon Club								
Course A - Female 35-39	DNS	34	TRILBY WHITE	Hong Kong Dragons Triathlon Club								
Course A - Female 35-39	DNS	35	KATE NANKIVELL	Tritons Triathlon Club								
Course A - Female 35-39	DNS	38	KAREN KING	Tritons Triathlon Club								
Course A - Female 35-39	DNS	39	HUI KA MAN	Energetic Triathlon Shatin								
Course A - Female 35-39	DNS	43	HO KIT YING	Titan Triathlon								
Course A - Female 35-39	DNS	44	JODI LESWICK									

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female 40-44	1	50	LUI SHUK HAN, KAREN	Energetic Triathlon Shatin	01:22:26	00:19:09	00:02:22	00:35:00	00:01:49	00:24:09	3	100.00
Course A - Female 40-44	2	165	TSANG WUN MING		01:36:15	00:25:14	00:04:02	00:39:45	00:02:12	00:25:04	2	66.67
Course A - Female 40-44	3	48	PEGGY LAI	Energetic Triathlon Shatin	01:57:44	00:19:10	00:04:52	00:52:30	00:03:51	00:37:23	1	33.33
Course A - Female 40-44	DNS	46	FLORRIE CHENG									
Course A - Female 40-44	DNS	47	PIXIE THORNTON	Hong Kong Dragons Triathlon Club								
Course A - Female 40-44	DNS	49	CORDELIA DYER									
Course A - Female 40-44	DNS	51	DANA DUNCAN									
Course A - Female 40-44	DNS	53	PEARL TAM	Titan Triathlon								
Course A - Female 40-44	DNS	55	CHU KWOK LEUNG	Energetic Triathlon Shatin								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female 45-49	1	59	CAITRIN JULIA ADORIAN		01:36:02	00:24:07	00:03:38	00:39:00	00:02:33	00:26:46	3	100.00
Course A - Female 45-49	2	57	SY MEI LEE, JANET		01:37:35	00:21:30	00:04:59	00:38:07	00:02:54	00:30:07	2	66.67
Course A - Female 45-49	3	56	LAM PUI YEE	Titan Triathlon	01:51:52	00:23:08	00:04:38	00:48:18	00:03:09	00:32:42	1	33.33

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female 50-54	1	61	TAM YUEN HUNG		01:45:46	00:27:33	00:04:44	00:38:28	00:03:01	00:32:01	2	100.00
Course A - Female 50-54	2	60	ELIZABETH MCDOUGALL		01:47:32	00:19:59	00:03:41	00:44:17	00:02:47	00:36:49	1	50.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female 55-59	1	62	YEUNG SAI HEE, SALLY	Titan Triathlon	01:43:46	00:23:11	00:03:44	00:44:46	00:02:52	00:29:15	1	100.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Female Junior	1	253	TSANG KA HUNG	AustSports Association	01:19:11	00:14:22	00:02:05	00:36:18	00:01:35	00:24:52	2	100.00
Course A - Female Junior	2	254	CHAN WING TUNG	Hope Sport Association	01:20:47	00:15:36	00:02:28	00:37:32	00:01:40	00:23:32	1	50.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 20-24	1	304	YUEN CHI HANG	Titan Triathlon	01:09:19	00:12:35	00:01:58	00:33:38	00:01:24	00:19:46	19	100.00
Course A - Male 20-24	2	295	CHAN HOI WING	Energetic Triathlon Shatin	01:10:27	00:14:30	00:02:15	00:32:11	00:01:35	00:19:58	18	94.74
Course A - Male 20-24	3	303	LAU LONG FUNG	Titan Triathlon	01:10:44	00:12:46	00:02:00	00:33:14	00:01:37	00:21:53	17	89.47
Course A - Male 20-24	4	302	CHAN CHUN LUNG, ALAN	Titan Triathlon	01:12:03	00:13:01	00:01:46	00:32:39	00:01:49	00:22:50	16	84.21
Course A - Male 20-24	5	296	CHAN LOK KI, ROCKY	Energetic Triathlon Shatin	01:13:11	00:16:23	00:02:04	00:31:48	00:01:40	00:21:04	15	78.95

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 20-24	6	298	LEUNG KA LUN	Energetic Triathlon Shatin	01:14:05	00:13:53	00:02:09	00:32:17	00:01:47	00:24:02	14	73.68
Course A - Male 20-24	7	305	WONG HO HIM	Titan Triathlon	01:14:49	00:14:15	00:02:08	00:31:54	00:01:36	00:24:59	13	68.42
Course A - Male 20-24	8	306	WONG HO KAN	Titan Triathlon	01:20:32	00:16:18	00:02:17	00:35:36	00:01:49	00:24:35	12	63.16
Course A - Male 20-24	9	300	WONG WAI TUNG	Energetic Triathlon Shatin	01:20:41	00:18:06	00:02:33	00:36:21	00:01:53	00:21:50	11	57.89
Course A - Male 20-24	10	288	WU KENNETH YEE-LOK		01:20:50	00:17:10	00:02:59	00:36:53	00:01:55	00:21:55	10	52.63
Course A - Male 20-24	11	291	MAC CHEUK YIN	Pro-trinity Sports Club	01:21:17	00:14:30	00:03:16	00:37:34	00:02:44	00:23:15	9	47.37
Course A - Male 20-24	12	294	CHOW HIU CHENG	AustSports Association	01:23:50	00:17:06	00:02:44	00:38:47	00:01:35	00:23:40	8	42.11
Course A - Male 20-24	13	285	LAI YUE CHEUNG	Excel Swim Sports Association	01:24:03	00:19:29	00:02:12	00:35:30	00:01:47	00:25:07	7	36.84
Course A - Male 20-24	14	297	HUI KA CHEONG	Energetic Triathlon Shatin	01:28:57	00:14:03	00:02:06	00:40:59	00:03:52	00:27:59	6	31.58
Course A - Male 20-24	15	286	SO WAI YIP	Energetic Triathlon Shatin	01:29:59	00:22:40	00:02:56	00:37:21	00:02:18	00:24:46	5	26.32
Course A - Male 20-24	16	307	CHUNG TAI WAI	Energetic Triathlon Shatin	01:30:31	00:17:56	00:03:14	00:42:35	00:02:14	00:24:34	4	21.05
Course A - Male 20-24	17	292	TSE YAU CHUN	Excel Swim Sports Association	01:40:33	00:26:36	00:03:04	00:37:03	00:01:58	00:31:53	3	15.79
Course A - Male 20-24	18	290	HO KWUN TUNG	Pro-trinity Sports Club	01:40:58	00:19:09	00:02:46	00:44:52	00:02:43	00:31:29	2	10.53
Course A - Male 20-24	19	299	NG CHUN LUN, TOMMY	Energetic Triathlon Shatin	01:47:58	00:28:00	00:04:06	00:44:46	00:02:25	00:28:44	1	5.26
Course A - Male 20-24	DNS	287	WAN SIU TUNG	Excel Swim Sports Association								
Course A - Male 20-24	DNS	289	CHAN SIU CHEUNG	Pro-trinity Sports Club								
Course A - Male 20-24	DNS	293	KOO DREYFUS KOO	Sonic Sports Association								
Short Bike	DSQ	301	CHEUNG KAI CHUN		02:41:44	02:01:27	00:04:20	00:47:13		00:11:56		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 25-29	1	325	KOK CHI WAI		01:06:50	00:13:20	00:01:57	00:31:54	00:01:23	00:18:18	20	100.00
Course A - Male 25-29	2	323	TSANG CHUN KIT	Part Time Association	01:09:01	00:14:12	00:02:13	00:31:54	00:01:38	00:19:07	19	95.00
Course A - Male 25-29	3	324	KU LAP CHON		01:12:13	00:14:02	00:02:24	00:31:55	00:01:42	00:22:12	18	90.00
Course A - Male 25-29	4	315	BROWN SAM		01:19:06	00:16:40	00:03:47	00:33:22	00:02:14	00:23:04	17	85.00
Course A - Male 25-29	5	311	KO MAN FAI		01:20:10	00:17:58	00:02:45	00:34:12	00:02:17	00:23:01	16	80.00
Course A - Male 25-29	6	308	LEE WAI KIN		01:20:37	00:17:03	00:03:04	00:37:19	00:02:01	00:21:13	15	75.00
Course A - Male 25-29	7	331	DANIEL JAMES BAGSHAW		01:24:04	00:20:55	00:03:48	00:34:01	00:01:53	00:23:29	14	70.00
Course A - Male 25-29	8	320	CHENG PAK LUN, BENIEN	Energetic Triathlon Shatin	01:24:20	00:14:50	00:03:05	00:41:42	00:02:11	00:22:34	13	65.00
Course A - Male 25-29	9	321	WONG KWOK HO		01:25:10	00:21:15	00:03:12	00:35:00	00:03:30	00:22:16	12	60.00
Course A - Male 25-29	10	322	LO CHI HO		01:25:34	00:21:58	00:03:13	00:33:28	00:02:24	00:24:32	11	55.00
Course A - Male 25-29	11	316	CHRISTOPHER MCCULLOCH WEL	Tritons Triathlon Club	01:27:00	00:20:29	00:03:36	00:37:07	00:02:17	00:23:33	10	50.00
Course A - Male 25-29	12	310	WONG WAI CHI		01:28:26	00:14:57	00:03:16	00:41:14	00:02:01	00:26:59	9	45.00
Course A - Male 25-29	13	327	DEREK ALLEN ELLIS		01:28:50	00:18:08	00:03:20	00:40:14	00:02:35	00:24:34	8	40.00
Course A - Male 25-29	14	328	LAM CHUN KWAN	Sea Bear Swimming Club	01:29:36	00:15:40	00:03:33	00:43:41	00:01:56	00:24:48	7	35.00
Course A - Male 25-29	15	319	CHI WAI LIU		01:33:20				00:02:01	00:24:50	6	30.00
Course A - Male 25-29	16	317	SAU MIU CHEUNG		01:34:34	00:18:52	00:03:58	00:42:12	00:02:05	00:27:30	5	25.00
Course A - Male 25-29	17	309	CHEUK YIN AO		01:35:10	00:24:08	00:03:42	00:40:00	00:02:22	00:25:01	4	20.00
Course A - Male 25-29	18	330	YIP KWOK TO		01:39:39	00:21:27	00:05:00	00:42:49	00:02:34	00:27:52	3	15.00
Course A - Male 25-29	19	326	LAW CHI HO		02:08:21	00:32:50	00:04:42	00:50:47	00:02:19	00:37:44	2	10.00
Course A - Male 25-29	20	23	HUI CHI WAI		02:42:01	00:23:12	01:52:20	00:17:38	00:01:49	00:07:05	1	5.00
Course A - Male 25-29	DNF	329	WAN ZHEN HAO	Hope Sport Association		00:13:33	00:01:58	00:30:56	00:01:23			
Course A - Male 25-29	DNF	314	YU KIN HO DANIEL			00:23:25	00:04:10					
Course A - Male 25-29	DNS	312	CHEUNG WANG CHI WILLIAM									
Course A - Male 25-29	DNS	313	JACKSON LAM									
Course A - Male 25-29	DNS	314	YU KIN HO DANIEL									
No race bib	DSQ	318	LAU CHUN		01:31:01	00:20:38	00:03:23	00:40:11	00:02:14	00:24:35		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 30-34	1	379	KOK JOAQUIM SILVA		01:12:22	00:14:56	00:02:28	00:32:36	00:01:42	00:20:42	48	100.00
Course A - Male 30-34	2	367	LEE YUK TONG	Energetic Triathlon Shatin	01:16:09	00:17:53	00:02:22	00:34:09	00:01:43	00:20:04	47	97.92
Course A - Male 30-34	3	344	JIA FEI JASON	Tritons Triathlon Club	01:18:00	00:18:45	00:02:40	00:34:27	00:01:46	00:20:23	46	95.83

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 30-34	4	338	MAK CHI CHUNG	Titan Triathlon	01:18:05	00:17:24	00:02:34	00:33:11	00:02:05	00:22:53	45	93.75
Course A - Male 30-34	5	359	CHU HING CHEUNG		01:18:25	00:18:15	00:02:55	00:33:15	00:02:02	00:22:00	44	91.67
Course A - Male 30-34	6	378	NG YUI POR		01:20:27	00:18:31	00:03:02	00:36:52	00:01:30	00:20:34	43	89.58
Course A - Male 30-34	7	364	CHOW CHI MAN	Energetic Triathlon Shatin	01:20:46	00:16:52	00:02:42	00:35:02	00:02:06	00:24:06	42	87.50
Course A - Male 30-34	8	255	WOO WAI KIT		01:21:44	00:18:46	00:02:46	00:34:18	00:01:48	00:24:07	41	85.42
Course A - Male 30-34	9	391	MARVIN SONES		01:21:54	00:15:41	00:03:49	00:36:42	00:02:22	00:23:23	40	83.33
Course A - Male 30-34	10	340	CHAN HO WAI	Titan Triathlon	01:22:09	00:15:14	00:02:49	00:34:50	00:01:58	00:27:20	39	81.25
Course A - Male 30-34	11	361	LUI KIM LUN	AustSports Association	01:22:24	00:17:12	00:02:40	00:33:27	00:02:11	00:26:56	38	79.17
Course A - Male 30-34	12	339	ROBERT OGDEN	Tritons Triathlon Club	01:23:12	00:20:22	00:02:52	00:35:41	00:02:07	00:22:11	37	77.08
Course A - Male 30-34	13	342	CHRIS GARVEY		01:24:35	00:19:29	00:03:13	00:36:53	00:02:05	00:22:57	36	75.00
Course A - Male 30-34	14	363	CHEUNG SING LONG	Energetic Triathlon Shatin	01:25:34	00:20:28	00:03:06	00:35:20	00:02:13	00:24:30	35	72.92
Course A - Male 30-34	15	258	CHAN YING MING		01:26:13	00:19:17	00:03:20	00:33:27	00:02:24	00:27:48	34	70.83
Course A - Male 30-34	16	343	CHENG CHI KO	Tung Chung Triathlon Association	01:26:41	00:20:47	00:03:30	00:34:27	00:02:30	00:25:28	33	68.75
Course A - Male 30-34	17	352	CHENG CHO CHUEN	Hoi Ngai Sports Association	01:27:09	00:21:51	00:02:52	00:35:57	00:02:09	00:24:21	32	66.67
Course A - Male 30-34	18	349	LAI CHI HO, MARCO	Sonic Sports Association	01:28:15	00:19:28	00:03:00	00:36:22	00:01:55	00:27:31	31	64.58
Course A - Male 30-34	19	371	LAI POK HANG		01:28:34	00:21:42	00:03:38	00:39:36	00:01:49	00:21:51	30	62.50
Course A - Male 30-34	20	389	MARTIN ELY	Sonic Sports Association	01:29:48	00:19:41	00:03:54	00:40:44	00:02:02	00:23:29	29	60.42
Course A - Male 30-34	21	385	HAU WAI YIN		01:29:55	00:16:39	00:03:00	00:42:55	00:02:13	00:25:09	28	58.33
Course A - Male 30-34	22	350	MARSHALL LAI	Tritons Triathlon Club	01:30:09	00:19:27	00:03:10	00:39:17	00:02:45	00:25:33	27	56.25
Course A - Male 30-34	23	368	WONG HON BUN, RYAN	Energetic Triathlon Shatin	01:30:15	00:21:47	00:03:02	00:38:42	00:02:30	00:24:17	26	54.17
Course A - Male 30-34	24	376	JIMMY TSUI		01:30:35	00:21:56	00:03:28	00:37:19	00:02:46	00:25:09	25	52.08
Course A - Male 30-34	25	362	CHEUNG MAN KIT	Energetic Triathlon Shatin	01:31:32	00:23:12	00:02:59	00:36:28	00:02:22	00:26:32	24	50.00
Course A - Male 30-34	26	387	CHIHCHIA PAN		01:31:57	00:18:50	00:04:07	00:34:23	00:02:25	00:32:13	23	47.92
Course A - Male 30-34	27	347	ALAN CHAN		01:32:13	00:25:30	00:03:03	00:41:38	00:02:20	00:19:44	22	45.83
Course A - Male 30-34	28	377	HON LEUNG CHUNG		01:32:16	00:19:01	00:04:39	00:41:06	00:02:00	00:25:32	21	43.75
Course A - Male 30-34	29	366	LEE YUK KEUNG	Energetic Triathlon Shatin	01:33:09	00:22:57	00:02:42	00:40:25	00:02:07	00:24:59	20	41.67
Course A - Male 30-34	30	375	JUAN RAMON PUCHADES LOPEZ		01:34:48	00:18:05	00:04:48	00:42:10	00:02:25	00:27:22	19	39.58
Course A - Male 30-34	31	334	FAI MING HOI, LEO	Sonic Sports Association	01:35:25	00:20:52	00:03:49	00:43:01	00:02:13	00:25:33	18	37.50
Course A - Male 30-34	32	384	KAM CHI HANG	Part Time Association	01:35:40	00:18:26	00:03:29	00:39:51	00:03:07	00:30:48	17	35.42
Course A - Male 30-34	33	345	WILLIAM NG	Tritons Triathlon Club	01:36:06	00:20:46	00:03:16	00:41:02	00:02:49	00:28:13	16	33.33
Course A - Male 30-34	34	332	CHAN HIU TAN		01:37:01	00:22:30	00:03:22	00:43:21	00:02:04	00:25:46	15	31.25
Course A - Male 30-34	35	381	AU SIU MING		01:37:07	00:20:36	00:03:21	00:43:23	00:02:25	00:27:22	14	29.17
Course A - Male 30-34	36	382	NG WAI HIN		01:37:07	00:21:37	00:03:30	00:42:32	00:02:13	00:27:17	13	27.08
Course A - Male 30-34	37	348	LAU WAN MING		01:37:32	00:24:18	00:04:18	00:38:17	00:02:08	00:28:32	12	25.00
Course A - Male 30-34	38	353	SHAM SIU HANG, HEERO		01:38:16	00:21:32	00:04:09	00:40:53	00:02:10	00:29:34	11	22.92
Course A - Male 30-34	39	337	LAU SHEUNG FOON, SOMA		01:42:31	00:22:49	00:05:02	00:41:50	00:03:01	00:29:51	10	20.83
Course A - Male 30-34	40	383	NG KAR FAI		01:43:18	00:23:14	00:04:28	00:39:17	00:03:22	00:32:59	9	18.75
Course A - Male 30-34	41	358	LAW CHI WAI		01:43:59	00:23:40	00:03:40	00:43:27	00:02:32	00:30:41	8	16.67
Course A - Male 30-34	42	360	POON EDDIE SHING SAU		01:44:55	00:18:39	00:04:06	00:45:14	00:02:14	00:34:44	7	14.58
Course A - Male 30-34	43	370	KWOK KIN PONG		01:48:38	00:23:14	00:04:32	00:48:19	00:02:25	00:30:10	6	12.50
Course A - Male 30-34	44	388	CHING JUNG FAN		01:55:46	00:24:21	00:05:08	00:45:28	00:03:24	00:37:26	5	10.42
Course A - Male 30-34	45	365	HO TSZ LUN	Energetic Triathlon Shatin	01:56:58	00:25:47	00:04:24	00:46:10	00:03:21	00:37:17	4	8.33
Course A - Male 30-34	46	356	NG SIU LUN		01:56:59	00:21:01	00:03:58	00:55:10	00:02:07	00:34:44	3	6.25
Course A - Male 30-34	47	355	RAYMOND WU		01:57:33	00:22:35	00:05:02	00:52:44	00:03:06	00:34:08	2	4.17
Course A - Male 30-34	48	346	MAK CHUN YIN TONY		02:12:43	00:24:39	00:04:33	01:03:12	00:02:27	00:37:55	1	2.08
Course A - Male 30-34	DNF	372	LAM TUEN YEUNG	Titan Triathlon		00:25:23	00:04:27					
Course A - Male 30-34	DNF	354	MATTHEW NG		01:37:21			00:39:49	00:02:51	00:27:32		
Course A - Male 30-34	DNS	333	SHEPHERD DANIEL	Hong Kong Dragons Triathlon Club								
Course A - Male 30-34	DNF	335	LEUNG YAU TIM	Hoi Ngai Sports Association								
Course A - Male 30-34	DNS	336	ADAM HAY	Hong Kong Dragons Triathlon Club								
Course A - Male 30-34	DNF	341	HO MAN YUI									
Course A - Male 30-34	DNS	351	SIMON DEDMAN									
Course A - Male 30-34	DNF	369	WONG KA MING	Energetic Triathlon Shatin								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 30-34	DNS	372	LAM TUEN YEUNG	Titan Triathlon								
Course A - Male 30-34	DNF	373	FUNG CHI YEUNG									
Course A - Male 30-34	DNS	374	ALEXANDRE REINERT									
Course A - Male 30-34	DNF	380	TIMOTHY JOHN ROBINSON									
Course A - Male 30-34	DNF	341	HO MAN YUI		01:31:54				00:02:37			
Course A - Male 30-34	DNS	386	LEE KWUN KEI									
Wrong heat start	DSQ	357	SUN FAT YEE	South China Athletic Association	00:49:31				00:01:37	00:21:16		
Short Bike	DSQ	390	JONATHAN DAVID THOMPSON		01:06:23	00:19:35	00:03:09	00:17:48	00:02:32	00:23:21	49	100.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 35-39	1	405	DAVID GETHING		01:12:00	00:15:15	00:03:00	00:31:47	00:01:40	00:20:19	63	100.00
Course A - Male 35-39	2	396	COURRET OLIVIER	Hong Kong Dragons Triathlon Club	01:12:09	00:14:12	00:02:28	00:32:23	00:01:48	00:21:20	62	98.41
Course A - Male 35-39	3	436	AARON WISE		01:12:42	00:14:34	00:02:13	00:32:17	00:01:39	00:22:00	61	96.83
Course A - Male 35-39	4	408	WONG LOK SHUN		01:14:08	00:14:21	00:02:21	00:32:21	00:01:43	00:23:25	60	95.24
Course A - Male 35-39	5	440	LI CHUN PONG	Energetic Triathlon Shatin	01:14:09	00:14:27	00:02:31	00:34:42	00:01:38	00:20:53	59	93.65
Course A - Male 35-39	6	400	THOMAS BUTTER		01:16:06	00:16:09	00:02:32	00:32:45	00:02:04	00:22:38	58	92.06
Course A - Male 35-39	7	423	JAMES SUTTON		01:16:11	00:16:10	00:02:27	00:32:48	00:01:56	00:22:50	57	90.48
Course A - Male 35-39	8	407	WONG SIU YUEN	Part Time Association	01:16:44	00:20:05	00:02:28	00:33:16	00:01:34	00:19:22	56	88.89
Course A - Male 35-39	9	430	CHUM TIK HO		01:17:41	00:16:06	00:02:38	00:34:33	00:01:57	00:22:28	55	87.30
Course A - Male 35-39	10	448	LOK LAM FUNG	Titan Triathlon	01:17:57	00:15:12	00:02:32	00:33:58	00:01:50	00:24:27	54	85.71
Course A - Male 35-39	11	404	LEUNG CHING FAI FRANKIE	New Wave Swimming Club	01:19:02						53	84.13
Course A - Male 35-39	12	438	JACKY MAK		01:19:08	00:15:03	00:02:50	00:35:01	00:02:17	00:23:58	52	82.54
Course A - Male 35-39	13	424	JAMIE STUART MURRAY ROBER	Tritons Triathlon Club	01:19:36	00:15:15	00:03:09	00:34:31	00:02:08	00:24:35	51	80.95
Course A - Male 35-39	14	442	TIU GARY	Energetic Triathlon Shatin	01:20:13						50	79.37
Course A - Male 35-39	15	452	HO KAM TIM	Part Time Association	01:20:28	00:20:08	00:02:27	00:33:13	00:01:53	00:22:49	49	77.78
Course A - Male 35-39	16	449	TSUI WAI YUEN	Titan Triathlon	01:20:42	00:18:59	00:02:48	00:35:00	00:01:53	00:22:04	48	76.19
Course A - Male 35-39	17	419	CHAN PAK WING, TIM		01:21:13	00:16:12	00:03:04	00:35:46	00:01:55	00:24:18	47	74.60
Course A - Male 35-39	18	401	WONG CHEONG YUI		01:21:29	00:19:57	00:02:55	00:35:37	00:02:16	00:20:46	46	73.02
Course A - Male 35-39	19	256	CHAN KA LUN		01:22:20	00:18:29	00:02:52	00:35:22	00:02:18	00:23:22	45	71.43
Course A - Male 35-39	20	444	WONG PO KIN, KENT	Sonic Sports Association	01:22:46	00:19:45	00:02:34	00:34:22	00:02:02	00:24:05	44	69.84
Course A - Male 35-39	21	393	HO CHI HONG	South China Athletic Association	01:22:49	00:15:48	00:02:48	00:39:21	00:01:47	00:23:07	43	68.25
Course A - Male 35-39	22	443	WONG PUI YUEN	Energetic Triathlon Shatin	01:22:58	00:21:11	00:02:54	00:34:29	00:02:11	00:22:14	42	66.67
Course A - Male 35-39	23	445	POON WING BUB, FELIX		01:23:05	00:23:00	00:03:13	00:40:38	00:02:29	00:13:45	41	65.08
Course A - Male 35-39	24	456	YEUNG HON CHEUNG		01:23:11	00:19:31	00:03:33	00:33:35	00:03:01	00:23:33	40	63.49
Course A - Male 35-39	25	395	LAU GUM BONG GABRIEL	Sonic Sports Association	01:25:13	00:17:52	00:03:31	00:36:23	00:02:53	00:24:36	39	61.90
Course A - Male 35-39	26	441	TAM PATERSON SNEDDON	Energetic Triathlon Shatin	01:26:43	00:21:36	00:02:53	00:38:16	00:02:12	00:21:49	38	60.32
Course A - Male 35-39	27	427	WONG TING HON HARRISON		01:27:01	00:20:59	00:03:04	00:36:50	00:02:03	00:24:08	37	58.73
Course A - Male 35-39	28	454	LEE KIN LUN, BRIAN	Sonic Sports Association	01:27:06	00:17:08	00:02:55	00:39:16	00:02:40	00:25:08	36	57.14
Course A - Male 35-39	29	410	ANDREW HAMBLETON		01:27:15	00:19:20	00:04:03	00:35:29	00:02:38	00:25:48	35	55.56
Course A - Male 35-39	30	411	CHIU CHI WAH STEVE		01:27:16	00:19:51	00:02:48	00:36:55	00:01:54	00:25:50	34	53.97
Course A - Male 35-39	31	398	CHIU MAN LOK, ELMAN	Energetic Triathlon Shatin	01:27:27	00:21:10	00:02:51	00:35:53	00:02:23	00:25:12	33	52.38
Course A - Male 35-39	32	439	LEE MING YEUNG	Energetic Triathlon Shatin	01:28:02	00:20:12	00:02:56	00:36:35	00:02:48	00:25:33	32	50.79
Course A - Male 35-39	33	447	IP CHUNG YIN	Titan Triathlon	01:28:19	00:18:47	00:03:21	00:40:13	00:01:45	00:24:16	31	49.21
Course A - Male 35-39	34	406	STEPHEN FRANCIS DAVISON		01:28:20	00:16:51	00:03:39	00:37:36	00:02:09	00:28:07	30	47.62
Course A - Male 35-39	35	420	LEUNG KA YI		01:28:28	00:22:52	00:03:09	00:35:13	00:02:19	00:24:57	29	46.03
Course A - Male 35-39	36	397	IP WAI MAN	Energetic Triathlon Shatin	01:28:34	00:21:35	00:03:03	00:37:06	00:02:39	00:24:13	28	44.44
Course A - Male 35-39	37	413	FAN CHUN SING		01:28:49	00:22:02	00:03:17	00:40:04	00:01:46	00:21:43	27	42.86
Course A - Male 35-39	38	431	LAI KWOK HING	Sonic Sports Association	01:29:05	00:20:20	00:03:56	00:38:49	00:01:53	00:24:08	26	41.27
Course A - Male 35-39	39	416	ANTHONY STEVENS		01:29:07	00:18:56	00:03:31	00:37:10	00:03:01	00:26:31	25	39.68
Course A - Male 35-39	40	446	LAI WAI KIT		01:30:22	00:19:41	00:03:01	00:38:27	00:02:16	00:26:59	24	38.10
Course A - Male 35-39	41	412	LI WAI	Titan Triathlon	01:30:22	00:17:04	00:04:11	00:39:47	00:02:35	00:26:48	23	36.51
Course A - Male 35-39	42	403	LI WAI YIN ALBERT		01:31:49	00:21:29	00:03:15	00:37:35	00:02:26	00:27:06	22	34.92

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 35-39	43	451	LAI HON YING		01:32:48	00:21:21	00:04:07	00:37:39	00:02:40	00:27:03	21	33.33
Course A - Male 35-39	44	399	LO YING WAI		01:33:57	00:21:05	00:03:28	00:38:27	00:02:27	00:28:33	20	31.75
Course A - Male 35-39	45	450	FUNG CHI PUN		01:34:19	00:20:07	00:04:35	00:40:29	00:03:02	00:26:08	19	30.16
Course A - Male 35-39	46	414	CHAN HOK HANG	Sonic Sports Association	01:34:43	00:24:26	00:04:23	00:38:09	00:02:32	00:25:16	18	28.57
Course A - Male 35-39	47	409	DENNIS WONG		01:35:00	00:21:09	00:04:22	00:38:01	00:02:48	00:28:42	17	26.98
Course A - Male 35-39	48	437	NG WAI CHI DANIEL	Titan Triathlon	01:36:30	00:20:54	00:03:36	00:44:14	00:02:22	00:25:26	16	25.40
Course A - Male 35-39	49	459	LEUNG CHUN YUNG		01:37:10	00:23:32	00:05:32	00:40:36	00:02:02	00:25:29	15	23.81
Course A - Male 35-39	50	418	ARNAUD DROITCOURT		01:37:38	00:28:12	00:03:51	00:38:20	00:02:33	00:24:44	14	22.22
Course A - Male 35-39	51	434	KWOK FUK KA		01:38:44	00:25:17	00:04:17	00:41:12	00:02:54	00:25:06	13	20.63
Course A - Male 35-39	52	463	HUI SZE YUEN	Energetic Triathlon Shatin	01:39:11	00:21:23	00:04:20	00:40:19	00:02:32	00:30:39	12	19.05
Course A - Male 35-39	53	432	CHEN TENG		01:39:29	00:22:32	00:04:34	00:40:08	00:03:38	00:28:39	11	17.46
Course A - Male 35-39	54	460	YIU CHI SHING		01:39:44	00:20:15	00:04:13	00:45:57	00:02:22	00:26:59	10	15.87
Course A - Male 35-39	55	425	AU YEUNG SHEK WAI		01:39:53	00:22:13	00:05:30	00:42:26	00:02:47	00:26:59	9	14.29
Course A - Male 35-39	56	415	CHUI KWOK WING	Tung Chung Triathlon Association	01:42:27	00:26:00	00:05:40	00:41:45	00:02:28	00:26:36	8	12.70
Course A - Male 35-39	57	458	FERNANDO MUNOZ BERNAL	Hong Kong Dragons Triathlon Club	01:44:48	00:19:03	00:04:30	00:41:50	00:04:45	00:34:41	7	11.11
Course A - Male 35-39	58	435	CHIU MAN YIU		01:45:24	00:23:52	00:04:18	00:43:11	00:02:35	00:31:29	6	9.52
Course A - Male 35-39	59	465	CHARLES STREETER		01:45:28	00:19:16	00:04:23	00:47:46	00:03:47	00:30:18	5	7.94
Course A - Male 35-39	60	461	DAVID SALAZAR GRACIA		01:48:12	00:21:11	00:04:45	00:51:20	00:04:02	00:26:56	4	6.35
Course A - Male 35-39	61	455	CHAN WAI CHUEN TERENCE		01:50:14	00:21:03	00:04:40	00:45:25	00:03:16	00:35:51	3	4.76
Course A - Male 35-39	62	462	PATRICK CHAU		01:52:10	00:26:01	00:05:19	00:44:15	00:04:24	00:32:13	2	3.17
Course A - Male 35-39	63	464	KWOK WAI MAN		01:58:46	00:20:18	00:04:47	00:52:31	00:03:17	00:37:56	1	1.59
Course A - Male 35-39	DNF	402	TSANG CHI LEUNG									
Course A - Male 35-39	DNS	392	CHAN CHIN HUNG	Sonic Sports Association								
Course A - Male 35-39	DNS	394	CHRISTOPHER LIGHTBOUND	Tritons Triathlon Club								
Course A - Male 35-39	DNS	417	JAMES SHUM	Sonic Sports Association								
Course A - Male 35-39	DNS	421	SUN CHO KAN									
Course A - Male 35-39	DNS	422	IAN RIDDELL	Hong Kong Dragons Triathlon Club								
Course A - Male 35-39	DNS	426	ZOLTAN FELEDY									
Course A - Male 35-39	DNS	428	EDDIE HUANG	Tritons Triathlon Club								
Course A - Male 35-39	DNS	429	JAMES PIACHAUD	Tritons Triathlon Club								
Course A - Male 35-39	DNS	433	SAM HARVEY-JONES									
Course A - Male 35-39	DNS	453	YEUNG TAI SHUNG	Part Time Association								
Course A - Male 35-39	DNS	457	SO SHU TAI									

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 40-44	1	110	PAUL DINGLEY		01:10:14	00:13:47	00:02:23	00:32:07	00:01:34	00:20:25	64	100.00
Course A - Male 40-44	2	102	WAN SHU WAH	Energetic Triathlon Shatin	01:13:53	00:15:06	00:02:09	00:34:10	00:01:43	00:20:48	63	98.44
Course A - Male 40-44	3	148	ASHLEY DYER		01:13:58	00:13:41	00:02:29	00:34:12	00:01:46	00:21:51	62	96.88
Course A - Male 40-44	4	109	HERMANN HOLST		01:14:20	00:15:58	00:03:11	00:31:04	00:01:56	00:22:13	61	95.31
Course A - Male 40-44	5	187	SOUTHALL LUKE		01:14:21	00:16:09	00:02:40	00:31:26	00:02:02	00:22:07	60	93.75
Course A - Male 40-44	6	116	CHRISTOPHER TONG	Sonic Sports Association	01:15:20	00:14:07	00:02:26	00:32:29	00:01:46	00:24:34	59	92.19
Course A - Male 40-44	7	143	GIANANDREA PESCI	Tritons Triathlon Club	01:15:54	00:15:34	00:02:53	00:33:24	00:01:55	00:22:10	58	90.63
Course A - Male 40-44	8	125	BILLY CHOW		01:17:51	00:20:06	00:02:42	00:31:52	00:01:41	00:21:32	57	89.06
Course A - Male 40-44	9	52	ALAN BROWN DANIE		01:17:57	00:17:56	00:03:52	00:32:53	00:02:27	00:20:52	56	87.50
Course A - Male 40-44	10	157	LAI KIN SUN		01:18:02	00:15:08	00:02:35	00:34:08	00:01:53	00:24:20	55	85.94
Course A - Male 40-44	11	163	RICHARD YONG	Energetic Triathlon Shatin	01:18:05	00:18:16	00:02:49	00:32:45	00:02:08	00:22:09	54	84.38
Course A - Male 40-44	12	114	YEUNG CHI HONG		01:18:32						53	82.81
Course A - Male 40-44	13	173	WONG YEE KEUNG		01:18:40	00:15:22	00:02:53	00:36:59	00:01:44	00:21:45	52	81.25
Course A - Male 40-44	14	186	MARC HARVEY	Tritons Triathlon Club	01:19:41	00:18:24	00:02:38	00:34:00	00:01:45	00:22:55	51	79.69
Course A - Male 40-44	15	138	LAU BIK WAH	South China Athletic Association	01:20:02	00:17:50	00:02:55	00:34:40	00:01:54	00:22:44	50	78.13
Course A - Male 40-44	16	168	YIP SHING YAN	Titan Triathlon	01:20:20	00:16:21	00:02:48	00:24:39	00:01:55	00:23:14	49	76.56

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 40-44	17	170	CHEONG SACHA MAN	Sonic Sports Association	01:20:24	00:18:46	00:02:33	00:34:06	00:01:44	00:23:17	48	75.00
Course A - Male 40-44	18	139	MARK CHAN		01:20:37	00:18:03	00:03:33	00:33:57	00:01:56	00:23:10	47	73.44
Course A - Male 40-44	19	105	WONG ANDY	Energetic Triathlon Shatin	01:21:36	00:15:47	00:02:37	00:36:54	00:02:07	00:24:13	46	71.88
Course A - Male 40-44	20	123	SHANE MEREDITH	Tritons Triathlon Club	01:21:43	00:15:39	00:03:20	00:34:14	00:02:49	00:25:43	45	70.31
Course A - Male 40-44	21	141	LAM HING YIN		01:22:42	00:18:00	00:03:14	00:34:01	00:02:09	00:25:19	44	68.75
Course A - Male 40-44	22	169	YUNG LEONG SANG	Titan Triathlon	01:23:22	00:17:47	00:02:57	00:35:52	00:02:01	00:24:48	43	67.19
Course A - Male 40-44	23	183	CHAN CHIK KIN	Energetic Triathlon Shatin	01:23:47	00:17:31	00:02:57	00:34:12	00:02:06	00:27:02	42	65.63
Course A - Male 40-44	24	144	STEPHEN BODDINGTON		01:23:55	00:17:20	00:03:24	00:35:25	00:02:13	00:25:36	41	64.06
Course A - Male 40-44	25	153	CHAN PING KWONG	South China Athletic Association	01:24:10	00:18:56	00:02:48	00:35:33	00:01:52	00:25:02	40	62.50
Course A - Male 40-44	26	129	EDDIE CHAN		01:25:00	00:18:04	00:03:34	00:34:24	00:02:11	00:26:49	39	60.94
Course A - Male 40-44	27	113	CHEUNG KA MING EDDIE	New Wave Swimming Club	01:25:44	00:20:41	00:02:32	00:36:16	00:01:57	00:24:20	38	59.38
Course A - Male 40-44	28	103	WAN TING YIU, RICKY	Energetic Triathlon Shatin	01:26:12	00:17:27	00:03:09	00:36:40	00:02:22	00:26:35	37	57.81
Course A - Male 40-44	29	182	MARK WESTLEY	Tritons Triathlon Club	01:26:31	00:18:01	00:03:45	00:38:08	00:02:31	00:24:08	36	56.25
Course A - Male 40-44	30	166	WONG WAI MAN		01:26:40	00:19:58	00:03:05	00:36:14	00:02:06	00:25:18	35	54.69
Course A - Male 40-44	31	115	LUNG SAI KUI		01:27:01	00:24:50	00:03:15	00:38:30	00:02:03	00:18:25	34	53.13
Course A - Male 40-44	32	155	LAI KWOK KEI, BYRON		01:30:30	00:20:24	00:04:22	00:38:08	00:02:16	00:25:23	33	51.56
Course A - Male 40-44	33	131	YUE KWOK CHUNG ANDREW	South China Athletic Association	01:30:59	00:18:48	00:03:19	00:44:45	00:01:53	00:22:16	32	50.00
Course A - Male 40-44	34	126	KARIM CHABANE	Hong Kong Dragons Triathlon Club	01:31:07	00:19:12	00:03:34	00:37:11	00:02:43	00:28:28	31	48.44
Course A - Male 40-44	35	124	KENNETH YUEN		01:31:12	00:18:47	00:03:32	00:39:16	00:02:35	00:27:03	30	46.88
Course A - Male 40-44	36	177	KUNG HIN CHEUNG JOHN		01:31:25	00:21:25	00:04:09	00:40:02	00:02:34	00:23:17	29	45.31
Course A - Male 40-44	37	191	WONG WAI KIN	Titan Triathlon	01:32:12	00:20:22	00:02:39	00:45:37	00:02:09	00:21:27	28	43.75
Course A - Male 40-44	38	119	YU DESMOND CL		01:32:15	00:23:44	00:03:32	00:38:05	00:02:35	00:24:19	27	42.19
Course A - Male 40-44	39	156	GEORGE PAPADOPOULOS	Tritons Triathlon Club	01:32:35	00:20:21	00:04:09	00:39:55	00:02:44	00:25:28	26	40.63
Course A - Male 40-44	40	175	WONG TSZ WAI		01:33:28	00:23:27	00:03:58	00:36:23	00:02:28	00:27:15	25	39.06
Course A - Male 40-44	41	185	YUEN KAI MING	Energetic Triathlon Shatin	01:33:42	00:21:31	00:03:37	00:38:26	00:02:30	00:27:40	24	37.50
Course A - Male 40-44	42	149	LI WAI LEUNG		01:34:45	00:21:40	00:04:33	00:41:29	00:01:51	00:25:14	23	35.94
Course A - Male 40-44	43	146	CASEY RICHARD		01:34:55	00:21:11	00:03:58	00:40:05	00:02:46	00:26:58	22	34.38
Course A - Male 40-44	44	117	LAM WAI TAK WALTER		01:36:08	00:20:58	00:04:53	00:37:57	00:02:49	00:29:34	21	32.81
Course A - Male 40-44	45	161	DICK VEILEN	Energetic Triathlon Shatin	01:36:34	00:23:35	00:03:32	00:37:48	00:02:52	00:28:48	20	31.25
Course A - Male 40-44	46	160	CHAN KWOK WAI	Energetic Triathlon Shatin	01:36:49	00:23:02	00:04:15	00:41:45	00:02:42	00:25:06	19	29.69
Course A - Male 40-44	47	147	BRENT REUTER		01:37:03	00:20:56	00:03:46	00:40:51	00:03:07	00:28:25	18	28.13
Course A - Male 40-44	48	159	ALAN MORGAN		01:37:27	00:22:40	00:03:40	00:38:10	00:02:45	00:30:15	17	26.56
Course A - Male 40-44	49	152	HUI CHI KONG		01:37:42	00:21:25	00:06:21	00:43:47	00:02:18	00:23:54	16	25.00
Course A - Male 40-44	50	151	CARLITOS ESCUETA		01:38:06	00:23:45	00:03:39	00:39:47	00:02:16	00:28:42	15	23.44
Course A - Male 40-44	51	104	WONG BOK WAI, BYRON	Energetic Triathlon Shatin	01:39:17	00:28:12	00:03:49	00:37:28	00:02:54	00:26:57	14	21.88
Course A - Male 40-44	52	54	DIMITRI GOUTENMACHER	Hong Kong Dragons Triathlon Club	01:39:48	00:17:51	00:04:17	00:42:16	00:03:14	00:32:12	13	20.31
Course A - Male 40-44	53	134	LAW CHUN HUNG		01:39:51	00:24:43	00:03:29	00:41:25	00:01:45	00:28:29	12	18.75
Course A - Male 40-44	54	150	WONG PUI TUNG		01:42:15	00:23:31	00:04:41	00:47:05	00:02:57	00:24:03	11	17.19
Course A - Male 40-44	55	179	WONG WAI SHING	Health Guide Sports Association Com	01:42:44	00:19:45	00:05:32	00:42:31	00:04:22	00:30:36	10	15.63
Course A - Male 40-44	56	128	KWOK CHUNG CHAN		01:43:46	00:19:53	00:04:11	00:49:22	00:03:33	00:30:59	9	14.06
Course A - Male 40-44	57	132	LEE YIU CHUNG JONATHAN		01:44:24	00:20:45	00:05:49	00:42:55	00:03:31	00:31:26	8	12.50
Course A - Male 40-44	58	136	JEREMY LIAN		01:44:51	00:28:09	00:05:14	00:36:53	00:03:07	00:31:30	7	10.94
Course A - Male 40-44	59	162	LEUNG WAI KEUNG	Energetic Triathlon Shatin	01:48:04	00:24:15	00:03:35	00:42:59	00:02:45	00:34:33	6	9.38
Course A - Male 40-44	60	111	KWOK WAI MAN		01:51:43	00:28:44	00:04:01	00:43:27	00:02:58	00:32:35	5	7.81
Course A - Male 40-44	61	174	HO WEI-NING		01:52:32	00:25:44	00:05:41	00:44:51	00:03:36	00:32:42	4	6.25
Course A - Male 40-44	62	120	LO KWOK ON		01:53:04	00:23:08	00:04:36	00:54:07	00:03:36	00:27:38	3	4.69
Course A - Male 40-44	63	172	NG TO LUNG		01:55:34	00:23:20	00:04:30	00:52:25	00:03:31	00:31:48	2	3.13
Course A - Male 40-44	64	167	LEE WING KWONG	Titan Triathlon	01:56:17	00:25:20	00:04:27	00:56:31	00:02:52	00:27:09	1	1.56
Course A - Male 40-44	DNF	118	EIJI YANAGAWA			02:50:13						
Course A - Male 40-44	DNS	106	SHAUN BRAMHAM									
Course A - Male 40-44	DNS	107	LUKE WIMBUSH	Hong Kong Dragons Triathlon Club								
Course A - Male 40-44	DNS	108	CLINTON LEONG	Hong Kong Dragons Triathlon Club								
Course A - Male 40-44	DNS	112	CHEUNG WAI KEI									

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 40-44	DNS	118	EIJI YANAGAWA									
Course A - Male 40-44	DNS	121	LAM YING WAI									
Course A - Male 40-44	DNS	122	WONG LAI MAN									
Course A - Male 40-44	DNS	127	CHAN WAI BUN									
Course A - Male 40-44	DNS	130	RICHARD THORNTON	Hong Kong Dragons Triathlon Club								
Course A - Male 40-44	DNS	133	STUART DENTON									
Course A - Male 40-44	DNS	135	STEPHEN ADAMS	Tritons Triathlon Club								
Course A - Male 40-44	DNS	137	LIGHTBOUND RICHARD	Tritons Triathlon Club								
Course A - Male 40-44	DNS	140	OLAF KASTEN	Hong Kong Dragons Triathlon Club								
Course A - Male 40-44	DNS	142	YIU KA ON	Sonic Sports Association								
Course A - Male 40-44	DNS	145	GRAEME RIGG	Hong Kong Dragons Triathlon Club								
Course A - Male 40-44	DNS	154	CHAN TZE CHUNG									
Course A - Male 40-44	DNS	158	TANG CHI KEUNG									
Course A - Male 40-44	DNS	164	RICHARD HALL	Hong Kong Dragons Triathlon Club								
Course A - Male 40-44	DNS	176	CHRIS YU									
Course A - Male 40-44	DNS	178	WONG KWOK FAI SAMMY									
Course A - Male 40-44	DNS	180	CHING WAI KIN	Mango Swimming Club								
Course A - Male 40-44	DNS	181	WILLIAM MAK									
Course A - Male 40-44	DNS	184	WONG KIN, KENNY	Energetic Triathlon Shatin								
Course A - Male 40-44	DNS	188	SIU CHI KWAN	Energetic Triathlon Shatin								
Course A - Male 40-44	DNS	189	SHIILA TAKAOKA									
Course A - Male 40-44	DNS	190	ALBERT CHAN	Sonic Sports Association								
No race bib	DSQ	171	DAVID WATTS	Hong Kong Dragons Triathlon Club	01:21:41	00:18:15	00:02:59	00:33:36	00:02:26	00:24:25		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 45-49	1	467	NICK DARGAN	Tritons Triathlon Club	01:13:49	00:13:29	00:02:44	00:34:05	00:01:40	00:21:54	51	100.00
Course A - Male 45-49	2	516	GONZALEZ NESTOR GLENN PRECIOSO LLL		01:15:47	00:15:59	00:03:02	00:32:30	00:02:01	00:22:18	50	98.04
Course A - Male 45-49	3	497	WONG TAK WAH, EDWARD	Energetic Triathlon Shatin	01:16:52	00:17:12	00:02:24	00:33:40	00:02:01	00:21:36	49	96.08
Course A - Male 45-49	4	505	SUNG YAN WAH, DANNY	Titan Triathlon	01:17:23	00:16:56	00:02:48	00:33:32	00:02:03	00:22:06	48	94.12
Course A - Male 45-49	5	468	SCOTT JAMES BURTON		01:17:36	00:13:19	00:03:06	00:36:09	00:02:21	00:22:43	47	92.16
Course A - Male 45-49	6	471	TONY FLYNN		01:17:42	00:17:30	00:02:34	00:34:23	00:01:52	00:21:25	46	90.20
Course A - Male 45-49	7	496	SHI BERTRAM	Energetic Triathlon Shatin	01:18:48	00:14:14	00:02:53	00:35:30	00:02:08	00:24:05	45	88.24
Course A - Male 45-49	8	480	LAM KAM CHING	Tung Chung Triathlon Association	01:19:16	00:18:06	00:02:39	00:33:40	00:01:49	00:23:04	44	86.27
Course A - Male 45-49	9	499	CHAN WAI KEE	Sonic Sports Association	01:19:44	00:16:23	00:03:03	00:35:00	00:02:00	00:23:19	43	84.31
Course A - Male 45-49	10	473	SIMON CASTLEY		01:20:44	00:15:29	00:03:02	00:34:07	00:02:49	00:25:19	42	82.35
Course A - Male 45-49	11	470	LEE YING HO	Sonic Sports Association	01:20:55	00:18:15	00:02:32	00:35:00	00:01:59	00:23:12	41	80.39
Course A - Male 45-49	12	509	NASCIMANTO FERNANDO		01:21:37	00:16:43	00:03:15	00:35:53	00:01:58	00:23:51	40	78.43
Course A - Male 45-49	13	58	PHIL SHIRLEY		01:21:48	00:17:51	00:02:37	00:33:54	00:02:04	00:25:25	39	76.47
Course A - Male 45-49	14	511	CHEUNG MAN KWONG	Mango Swimming Club	01:23:53	00:17:39	00:02:42	00:35:59	00:02:11	00:25:23	38	74.51
Course A - Male 45-49	15	466	ADRIAN MCCARROLL		01:24:47	00:21:00	00:04:03	00:37:32	00:02:48	00:19:25	37	72.55
Course A - Male 45-49	16	472	MOK KWOK KWONG		01:27:22	00:19:56	00:03:21	00:37:54	00:02:16	00:23:57	36	70.59
Course A - Male 45-49	17	484	ANDY JEPPI		01:27:31	00:18:57	00:03:43	00:37:06	00:02:51	00:24:56	35	68.63
Course A - Male 45-49	18	500	YIP CHUN FAI		01:27:33	00:24:14	00:03:33	00:37:13	00:01:53	00:20:42	34	66.67
Course A - Male 45-49	19	478	TIM SMITH		01:28:22	00:20:04	00:03:32	00:35:19	00:02:31	00:26:57	33	64.71
Course A - Male 45-49	20	494	CHAN KA KEUNG	Energetic Triathlon Shatin	01:30:32	00:19:52	00:03:32	00:36:27	00:02:21	00:28:21	32	62.75
Course A - Male 45-49	21	520	KEITH RUSSELL		01:31:08	00:25:55	00:04:22	00:33:10	00:02:39	00:25:03	31	60.78
Course A - Male 45-49	22	482	WONG WING HIM, DENIS	South China Athletic Association	01:31:55	00:19:14	00:03:19	00:39:21	00:02:35	00:27:28	30	58.82
Course A - Male 45-49	23	492	YUEN KWOK MING, PATRICK		01:32:10	00:22:38	00:03:19	00:37:52	00:02:54	00:25:28	29	56.86
Course A - Male 45-49	24	483	YOSHIKI ITABASHI		01:32:37	00:23:28	00:04:26	00:39:03	00:02:35	00:23:06	28	54.90
Course A - Male 45-49	25	521	JEBSEN CHEN	Tung Chung Triathlon Association	01:32:41	00:20:12	00:04:15	00:38:49	00:02:55	00:26:32	27	52.94
Course A - Male 45-49	26	490	CHAN JOHNSON	Energetic Triathlon Shatin	01:32:57	00:15:08	00:05:15	00:42:01	00:02:16	00:28:18	26	50.98
Course A - Male 45-49	27	487	CHOY YING KEUNG	Part Time Association	01:33:17	00:22:49	00:03:14	00:37:52	00:02:31	00:26:53	25	49.02

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 45-49	28	481	RICK HAMILTON		01:33:42	00:20:26	00:03:30	00:37:55	00:02:36	00:29:18	24	47.06
Course A - Male 45-49	29	477	LEE WAN KWONG		01:33:45	00:20:27	00:04:20	00:39:26	00:02:24	00:27:10	23	45.10
Course A - Male 45-49	30	517	CARL BERRISFORD		01:33:50	00:20:07	00:04:15	00:38:16	00:02:39	00:28:35	22	43.14
Course A - Male 45-49	31	510	KWAN CHI MAN	New Target Sport Association	01:34:23	00:20:33	00:03:57	00:38:56	00:02:23	00:28:36	21	41.18
Course A - Male 45-49	32	495	CHAN WO CHI	Energetic Triathlon Shatin	01:36:06	00:25:27	00:03:38	00:37:48	00:02:33	00:26:41	20	39.22
Course A - Male 45-49	33	488	CHUNG WING-SHING		01:36:56	00:22:46	00:04:02	00:38:35	00:03:01	00:28:34	19	37.25
Course A - Male 45-49	34	475	NG SUI HING		01:37:19	00:25:05	00:03:40	00:39:16	00:03:00	00:26:20	18	35.29
Course A - Male 45-49	35	498	JACKY TANG		01:38:53	00:23:30	00:03:38	00:39:41	00:02:57	00:29:09	17	33.33
Course A - Male 45-49	36	514	WILLIAM CHUNG		01:41:16	00:19:02	00:04:21	00:45:28	00:02:40	00:29:47	16	31.37
Course A - Male 45-49	37	508	WONG SUI CHEONG	Energetic Triathlon Shatin	01:41:17	00:20:20	00:05:09	00:46:29	00:03:04	00:26:17	15	29.41
Course A - Male 45-49	38	267	TAM CHI KEUNG		01:42:53	00:24:33	00:04:39	00:43:45	00:02:32	00:27:27	14	27.45
Course A - Male 45-49	39	485	LIN WAISHUN		01:43:32	00:22:07	00:05:35	00:44:24	00:02:58	00:28:31	13	25.49
Course A - Male 45-49	40	503	MA CHI PO	Titan Triathlon	01:43:55	00:20:35	00:04:37	00:43:37	00:04:06	00:31:02	12	23.53
Course A - Male 45-49	41	486	PETER TAYLOR		01:44:13	00:24:32	00:05:44	00:44:04	00:03:34	00:26:20	11	21.57
Course A - Male 45-49	42	479	HO ANTHONY KWOK CHUNG		01:45:13	00:24:23	00:03:53	00:39:22	00:03:26	00:34:12	10	19.61
Course A - Male 45-49	43	513	YEUNG THOMAS		01:46:54	00:28:37	00:04:17	00:42:56	00:04:32	00:26:34	9	17.65
Course A - Male 45-49	44	518	STEPHEN CHAN		01:47:03	00:27:11	00:04:47	00:45:57	00:03:02	00:26:08	8	15.69
Course A - Male 45-49	45	469	CHAN WAI YIN, MICKEY		01:48:25	00:22:21	00:04:11	00:40:59	00:03:32	00:37:24	7	13.73
Course A - Male 45-49	46	512	ALAN DALE WINEGEART		01:50:33	00:17:21	00:05:06	00:52:37	00:04:06	00:31:25	6	11.76
Course A - Male 45-49	47	501	CHEUNG KAI SHUI		01:51:34	00:22:39	00:04:41	00:44:28	00:03:41	00:36:06	5	9.80
Course A - Male 45-49	48	476	SUEN CHUNG YIN	Energetic Triathlon Shatin	01:52:10	00:25:41	00:04:40	00:52:34	00:02:30	00:26:46	4	7.84
Course A - Male 45-49	49	502	MOK KING KUEN		01:54:00	00:24:12	00:05:19	00:53:21	00:04:08	00:27:02	3	5.88
Course A - Male 45-49	50	474	FUNG LAI MAN DANNY		02:00:28	00:26:10	00:07:47	00:50:08	00:03:07	00:33:19	2	3.92
Course A - Male 45-49	51	493	YU WAI FU		02:05:19	00:25:09	00:04:54	00:54:34	00:04:11	00:36:32	1	1.96
Course A - Male 45-49	DNS	489	TODD WONG	Hong Kong Dragons Triathlon Club								
Course A - Male 45-49	DNS	504	NG HOI SANG	Titan Triathlon								
Course A - Male 45-49	DNS	506	MICHAEL SADLER									
Course A - Male 45-49	DNS	507	TAM SZE LUN, ALAN	Sonic Sports Association								
Course A - Male 45-49	DNS	515	POON CHE WAI									
Course A - Male 45-49	DNS	519	MARTIN LEE									
Fail to follow official instruction	DSQ	491	CHEUNG CHI WAI, DEEP	Hope Sport Association	01:43:48	00:20:45	00:03:48	00:47:12	00:02:07	00:29:56		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 50-54	1	199	ANDREW PATRICK	Sonic Sports Association	01:17:36	00:14:07	00:02:34	00:36:14	00:01:57	00:22:45	37	100.00
Course A - Male 50-54	2	216	CHAN CHU	Energetic Triathlon Shatin	01:19:47	00:16:50	00:03:14	00:35:17	00:01:57	00:22:30	36	97.30
Course A - Male 50-54	3	231	ALAN TORRIGINO	Hong Kong Dragons Triathlon Club	01:19:56	00:14:53	00:02:24	00:35:39	00:01:56	00:25:06	35	94.59
Course A - Male 50-54	4	214	HO TAK MING	Energetic Triathlon Shatin	01:21:02	00:15:35	00:02:34	00:37:06	00:01:56	00:23:52	34	91.89
Course A - Male 50-54	5	223	MICHAEL HARRISON	Part Time Association	01:21:17	00:15:35	00:03:03	00:38:11	00:02:08	00:22:22	33	89.19
Course A - Male 50-54	6	230	DESMOND HILL		01:22:07	00:17:35	00:02:40	00:35:27	00:02:00	00:24:25	32	86.49
Course A - Male 50-54	7	201	POON KWOK WING	Energetic Triathlon Shatin	01:23:24	00:17:17	00:02:45	00:35:28	00:01:59	00:25:56	31	83.78
Course A - Male 50-54	8	192	MA YUK FU	Titan Triathlon	01:24:25	00:17:27	00:03:10	00:36:34	00:02:15	00:25:02	30	81.08
Course A - Male 50-54	9	209	LEUNG YAU HONG	Hope Sport Association	01:24:28	00:21:09	00:02:35	00:35:44	00:01:53	00:23:09	29	78.38
Course A - Male 50-54	10	195	LEE KWOK NING		01:25:53	00:20:18	00:03:00	00:36:37	00:01:56	00:24:04	28	75.68
Course A - Male 50-55	11	225	CHEONG VENG WA	South China Athletic Association	01:26:13	00:23:27	00:03:41	00:29:40	00:02:46	00:26:41	27	72.97
Course A - Male 50-54	12	228	LI KA WO	New Wave Swimming Club	01:29:09	00:14:48	00:02:40	00:43:28	00:02:05	00:26:11	26	70.27
Course A - Male 50-54	13	218	LAWRENCE CHUNG LUI HUNG	Energetic Triathlon Shatin	01:29:39	00:23:17	00:02:51	00:36:06	00:02:10	00:25:18	25	67.57
Course A - Male 50-54	14	210	YAU WAH	Tung Chung Triathlon Association	01:30:18	00:22:19	00:02:35	00:36:10	00:02:06	00:27:09	24	64.86
Course A - Male 50-54	15	217	IP YEE-CHIU	Energetic Triathlon Shatin	01:30:26	00:17:16	00:03:06	00:41:16	00:01:52	00:26:57	23	62.16
Course A - Male 50-54	16	229	WU CHI WAI		01:30:28	00:20:14	00:05:10	00:36:31	00:03:13	00:25:22	22	59.46
Course A - Male 50-54	17	193	WANG ZHE SHEN, JULIUS	Sonic Sports Association	01:32:12	00:22:16	00:03:55	00:36:09	00:02:38	00:27:14	21	56.76
Course A - Male 50-54	18	205	LAW CHUNKUEN		01:33:27	00:22:16	00:04:04	00:39:19	00:01:46	00:26:05	20	54.05
Course A - Male 50-54	19	196	DAVID HOWELL		01:33:54	00:18:46	00:03:51	00:40:36	00:02:48	00:27:55	19	51.35

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 50-54	20	194	KWOK SUI WING		01:34:41	00:22:57	00:03:27	00:41:20	00:02:04	00:24:55	18	48.65
Course A - Male 50-54	21	204	STUART CRANFIELD STUART		01:35:48	00:23:15	00:03:46	00:38:06	00:02:14	00:28:29	17	45.95
Course A - Male 50-54	22	203	BEN HO		01:37:25	00:21:06	00:03:42	00:43:19	00:02:14	00:27:06	16	43.24
Course A - Male 50-54	23	226	LEE CHI WAI		01:37:34	00:22:52	00:05:52	00:36:19	00:03:10	00:29:24	15	40.54
Course A - Male 50-54	24	200	CHUNG KWOK WING	Titan Triathlon	01:41:02	00:20:45	00:03:40	00:41:33	00:02:39	00:32:27	14	37.84
Course A - Male 50-55	25	198	LAM CHI WING	Part Time Association	01:43:11	00:29:11	00:03:49	00:38:34	00:02:48	00:28:51	13	35.14
Course A - Male 50-54	26	208	YUNG TAK CHEUNG		01:44:01	00:22:45	00:06:00	00:46:14	00:02:09	00:26:55	12	32.43
Course A - Male 50-54	27	197	CHAN SIK WING		01:45:47	00:24:41	00:06:02	00:50:49	00:02:05	00:22:13	11	29.73
Course A - Male 50-54	28	215	TAM KA KIT		01:45:55	00:18:57	00:03:19	00:52:37	00:02:03	00:29:02	10	27.03
Course A - Male 50-54	29	213	LEE CHI SHING		01:48:57	00:27:50	00:05:50	00:44:20	00:02:36	00:28:24	9	24.32
Course A - Male 50-54	30	257	WONG KIT		01:49:20	00:22:50	00:03:46	00:49:57	00:02:50	00:29:58	8	21.62
Course A - Male 50-54	31	207	DAVID CHAN		01:49:49	00:28:25	00:04:30	00:42:51	00:02:50	00:31:15	7	18.92
Course A - Male 50-54	32	221	HUI TSZ CHUNG	Titan Triathlon	01:51:35	00:21:51	00:03:21	00:52:36	00:02:27	00:31:22	6	16.22
Course A - Male 50-54	33	219	LUI KIM MING	Energetic Triathlon Shatin	01:52:05	00:21:50	00:04:11	00:53:20	00:03:08	00:29:38	5	13.51
Course A - Male 50-54	34	206	YAU FAN		01:55:35	00:26:07	00:06:21	00:50:27	00:02:55	00:29:48	4	10.81
Course A - Male 50-54	35	202	LAI CHIU CHEONG		02:01:21	00:23:16	00:07:12	00:47:58	00:04:33	00:38:24	3	8.11
Course A - Male 50-54	36	220	PHILIP PENALOZA		02:03:32	00:25:47	00:04:36	00:44:19	00:04:24	00:44:27	2	5.41
Course A - Male 50-54	37	222	LAM CHI CHOI	Titan Triathlon	02:14:37	00:27:32	00:03:55	01:07:57	00:03:19	00:31:56	1	2.70
Course A - Male 50-54	DNS	211	WILLIAM KOO									
Course A - Male 50-55	DNS	212	HANSELMAN CHRISTOPHER									
Course A - Male 50-56	DNS	224	CHAU YING KWONG, JIMMY									
Course A - Male 50-57	DNS	227	FERGUS LAM	Energetic Triathlon Shatin								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 55-59	1	235	WONG CHEUK YIN	Mango Swimming Club	01:22:19	00:14:33	00:02:46	00:40:00	00:01:43	00:23:19	9	100.00
Course A - Male 55-59	2	240	WONG KWOK WAH	Titan Triathlon	01:25:39	00:19:08	00:02:53	00:35:31	00:01:53	00:26:16	8	88.89
Course A - Male 55-59	3	239	CHAN KING YUEN	Titan Triathlon	01:30:39	00:16:40	00:03:27	00:41:05	00:02:06	00:27:22	7	77.78
Course A - Male 55-59	4	241	TSO CHUN BONG	Titan Triathlon	01:31:20	00:21:19	00:03:46	00:37:25	00:02:20	00:26:32	6	66.67
Course A - Male 55-59	5	233	HE CHEUNG		01:38:29	00:21:43	00:05:11	00:40:12	00:02:21	00:29:03	5	55.56
Course A - Male 55-59	6	242	ALLEN SAMUEL ELLIS		01:38:53	00:19:16	00:03:55	00:44:33	00:02:13	00:28:57	4	44.44
Course A - Male 55-59	7	234	CHAN FAI MING	Hope Sport Association	01:40:51	00:23:36	00:03:40	00:41:48	00:02:03	00:29:46	3	33.33
Course A - Male 55-59	8	237	AU YAU KIT		01:52:50	00:19:35	00:04:45	00:45:25	00:03:03	00:40:03	2	22.22
Course A - Male 55-59	9	238	JIMMY KAM		01:53:49	00:24:16	00:03:58	00:52:15	00:04:12	00:29:10	1	11.11
Course A - Male 55-59	DNS	232	JAMES VICKERS									
Course A - Male 55-59	DNS	236	TIM TRODD	Hong Kong Dragons Triathlon Club								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male 60 & Over	1	245	JAMES STEWART	Mango Swimming Club	01:29:25	00:18:54	00:03:50	00:37:40	00:02:23	00:26:40	8	100.00
Course A - Male 60 & Over	2	250	CHAN HO KEE	Titan Triathlon	01:32:19	00:20:07	00:03:57	00:37:06	00:02:03	00:29:06	7	87.50
Course A - Male 60 & Over	3	248	TSOI HON KUEN	Energetic Triathlon Shatin	01:39:24	00:23:26	00:03:28	00:39:18	00:02:25	00:30:50	6	75.00
Course A - Male 60 & Over	4	246	LEE WING ON	Energetic Triathlon Shatin	01:41:02	00:19:46	00:04:07	00:47:37	00:02:17	00:27:17	5	62.50
Course A - Male 60 & Over	5	251	CHAN KING CHE, STEPHEN	Energetic Triathlon Shatin	01:44:10	00:23:32	00:04:25	00:43:53	00:02:17	00:30:05	4	50.00
Course A - Male 60 & Over	6	244	IAN BROWNLIE	Sonic Sports Association	01:45:03	00:18:37	00:03:57	00:40:38	00:03:27	00:38:26	3	37.50
Course A - Male 60 & Over	7	247	LEUNG HING TONG	Energetic Triathlon Shatin	01:46:24	00:28:17	00:04:59	00:44:16	00:02:16	00:26:38	2	25.00
Course A - Male 60 & Over	8	249	LEE YIU WAH		01:48:27	00:24:38	00:05:30	00:47:16	00:03:01	00:28:03	1	12.50
Course A - Male 60 & Over	DNS	243	ALAN COLLINS									
Course A - Male 60 & Over	DNS	252	LAU SHIU LON	Energetic Triathlon Shatin								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male Elite Junior	1	277	SAM BRIAN MITCHELMORE		01:03:55	00:11:21	00:01:41	00:30:52	00:01:11	00:18:51	12	100.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male Elite Junior	2	280	WONG HUI WAI	Energetic Triathlon Shatin	01:04:21	00:11:15	00:01:47	00:30:54	00:01:20	00:19:07	11	91.67
Course A - Male Elite Junior	3	275	LAW LEONG TIM	Energetic Triathlon Shatin	01:04:50	00:11:02	00:01:51	00:31:05	00:01:20	00:19:34	10	83.33
Course A - Male Elite Junior	4	281	TANG HO FAI, JEFFREY	Titan Triathlon	01:05:05	00:11:55	00:01:51	00:31:52	00:01:17	00:18:12	9	75.00
Course A - Male Elite Junior	5	276	WONG PERRY	Energetic Triathlon Shatin	01:05:46	00:11:19	00:01:52	00:30:46	00:01:18	00:20:32	8	66.67
Course A - Male Elite Junior	6	274	KWOK WING KAN	Hope Sport Association	01:05:59	00:12:27	00:01:53	00:31:18	00:01:21	00:19:02	7	58.33
Course A - Male Elite Junior	7	283	LAU TSUN LING		01:07:59	00:12:28	00:01:49	00:31:23	00:01:22	00:20:59	6	50.00
Course A - Male Elite Junior	8	272	CHAN KA LUNG	Excel Swim Sports Association	01:10:19	00:12:24	00:01:56	00:33:53	00:01:32	00:20:34	5	41.67
Course A - Male Elite Junior	9	279	NG KA LOK, JASON	Energetic Triathlon Shatin	01:11:01	00:12:26	00:01:55	00:33:52	00:01:33	00:21:17	4	33.33
Course A - Male Elite Junior	10	271	CHOW MAN HIM	Excel Swim Sports Association	01:11:23	00:13:17	00:02:17	00:34:40	00:01:30	00:19:41	3	25.00
Course A - Male Elite Junior	11	282	GUILLAUME GIARD		01:32:12	00:20:03	00:03:38	00:40:53	00:02:04	00:25:37	2	16.67
Course A - Male Elite Junior	12	273	TSOI KA HEI	Hope Sport Association	01:34:31	00:16:19	00:03:15	00:37:15	00:03:03	00:34:42	1	8.33
Course A - Male Elite Junior	DNS	278	IP CHING KIU	Energetic Triathlon Shatin								
Course A - Male Elite Junior	DNS	284	LEUNG YAT LAI, LOUIS	Titan Triathlon								
Course A - Male Elite Junior	DNS	529	TSE CHUN NOK	Energetic Triathlon Shatin								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male Elite Open	1	269	LO CHING HIN, IVAN	South China Athletic Association	01:03:16	00:11:14	00:01:48	00:30:55	00:01:19	00:18:02	10	100.00
Course A - Male Elite Open	2	266	DANE CANTWELL	Tritons Triathlon Club	01:05:28	00:12:32	00:02:00	00:31:06	00:01:20	00:18:32	9	90.00
Course A - Male Elite Open	3	270	HO KING FUN		01:06:42	00:11:02	00:01:50	00:31:04	00:01:20	00:21:28	8	80.00
Course A - Male Elite Open	4	268	CHEUNG TAK HEI, ARTHUR	Titan Triathlon	01:12:13	00:12:18	00:01:57	00:31:24	00:01:40	00:24:55	7	70.00
Course A - Male Elite Open	5	263	CHAN TSZ WAI		01:28:26	00:20:05	00:02:46	00:39:07	00:01:36	00:24:54	6	60.00
Course A - Male Elite Open	6	264	ESCLAPEZ RUIZ ALFONSO		01:34:13	00:19:00	00:03:56	00:40:36	00:02:55	00:27:48	5	50.00
Course A - Male Elite Open	7	261	LAM KAM LUNG		01:36:50	00:21:39	00:04:03	00:43:06	00:01:59	00:26:04	4	40.00
Course A - Male Elite Open	8	260	CHIU CHO SHING		01:43:06	00:22:46	00:05:33	00:46:46	00:02:31	00:25:32	3	30.00
Course A - Male Elite Open	9	262	MAK WAI MING		01:51:59	00:24:22	00:04:50	00:51:15	00:02:46	00:28:49	2	20.00
Course A - Male Elite Open	10	259	TSUI CHI CHUNG		02:01:41	00:43:03	00:04:09	00:45:57	00:01:58	00:26:37	1	10.00
Course A - Male Elite Open	DNS	265	LEE CHI WO, DANIEL	Titan Triathlon								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Male Junior	1	527	TSOI KA CHEUK	Hope Sport Association	01:11:04	00:13:09	00:02:10	00:33:08	00:01:33	00:21:06	14	100.00
Course A - Male Junior	2	522	PUN YIU CHUNG	AustSports Association	01:11:30	00:14:56	00:02:04	00:33:09	00:01:25	00:19:58	13	92.86
Course A - Male Junior	3	531	HUI SIU KIT	Titan Triathlon	01:13:44	00:13:40	00:02:14	00:32:25	00:01:38	00:23:49	12	85.71
Course A - Male Junior	4	523	CHAN YIN MING	AustSports Association	01:14:22	00:15:02	00:02:11	00:34:40	00:01:52	00:20:39	11	78.57
Course A - Male Junior	5	524	NG CHING HONG	AustSports Association	01:14:45	00:13:19	00:02:14	00:35:18	00:01:49	00:22:07	10	71.43
Course A - Male Junior	6	526	TSE HOI KIT	AustSports Association	01:16:20	00:15:31	00:02:27	00:32:09	00:01:43	00:24:32	9	64.29
Course A - Male Junior	7	525	YEUNG LOK LAI	AustSports Association	01:16:27	00:14:47	00:02:21	00:33:00	00:01:36	00:24:44	8	57.14
Course A - Male Junior	8	534	WONG PAK TO	Energetic Triathlon Shatin	01:17:50	00:14:24	00:02:30	00:34:58	00:01:53	00:24:06	7	50.00
Course A - Male Junior	9	533	YAU LOK MAN, FRANCIS	South China Athletic Association	01:25:00	00:15:27	00:02:53	00:34:51	00:02:43	00:29:09	6	42.86
Course A - Male Junior	10	538	YU CHO HEI	Excel Swim Sports Association	01:31:35	00:19:29	00:02:18	00:35:24	00:01:47	00:32:38	5	35.71
Course A - Male Junior	11	540	YIN CHUN HONG	Excel Swim Sports Association	01:34:25	00:17:49	00:02:46	00:47:28	00:02:06	00:24:19	4	28.57
Course A - Male Junior	12	535	YIP HOK CHUN		01:35:26	00:21:11	00:04:07	00:39:13	00:02:55	00:28:01	3	21.43
Course A - Male Junior	13	532	YAU LOK YIN, MATTHEW	South China Athletic Association	01:40:42	00:34:02	00:02:37	00:36:07	00:02:13	00:25:45	2	14.29
Course A - Male Junior	14	539	YEUNG SIU KI	Excel Swim Sports Association	01:45:54	00:25:28	00:03:40	00:44:55	00:01:51	00:30:01	1	7.14
Course A - Male Junior	DNS	530	WU SZE CHUN	Energetic Triathlon Shatin								
Course A - Male Junior	DNS	541	LAU CHAK FUNG	Titan Triathlon								
Fail to follow official instruction	DSQ	537	CHENG HO YIN	Excel Swim Sports Association	01:11:29	00:15:00	00:01:56	00:33:08	00:01:31	00:19:54		
Short bike and run	DSQ	528	LEUNG POK YIN	Energetic Triathlon Shatin	01:07:34	00:17:12	00:02:12	00:29:26	00:02:04	00:16:40		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Relay Team	1	72	WESPORT - TEAM 1		01:09:01	00:14:53	00:02:13	00:32:13	00:01:15	00:18:29	31	100.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course A - Relay Team	2	94	TUNG CHUNG TRIATHLON ASSOCIATION - TEAM B		01:09:27	00:14:50	00:02:15	00:32:15	00:01:29	00:18:39	30	96.77
Course A - Relay Team	3	84	毅騰會		01:09:52	00:13:57	00:02:05	00:33:15	00:01:10	00:19:27	29	93.55
Course A - Relay Team	4	93	TUNG CHUNG TRIATHLON ASSOCIATION - TEAM A		01:10:56	00:14:00	00:02:11	00:34:27	00:01:21	00:18:58	28	90.32
Course A - Relay Team	5	76	WESPORT - 大鴻		01:17:09	00:19:23	00:02:19	00:34:45	00:01:25	00:19:19	27	87.10
Course A - Relay Team	6	98	MT BIKER @ AUSTSPORTS TEAM 2		01:17:19	00:14:54	00:02:11	00:35:53	00:01:36	00:22:48	26	83.87
Course A - Relay Team	7	88	BUNNY		01:17:34	00:17:50	00:02:32	00:34:41	00:01:41	00:20:52	25	80.65
Course A - Relay Team	8	92	PAT		01:18:46	00:19:07	00:02:18	00:34:33	00:01:21	00:21:27	24	77.42
Course A - Relay Team	9	86	MT BIKER 1		01:25:06	00:18:36	00:03:00	00:37:27	00:01:38	00:24:28	23	74.19
Course A - Relay Team	10	95	TUNG CHUNG TRIATHLON ASSOCIATION - TEAM C		01:19:20	00:15:12	00:02:21	00:37:42	00:02:00	00:22:07	22	70.97
Course A - Relay Team	11	82	WESPORT - EDISON		01:26:33	00:18:41	00:02:18	00:38:09	00:01:57	00:25:30	21	67.74
Course A - Relay Team	12	83	WESPORT - 大頭		01:27:54	00:23:16	00:02:52	00:35:39	00:01:28	00:24:41	20	64.52
Course A - Relay Team	13	79	WESPORT - STEPHEN		01:28:58	00:20:09	00:02:18	00:44:21	00:01:34	00:20:38	19	61.29
Course A - Relay Team	14	96	MAMA MIA		01:30:02	00:18:27	00:03:01	00:43:56	00:01:45	00:22:55	18	58.06
Course A - Relay Team	15	85	SPEED ENGINE		01:30:39	00:18:04	00:02:56	00:38:08	00:01:58	00:29:35	17	54.84
Course A - Relay Team	16	73	荃灣三鐵仔		01:31:14	00:14:22	00:03:20	00:45:04	00:02:18	00:26:11	16	51.61
Course A - Relay Team	17	66	荃灣三鐵仔1隊		01:32:21	00:19:49	00:02:45	00:43:22	00:01:40	00:24:48	15	48.39
Course A - Relay Team	18	81	WESPORT - FAI		01:34:46	00:23:03	00:02:39	00:36:24	00:01:59	00:30:44	14	45.16
Course A - Relay Team	19	100	爛玩一族		01:35:15	00:19:43	00:03:03	00:45:42	00:01:57	00:24:51	13	41.94
Course A - Relay Team	20	67	荃灣三鐵仔2隊		01:35:28	00:23:46	00:02:39	00:42:38	00:02:02	00:24:26	12	38.71
Course A - Relay Team	21	89	TIMON & PUMBAA		01:35:53	00:19:51	00:03:13	00:45:04	00:01:53	00:25:53	11	35.48
Course A - Relay Team	22	101	LI KA HO		01:36:22	00:18:27	00:02:56	00:42:22	00:03:21	00:29:17	10	32.26
Course A - Relay Team	23	69	荃灣三鐵仔6隊		01:37:25	00:18:55	00:02:33	00:50:20	00:01:56	00:23:42	9	29.03
Course A - Relay Team	24	68	荃灣三鐵仔3隊		01:38:37	00:17:57	00:02:51	00:47:28	00:01:52	00:28:29	8	25.81
Course A - Relay Team	25	90	RUN ONE 1		01:39:30	00:22:25	00:02:45	00:53:07	00:01:31	00:19:43	7	22.58
Course A - Relay Team	26	78	WESPORT - KENNY		01:39:59	00:23:38	00:03:23	00:48:13		00:24:45	6	19.35
Course A - Relay Team	27	80	WESPORT - BOBBY		01:41:01	00:28:41	00:04:04	00:37:10	00:02:15	00:28:53	5	16.13
Course A - Relay Team	28	65	荃灣三鐵仔5隊		01:44:22	00:21:55	00:02:41	00:52:18	00:01:38	00:25:51	4	12.90
Course A - Relay Team	29	87	荃灣三鐵仔10隊		01:45:04	00:21:38	00:02:51	00:57:00	00:01:35	00:22:02	3	9.68
Course A - Relay Team	30	75	NEVER 噏汁		01:47:03	00:25:00	00:02:45	00:47:26		00:31:52	2	6.45
Course A - Relay Team	31	70	荃灣三鐵仔7隊		01:47:22	00:19:22	00:02:40	00:56:35	00:01:49	00:26:57	1	3.23
Course A - Relay Team	DNS	64	荃灣三鐵仔4隊									
Course A - Relay Team	DNS	74	I WILL NEVER DIE									
Fail to handover	DSQ	63	DINOS1		01:39:03	00:17:30	00:03:33	00:44:13		00:33:47		
Short bike	DSQ	77	WESPORT - 貓仔		01:07:59	00:17:18		00:28:00		00:22:41		
Short bike	DSQ	97	MT BIKER @ AUSTSPORTS TEAM 1		01:02:52	00:11:35	00:02:08	00:27:42	00:01:24	00:20:03		
Short bike	DSQ	71	荃灣三鐵仔8隊		01:44:16	00:19:44	00:02:40	00:45:14	00:01:50	00:34:49		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course B - Female Junior	1	551	KONG YAN PUI	Sonic Sports Association	00:40:13	00:05:46	00:03:11	00:22:46	00:01:56	00:06:37	3	100.00
Course B - Female Junior	2	553	SIN PUI YAN	Energetic Triathlon Shatin	00:40:45	00:04:19	00:02:41	00:25:03	00:01:42	00:07:03	2	66.67
Course B - Female Junior	3	552	WONG CHING SUM		00:47:21	00:07:37	00:03:06	00:24:46	00:02:32	00:09:22	1	33.33

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course B - Female Open	1	642	FIONA FITZGERALD		00:41:17	00:06:21	00:02:48	00:23:45	00:01:52	00:06:33	11	100.00
Course B - Female Open	2	650	LAU KA HEI, CATHERINE	Energetic Triathlon Shatin	00:43:23	00:05:08	00:03:11	00:26:30	00:01:49	00:06:47	10	90.91
Course B - Female Open	3	641	SHAM PUI MAN VIVIAN		00:45:32	00:07:31	00:02:42	00:25:53	00:02:02	00:07:26	9	81.82
Course B - Female Open	4	646	LI WING YI		00:47:08	00:06:25	00:03:52	00:26:37	00:02:42	00:07:33	8	72.73
Course B - Female Open	5	649	CHEUNG YIK MAN (STEPHANIE)		00:51:18	00:08:04	00:03:58	00:28:21	00:03:07	00:07:50	7	63.64
Course B - Female Open	6	643	LEUNG YIM TING		00:52:57	00:08:05	00:03:58	00:31:40	00:02:05	00:07:11	6	54.55
Course B - Female Open	7	577	CHUI HOI SHAN		00:57:01	00:08:08	00:03:52	00:32:47	00:03:15	00:09:00	5	45.45
Course B - Female Open	8	647	YIU CHUN WING MARTHES		00:59:54	00:08:43	00:04:23	00:35:45	00:02:39	00:08:26	4	36.36

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course B - Female Open	9	648	NG WAI HIN	AustSports Association	01:01:37	00:08:43	00:05:17	00:34:58	00:03:15	00:09:27	3	27.27
Course B - Female Open	10	645	LI MANDY		01:01:58	00:11:20	00:05:47	00:30:34	00:03:54	00:10:25	2	18.18
Course B - Female Open	11	640	LEUNG SIN NEI SINNEY		01:09:21	00:10:52	00:06:12	00:35:09	00:03:17	00:13:53	1	9.09
Course B - Female Open	DNS	639	WONG HOI YAN	Energetic Triathlon Shatin								
Course B - Female Open	DNS	644	FIONA WONG									

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course B - Female Veteran	1	654	KATHERINE LEE		00:42:26	00:07:01	00:03:22	00:23:48	00:01:53	00:06:23	5	100.00
Course B - Female Veteran	2	652	LEUNG YIN YI	Hope Sport Association	00:43:55	00:07:19	00:03:29	00:22:13	00:02:24	00:08:32	4	80.00
Course B - Female Veteran	3	657	CHAN SUET WAH	Energetic Triathlon Shatin	00:47:15	00:07:38	00:03:17	00:27:33	00:01:57	00:06:53	3	60.00
Course B - Female Veteran	4	653	CHAN SUK FAN		00:47:43	00:08:48	00:04:30	00:23:53	00:02:46	00:07:48	2	40.00
Course B - Female Veteran	5	655	WU MEI LING		00:59:06	00:10:56	00:04:29	00:31:10	00:02:59	00:09:35	1	20.00
Course B - Female Veteran	DNS	651	MA PUI CHING									
Course B - Female Veteran	DNS	656	JESSIE L.K. WONG									

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course B - Male Junior	1	546	YIM LOK HIM		00:34:05	00:04:58	00:02:30	00:20:03	00:01:43	00:04:51	9	100.00
Course B - Male Junior	2	545	LEE CHUN	Hope Sport Association	00:34:45	00:04:13	00:02:19	00:20:39	00:01:42	00:05:53	8	88.89
Course B - Male Junior	3	544	CHAU MAN KEI	Energetic Triathlon Shatin	00:37:04	00:04:56	00:02:32	00:21:05	00:01:51	00:06:42	7	77.78
Course B - Male Junior	4	547	HO FUK HUNG	Titan Triathlon	00:38:28	00:05:02	00:02:30	00:21:11	00:02:03	00:07:45	6	66.67
Course B - Male Junior	5	543	SIU KIN LOK	Hope Sport Association	00:40:09	00:05:38	00:03:11	00:22:46	00:01:55	00:06:41	5	55.56
Course B - Male Junior	6	548	LAW TSUN KIT	Energetic Triathlon Shatin	00:41:16	00:06:05	00:02:38	00:24:22	00:02:11	00:06:02	4	44.44
Course B - Male Junior	7	542	WONG CHUN HIM	Hope Sport Association	00:42:31	00:06:30	00:02:55	00:24:10	00:02:00	00:06:58	3	33.33
Course B - Male Junior	8	549	SHE HUNG CHEUNG	Energetic Triathlon Shatin	00:45:28	00:05:37	00:03:13	00:26:57	00:01:55	00:07:47	2	22.22
Course B - Male Junior	9	550	LAW TIK KI		00:51:19	00:11:05	00:03:49	00:26:10	00:02:28	00:07:49	1	11.11
Short bike	DSQ	536	LEUNG CHUN HIN	Excel Swim Sports Association	00:29:32	00:04:02	00:02:25	00:15:39	00:01:53	00:05:33		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course B - Male Open	1	581	TONG LAI HIN	Titan Triathlon	00:33:33	00:04:21	00:02:05	00:20:25	00:01:25	00:05:20	39	100.00
Course B - Male Open	2	579	CHENG TSZ YEUNG	Titan Triathlon	00:33:49	00:04:27	00:02:05	00:20:23	00:01:27	00:05:29	38	97.44
Course B - Male Open	3	574	LAM TSZ WAI	Energetic Triathlon Shatin	00:34:57	00:04:51	00:02:09	00:19:57	00:01:53	00:06:09	37	94.87
Course B - Male Open	4	601	CHOW HOI TAT	Titan Triathlon	00:36:24	00:06:16	00:02:30	00:20:26	00:01:26	00:05:47	36	92.31
Course B - Male Open	5	586	YEUNG WING YIN, MICHAEL	Energetic Triathlon Shatin	00:36:43	00:05:14	00:02:42	00:20:51	00:01:59	00:06:00	35	89.74
Course B - Male Open	6	560	YAU KWUN SAN	Tung Chung Triathlon Association	00:38:30	00:07:19	00:02:35	00:20:45	00:01:39	00:06:14	34	87.18
Course B - Male Open	7	573	WONG WAI HO	AustSports Association	00:38:33	00:04:49	00:03:55	00:22:42	00:01:52	00:05:17	33	84.62
Course B - Male Open	8	591	KA HO CHICK		00:38:38	00:05:18	00:03:00	00:21:58	00:02:02	00:06:22	32	82.05
Course B - Male Open	9	569	TAM CHI FAI		00:40:51	00:07:39	00:02:57	00:22:13	00:01:57	00:06:08	31	79.49
Course B - Male Open	10	572	WONG KA FUNG	AustSports Association	00:42:02	00:08:05	00:03:53	00:22:53	00:01:42	00:05:31	30	76.92
Course B - Male Open	11	603	WONG WING HANG	Sonic Sports Association	00:42:21	00:05:33	00:03:29	00:24:16	00:02:15	00:06:51	29	74.36
Course B - Male Open	12	584	LAM KING MAN	Part Time Association	00:42:28	00:08:13	00:03:13	00:22:18	00:02:33	00:06:13	28	71.79
Course B - Male Open	13	593	CHAN HOI HANG DAYCH		00:42:34	00:07:41	00:03:07	00:22:17	00:02:27	00:07:05	27	69.23
Course B - Male Open	14	589	KWOK CHI FUNG, JEFF	Energetic Triathlon Shatin	00:43:21	00:05:49	00:02:36	00:26:57	00:01:40	00:06:22	26	66.67
Course B - Male Open	15	556	SUEN SUI LEUNG, BOSCO		00:43:25	00:06:10	00:03:44	00:24:25	00:02:23	00:06:44	25	64.10
Course B - Male Open	16	561	TSE TAN		00:43:45	00:08:22	00:03:55	00:22:49	00:02:08	00:06:32	24	61.54
Course B - Male Open	17	557	CHONG LOK LAM		00:44:38	00:08:11	00:03:38	00:23:58	00:01:55	00:06:59	23	58.97
Course B - Male Open	18	571	YICK MAN LUNG	AustSports Association	00:46:17	00:07:30	00:03:29	00:25:08	00:02:29	00:07:44	22	56.41
Course B - Male Open	19	598	CHUNG CHI CHUNG		00:46:21	00:06:14	00:03:57	00:26:10	00:02:45	00:07:17	21	53.85
Course B - Male Open	20	596	LAM WAI CHI		00:46:27	00:08:18	00:03:28	00:26:20	00:02:01	00:06:22	20	51.28
Course B - Male Open	21	594	KWAN CHIU FAI		00:46:56	00:08:20	00:03:59	00:23:23	00:03:11	00:08:05	19	48.72
Course B - Male Open	22	599	YIP WAI SHING		00:47:28	00:06:26	00:05:30	00:25:28	00:02:46	00:07:20	18	46.15

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course B - Male Open	23	590	LUI SIU TING	AustSports Association	00:47:36	00:07:52	00:03:42	00:26:42	00:02:09	00:07:13	17	43.59
Course B - Male Open	24	567	WONG KAI KIN TONY		00:48:22	00:07:23	00:04:42	00:23:53	00:03:27	00:08:59	16	41.03
Course B - Male Open	25	566	CHAN KA KIT		00:48:24	00:07:55	00:04:15	00:25:41	00:02:10	00:08:25	15	38.46
Course B - Male Open	26	592	NG HO KEI		00:48:43	00:10:09	00:04:18	00:24:11	00:02:37	00:07:30	14	35.90
Course B - Male Open	27	558	YEUNG PING KEI LAPSON		00:50:48	00:07:38	00:03:23	00:26:19	00:03:17	00:10:13	13	33.33
Course B - Male Open	28	564	LAI KIN FUNG		00:50:52	00:08:14	00:04:12	00:27:32	00:03:16	00:07:39	12	30.77
Course B - Male Open	29	600	TAO WING HANG		00:53:34	00:10:49	00:03:54	00:28:24	00:02:35	00:07:54	11	28.21
Course B - Male Open	30	568	LAW WING HONG		00:55:13	00:07:10	00:03:42	00:32:17	00:02:00	00:10:05	10	25.64
Course B - Male Open	31	99	WAN HO KIT,SUNNY		00:55:13	00:09:00	00:14:08	00:22:25	00:02:02	00:07:41	9	23.08
Course B - Male Open	32	559	KWOK PING HUNG		00:55:31	00:14:23	00:04:13	00:26:01	00:02:48	00:08:09	8	20.51
Course B - Male Open	33	575	CHEN CHI MING		00:55:55	00:10:25	00:04:20	00:28:59	00:03:31	00:08:41	7	17.95
Course B - Male Open	34	604	LEE WING FAI		00:57:27	00:14:35	00:05:59	00:26:16	00:02:51	00:07:49	6	15.38
Course B - Male Open	35	595	LAM CHUN FAI		00:57:42	00:10:11	00:04:42	00:30:02	00:02:16	00:10:32	5	12.82
Course B - Male Open	36	587	CHEUNG KA CHI		00:58:40	00:11:02	00:06:35	00:28:05	00:03:16	00:09:44	4	10.26
Course B - Male Open	37	565	TSANG CHIU FAT		00:58:45	00:13:07	00:08:35	00:25:03	00:04:26	00:07:36	3	7.69
Course B - Male Open	38	597	HUI WAI CHEONG		00:58:53	00:08:56	00:04:16	00:33:29	00:03:52	00:08:21	2	5.13
Course B - Male Open	39	576	CHAU HOI YUEN , DENIS		01:01:32	00:08:18	00:05:12	00:35:05	00:03:37	00:09:23	1	2.56
Course B - Male Open	DNF	582	LEUNG NGAI SHUN									
Course B - Male Open	DNF	585	HO HO MING									
Course B - Male Open	DNS	554	WONG TAK KAI	Titan Triathlon								
Course B - Male Open	DNS	555	LUI HO LAM									
Course B - Male Open	DNS	562	CHENG CHI FUNG	Hope Sport Association								
Course B - Male Open	DNS	563	CHUI CHUNG HONG	Hope Sport Association								
Course B - Male Open	DNS	578	LIU CHEUK YIN									
Course B - Male Open	DNS	583	LEUNG WAI KO									
Course B - Male Open	DNS	588	FUNG POON SHUN	Energetic Triathlon Shatin								
Course B - Male Open	DNS	602	MARVIN SONES									
Course B - Male Open	DNF	582	LEUNG NGAI SHUN			00:07:03	00:02:55					
Course B - Male Open	DNF	585	HO HO MING			00:13:16			00:03:40			
Short bike	DSQ	570	CHO LOK TIM TIMOTHY		00:30:48	00:07:04	00:03:50	00:09:29	00:02:11	00:08:15		
Short bike	DSQ	580	CHEUNG TING FUNG	Titan Triathlon	00:37:49	00:12:05	00:03:00	00:11:12	00:02:23	00:09:10		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course B - Male Veteran	1	608	LEE CHI MAN	AustSports Association	00:37:13	00:06:03	00:02:40	00:20:41	00:01:52	00:05:58	28	100.00
Course B - Male Veteran	2	636	LAU SIU KAN	Titan Triathlon	00:37:35	00:05:21	00:02:45	00:21:19	00:01:51	00:06:20	27	96.43
Course B - Male Veteran	3	606	CHAU HO MING	Energetic Triathlon Shatin	00:38:18	00:06:22	00:02:51	00:20:10	00:02:02	00:06:55	26	92.86
Course B - Male Veteran	4	611	HUI KING LAU	Tung Chung Triathlon Association	00:38:37	00:05:49	00:03:47	00:21:55	00:01:39	00:05:29	25	89.29
Course B - Male Veteran	5	607	CHENG WAI HO	Titan Triathlon	00:39:18	00:07:17	00:02:29	00:21:55	00:01:45	00:05:53	24	85.71
Course B - Male Veteran	6	619	CHOW CHIU KIN	Energetic Triathlon Shatin	00:39:21	00:06:41	00:02:40	00:21:24	00:02:03	00:06:35	23	82.14
Course B - Male Veteran	7	628	KWONG MING CHAN	Part Time Association	00:40:07	00:08:00	00:02:50	00:21:33	00:01:53	00:05:53	22	78.57
Course B - Male Veteran	8	621	WONG HON HING	Energetic Triathlon Shatin	00:40:16	00:06:09	00:03:14	00:22:06	00:02:01	00:06:48	21	75.00
Course B - Male Veteran	9	625	WONG YIN CHEONG	Titan Triathlon	00:41:29	00:06:57	00:02:34	00:21:14	00:01:49	00:08:57	20	71.43
Course B - Male Veteran	10	624	TSANG CHUNG MING	Titan Triathlon	00:41:32	00:06:02	00:02:42	00:22:02	00:01:51	00:08:57	19	67.86
Course B - Male Veteran	11	615	LAI YING FAI	AustSports Association	00:41:58	00:07:42	00:02:43	00:23:52	00:01:35	00:06:08	18	64.29
Course B - Male Veteran	12	617	FUNG CHI YUEN	AustSports Association	00:42:42	00:07:22	00:03:02	00:23:53	00:01:39	00:06:48	17	60.71
Course B - Male Veteran	13	620	HO SIU LAM	Energetic Triathlon Shatin	00:43:36	00:08:06	00:03:27	00:22:14	00:02:45	00:07:07	16	57.14
Course B - Male Veteran	14	630	CHOY WAI KWUN		00:43:48	00:07:28	00:04:22	00:23:55	00:01:15	00:06:49	15	53.57
Course B - Male Veteran	15	605	LAWRENCE CHAN	Titan Triathlon	00:45:50	00:09:35	00:03:14	00:23:02	00:02:46	00:07:15	14	50.00
Course B - Male Veteran	16	616	TAM YUEN HO	AustSports Association	00:46:29	00:08:43	00:04:09	00:24:39	00:02:24	00:06:37	13	46.43
Course B - Male Veteran	17	626	GILBERT TANG		00:47:08	00:07:13	00:03:40	00:27:33	00:02:15	00:06:28	12	42.86
Course B - Male Veteran	18	622	LEE MAN YEE		00:47:25	00:08:29	00:03:43	00:25:53	00:02:14	00:07:08	11	39.29
Course B - Male Veteran	19	612	CHIU KIN MAN	Hope Sport Association	00:48:26	00:08:44	00:03:31	00:23:47	00:03:15	00:09:12	10	35.71

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course B - Male Veteran	20	633	MARTIN POON		00:48:29	00:08:53	00:05:00	00:23:41	00:02:40	00:08:18	9	32.14
Course B - Male Veteran	21	610	LEE KA YIU		00:48:53	00:10:05	00:03:52	00:24:19	00:02:58	00:07:41	8	28.57
Course B - Male Veteran	22	637	LEE YUET FONG	Tung Chung Triathlon Association	00:49:18	00:08:12	00:04:26	00:24:40	00:02:28	00:09:33	7	25.00
Course B - Male Veteran	23	623	YAU JERRY	South China Athletic Association	00:50:00	00:06:42	00:04:37	00:27:04	00:03:47	00:07:52	6	21.43
Course B - Male Veteran	24	638	PETER TAM		00:52:25	00:09:19	00:04:13	00:27:55	00:02:59	00:08:03	5	17.86
Course B - Male Veteran	25	635	CHUNG SHUN		00:55:22	00:06:33	00:05:01	00:30:37	00:02:40	00:10:33	4	14.29
Course B - Male Veteran	26	618	CHAN KWOK CHI	Energetic Triathlon Shatin	00:56:57	00:07:15	00:03:09	00:25:42	00:01:55	00:18:58	3	10.71
Course B - Male Veteran	27	631	LEUNG SHU ON TERENCE		00:59:57	00:07:05	00:04:48	00:37:25	00:02:54	00:07:48	2	7.14
Course B - Male Veteran	28	634	LAM HOO MING	Energetic Triathlon Shatin	01:00:18	00:06:54	00:04:02	00:32:26	00:03:05	00:13:52	1	3.57
Course B - Male Veteran	DNF	613	WAN TAI-SHUN					00:26:47	00:04:04	00:08:59		
Course B - Male Veteran	DNS	609	CHAN WING HANG									
Course B - Male Veteran	DNS	627	DANIEL HOK KWAN CHOI									
Course B - Male Veteran	DNS	629	WONG HOK HIN									
Course B - Male Veteran	DNS	614	IP KIT KEUNG									
Short bike	DSQ	632	CHAN KIM WAI BARRY		00:43:11	00:10:44	00:06:42	00:10:11	00:04:11	00:11:26		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course C - Female Youth Open	1	675	PANG CHING WAI	South China Athletic Association	00:30:18	00:04:21	00:02:21	00:15:41	00:01:42	00:06:15	3	100.00
Course C - Female Youth Open	2	673	VANESSA NG	Titan Triathlon	00:32:05	00:04:12	00:02:26	00:16:11	00:02:02	00:07:15	2	66.67
Course C - Female Youth Open	3	672	JUNE CHAN		00:37:41	00:05:01	00:03:14	00:19:27	00:01:58	00:08:03	1	33.33

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course C - Male Youth Open	1	664	LEE CHUN KIU	Hope Sport Association	00:28:22	00:04:04	00:02:07	00:14:33	00:01:34	00:06:06	6	100.00
Course C - Male Youth Open	2	660	MICHAEL LAM	Sonic Sports Association	00:28:46	00:03:57	00:01:50	00:14:21	00:01:16	00:07:25	5	83.33
Course C - Male Youth Open	3	658	SHUEN CHUN KIT	Hope Sport Association	00:28:54	00:04:16	00:01:53	00:13:59	00:01:20	00:07:28	4	66.67
Course C - Male Youth Open	4	659	HEUNG CHIN TUNG	Hope Sport Association	00:30:01	00:03:57	00:01:59	00:14:47	00:00:43	00:08:36	3	50.00
Course C - Male Youth Open	5	662	LEUNG CHUN SUN	Energetic Triathlon Shatin	00:30:05	00:04:11	00:01:58	00:14:38	00:01:30	00:07:50	2	33.33
Course C - Male Youth Open	6	668	MOK TSZ HIM		00:35:09	00:05:41	00:01:53	00:18:07	00:02:13	00:07:15	1	16.67
Course C - Male Youth Open	DNS	661	MATTHEW HANSELMAN									
Course C - Male Youth Open	DNS	663	TSE CHUN YIN	Energetic Triathlon Shatin								
Course C - Male Youth Open	DNS	665	CHEUNG CHUN HO	Titan Triathlon								
Course C - Male Youth Open	DNS	669	WONG TSZ SHING	Energetic Triathlon Shatin								
Course C - Male Youth Open	DNS	670	CHEUNG CHIN TO	The Little Doplevel Swimming Association								
Course C - Male Youth Open	DNS	671	CHEUNG KIU SAM	The Little Doplevel Swimming Association								
Short bike and wrong heat start	DSQ	666	CHEUNG CHUN YAU	Titan Triathlon	01:37:48	01:05:31	00:03:21	00:18:48	00:01:30	00:56:27		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course E - Boys 2001	1	764	CHAN HO FUNG	Sea Bear Swimming Club	00:24:53	00:05:03	00:02:40	00:08:51	00:01:52	00:06:29	20	100.00
Course E - Boys 2001	2	824	BRENTON LIN		00:25:38	00:04:57	00:02:53	00:09:43	00:01:37	00:06:30	19	95.00
Course E - Boys 2001	3	816	IP SHUN HEI	Energetic Triathlon Shatin	00:25:47	00:05:41	00:02:36	00:09:18	00:01:40	00:06:35	18	90.00
Course E - Boys 2001	4	829	HO KA KIT, KELVIN	Energetic Triathlon Shatin	00:26:00	00:05:36	00:02:53	00:09:49	00:01:37	00:06:07	17	85.00
Course E - Boys 2001	5	823	LI TSZ HO, ANGUS	Titan Triathlon	00:26:16	00:05:33	00:02:34	00:08:59	00:01:47	00:07:25	16	80.00
Course E - Boys 2001	6	817	LAU YU HON	Energetic Triathlon Shatin	00:26:42	00:05:53	00:02:46	00:08:54	00:01:39	00:07:33	15	75.00
Course E - Boys 2001	7	819	MAK HO TIN, TYLER	Energetic Triathlon Shatin	00:26:54	00:06:35	00:02:40	00:08:52	00:01:48	00:07:00	14	70.00
Course E - Boys 2001	8	809	LEE KA HIM, KENNETH		00:27:36	00:06:38	00:02:52	00:08:40	00:02:01	00:07:26	13	65.00
Course E - Boys 2001	9	813	LAI NOK HIN	AustSports Association	00:28:25	00:07:28	00:03:10	00:09:28	00:01:50	00:06:32	12	60.00
Course E - Boys 2001	10	811	JOSHUA NANAYAKKARA		00:28:58	00:06:05	00:03:11	00:09:59	00:02:03	00:07:41	11	55.00
Course E - Boys 2001	11	822	WONG TIK LAM	Energetic Triathlon Shatin	00:30:00	00:07:53	00:02:50	00:10:11	00:01:57	00:07:11	10	50.00
Course E - Boys 2001	12	814	CHEUNG KAM LUN	AustSports Association	00:30:14	00:06:24	00:03:54	00:09:56	00:02:06	00:07:56	9	45.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course E - Boys 2001	13	821	TO MING CHUNG, SAMUEL	Energetic Triathlon Shatin	00:30:22	00:06:51	00:03:40	00:09:40	00:02:01	00:08:11	8	40.00
Course E - Boys 2001	14	815	LAI YICK KAN	AustSports Association	00:31:16	00:08:02	00:03:01	00:10:57	00:01:53	00:07:24	7	35.00
Course E - Boys 2001	15	820	CHAN SHEUNG YIN	Energetic Triathlon Shatin	00:32:09	00:07:55	00:03:10	00:10:43	00:02:20	00:08:03	6	30.00
Course E - Boys 2001	16	825	LAU CHING YUNG, IAN	Titan Triathlon	00:32:54	00:07:11	00:03:09	00:12:06	00:02:00	00:08:30	5	25.00
Course E - Boys 2001	17	818	LEUNG DATHAN HO KIU	Energetic Triathlon Shatin	00:34:27	00:07:37	00:03:28	00:12:22	00:02:15	00:08:47	4	20.00
Course E - Boys 2001	18	808	SUNG HO HIN	Excel Swim Sports Association	00:34:55	00:06:40	00:04:32	00:11:24	00:02:40	00:09:41	3	15.00
Course E - Boys 2001	19	810	WALTER CHAN		00:35:10	00:07:05	00:06:11	00:09:59	00:02:48	00:25:19	2	10.00
Course E - Boys 2001	20	812	CHUNG TIN CHING, DAMIEN		00:37:08	00:08:09	00:03:52	00:13:13	00:02:55	00:09:01	1	5.00
Course E - Boys 2001	DNS	826	TAM KWAN KIN, ALVIN	Titan Triathlon								
Course E - Boys 2001	DNS	827	YAM FU YUEN, MARCO	Titan Triathlon								
Course E - Boys 2001	DNF	828	HO KA CHUN, CLEMENT	Energetic Triathlon Shatin		00:01:04						

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course E - Boys 2002	1	791	HAROLD YICK		00:24:05	00:04:44	00:02:36	00:08:54	00:01:32	00:06:22	25	100.00
Course E - Boys 2002	2	798	WONG LONG CHING, NIGEL	Energetic Triathlon Shatin	00:24:39	00:06:00	00:02:36	00:08:19	00:01:31	00:06:16	24	96.00
Course E - Boys 2002	3	789	TAO CHUN NGOK	Excel Swim Sports Association	00:24:57	00:05:26	00:02:43	00:09:00	00:01:42	00:06:09	23	92.00
Course E - Boys 2002	4	797	NG CHI KIN	Energetic Triathlon Shatin	00:25:02	00:05:38	00:02:34	00:08:58	00:01:36	00:06:17	22	88.00
Course E - Boys 2002	5	923	LAU CHUNG HEI	Sea Bear Swimming Club	00:26:00	00:05:58	00:03:04	00:09:07	00:01:41	00:06:12	21	84.00
Course E - Boys 2002	6	804	CHAN YIN HEI, CHRISTOPHER	Titan Triathlon	00:26:07	00:05:36	00:02:59	00:09:33	00:01:43	00:06:17	20	80.00
Course E - Boys 2002	7	782	SHUM KIN HANG	Excel Swim Sports Association	00:26:22	00:06:02	00:03:23	00:08:44	00:01:49	00:06:27	19	76.00
Course E - Boys 2002	8	790	REN YANAGAWA		00:26:43	00:06:53	00:02:39	00:09:53	00:01:39	00:05:41	18	72.00
Course E - Boys 2002	9	793	LEE MAN HEI	AustSports Association	00:27:11	00:06:34	00:02:43	00:09:17	00:01:46	00:06:54	17	68.00
Course E - Boys 2002	10	924	LIN CHUN	Sea Bear Swimming Club	00:27:12	00:06:46	00:02:43	00:09:24	00:01:48	00:06:32	16	64.00
Course E - Boys 2002	11	805	HO AIDAN HIN LONG	Titan Triathlon	00:27:40	00:05:56	00:02:42	00:09:45	00:01:50	00:07:30	15	60.00
Course E - Boys 2002	12	787	LEE KWAN WAH		00:28:05	00:06:30	00:02:54	00:08:57	00:01:51	00:07:55	14	56.00
Course E - Boys 2002	13	800	BOSCO CHOW	Titan Triathlon	00:28:34	00:08:00	00:02:59	00:09:33	00:01:42	00:06:21	13	52.00
Course E - Boys 2002	14	795	LAM YAT HIM	AustSports Association	00:28:38	00:06:30	00:02:59	00:09:43	00:01:52	00:07:36	12	48.00
Course E - Boys 2002	15	785	YEUNG HO WANG		00:28:44	00:06:55	00:03:08	00:10:33	00:01:45	00:06:55	11	44.00
Course E - Boys 2002	16	796	LAI YIP SUN, EDRIC	Energetic Triathlon Shatin	00:30:22	00:07:36	00:03:03	00:09:51	00:02:02	00:07:50	10	40.00
Course E - Boys 2002	17	803	CHAN CHI CHUN, HUBERT	Titan Triathlon	00:30:27	00:06:13	00:03:09	00:10:41	00:02:01	00:08:25	9	36.00
Course E - Boys 2002	18	806	MAK HO CHIT, TERRY	Titan Triathlon	00:31:08	00:08:24	00:03:03	00:10:27	00:02:03	00:07:13	8	32.00
Course E - Boys 2002	19	794	FUNG HO YIN	AustSports Association	00:32:24	00:08:29	00:03:08	00:11:27	00:02:01	00:07:20	7	28.00
Course E - Boys 2002	20	799	YAN LOK MICHAEL	Energetic Triathlon Shatin	00:32:29	00:06:57	00:04:09	00:11:43	00:02:06	00:07:36	6	24.00
Course E - Boys 2002	21	784	WILTON CHIK		00:33:29	00:06:37	00:03:30	00:11:57	00:02:41	00:08:46	5	20.00
Course E - Boys 2002	22	802	WU ZHI JIAN MARCO	Mango Swimming Club	00:33:54	00:07:00	00:03:40	00:11:12	00:02:35	00:09:28	4	16.00
Course E - Boys 2002	23	807	CARTON CHAN	Energetic Triathlon Shatin	00:34:16	00:09:48	00:03:26	00:10:55	00:02:02	00:08:07	3	12.00
Course E - Boys 2002	24	792	HUI NGO FEI OBIE		00:34:17	00:05:57	00:03:25	00:13:39	00:02:33	00:08:45	2	8.00
Course E - Boys 2002	25	788	YEUNG WING KIT	Excel Swim Sports Association	00:37:03	00:08:02	00:03:34	00:10:17	00:02:47	00:12:25	1	4.00
Course E - Boys 2002	DNS	783	CHAN CHUN HIN	Excel Swim Sports Association								
Course E - Boys 2002	DNS	786	CASPER SHUM									
Course E - Boys 2002	DNS	801	KA TUNG WAI	Mango Swimming Club								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course E - Boys 2003	1	862	SIN HOK LEUNG	Energetic Triathlon Shatin	00:24:37	00:04:52	00:02:30	00:09:32	00:01:47	00:05:58	9	100.00
Course E - Boys 2003	2	863	LEUNG CHUN WONG	Part Time Association	00:27:46	00:07:13	00:03:21	00:09:10	00:01:41	00:06:23	8	88.89
Course E - Boys 2003	3	860	LEUNG WAI HANG, WYAT	TI Dynamics	00:29:39	00:06:13	00:03:03	00:10:15	00:02:02	00:08:09	7	77.78
Course E - Boys 2003	4	867	TANG HONG CHING		00:33:04	00:06:55	00:03:55	00:11:20	00:02:10	00:08:45	6	66.67
Course E - Boys 2003	5	864	LAW CHUN HEI, BRIAN	Titan Triathlon	00:33:14	00:08:08	00:03:26	00:10:33	00:02:07	00:09:01	5	55.56
Course E - Boys 2003	6	925	LOO CHI WO	Sea Bear Swimming Club	00:33:14	00:07:24	00:03:35	00:12:23	00:02:44	00:07:10	4	44.44
Course E - Boys 2003	7	861	LEONARD LAU		00:33:34	00:07:16	00:03:34	00:11:06	00:02:09	00:09:31	3	33.33

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course E - Girls 2004	1	869	SHUM CHING YU	Excel Swim Sports Association	00:29:17	00:06:14	00:03:28	00:10:11	00:01:56	00:07:31	2	100.00
Course E - Girls 2004	2	870	KAN HOI CHING	Energetic Triathlon Shatin	00:35:44	00:06:02	00:03:47	00:13:37	00:02:25	00:09:55	1	50.00
Course E - Girls 2004	DNF	872	WONG HANG WING, BEATRIZ	Titan Triathlon		00:07:04						
Course E - Girls 2004	DNS	871	YEUNG HOI KIU	Energetic Triathlon Shatin								
Course E - Girls 2004	DNS	872	WONG HANG WING, BEATRIZ	Titan Triathlon								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course F - Boys 1997	1	703	TSOI KA KIT	Hope Sport Association	00:27:06	00:03:32	00:01:57	00:14:25	00:01:20	00:05:52	14	100.00
Course F - Boys 1997	2	715	FUNG YAT TO	Sea Bear Swimming Club	00:27:30	00:03:58	00:02:05	00:14:16	00:01:36	00:05:36	13	92.86
Course F - Boys 1997	3	706	FAN LUKAS LONG	South China Athletic Association	00:27:34	00:04:02	00:01:59	00:14:20	00:01:35	00:05:40	12	85.71
Course F - Boys 1997	4	702	CHAN KA CHUN	Hope Sport Association	00:28:33	00:04:25	00:02:02	00:14:30	00:01:48	00:05:51	11	78.57
Course F - Boys 1997	5	713	LEUNG WAI YAN, BENSON	Hope Sport Association	00:28:45	00:04:14	00:02:09	00:14:33	00:01:48	00:06:04	10	71.43
Course F - Boys 1997	6	716	LOO TSZ HEI	Sea Bear Swimming Club	00:28:52	00:04:29	00:02:11	00:15:11	00:01:29	00:05:34	9	64.29
Course F - Boys 1997	7	710	JAMES TAN		00:31:46	00:04:13	00:02:25	00:17:36	00:01:49	00:05:44	8	57.14
Course F - Boys 1997	8	714	WU ZI JUAN, JOE	Mango Swimming Club	00:33:27	00:04:18	00:02:35	00:16:39	00:01:44	00:08:13	7	50.00
Course F - Boys 1997	9	717	ELLIOT SHI	Energetic Triathlon Shatin	00:34:35	00:05:13	00:02:33	00:18:13	00:01:46	00:06:51	6	42.86
Course F - Boys 1997	10	709	HO HO LIM	Energetic Triathlon Shatin	00:34:54	00:05:43	00:03:16	00:16:10	00:02:23	00:07:25	5	35.71
Course F - Boys 1997	11	700	LEE KA KEI, GARETH		00:37:27	00:05:19	00:02:41	00:16:39	00:02:25	00:10:24	4	28.57
Course F - Boys 1997	12	699	CHAN HIN CHUNG		00:38:01	00:05:21	00:04:47	00:17:35	00:02:43	00:07:37	3	21.43
Course F - Boys 1997	13	704	LEUNG HO CHING	Excel Swim Sports Association	00:38:01	00:04:41	00:03:07	00:18:11	00:01:49	00:10:14	2	14.29
Course F - Boys 1997	14	711	SO WAI TSUN		00:39:37	00:05:51	00:04:15	00:19:37	00:02:21	00:07:35	1	7.14
Course F - Boys 1997	DNS	701	CHUNG YIK HIN	Excel Swim Sports Association								
Course F - Boys 1997	DNS	705	IP HO LAM	Hope Sport Association								
Course F - Boys 1997	DNS	708	MAXIMILIAN GIL MITCHELMORE	N/A								
Course F - Boys 1997	DNS	712	WONG TSZ HIN									
Course F - Boys 1997	DNS	718	LI KA TSUN	Hope Sport Association								
Reckless cycling	DSQ	707	OR YIU HANG	Hope Sport Association	00:26:48	00:03:43	00:01:53	00:14:18	00:01:22	00:05:32		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course F - Boys 1998	1	683	WONG TSZ TO	Hope Sport Association	00:26:15	00:03:34	00:02:01	00:14:22	00:01:19	00:05:02	20	100.00
Course F - Boys 1998	2	678	REINY KYLE BROWN	South China Athletic Association	00:27:17	00:03:53	00:02:00	00:14:26	00:01:27	00:05:33	19	95.00
Course F - Boys 1998	3	692	CHAN YAT CHI	Hope Sport Association	00:28:16	00:04:07	00:02:21	00:14:30	00:01:37	00:05:43	18	90.00
Course F - Boys 1998	4	690	CHOY FU KWONG, FRANKY	Energetic Triathlon Shatin	00:28:41	00:04:34	00:02:11	00:15:08	00:01:31	00:05:19	17	85.00
Course F - Boys 1998	5	686	KEUNG POK MAN	AustSports Association	00:28:56	00:04:32	00:02:12	00:15:05	00:01:24	00:05:44	16	80.00
Course F - Boys 1998	6	676	SUNG CHUN HIN	Excel Swim Sports Association	00:28:57	00:04:29	00:02:10	00:15:11	00:01:33	00:05:36	15	75.00
Course F - Boys 1998	7	696	MILES WILLIAMS	South China Athletic Association	00:29:23	00:03:31	00:02:23	00:16:37	00:01:29	00:05:26	14	70.00
Course F - Boys 1998	8	682	CHEUNG KA CHUN	Hope Sport Association	00:29:34	00:04:26	00:02:11	00:15:16	00:01:30	00:06:13	13	65.00
Course F - Boys 1998	9	694	WONG HOK HIN	Energetic Triathlon Shatin	00:29:58	00:04:25	00:02:15	00:15:13	00:01:31	00:06:36	12	60.00
Course F - Boys 1998	10	684	CHUNG YIN HEI	AustSports Association	00:31:02	00:04:56	00:02:34	00:15:57	00:01:41	00:05:56	11	55.00
Course F - Boys 1998	11	681	LEUNG NOK HIN	South China Athletic Association	00:31:24	00:04:58	00:02:40	00:15:52	00:01:49	00:06:06	10	50.00
Course F - Boys 1998	12	695	CHAN KAM PO	Energetic Triathlon Shatin	00:31:56	00:04:45	00:02:46	00:15:52	00:02:09	00:06:26	9	45.00
Course F - Boys 1998	13	687	TSE LONG HIN	AustSports Association	00:32:17	00:04:51	00:02:35	00:16:03	00:01:59	00:06:51	8	40.00
Course F - Boys 1998	14	677	CHAN HO TING	Excel Swim Sports Association	00:34:51	00:04:38	00:02:53	00:17:31	00:02:11	00:07:50	7	35.00
Course F - Boys 1998	15	698	KOO HO HUEN	Energetic Triathlon Shatin	00:35:40	00:04:34	00:03:31	00:18:53	00:02:03	00:06:41	6	30.00
Course F - Boys 1998	16	685	LEE MAN SUM	AustSports Association	00:36:41	00:05:25	00:02:59	00:19:05	00:01:54	00:07:19	5	25.00
Course F - Boys 1998	17	680	KONG CHEUK HEI	Sonic Sports Association	00:38:59	00:05:59	00:04:18	00:17:22	00:02:36	00:08:46	4	20.00
Course F - Boys 1998	18	679	WONG HONG TAI	Excel Swim Sports Association	00:39:48	00:05:18	00:03:08	00:20:26	00:02:11	00:08:47	3	15.00
Course F - Boys 1998	19	697	CHEUNG HIN SHING		00:42:34	00:05:16	00:05:19	00:21:12	00:02:38	00:08:11	2	10.00
Course F - Boys 1998	20	688	LAI YICK HIM	AustSports Association	00:57:18						1	5.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course F - Boys 1998	DNS	689	CHUNG HO TSIT	AustSports Association								
Course F - Boys 1998	DNS	691	HO ARNOLD	Energetic Triathlon Shatin								
Course F - Boys 1998	DNS	693	CHING KWAN LONG	Mango Swimming Club								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course F - Boys 1999	1	758	LEUNG CHUNG PAK, PHILIP		00:28:48	00:04:18	00:02:01	00:15:10	00:01:33	00:05:47	19	100.00
Course F - Boys 1999	2	766	NG CHI HIM	Energetic Triathlon Shatin	00:28:54	00:04:02	00:02:21	00:15:43	00:01:27	00:05:22	18	94.74
Course F - Boys 1999	3	768	CHAN CHI LAI	Energetic Triathlon Shatin	00:28:56	00:04:50	00:02:04	00:15:14	00:01:26	00:05:24	17	89.47
Course F - Boys 1999	4	753	WONG HOI TIN	Hope Sport Association	00:29:24	00:04:36	00:02:08	00:15:21	00:01:28	00:05:52	16	84.21
Course F - Boys 1999	5	760	TSE CHUN LUEN, JONATHAN	Mango Swimming Club	00:29:38	00:03:44	00:02:19	00:16:08	00:01:23	00:06:06	15	78.95
Course F - Boys 1999	6	763	ANGUS CHOW	Hope Sport Association	00:31:07	00:05:32	00:02:07	00:15:29	00:01:30	00:06:30	14	73.68
Course F - Boys 1999	7	754	LEE LAP PUI		00:31:25	00:05:57	00:02:05	00:15:00	00:01:38	00:06:48	13	68.42
Course F - Boys 1999	8	756	LAI NOK HEI	AustSports Association	00:31:44	00:04:56	00:02:32	00:16:28	00:01:44	00:06:06	12	63.16
Course F - Boys 1999	9	752	CHAN TING HEI		00:31:45	00:05:36	00:02:13	00:16:25	00:01:47	00:05:47	11	57.89
Course F - Boys 1999	10	759	CHING KWAN YEUNG	Mango Swimming Club	00:32:15	00:05:16	00:02:33	00:16:22	00:01:52	00:06:13	10	52.63
Course F - Boys 1999	11	767	NG HO YIN	Energetic Triathlon Shatin	00:32:28	00:05:30	00:02:30	00:16:16	00:01:41	00:06:34	9	47.37
Course F - Boys 1999	12	757	CHOW CHI HEI	Energetic Triathlon Shatin	00:33:03	00:05:32	00:02:21	00:16:21	00:01:51	00:07:00	8	42.11
Course F - Boys 1999	13	755	BAETZ ARNO	Tung Chung Triathlon Association	00:33:08	00:04:45	00:03:18	00:17:01	00:01:51	00:06:16	7	36.84
Course F - Boys 1999	14	751	CHAN KWUN CHUNG	Excel Swim Sports Association	00:33:49	00:05:35	00:02:34	00:16:50	00:01:56	00:06:55	6	31.58
Course F - Boys 1999	15	769	CHUNG HIU LOK, HOWARD		00:34:15	00:05:08	00:02:55	00:18:12	00:01:41	00:06:21	5	26.32
Course F - Boys 1999	16	926	CHAN YIK CHENG		00:35:01	00:05:27	00:03:05	00:17:38	00:01:49	00:07:05	4	21.05
Course F - Boys 1999	17	750	WONG YAT LONG	Excel Swim Sports Association	00:35:48	00:06:16	00:03:09	00:16:43	00:02:06	00:07:37	3	15.79
Course F - Boys 1999	18	762	KWAN SHAN YUET, ISAIAH	Titan Triathlon	00:39:24	00:06:32	00:03:32	00:20:27	00:02:07	00:06:48	2	10.53
Course F - Boys 1999	19	761	LI CHEUK WAH, ANSON	Titan Triathlon	00:40:44	00:05:33	00:03:51	00:20:26	00:02:28	00:08:27	1	5.26
Course F - Boys 1999	DNS	765	LEE PAK HEI	Energetic Triathlon Shatin								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course F - Boys 2000	1	731	CHEUNG HO KWAN, BLUE	Hope Sport Association	00:31:17	00:05:01	00:02:26	00:15:43	00:01:36	00:06:33	23	100.00
Course F - Boys 2000	2	728	CHAN YIK MING, RICKY	Hope Sport Association	00:31:46	00:05:06	00:02:27	00:15:32	00:02:34	00:06:08	22	95.65
Course F - Boys 2000	3	746	TANG HO MING		00:31:49	00:05:08	00:02:33	00:16:51	00:01:36	00:05:43	21	91.30
Course F - Boys 2000	4	743	NICHOLAS TSANG		00:31:59	00:04:32	00:02:30	00:17:15	00:01:36	00:06:08	20	86.96
Course F - Boys 2000	5	737	MATTHEW TAN		00:33:33	00:04:27	00:02:19	00:19:26	00:01:42	00:05:40	19	82.61
Course F - Boys 2000	6	747	GUAN YUE	Hope Sport Association	00:34:16	00:05:31	00:02:10	00:17:26	00:01:56	00:07:15	18	78.26
Course F - Boys 2000	7	667	BLANCO LAU	Hope Sport Association	00:34:47	00:05:30	00:03:09	00:17:33	00:01:44	00:06:52	17	73.91
Course F - Boys 2000	8	739	CHEUNG WAI YIN, ALVIN	Mango Swimming Club	00:35:05	00:05:24	00:03:00	00:16:43	00:01:56	00:08:04	16	69.57
Course F - Boys 2000	9	730	WONG TAK MAN		00:35:23	00:05:34	00:02:38	00:19:45	00:01:33	00:05:55	15	65.22
Course F - Boys 2000	10	734	LI HO LIM	AustSports Association	00:35:43	00:05:21	00:02:48	00:18:56	00:01:49	00:06:51	14	60.87
Course F - Boys 2000	11	742	CHUNG SIU TING	Titan Triathlon	00:36:55	00:05:24	00:03:03	00:17:52	00:01:48	00:08:51	13	56.52
Course F - Boys 2000	12	741	LAI TSZ HEI, JERRY	AustSports Association	00:37:14	00:06:09	00:02:53	00:19:55	00:01:44	00:06:34	12	52.17
Course F - Boys 2000	13	749	SZETO YAT HEI	Energetic Triathlon Shatin	00:38:32	00:05:14	00:03:11	00:19:51	00:01:56	00:08:22	11	47.83
Course F - Boys 2000	14	745	LO TRISTAN TIN YAN		00:38:33	00:06:22	00:03:21	00:16:48	00:03:36	00:08:28	10	43.48
Course F - Boys 2000	15	748	TONG CHAK LAM, CHROSTOPHE	Energetic Triathlon Shatin	00:38:53	00:04:53	00:03:47	00:17:31	00:02:20	00:10:24	9	39.13
Course F - Boys 2000	16	725	CHAN KWUN HANG	Excel Swim Sports Association	00:39:51	00:07:13	00:02:51	00:20:07	00:02:10	00:07:33	8	34.78
Course F - Boys 2000	17	729	CHUNG MAN HIN, ANSON		00:42:12	00:05:40	00:02:48	00:21:48	00:01:51	00:10:08	7	30.43
Course F - Boys 2000	18	733	MA CHUN MING		00:42:13	00:07:15	00:03:25	00:22:02	00:02:01	00:07:31	6	26.09
Course F - Boys 2000	19	738	YUN KAI TAI	Titan Triathlon	00:42:52	00:07:02	00:03:24	00:23:13	00:02:02	00:07:13	5	21.74
Course F - Boys 2000	20	735	TSANG TSZ NOK	Energetic Triathlon Shatin	00:45:04	00:07:14	00:04:21	00:22:21	00:02:29	00:08:42	4	17.39
Course F - Boys 2000	21	744	CHAN PAK MING, BERNARD		00:46:27	00:06:42	00:03:42	00:22:08	00:02:41	00:11:16	3	13.04
Course F - Boys 2000	22	732	LAU LUCAS LOK HIN		00:48:24	00:06:56	00:04:07	00:26:08	00:02:11	00:09:04	2	8.70
Course F - Boys 2000	23	740	YAU KIN HEI, DESMOND	Titan Triathlon	00:59:04	00:06:35	00:04:02	00:37:01	00:02:42	00:08:46	1	4.35
Course F - Boys 2000	DNS	726	LAU CHUN HEI, JEFFREY	Excel Swim Sports Association								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course F - Boys 2000	DNS	727	CHARLIE STEWART	Mango Swimming Club								
Course F - Boys 2000	DNS	736	YEUNG KWOK HANG	Energetic Triathlon Shatin								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course F - Girls 1997	1	724	CHAN KWAN HO	Hope Sport Association	00:31:18	00:04:29	00:02:25	00:16:21	00:01:38	00:06:27	2	100.00
Course F - Girls 1997	2	723	LEE WING SUM	Hope Sport Association	00:32:34	00:04:40	00:02:26	00:16:03	00:01:49	00:07:39	1	50.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course F - Girls 1998	1	719	HUNG CHEUK YI	Energetic Triathlon Shatin	00:30:46	00:04:11	00:02:22	00:15:38	00:01:49	00:06:48	3	100.00
Course F - Girls 1998	2	721	TONG SZE WAI	Sea Bear Swimming Club	00:34:01	00:04:33	00:02:35	00:18:07	00:01:58	00:06:50	2	66.67
Course F - Girls 1998	3	722	WONG LONG KIU	Energetic Triathlon Shatin	00:35:18	00:04:57	00:03:03	00:18:17	00:01:54	00:07:10	1	33.33
Course F - Girls 1998	DNS	720	CHAN LONG TUNG	AustSports Association								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course F - Girls 1999	1	777	TAM NGA MAN		00:32:11	00:04:50	00:02:29	00:16:54	00:01:40	00:06:19	4	100.00
Course F - Girls 1999	2	778	AU YAN TUNG	Excel Swim Sports Association	00:32:38	00:04:29	00:02:41	00:17:06	00:01:37	00:06:45		
Course F - Girls 1999	3	779	LAU YAN WING	Energetic Triathlon Shatin	00:35:09	00:04:43	00:02:41	00:18:41	00:01:34	00:07:32	3	75.00
Course F - Girls 1999	4	781	NICOLE SHI	Energetic Triathlon Shatin	00:36:11	00:06:07	00:02:49	00:19:18	00:01:32	00:06:27	2	50.00
Course F - Girls 1999	5	780	CHU TSZ WAI	Sea Bear Swimming Club	00:39:19	00:06:08	00:03:13	00:18:47	00:02:26	00:08:47	1	25.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course F - Girls 2000	1	771	LAW KELLY	Sonic Sports Association	00:32:01	00:05:02	00:02:22	00:16:31	00:01:45	00:06:23	8	100.00
Course F - Girls 2000	2	776	YEUNG CHO YIU	Part Time Association	00:34:20	00:06:24	00:02:45	00:16:57	00:01:30	00:06:46	7	87.50
Course F - Girls 2000	3	770	CHAU MAN WING	Energetic Triathlon Shatin	00:34:37	00:05:26	00:02:35	00:18:05	00:01:37	00:06:56	6	75.00
Course F - Girls 2000	4	775	CARIN CHAN	Energetic Triathlon Shatin	00:35:04	00:05:42	00:02:47	00:17:44	00:01:40	00:07:12	5	62.50
Course F - Girls 2000	5	674	ATHINA ZODL	Tung Chung Triathlon Association	00:35:28	00:04:53	00:02:32	00:20:36	00:01:33	00:05:54	4	50.00
Course F - Girls 2000	6	774	CHERIE CHICK	Titan Triathlon	00:36:27	00:05:58	00:02:30	00:19:01	00:01:37	00:07:23	3	37.50
Course F - Girls 2000	7	773	CHUNG YUEN TUNG, HERA	Energetic Triathlon Shatin	00:38:02	00:05:43	00:02:58	00:19:07	00:01:51	00:08:25	2	25.00
Course F - Girls 2000	8	772	HO CHUN YIU		00:45:36	00:07:18	00:04:31	00:19:00	00:03:02	00:11:47	1	12.50

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
rsed - Para Relay (Mentally Disab	1	880	匡智新翠1隊		00:30:19	00:07:20	00:03:39	00:09:26	00:01:59	00:07:57	3	100.00
rsed - Para Relay (Mentally Disab	2	881	匡智新翠3隊		00:37:33	00:08:21	00:05:49	00:12:15	00:02:15	00:08:55	2	66.67
rsed - Para Relay (Mentally Disab	3	879	匡智新翠2隊		00:38:43	00:10:10	00:04:01	00:12:37	00:02:09	00:09:48	1	33.33

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
rsed - Para Relay (visual impairm	1	892	香港盲人體育總會- TEAM 11		00:23:26	00:03:53	00:01:56	00:07:30	00:01:43	00:08:27	22	100.00
rsed - Para Relay (visual impairm	2	889	香港盲人體育總會- TEAM 8		00:23:42	00:03:47	00:02:07	00:07:46	00:02:08	00:07:57	21	95.45
rsed - Para Relay (visual impairm	3	893	香港盲人體育總會- TEAM 12		00:23:59	00:04:30	00:02:10	00:07:28	00:02:07	00:07:37	20	90.91
rsed - Para Relay (visual impairm	4	900	香港盲人體育總會- TEAM 19		00:24:05	00:04:20	00:02:11	00:07:41	00:02:15	00:07:40	19	86.36
rsed - Para Relay (visual impairm	5	890	香港盲人體育總會- TEAM 9		00:24:51	00:03:27	00:02:08	00:07:11	00:02:10	00:09:57	18	81.82
rsed - Para Relay (visual impairm	6	898	香港盲人體育總會- TEAM 17		00:25:01	00:05:07	00:02:48	00:08:34	00:01:50	00:06:43	17	77.27
rsed - Para Relay (visual impairm	7	903	香港盲人體育總會- TEAM 22		00:26:02	00:04:10	00:02:28	00:07:45	00:02:18	00:09:24	16	72.73
rsed - Para Relay (visual impairm	8	899	香港盲人體育總會- TEAM 18		00:26:43	00:07:13	00:02:46	00:07:50	00:02:01	00:06:56	15	68.18
rsed - Para Relay (visual impairm	9	904	香港盲人體育總會- TEAM 23		00:26:47	00:04:09	00:02:27	00:07:44	00:02:07	00:10:22	14	63.64
rsed - Para Relay (visual impairm	10	888	香港盲人體育總會- TEAM 7		00:27:16	00:04:34	00:02:47	00:07:56	00:02:06	00:09:55	13	59.09
rsed - Para Relay (visual impairm	11	891	香港盲人體育總會- TEAM 10		00:28:35	00:04:15	00:02:19	00:09:38	00:02:17	00:10:08	12	54.55

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course D - Para Relay (visual impairment)	12	894	香港盲人體育總會- TEAM 13		00:28:46	00:04:42	00:02:41	00:07:54	00:02:09	00:11:22	11	50.00
Course D - Para Relay (visual impairment)	13	885	香港盲人體育總會- TEAM 4		00:29:31	00:06:17	00:03:47	00:09:53	00:01:55	00:07:41	10	45.45
Course D - Para Relay (visual impairment)	14	902	香港盲人體育總會- TEAM 21		00:31:53	00:07:42	00:02:45	00:08:46	00:02:42	00:09:59	9	40.91
Course D - Para Relay (visual impairment)	15	884	香港盲人體育總會- TEAM 3		00:31:59	00:09:09	00:02:53	00:08:58	00:02:07	00:08:54	8	36.36
Course D - Para Relay (visual impairment)	16	896	香港盲人體育總會- TEAM 15		00:32:21	00:07:24	00:02:51	00:08:38	00:02:59	00:10:32	7	31.82
Course D - Para Relay (visual impairment)	17	905	香港盲人體育總會- TEAM 24		00:32:28	00:10:30	00:02:35	00:10:25	00:02:00	00:07:00	6	27.27
Course D - Para Relay (visual impairment)	18	887	香港盲人體育總會- TEAM 6		00:32:39	00:07:20	00:04:02	00:09:41	00:02:07	00:09:31	5	22.73
Course D - Para Relay (visual impairment)	19	897	香港盲人體育總會- TEAM 16		00:34:01	00:06:22	00:02:45	00:09:31	00:02:46	00:12:39	4	18.18
Course D - Para Relay (visual impairment)	20	886	香港盲人體育總會- TEAM 5		00:36:58	00:13:50	00:02:17	00:07:33	00:02:47	00:10:33	3	13.64
Course D - Para Relay (visual impairment)	21	882	香港盲人體育總會- TEAM 1		00:37:50	00:12:28	00:03:39	00:08:39	00:02:28	00:10:38	2	9.09
Course D - Para Relay (visual impairment)	22	883	香港盲人體育總會- TEAM 2		00:43:44	00:11:14	00:05:41	00:08:26	00:03:09	00:15:15	1	4.55
Course D - Para Relay (visual impairment)	DNS	895	香港盲人體育總會- TEAM 14									
Course D - Para Relay (visual impairment)	DNS	901	香港盲人體育總會- TEAM 20									

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time + T1 Time	T2 Time	Run Time	Point	%
Course D - Family Relay	1	907	志諾隊	AustSports Association	00:21:11	00:05:06		00:09:19	00:01:23	00:05:23	13	100.00
Course D - Family Relay	2	914	MT BIKER LAU'S		00:23:28	00:03:57		00:11:15	00:01:18	00:06:58	12	92.31
Course D - Family Relay	3	915	HOPE FOR HAPPY GENERATION	Hope Sport Association	00:24:54	00:04:56		00:10:57	00:01:23	00:07:38	11	84.62
Course D - Family Relay	4	909	LEE'S MEI DONG NGO ROBERT		00:26:22	00:05:39		00:10:40	00:02:07	00:07:56	9	69.23
Course D - Family Relay	5	916	YAN YAN		00:26:56	00:05:03		00:13:47	00:01:28	00:06:38	8	61.54
Course D - Family Relay	6	912	CHANG		00:27:01	00:06:24		00:13:04	00:01:26	00:06:07	10	76.92
Course D - Family Relay	7	917	三叉蘇	Excel Swim Sports Association	00:27:04	00:08:34		00:10:42	00:01:18	00:06:30	7	53.85
Course D - Family Relay	8	913	衛FUN小鐵人		00:28:14	00:06:00		00:10:23	00:01:50	00:10:01	6	46.15
Course D - Family Relay	9	911	ITRE PORCELLINI	Tritons Triathlon Club	00:29:35	00:04:53		00:15:21	00:01:38	00:07:43	5	38.46
Course D - Family Relay	10	906	TEAM HOWARD		00:30:28	00:06:25		00:15:58	00:01:43	00:06:22	4	30.77
Course D - Family Relay	11	918	三鄒鐵人隊		00:31:08	00:08:10		00:14:06	00:01:43	00:07:09	3	23.08
Course D - Family Relay	12	908	TEAM RACER		00:31:33	00:06:51		00:15:33	00:01:55	00:07:14	2	15.38
Course D - Family Relay	13	910	TIM	Excel Swim Sports Association	00:32:13	00:08:36		00:13:53	00:02:12	00:07:32	1	7.69

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course D - Best Costume Relay	1	920	TRI - RECYCLING		00:21:47	00:04:11		00:10:15	00:01:31	00:05:50	4	100.00
Course D - Best Costume Relay	2	922	TSING TAO BEER MAN		00:22:13	00:04:53		00:09:40	00:01:37	00:06:03	3	75.00
Course D - Best Costume Relay	3	919	JESSICA MOON		00:23:59	00:06:10		00:10:42	00:01:21	00:05:46	2	50.00
Course D - Best Costume Relay	4	921	Bruce Three		00:24:01	00:06:28		00:10:31	00:01:09	00:05:53	1	25.00