

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
1	Pink	1	B	Course A - Female Elite Open	Kate Rutherford	Hong Kong Dragons Triathlon Club
2	Pink	1	B	Course A - Female Elite Open	Nerida Rigg	Hong Kong Dragons Triathlon Club
3	Pink	1	B	Course A - Female Elite Open	Chan On Ki	Titan Triathlon
4	Pink	1	B	Course A - Female Elite Open	Cheung Ting Yan, Joyce	Energetic Triathlon Shatin
5	Pink	1	B	Course A - Female Elite Open	Li Yik Lam, Edith	Energetic Triathlon Shatin
6	Pink	1	D	Course A - Female Elite Junior	Wu Sum Yi	Energetic Triathlon Shatin
7	Pink	1	D	Course A - Female Elite Junior	June Lam	
8	Pink	1	D	Course A - Female Elite Junior	Ng Yui Lam	Energetic Triathlon Shatin
9	Pink	1	D	Course A - Female Elite Junior	Chan Long Ching	Energetic Triathlon Shatin
10	Pink	1	D	Course A - Female Elite Junior	Lee Yuk Ying, Aggie	Hope Sport Association
11	Pink	1	D	Course A - Female Elite Junior	Choi Yan Yin	Energetic Triathlon Shatin
12	Pink	1	D	Course A - Female Elite Junior	Wan Tsz Ching	Titan Triathlon
13	Pink	1	E	Course A - Female 20-24	She Pui Shan	Energetic Triathlon Shatin
14	Pink	1	F	Course A - Female 25-29	Lau On Yue	Titan Triathlon
15	Pink	1	F	Course A - Female 25-29	Lina Yuen	
16	Pink	1	F	Course A - Female 25-29	Joey Tam	
17	Pink	1	F	Course A - Female 25-29	MICHAELA LEE LEBLANC	Tritons Triathlon Club
18	Pink	1	F	Course A - Female 25-29	Mira Christanto	Tritons Triathlon Club
19	Pink	1	F	Course A - Female 25-29	Frances Lai	
20	Pink	1	F	Course A - Female 25-29	Sophia Minutolo	
21	Pink	1	F	Course A - Female 25-29	Zhang Chen	
22	Pink	1	F	Course A - Female 25-29	Lau Fiona	
24	Pink	1	G	Course A - Female 30-34	Wong Suet Fan	
25	Pink	1	G	Course A - Female 30-34	Joanna Tinlin	
26	Pink	1	G	Course A - Female 30-34	Tong Carlay	Energetic Triathlon Shatin
27	Pink	1	G	Course A - Female 30-34	Lee Chee Ying, Janice	Sonic Sports Association
28	Pink	1	G	Course A - Female 30-34	Deborah Lauren Hanley	
29	Pink	1	G	Course A - Female 30-34	MEGUMI MATSUI	Tritons Triathlon Club
30	Pink	1	H	Course A - Female 35-39	Anne-Marie Balfe	
31	Pink	1	H	Course A - Female 35-39	Rachel Louise Davies	Tritons Triathlon Club
32	Pink	1	H	Course A - Female 35-39	Alice Lai	New Wave Swimming Club

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Race No	Cap	Heat	Code	Category	Name	Club
33	Pink	1	H	Course A - Female 35-39	Chin Suet Lai	
34	Pink	1	H	Course A - Female 35-39	Trilby White	Hong Kong Dragons Triathlon Club
35	Pink	1	H	Course A - Female 35-39	KATE NANKIVELL	Tritons Triathlon Club
36	Pink	1	H	Course A - Female 35-39	Julie Savoie	
37	Pink	1	H	Course A - Female 35-39	Lai Kwan Tam	
38	Pink	1	H	Course A - Female 35-39	Karen King	Tritons Triathlon Club
39	Pink	1	H	Course A - Female 35-39	Hui Ka Man	Energetic Triathlon Shatin
40	Pink	1	H	Course A - Female 35-39	Wong Wen Mee	Energetic Triathlon Shatin
41	Pink	1	H	Course A - Female 35-39	HO WING YAN, CHERRY	Titan Triathlon
42	Pink	1	H	Course A - Female 35-39	LI CHI YAN	Titan Triathlon
43	Pink	1	H	Course A - Female 35-39	Ho Kit ying	Titan Triathlon
44	Pink	1	H	Course A - Female 35-39	jodi leswick	
45	Pink	1	H	Course A - Female 35-39	CRISTINA TONDA	Tritons Triathlon Club
46	Pink	1	I	Course A - Female 40-44	Florrie Cheng	N/A
47	Pink	1	I	Course A - Female 40-44	Pixie Thornton	Hong Kong Dragons Triathlon Club
48	Pink	1	I	Course A - Female 40-44	PEGGY LAI	Energetic Triathlon Shatin
49	Pink	1	I	Course A - Female 40-44	cordelia dyer	
50	Pink	1	I	Course A - Female 40-44	Lui Shuk Han, Karen	Energetic Triathlon Shatin
51	Pink	1	I	Course A - Female 40-44	Dana Duncan	
52	Pink	1	I	Course A - Female 40-44	Alan Brown Danie	
53	Pink	1	I	Course A - Female 40-44	Pearl Tam	Titan Triathlon
55	Pink	1	I	Course A - Female 40-44	Chu Kwok Leung	Energetic Triathlon Shatin
56	Pink	1	J	Course A - Female 45-49	Lam Pui Yee	Titan Triathlon
57	Pink	1	J	Course A - Female 45-49	SY Mei Lee, Janet	
59	Pink	1	J	Course A - Female 45-49	Caitrin Julia Adorian	
60	Pink	1	K	Course A - Female 50-54	Elizabeth McDougall	
61	Pink	1	K	Course A - Female 50-54	Tam Yuen Hung	
62	Pink	1	L	Course A - Female 55-59	Yeung Sai Hee, Sally	Titan Triathlon
63	Pink	1	R	Course A - Relay Team	Dinos1	
64	Pink	1	R	Course A - Relay Team	荃灣三鐵仔4隊	
65	Pink	1	R	Course A - Relay Team	荃灣三鐵仔5隊	

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Race No	Cap	Heat	Code	Category	Name	Club
66	Pink	1	R	Course A - Relay Team	荃灣三鐵仔1隊	Titan Triathlon
67	Pink	1	R	Course A - Relay Team	荃灣三鐵仔2隊	
68	Pink	1	R	Course A - Relay Team	荃灣三鐵仔3隊	
69	Pink	1	R	Course A - Relay Team	荃灣三鐵仔6隊	
70	Pink	1	R	Course A - Relay Team	荃灣三鐵仔7隊	
71	Pink	1	R	Course A - Relay Team	荃灣三鐵仔8隊	
72	Pink	1	R	Course A - Relay Team	weSport - Team 1	
73	Pink	1	R	Course A - Relay Team	荃灣三鐵仔	
74	Pink	1	R	Course A - Relay Team	I will never die	
75	Pink	1	R	Course A - Relay Team	Never 噏汁	
76	Pink	1	R	Course A - Relay Team	WeSport - 大鴻	
77	Pink	1	R	Course A - Relay Team	WeSport - 貓仔	
78	Pink	1	R	Course A - Relay Team	WeSport - Kenny	
79	Pink	1	R	Course A - Relay Team	WeSport - Stephen	
80	Pink	1	R	Course A - Relay Team	WeSport- Bobby	
81	Pink	1	R	Course A - Relay Team	WeSport - Fai	
82	Pink	1	R	Course A - Relay Team	WeSport - Edison	
83	Pink	1	R	Course A - Relay Team	WeSport - 大頭	
84	Pink	1	R	Course A - Relay Team	毅騰會	
85	Pink	1	R	Course A - Relay Team	SPEED ENGINE	
86	Pink	1	R	Course A - Relay Team	MT BIKER 1	
87	Pink	1	r	Course A - Relay Team	荃灣三鐵仔10隊	
88	Pink	1	R	Course A - Relay Team	Bunny	
89	Pink	1	R	Course A - Relay Team	Timon & Pumbaa	
90	Pink	1	R	Course A - Relay Team	Run One 1	
92	Pink	1	R	Course A - Relay Team	PAT	
93	Pink	1	R	Course A - Relay Team	Tung Chung Triathlon Association - Team A	
94	Pink	1	R	Course A - Relay Team	Tung Chung Triathlon Association - Team B	
95	Pink	1	R	Course A - Relay Team	Tung Chung Triathlon Association - Team C	
96	Pink	1	R	Course A - Relay Team	Mama Mia	
97	Pink	1	R	Course A - Relay Team	MT Biker @ AustSports Team 1	

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Race No	Cap	Heat	Code	Category	Name	Club
98	Pink	1	R	Course A - Relay Team	MT Biker @ AustSports Team 2	
100	Pink	1	R	Course A - Relay Team	爛玩一族	
101	Pink	1	R	Course A - Relay Team	LI KA HO	
165	Pink	1	I	Course A - Female 40-44	Tsang Wun Ming	
192	Pink	1	U	Course A - Male 50-54	MA YUK FU	Titan Triathlon
193	Pink	1	U	Course A - Male 50-54	Wang Zhe Shen, Julius	Sonic Sports Association
194	Pink	1	U	Course A - Male 50-54	Kwok Sui Wing	
195	Pink	1	U	Course A - Male 50-54	Lee Kwok Ning	
196	Pink	1	U	Course A - Male 50-54	David Howell	
197	Pink	1	U	Course A - Male 50-54	CHAN SIK WING	
198	Pink	1	U	Course A - Male 50-54	Lam Chi Wing	Part Time Association
199	Pink	1	U	Course A - Male 50-54	Andrew Patrick	Sonic Sports Association
200	Pink	1	U	Course A - Male 50-54	CHUNG KWOK WING	Titan Triathlon
201	Pink	1	U	Course A - Male 50-54	Poon Kwok Wing	Energetic Triathlon Shatin
202	Pink	1	U	Course A - Male 50-54	Lai Chiu Cheong	
203	Pink	1	U	Course A - Male 50-54	Ben HO	
204	Pink	1	U	Course A - Male 50-54	Stuart Cranfield Stuart	
205	Pink	1	U	Course A - Male 50-54	Law ChunKuen	
206	Pink	1	U	Course A - Male 50-54	Yau Fan	
207	Pink	1	U	Course A - Male 50-54	David Chan	
208	Pink	1	U	Course A - Male 50-54	yung tak cheung	
209	Pink	1	U	Course A - Male 50-54	LEUNG YAU HONG	Hope Sport Association
210	Pink	1	U	Course A - Male 50-54	Yau Wah	Tung Chung Triathlon Association
211	Pink	1	U	Course A - Male 50-54	William Koo	
212	Pink	1	U	Course A - Male 50-54	Hanselman Christopher	
213	Pink	1	U	Course A - Male 50-54	lee chi shing	
214	Pink	1	U	Course A - Male 50-54	Ho Tak Ming	Energetic Triathlon Shatin
215	Pink	1	U	Course A - Male 50-54	Tam Ka Kit	
216	Pink	1	U	Course A - Male 50-54	Chan Chu	Energetic Triathlon Shatin
217	Pink	1	U	Course A - Male 50-54	IP Yee-Chiu	Energetic Triathlon Shatin
218	Pink	1	U	Course A - Male 50-54	Lawrence Chung Lui Hung	Energetic Triathlon Shatin

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Race No	Cap	Heat	Code	Category	Name	Club
219	Pink	1	U	Course A - Male 50-54	LUI KIM MING	Energetic Triathlon Shatin
220	Pink	1	U	Course A - Male 50-54	Philip Penalzoa	
221	Pink	1	U	Course A - Male 50-54	Hui Tsz Chung	Titan Triathlon
222	Pink	1	U	Course A - Male 50-54	Lam Chi Choi	Titan Triathlon
223	Pink	1	U	Course A - Male 50-54	Michael Harrison	Part Time Association
224	Pink	1	U	Course A - Male 50-54	Chau Ying Kwong, Jimmy	
225	Pink	1	U	Course A - Male 50-54	Cheong Veng Wa	South China Athletic Association
226	Pink	1	U	Course A - Male 50-54	Lee Chi Wai	
227	Pink	1	U	Course A - Male 50-54	Fergus Lam	Energetic Triathlon Shatin
228	Pink	1	U	Course A - Male 50-54	Li Ka Wo	New Wave Swimming Club
229	Pink	1	U	Course A - Male 50-54	WU CHI WAI	
230	Pink	1	U	Course A - Male 50-54	Desmond Hill	
231	Pink	1	U	Course A - Male 50-54	Alan Torigino	Hong Kong Dragons Triathlon Club
232	Pink	1	V	Course A - Male 55-59	James Vickers	
233	Pink	1	V	Course A - Male 55-59	He Cheung	
234	Pink	1	V	Course A - Male 55-59	Chan Fai Ming	Hope Sport Association
235	Pink	1	V	Course A - Male 55-59	Wong Cheuk Yin	Mango Swimming Club
236	Pink	1	V	Course A - Male 55-59	Tim Trodd	Hong Kong Dragons Triathlon Club
237	Pink	1	V	Course A - Male 55-59	Au Yau Kit	
238	Pink	1	V	Course A - Male 55-59	Jimmy Kam	
239	Pink	1	V	Course A - Male 55-59	Chan King Yuen	Titan Triathlon
240	Pink	1	V	Course A - Male 55-59	Wong Kwok Wah	Titan Triathlon
241	Pink	1	V	Course A - Male 55-59	Tso Chun Bong	Titan Triathlon
242	Pink	1	V	Course A - Male 55-59	ALLEN SAMUEL ELLIS	
243	Pink	1	W	Course A - Male 60 & Over	Alan Collins	
244	Pink	1	W	Course A - Male 60 & Over	Ian Brownlee	Sonic Sports Association
245	Pink	1	W	Course A - Male 60 & Over	James Stewart	Mango Swimming Club
246	Pink	1	W	Course A - Male 60 & Over	Lee Wing On	Energetic Triathlon Shatin
247	Pink	1	W	Course A - Male 60 & Over	LEUNG HING TONG	Energetic Triathlon Shatin
248	Pink	1	W	Course A - Male 60 & Over	TSOI HON KUEN	Energetic Triathlon Shatin
249	Pink	1	W	Course A - Male 60 & Over	Lee Yiu Wah	

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Race No	Cap	Heat	Code	Category	Name	Club
250	Pink	1	W	Course A - Male 60 & Over	Chan Ho Kee	Titan Triathlon
251	Pink	1	W	Course A - Male 60 & Over	CHAN KING CHE, STEPHEN	Energetic Triathlon Shatin
252	Pink	1	W	Course A - Male 60 & Over	Lau Shiu Lon	Energetic Triathlon Shatin
253	Pink	1	Y	Course A - Female Junior	Tsang Ka Hung	AustSports Association
254	Pink	1	Y	Course A - Female Junior	CHAN WING TUNG	Hope Sport Association
257	Pink	1	U	Course A - Male 50-54	WONG KIT	
23	Purple	2	O	Course A - Male 25-29	Hui Chi Wai	
54	Purple	2	S	Course A - Male 40-44	Dimitri Goutenmacher	Hong Kong Dragons Triathlon Club
102	Purple	2	S	Course A - Male 40-44	Wan Shu Wah	Energetic Triathlon Shatin
103	Purple	2	S	Course A - Male 40-44	Wan Ting Yiu, Ricky	Energetic Triathlon Shatin
104	Purple	2	S	Course A - Male 40-44	WONG BOK WAI, BYRON	Energetic Triathlon Shatin
105	Purple	2	S	Course A - Male 40-44	Wong Andy	Energetic Triathlon Shatin
106	Purple	2	S	Course A - Male 40-44	Shaun Bramham	
107	Purple	2	S	Course A - Male 40-44	Luke Wimbush	Hong Kong Dragons Triathlon Club
108	Purple	2	S	Course A - Male 40-44	Clinton Leong	Hong Kong Dragons Triathlon Club
109	Purple	2	S	Course A - Male 40-44	Hermann Holst	
110	Purple	2	S	Course A - Male 40-44	Paul Dingley	
111	Purple	2	S	Course A - Male 40-44	KWOK WAI MAN	
112	Purple	2	S	Course A - Male 40-44	Cheung Wai Kei	
113	Purple	2	S	Course A - Male 40-44	Cheung Ka Ming Eddie	New Wave Swimming Club
114	Purple	2	S	Course A - Male 40-44	Yeung Chi Hong	
115	Purple	2	S	Course A - Male 40-44	LUNG Sai Kui	
116	Purple	2	S	Course A - Male 40-44	Christopher Tong	Sonic Sports Association
117	Purple	2	S	Course A - Male 40-44	Lam Wai Tak Walter	
118	Purple	2	S	Course A - Male 40-44	Eiji Yanagawa	
119	Purple	2	S	Course A - Male 40-44	YU Desmond CL	
120	Purple	2	S	Course A - Male 40-44	Lo Kwok On	
121	Purple	2	S	Course A - Male 40-44	Lam Ying Wai	
122	Purple	2	S	Course A - Male 40-44	Wong Lai Man	
123	Purple	2	S	Course A - Male 40-44	Shane Meredith	Tritons Triathlon Club
124	Purple	2	S	Course A - Male 40-44	Kenneth Yuen	

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Race No	Cap	Heat	Code	Category	Name	Club
125	Purple	2	S	Course A - Male 40-44	Billy Chow	Hong Kong Dragons Triathlon Club
126	Purple	2	S	Course A - Male 40-44	KARIM CHABANE	
127	Purple	2	S	Course A - Male 40-44	Chan Wai Bun	
128	Purple	2	S	Course A - Male 40-44	Kwok Chung Chan	
129	Purple	2	S	Course A - Male 40-44	Eddie Chan	
130	Purple	2	S	Course A - Male 40-44	Richard Thornton	Hong Kong Dragons Triathlon Club
131	Purple	2	S	Course A - Male 40-44	Yue Kwok Chung Andrew	South China Athletic Association
132	Purple	2	S	Course A - Male 40-44	Lee Yiu Chung Jonathan	Tritons Triathlon Club
133	Purple	2	S	Course A - Male 40-44	Stuart Denton	
134	Purple	2	S	Course A - Male 40-44	Law Chun Hung	
135	Purple	2	S	Course A - Male 40-44	STEPHEN ADAMS	
136	Purple	2	S	Course A - Male 40-44	Jeremy Lian	
137	Purple	2	S	Course A - Male 40-44	Lightbound Richard	Tritons Triathlon Club
138	Purple	2	S	Course A - Male 40-44	LAU BIK WAH	South China Athletic Association
139	Purple	2	S	Course A - Male 40-44	Mark Chan	Hong Kong Dragons Triathlon Club
140	Purple	2	S	Course A - Male 40-44	Olaf Kasten	
141	Purple	2	S	Course A - Male 40-44	LAM HING YIN	
142	Purple	2	S	Course A - Male 40-44	Yiu Ka On	
143	Purple	2	S	Course A - Male 40-44	Gianandrea Pesci	
144	Purple	2	S	Course A - Male 40-44	Stephen Boddington	Hong Kong Dragons Triathlon Club
145	Purple	2	S	Course A - Male 40-44	Graeme Rigg	
146	Purple	2	S	Course A - Male 40-44	Casey Richard	
147	Purple	2	S	Course A - Male 40-44	brent reuter	
148	Purple	2	S	Course A - Male 40-44	ashley dyer	
149	Purple	2	S	Course A - Male 40-44	LI WAI LEUNG	South China Athletic Association
150	Purple	2	S	Course A - Male 40-44	Wong Pui Tong	
151	Purple	2	S	Course A - Male 40-44	Carlitos Escueta	
152	Purple	2	S	Course A - Male 40-44	Hui Chi Kong	
153	Purple	2	S	Course A - Male 40-44	Chan Ping Kwong	
154	Purple	2	S	Course A - Male 40-44	CHAN TZE CHUNG	
155	Purple	2	S	Course A - Male 40-44	LAI KWOK KEI, BYRON	

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156	Purple	2	S	Course A - Male 40-44	George Papadopoulos	Tritons Triathlon Club
157	Purple	2	S	Course A - Male 40-44	Lai Kin Sun	
158	Purple	2	S	Course A - Male 40-44	Tang Chi Keung	
159	Purple	2	S	Course A - Male 40-44	Alan Morgan	
160	Purple	2	S	Course A - Male 40-44	CHAN KWOK WAI	Energetic Triathlon Shatin
161	Purple	2	S	Course A - Male 40-44	DICK VEILEN	Energetic Triathlon Shatin
162	Purple	2	S	Course A - Male 40-44	LEUNG WAI KEUNG	Energetic Triathlon Shatin
163	Purple	2	S	Course A - Male 40-44	Richard Yong	Energetic Triathlon Shatin
164	Purple	2	S	Course A - Male 40-44	Richard Hall	Hong Kong Dragons Triathlon Club
166	Purple	2	S	Course A - Male 40-44	Wong Lai Man	
167	Purple	2	S	Course A - Male 40-44	Lee Wing Kwong	Titan Triathlon
168	Purple	2	S	Course A - Male 40-44	Yip Shing Yan	Titan Triathlon
169	Purple	2	S	Course A - Male 40-44	YUNG Leong Sang	Titan Triathlon
170	Purple	2	S	Course A - Male 40-44	Cheong Sacha MAN	Sonic Sports Association
171	Purple	2	S	Course A - Male 40-44	David Watts	Hong Kong Dragons Triathlon Club
172	Purple	2	S	Course A - Male 40-44	Ng To Lung	
173	Purple	2	S	Course A - Male 40-44	Wong Yee Keung	
174	Purple	2	S	Course A - Male 40-44	Ho Wei-Ning	
175	Purple	2	S	Course A - Male 40-44	WONG TSZ WAI	
176	Purple	2	S	Course A - Male 40-44	Chris Yu	
177	Purple	2	S	Course A - Male 40-44	Kung Hin Cheung John	
178	Purple	2	S	Course A - Male 40-44	WONG Kwok Fai Sammy	
179	Purple	2	S	Course A - Male 40-44	Wong Wai Shing	Health Guide Sports Association Company Limited
180	Purple	2	S	Course A - Male 40-44	CHING WAI KIN	Mango Swimming Club
181	Purple	2	S	Course A - Male 40-44	William Mak	
182	Purple	2	S	Course A - Male 40-44	Mark Westley	Tritons Triathlon Club
183	Purple	2	S	Course A - Male 40-44	Chan Chik Kin	Energetic Triathlon Shatin
184	Purple	2	S	Course A - Male 40-44	Wong Kin, Kenny	Energetic Triathlon Shatin
185	Purple	2	S	Course A - Male 40-44	Yuen Kai Ming	Energetic Triathlon Shatin
186	Purple	2	S	Course A - Male 40-44	Marc Harvey	Tritons Triathlon Club
187	Purple	2	S	Course A - Male 40-44	Southall Luke	

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188	Purple	2	S	Course A - Male 40-44	SIU CHI KWAN	Energetic Triathlon Shatin
189	Purple	2	S	Course A - Male 40-44	Shiila Takaoka	
190	Purple	2	S	Course A - Male 40-44	Albert Chan	Sonic Sports Association
191	Purple	2	S	Course A - Male 40-44	Wong Wai Kin	Titan Triathlon
259	Purple	2	A	Course A - Male Elite Open	TSUI CHI CHUNG	
260	Purple	2	A	Course A - Male Elite Open	chiu cho shing	
261	Purple	2	A	Course A - Male Elite Open	lam kam lung	
262	Purple	2	A	Course A - Male Elite Open	MAK WAI MING	
263	Purple	2	A	Course A - Male Elite Open	CHAN TSZ WAI	
264	Purple	2	a	Course A - Male Elite Open	Esclapez Ruiz Alfonso	
265	Purple	2	A	Course A - Male Elite Open	Lee Chi wo, Daniel	Titan Triathlon
266	Purple	2	A	Course A - Male Elite Open	Dane Cantwell	Tritons Triathlon Club
268	Purple	2	A	Course A - Male Elite Open	Cheung Tak Hei, Arthur	Titan Triathlon
269	Purple	2	A	Course A - Male Elite Open	Lo Ching Hin, Ivan	South China Athletic Association
270	Purple	2	A	Course A - Male Elite Open	Ho King Fun	
271	Purple	2	C	Course A - Male Elite Junior	Chow Man Him	Excel Swim Sports Association
272	Purple	2	C	Course A - Male Elite Junior	Chan Ka Lung	Excel Swim Sports Association
273	Purple	2	C	Course A - Male Elite Junior	Tsoi Ka Hei	Hope Sport Association
274	Purple	2	C	Course A - Male Elite Junior	Kwok Wing Kan	Hope Sport Association
275	Purple	2	C	Course A - Male Elite Junior	Law Leong Tim	Energetic Triathlon Shatin
276	Purple	2	C	Course A - Male Elite Junior	Wong Perry	Energetic Triathlon Shatin
277	Purple	2	C	Course A - Male Elite Junior	Sam Brian Mitchelmore	
278	Purple	2	C	Course A - Male Elite Junior	Ip Ching Kiu	Energetic Triathlon Shatin
279	Purple	2	C	Course A - Male Elite Junior	NG KA LOK, JASON	Energetic Triathlon Shatin
280	Purple	2	C	Course A - Male Elite Junior	Wong Hui Wai	Energetic Triathlon Shatin
281	Purple	2	C	Course A - Male Elite Junior	Tang Ho Fai, Jeffrey	Titan Triathlon
282	Purple	2	C	Course A - Male Elite Junior	Guillaume Giard	
283	Purple	2	C	Course A - Male Elite Junior	Lau Tsun Ling	
284	Purple	2	C	Course A - Male Elite Junior	Leung Yat Lai, Louis	Titan Triathlon
285	Purple	2	N	Course A - Male 20-24	LAI YUE CHEUNG	Excel Swim Sports Association
286	Purple	2	N	Course A - Male 20-24	SO WAI YIP	Energetic Triathlon Shatin

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
287	Purple	2	N	Course A - Male 20-24	WAN SIU TUNG	Excel Swim Sports Association
288	Purple	2	N	Course A - Male 20-24	WU Kenneth Yee-Lok	
289	Purple	2	N	Course A - Male 20-24	Chan Siu Cheung	Pro-trinity Sports Club
290	Purple	2	N	Course A - Male 20-24	HO KWUN TUNG	Pro-trinity Sports Club
291	Purple	2	N	Course A - Male 20-24	MAC CHEUK YIN	Pro-trinity Sports Club
292	Purple	2	N	Course A - Male 20-24	TSE YAU CHUN	Excel Swim Sports Association
293	Purple	2	N	Course A - Male 20-24	Koo Dreyfus Koo	Sonic Sports Association
294	Purple	2	N	Course A - Male 20-24	Chow Hiu Cheng	AustSports Association
295	Purple	2	N	Course A - Male 20-24	CHAN HOI WING	Energetic Triathlon Shatin
296	Purple	2	N	Course A - Male 20-24	CHAN LOK KI, ROCKY	Energetic Triathlon Shatin
297	Purple	2	N	Course A - Male 20-24	Hui Ka Cheong	Energetic Triathlon Shatin
298	Purple	2	N	Course A - Male 20-24	Leung Ka Lun	Energetic Triathlon Shatin
299	Purple	2	N	Course A - Male 20-24	NG CHUN LUN, TOMMY	Energetic Triathlon Shatin
300	Purple	2	N	Course A - Male 20-24	WONG WAI TUNG	Energetic Triathlon Shatin
302	Purple	2	N	Course A - Male 20-24	Chan Chun Lung, Alan	Titan Triathlon
303	Purple	2	N	Course A - Male 20-24	Lau Long Fung	Titan Triathlon
304	Purple	2	N	Course A - Male 20-24	Yuen Chi Hang	Titan Triathlon
305	Purple	2	N	Course A - Male 20-24	Wong Ho Him	Titan Triathlon
306	Purple	2	N	Course A - Male 20-24	Wong Ho Kan	Titan Triathlon
307	Purple	2	N	Course A - Male 20-24	CHUNG TAI WAI	Energetic Triathlon Shatin
308	Purple	2	O	Course A - Male 25-29	Lee Wai Kin	
309	Purple	2	O	Course A - Male 25-29	Cheuk Yin AO	
310	Purple	2	O	Course A - Male 25-29	wong wai chi	
311	Purple	2	O	Course A - Male 25-29	KO MAN FAI	
312	Purple	2	O	Course A - Male 25-29	Cheung Wang Chi William	
313	Purple	2	O	Course A - Male 25-29	Jackson Lam	
314	Purple	2	O	Course A - Male 25-29	Yu Kin Ho Daniel	
315	Purple	2	O	Course A - Male 25-29	Brown Sam	
316	Purple	2	O	Course A - Male 25-29	CHRISTOPHER MCCULLOCH WEBER	Tritons Triathlon Club
317	Purple	2	O	Course A - Male 25-29	Sau Miu Cheung	
318	Purple	2	O	Course A - Male 25-29	Lau Chun	

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
319	Purple	2	O	Course A - Male 25-29	Chi Wai Liu	Energetic Triathlon Shatin
320	Purple	2	O	Course A - Male 25-29	CHENG PAK LUN, BENIEN	
321	Purple	2	O	Course A - Male 25-29	Wong Kwok Ho	
322	Purple	2	O	Course A - Male 25-29	LO CHI HO	
323	Purple	2	O	Course A - Male 25-29	TSANG CHUN KIT	Part Time Association
324	Purple	2	O	Course A - Male 25-29	ku lap chon	
325	Purple	2	O	Course A - Male 25-29	Kok Chi Wai	
326	Purple	2	O	Course A - Male 25-29	Law Chi Ho	
327	Purple	2	O	Course A - Male 25-29	DEREK ALLEN ELLIS	Sea Bear Swimming Club
328	Purple	2	O	Course A - Male 25-29	Iam chun kwan	
329	Purple	2	O	Course A - Male 25-29	Wan Zhen Hao	
330	Purple	2	O	Course A - Male 25-29	Yip Kwok To	
331	Purple	2	O	Course A - Male 25-29	Daniel James Bagshaw	Hope Sport Association
522	Purple	2	X	Course A - Male Junior	Pun Yiu Chung	
523	Purple	2	X	Course A - Male Junior	Chan Yin Ming	
524	Purple	2	X	Course A - Male Junior	Ng Ching Hong	
525	Purple	2	X	Course A - Male Junior	Yeung Lok Lai	AustSports Association
526	Purple	2	X	Course A - Male Junior	Tse Hoi Kit	
527	Purple	2	X	Course A - Male Junior	Tsoi Ka Cheuk	
528	Purple	2	X	Course A - Male Junior	Leung Pok Yin	
529	Purple	2	C	Course A - Male Elite Junior	TSE CHUN NOK	Energetic Triathlon Shatin
530	Purple	2	X	Course A - Male Junior	WU SZE CHUN	
531	Purple	2	X	Course A - Male Junior	Hui Siu Kit	
532	Purple	2	X	Course A - Male Junior	YAU LOK YIN, MATTHEW	
533	Purple	2	X	Course A - Male Junior	YAU LOK MAN, FRANCIS	South China Athletic Association
534	Purple	2	X	Course A - Male Junior	WONG PAK TO	
535	Purple	2	X	Course A - Male Junior	Yip Hok Chun	
537	Purple	2	X	Course A - Male Junior	Cheng Ho Yin	
538	Purple	2	X	Course A - Male Junior	YU CHO HEI	Excel Swim Sports Association
539	Purple	2	X	Course A - Male Junior	YEUNG SIU KI	
540	Purple	2	X	Course A - Male Junior	YIN CHUN HONG	

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
541	Purple	2	X	Course A - Male Junior	Lau Chak Fung	Titan Triathlon
58	Yellow	3	T	Course A - Male 45-49	Phil Shirley	
255	Yellow	3	P	Course A - Male 30-34	woo wai kit	
256	Yellow	3	Q	Course A - Male 35-39	CHAN KA LUN	
258	Yellow	3	P	Course A - Male 30-34	chan ying ming	
267	Yellow	3	T	Course A - Male 45-49	Tam Chi Keung	
332	Yellow	3	P	Course A - Male 30-34	CHAN HIU TAN	
333	Yellow	3	P	Course A - Male 30-34	Shepherd Daniel	Hong Kong Dragons Triathlon Club
334	Yellow	3	P	Course A - Male 30-34	Fai Ming Hoi, LEO	Sonic Sports Association
335	Yellow	3	P	Course A - Male 30-34	Leung Yau Tim	Hoi Ngai Sports Association
336	Yellow	3	P	Course A - Male 30-34	Adam Hay	Hong Kong Dragons Triathlon Club
337	Yellow	3	P	Course A - Male 30-34	LAU Sheung Foon, Soma	Titan Triathlon
338	Yellow	3	P	Course A - Male 30-34	Mak Chi Chung	
339	Yellow	3	P	Course A - Male 30-34	ROBERT OGDEN	
340	Yellow	3	P	Course A - Male 30-34	Chan Ho Wai	
341	Yellow	3	P	Course A - Male 30-34	HO MAN YUI	
342	Yellow	3	P	Course A - Male 30-34	chris garvey	
343	Yellow	3	P	Course A - Male 30-34	Cheng Chi Ko	Tung Chung Triathlon Association
344	Yellow	3	P	Course A - Male 30-34	Jia Fei Jason	Tritons Triathlon Club
345	Yellow	3	P	Course A - Male 30-34	William Ng	Tritons Triathlon Club
346	Yellow	3	P	Course A - Male 30-34	Mak Chun Yin Tony	Sonic Sports Association
347	Yellow	3	P	Course A - Male 30-34	Alan Chan	
348	Yellow	3	P	Course A - Male 30-34	Lau Wan Ming	
349	Yellow	3	P	Course A - Male 30-34	Lai Chi Ho, Marco	
350	Yellow	3	P	Course A - Male 30-34	Marshall Lai	
351	Yellow	3	P	Course A - Male 30-34	Simon Dedman	
352	Yellow	3	P	Course A - Male 30-34	CHENG CHO CHUEN	
353	Yellow	3	P	Course A - Male 30-34	SHAM SIU HANG, Heero	Hoi Ngai Sports Association
354	Yellow	3	P	Course A - Male 30-34	Matthew Ng	Hoi Ngai Sports Association
355	Yellow	3	P	Course A - Male 30-34	Raymond Wu	
356	Yellow	3	P	Course A - Male 30-34	Ng Siu Lun	

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
357	Yellow	3	P	Course A - Male 30-34	SUN FAT YEE	South China Athletic Association
358	Yellow	3	P	Course A - Male 30-34	Law Chi Wai	
359	Yellow	3	P	Course A - Male 30-34	chu hing cheung	
360	Yellow	3	P	Course A - Male 30-34	Poon Eddie Shing Sau	
361	Yellow	3	P	Course A - Male 30-34	Lui Kim Lun	
362	Yellow	3	P	Course A - Male 30-34	Cheung Man Kit	
363	Yellow	3	P	Course A - Male 30-34	Cheung Sing Long	
364	Yellow	3	P	Course A - Male 30-34	Chow Chi Man	
365	Yellow	3	P	Course A - Male 30-34	HO TSZ LUN	
366	Yellow	3	P	Course A - Male 30-34	Lee Yuk Keung	
367	Yellow	3	P	Course A - Male 30-34	Lee Yuk Tong	Energetic Triathlon Shatin
368	Yellow	3	P	Course A - Male 30-34	Wong Hon Bun, Ryan	
369	Yellow	3	P	Course A - Male 30-34	WONG KA MING	
370	Yellow	3	P	Course A - Male 30-34	Kwok Kin Pong	
371	Yellow	3	P	Course A - Male 30-34	Lai Pok Hang	
372	Yellow	3	P	Course A - Male 30-34	LAM TUEN YEUNG	
373	Yellow	3	P	Course A - Male 30-34	Fung Chi Yeung	
374	Yellow	3	P	Course A - Male 30-34	Alexandre Reinert	
375	Yellow	3	P	Course A - Male 30-34	JUAN RAMON PUCHADES LOPEZ	
376	Yellow	3	P	Course A - Male 30-34	Jimmy Tsui	Titan Triathlon
377	Yellow	3	P	Course A - Male 30-34	hon leung chung	
378	Yellow	3	P	Course A - Male 30-34	NG YUI POR	
379	Yellow	3	P	Course A - Male 30-34	kok joaquim silva	
380	Yellow	3	P	Course A - Male 30-34	Timothy John Robinson	
381	Yellow	3	P	Course A - Male 30-34	AU SIU MING	
382	Yellow	3	P	Course A - Male 30-34	NG WAI HIN	
383	Yellow	3	P	Course A - Male 30-34	Ng Kar Fai	
384	Yellow	3	P	Course A - Male 30-34	Kam Chi Hang	
385	Yellow	3	P	Course A - Male 30-34	HAU WAI YIN	Part Time Association
386	Yellow	3	P	Course A - Male 30-34	LEE KWUN KEI	
387	Yellow	3	P	Course A - Male 30-34	chihchia pan	

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
388	Yellow	3	P	Course A - Male 30-34	CHING JUNG FAN	Sonic Sports Association
389	Yellow	3	P	Course A - Male 30-34	Martin Ely	
390	Yellow	3	P	Course A - Male 30-34	Jonathan David Thompson	
391	Yellow	3	P	Course A - Male 30-34	marvin sones	
392	Yellow	3	Q	Course A - Male 35-39	CHAN CHIN HUNG	Sonic Sports Association
393	Yellow	3	Q	Course A - Male 35-39	HO CHI HONG	South China Athletic Association
394	Yellow	3	Q	Course A - Male 35-39	Christopher Lightbound	Tritons Triathlon Club
395	Yellow	3	Q	Course A - Male 35-39	Lau Gum Bong Gabriel	Sonic Sports Association
396	Yellow	3	Q	Course A - Male 35-39	COURRET Olivier	Hong Kong Dragons Triathlon Club
397	Yellow	3	Q	Course A - Male 35-39	IP WAI MAN	Energetic Triathlon Shatin
398	Yellow	3	Q	Course A - Male 35-39	Chiu Man Lok, Elman	Energetic Triathlon Shatin
399	Yellow	3	Q	Course A - Male 35-39	Lo Ying Wai	New Wave Swimming Club
400	Yellow	3	Q	Course A - Male 35-39	Thomas Butter	
401	Yellow	3	Q	Course A - Male 35-39	Wong Cheong Yui	
402	Yellow	3	Q	Course A - Male 35-39	Tsang Chi Leung	
403	Yellow	3	Q	Course A - Male 35-39	LI WAI YIN ALBERT	
404	Yellow	3	Q	Course A - Male 35-39	Leung Ching Fai Frankie	
405	Yellow	3	Q	Course A - Male 35-39	David Gething	
406	Yellow	3	Q	Course A - Male 35-39	Stephen Francis Davison	
407	Yellow	3	Q	Course A - Male 35-39	Wong Siu Yuen	
408	Yellow	3	Q	Course A - Male 35-39	Wong Lok Shun	
409	Yellow	3	Q	Course A - Male 35-39	Dennis Wong	Part Time Association
410	Yellow	3	Q	Course A - Male 35-39	Andrew Hambleton	
411	Yellow	3	Q	Course A - Male 35-39	Chiu Chi Wah Steve	
412	Yellow	3	Q	Course A - Male 35-39	LI WAI	
413	Yellow	3	Q	Course A - Male 35-39	Fan Chun Sing	Titan Triathlon
414	Yellow	3	Q	Course A - Male 35-39	Chan HOK HANG	
415	Yellow	3	Q	Course A - Male 35-39	Chui Kwok Wing	Sonic Sports Association
416	Yellow	3	Q	Course A - Male 35-39	Anthony stevens	Tung Chung Triathlon Association
417	Yellow	3	Q	Course A - Male 35-39	James Shum	Sonic Sports Association
418	Yellow	3	Q	Course A - Male 35-39	arnaud droitcourt	

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
419	Yellow	3	Q	Course A - Male 35-39	Chan Pak Wing, Tim	
420	Yellow	3	Q	Course A - Male 35-39	LEUNG KA YI	
421	Yellow	3	Q	Course A - Male 35-39	Sun Cho Kan	
422	Yellow	3	Q	Course A - Male 35-39	Ian Riddell	Hong Kong Dragons Triathlon Club
423	Yellow	3	Q	Course A - Male 35-39	James Sutton	
424	Yellow	3	Q	Course A - Male 35-39	JAMIE STUART MURRAY ROBERTS	Tritons Triathlon Club
425	Yellow	3	Q	Course A - Male 35-39	Au Yeung Shek Wai	
426	Yellow	3	Q	Course A - Male 35-39	Zoltan Feledy	
427	Yellow	3	Q	Course A - Male 35-39	Wong Ting Hon Harrison	
428	Yellow	3	Q	Course A - Male 35-39	Eddie Huang	Tritons Triathlon Club
429	Yellow	3	Q	Course A - Male 35-39	James Piachaud	Tritons Triathlon Club
430	Yellow	3	Q	Course A - Male 35-39	CHUM TIK HO	
431	Yellow	3	Q	Course A - Male 35-39	LAI KWOK HING	Sonic Sports Association
432	Yellow	3	Q	Course A - Male 35-39	Chen Teng	
433	Yellow	3	Q	Course A - Male 35-39	Sam Harvey-Jones	
434	Yellow	3	Q	Course A - Male 35-39	Kwok Fuk Ka	
435	Yellow	3	Q	Course A - Male 35-39	Chiu Man Yiu	
436	Yellow	3	Q	Course A - Male 35-39	Aaron WISE	
437	Yellow	3	Q	Course A - Male 35-39	Ng Wai Chi Daniel	Titan Triathlon
438	Yellow	3	Q	Course A - Male 35-39	Jacky Mak	
439	Yellow	3	Q	Course A - Male 35-39	Lee Ming Yeung	Energetic Triathlon Shatin
440	Yellow	3	Q	Course A - Male 35-39	Li Chun Pong	Energetic Triathlon Shatin
441	Yellow	3	Q	Course A - Male 35-39	Tam Paterson SNEDDON	Energetic Triathlon Shatin
442	Yellow	3	Q	Course A - Male 35-39	Tiu Gary	Energetic Triathlon Shatin
443	Yellow	3	Q	Course A - Male 35-39	WONG PUI YUEN	Energetic Triathlon Shatin
444	Yellow	3	Q	Course A - Male 35-39	Wong Po Kin, Kent	Sonic Sports Association
445	Yellow	3	Q	Course A - Male 35-39	Poon Wing Bub, Felix	
446	Yellow	3	Q	Course A - Male 35-39	Lai Wai Kit	
447	Yellow	3	Q	Course A - Male 35-39	IP CHUNG YIN	Titan Triathlon
448	Yellow	3	Q	Course A - Male 35-39	Lok Lam Fung	Titan Triathlon
449	Yellow	3	Q	Course A - Male 35-39	Tsui Wai Yuen	Titan Triathlon

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
450	Yellow	3	Q	Course A - Male 35-39	Fung Chi Pun	
451	Yellow	3	Q	Course A - Male 35-39	LAI HON YING	
452	Yellow	3	Q	Course A - Male 35-39	HO KAM TIM	Part Time Association
453	Yellow	3	Q	Course A - Male 35-39	YEUNG TAI SHUNG	Part Time Association
454	Yellow	3	Q	Course A - Male 35-39	Lee Kin Lun, Brian	Sonic Sports Association
455	Yellow	3	Q	Course A - Male 35-39	CHAN WAI CHUEN TERENCE	
456	Yellow	3	Q	Course A - Male 35-39	Yeung Hon Cheung	
457	Yellow	3	Q	Course A - Male 35-39	So Shu Tai	
458	Yellow	3	Q	Course A - Male 35-39	Fernando Munoz Bernal	Hong Kong Dragons Triathlon Club
459	Yellow	3	Q	Course A - Male 35-39	LEUNG Chun Yung	
460	Yellow	3	Q	Course A - Male 35-39	yiui chi shing	
461	Yellow	3	Q	Course A - Male 35-39	David Salazar Gracia	
462	Yellow	3	Q	Course A - Male 35-39	Patrick Chau	
463	Yellow	3	Q	Course A - Male 35-39	HUI SZE YUEN	Energetic Triathlon Shatin
464	Yellow	3	Q	Course A - Male 35-39	KWOK WAI MAN	
465	Yellow	3	Q	Course A - Male 35-39	Charles Streeter	
466	Yellow	3	T	Course A - Male 45-49	Adrian McCarroll	
467	Yellow	3	T	Course A - Male 45-49	Nick Dargan	Tritons Triathlon Club
468	Yellow	3	T	Course A - Male 45-49	Scott James Burton	
469	Yellow	3	T	Course A - Male 45-49	Chan Wai Yin, Mickey	
470	Yellow	3	T	Course A - Male 45-49	Lee Ying Ho	Sonic Sports Association
471	Yellow	3	T	Course A - Male 45-49	Tony Flynn	
472	Yellow	3	T	Course A - Male 45-49	MOK Kwok Kwong	
473	Yellow	3	T	Course A - Male 45-49	Simon Castley	
474	Yellow	3	T	Course A - Male 45-49	Fung Lai Man Danny	
475	Yellow	3	T	Course A - Male 45-49	NG SUI HING	
476	Yellow	3	T	Course A - Male 45-49	SUEN Chung yin	Energetic Triathlon Shatin
477	Yellow	3	T	Course A - Male 45-49	LEE WAN KWONG	
478	Yellow	3	T	Course A - Male 45-49	Tim Smith	
479	Yellow	3	T	Course A - Male 45-49	Ho Anthony Kwok Chung	
480	Yellow	3	T	Course A - Male 45-49	Lam Kam Ching	Tung Chung Triathlon Association

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
481	Yellow	3	T	Course A - Male 45-49	Rick Hamilton	South China Athletic Association
482	Yellow	3	T	Course A - Male 45-49	WONG WING HIM, DENIS	
483	Yellow	3	T	Course A - Male 45-49	Yoshiaki Itabashi	
484	Yellow	3	T	Course A - Male 45-49	Andy Jepps	
485	Yellow	3	T	Course A - Male 45-49	Lin WaiShun	
486	Yellow	3	T	Course A - Male 45-49	Peter Taylor	
487	Yellow	3	T	Course A - Male 45-49	Choy Ying Keung	Part Time Association
488	Yellow	3	T	Course A - Male 45-49	CHUNG Wing-shing	
489	Yellow	3	T	Course A - Male 45-49	todd wong	Hong Kong Dragons Triathlon Club
490	Yellow	3	T	Course A - Male 45-49	CHAN JOHNSON	Energetic Triathlon Shatin
491	Yellow	3	T	Course A - Male 45-49	CHEUNG CHI WAI, DEEP	Hope Sport Association
492	Yellow	3	T	Course A - Male 45-49	Yuen Kwok Ming, Patrick	Energetic Triathlon Shatin
493	Yellow	3	T	Course A - Male 45-49	Yu Wai Fu	
494	Yellow	3	T	Course A - Male 45-49	Chan Ka Keung	
495	Yellow	3	T	Course A - Male 45-49	Chan Wo Chi	
496	Yellow	3	T	Course A - Male 45-49	Shi Bertram	
497	Yellow	3	T	Course A - Male 45-49	WONG TAK WAH, EDWARD	
498	Yellow	3	T	Course A - Male 45-49	Jacky Tang	Sonic Sports Association
499	Yellow	3	T	Course A - Male 45-49	Chan Wai Kee	
500	Yellow	3	T	Course A - Male 45-49	Yip Chun Fai	
501	Yellow	3	T	Course A - Male 45-49	Cheung Kai Shui	
502	Yellow	3	T	Course A - Male 45-49	Mok King Kuen	Titan Triathlon
503	Yellow	3	T	Course A - Male 45-49	Ma Chi Po	
504	Yellow	3	T	Course A - Male 45-49	NG HOI SANG	
505	Yellow	3	T	Course A - Male 45-49	Sung Yan Wah, Danny	Titan Triathlon
506	Yellow	3	T	Course A - Male 45-49	Michael Sadler	Sonic Sports Association
507	Yellow	3	T	Course A - Male 45-49	Tam Sze Lun, Alan	
508	Yellow	3	T	Course A - Male 45-49	WONG SUI CHEONG	Energetic Triathlon Shatin
509	Yellow	3	T	Course A - Male 45-49	nascimanto fernando	New Target Sport Association
510	Yellow	3	T	Course A - Male 45-49	Kwan Chi Man	
511	Yellow	3	T	Course A - Male 45-49	Cheung Man Kwong	Mango Swimming Club

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Race No	Cap	Heat	Code	Category	Name	Club
512	Yellow	3	T	Course A - Male 45-49	ALAN DALE WINEGEART	
513	Yellow	3	T	Course A - Male 45-49	Yeung Thomas	
514	Yellow	3	T	Course A - Male 45-49	William Chung	
515	Yellow	3	T	Course A - Male 45-49	Poon Che Wai	
516	Yellow	3	T	Course A - Male 45-49	Gonzalez Nestor Glenn Precioso III	
517	Yellow	3	T	Course A - Male 45-49	Carl Berrisford	
518	Yellow	3	T	Course A - Male 45-49	Stephen Chan	
519	Yellow	3	T	Course A - Male 45-49	Martin Lee	
520	Yellow	3	T	Course A - Male 45-49	Keith Russell	
521	Yellow	3	T	Course A - Male 45-49	Jebsen Chen	Tung Chung Triathlon Association
99	Green	4	B3	Course B - Male Open	Wan Ho Kit, Sunny	
536	Green	4	B1	Course B - Male Junior	Leung Chun Hin	Excel Swim Sports Association
542	Green	4	B1	Course B - Male Junior	WONG CHUN HIM	Hope Sport Association
543	Green	4	B1	Course B - Male Junior	Siu Kin Lok	Hope Sport Association
544	Green	4	B1	Course B - Male Junior	Chau Man Kei	Energetic Triathlon Shatin
545	Green	4	B1	Course B - Male Junior	LEE CHUN	Hope Sport Association
546	Green	4	B1	Course B - Male Junior	Yim Lok Him	
547	Green	4	B1	Course B - Male Junior	Ho Fuk Hung	Titan Triathlon
548	Green	4	B1	Course B - Male Junior	LAW TSUN KIT	Energetic Triathlon Shatin
549	Green	4	B1	Course B - Male Junior	SHE HUNG CHEUNG	Energetic Triathlon Shatin
550	Green	4	B1	Course B - Male Junior	Law Tik Ki	
551	Green	4	B2	Course B - Female Junior	Kong Yan Pui	Sonic Sports Association
552	Green	4	B2	Course B - Female Junior	Wong Ching Sum	
553	Green	4	B2	Course B - Female Junior	Sin Pui Yan	Energetic Triathlon Shatin
554	Green	4	B3	Course B - Male Open	Wong Tak Kai	Titan Triathlon
555	Green	4	B3	Course B - Male Open	Lui Ho Lam	
556	Green	4	B3	Course B - Male Open	SUEN SUI LEUNG, BOSCO	
557	Green	4	B3	Course B - Male Open	CHONG LOK LAM	
558	Green	4	B3	Course B - Male Open	Yeung Ping Kei Lapson	
559	Green	4	B3	Course B - Male Open	Kwok Ping Hung	
560	Green	4	B3	Course B - Male Open	Yau Kwun San	Tung Chung Triathlon Association

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Race No	Cap	Heat	Code	Category	Name	Club
561	Green	4	B3	Course B - Male Open	Tse Tan	
562	Green	4	B3	Course B - Male Open	CHENG CHI FUNG	Hope Sport Association
563	Green	4	B3	Course B - Male Open	CHUI CHUNG HONG	Hope Sport Association
564	Green	4	B3	Course B - Male Open	Lai Kin Fung	
565	Green	4	B3	Course B - Male Open	Tsang Chiu Fat	
566	Green	4	B3	Course B - Male Open	chan ka kit	
567	Green	4	B3	Course B - Male Open	Wong Kai Kin Tony	
568	Green	4	B3	Course B - Male Open	Law Wing Hong	
569	Green	4	B3	Course B - Male Open	TAM CHI FAI	
570	Green	4	B3	Course B - Male Open	cho lok tim timothy	
571	Green	4	B3	Course B - Male Open	Yick Man Lung	AustSports Association
572	Green	4	B3	Course B - Male Open	Wong Ka Fung	AustSports Association
573	Green	4	B3	Course B - Male Open	Wong Wai Ho	AustSports Association
574	Green	4	B3	Course B - Male Open	Lam Tsz Wai	Energetic Triathlon Shatin
575	Green	4	B3	Course B - Male Open	Chen Chi Ming	
576	Green	4	B3	Course B - Male Open	Chau Hoi Yuen , Denis	
577	Green	4	B5	Course B - Female Open	Chui Hoi Shan	
578	Green	4	B3	Course B - Male Open	Liu Cheuk Yin	
579	Green	4	B3	Course B - Male Open	Cheng Tsz Yeung	Titan Triathlon
580	Green	4	B3	Course B - Male Open	CHEUNG TING FUNG	Titan Triathlon
581	Green	4	B3	Course B - Male Open	Tong Lai Hin	Titan Triathlon
582	Green	4	B3	Course B - Male Open	Leung Ngai Shun	
583	Green	4	B3	Course B - Male Open	LEUNG Wai Ko	
584	Green	4	B3	Course B - Male Open	LAM KING MAN	Part Time Association
585	Green	4	B3	Course B - Male Open	Ho Ho Ming	
586	Green	4	b3	Course B - Male Open	Yeung Wing Yin, Michael	Energetic Triathlon Shatin
587	Green	4	b3	Course B - Male Open	CHEUNG KA CHI	
588	Green	4	B3	Course B - Male Open	FUNG POON SHUN	Energetic Triathlon Shatin
589	Green	4	B3	Course B - Male Open	KWOK CHI FUNG, JEFF	Energetic Triathlon Shatin
590	Green	4	B3	Course B - Male Open	Liu Siu Ting	AustSports Association
591	Green	4	B3	Course B - Male Open	Ka Ho Chick	

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
592	Green	4	B3	Course B - Male Open	Ng Ho Kei	
593	Green	4	B3	Course B - Male Open	Chan hoi hang Daych	
594	Green	4	B3	Course B - Male Open	Kwan Chiu Fai	
595	Green	4	B3	Course B - Male Open	Lam Chun Fai	
596	Green	4	B3	Course B - Male Open	Lam Wai Chi	
597	Green	4	B3	Course B - Male Open	Hui Wai Cheong	
598	Green	4	B3	Course B - Male Open	Chung Chi Chung	
599	Green	4	B3	Course B - Male Open	Yip Wai Shing	
600	Green	4	B3	Course B - Male Open	Tao Wing Hang	
601	Green	4	B3	Course B - Male Open	Chow Hoi Tat	Titan Triathlon
602	Green	4	B3	Course B - Male Open	marvin sones	
603	Green	4	B3	Course B - Male Open	Wong Wing Hang	Sonic Sports Association
604	Green	4	B3	Course B - Male Open	Lee Wing Fai	
605	Green	4	B4	Course B - Male Veteran	Lawrence Chan	Titan Triathlon
606	Green	4	B4	Course B - Male Veteran	Chau Ho Ming	Energetic Triathlon Shatin
607	Green	4	B4	Course B - Male Veteran	Cheng Wai Ho	Titan Triathlon
608	Green	4	B4	Course B - Male Veteran	LEE CHI MAN	AustSports Association
609	Green	4	B4	Course B - Male Veteran	Chan Wing Hang	
610	Green	4	B4	Course B - Male Veteran	LEE KA YIU	
611	Green	4	B4	Course B - Male Veteran	Hui King Lau	Tung Chung Triathlon Association
612	Green	4	B4	Course B - Male Veteran	CHIU KIN MAN	Hope Sport Association
613	Green	4	B4	Course B - Male Veteran	WAN Tai-Shun	
614	Green	4	B4	Course B - Male Veteran	Ip Kit Keung	
615	Green	4	B4	Course B - Male Veteran	Lai Ying Fai	AustSports Association
616	Green	4	B4	Course B - Male Veteran	Tam Yuen Ho	AustSports Association
617	Green	4	B4	Course B - Male Veteran	Fung Chi Yuen	AustSports Association
618	Green	4	B4	Course B - Male Veteran	CHAN KWOK CHI	Energetic Triathlon Shatin
619	Green	4	B4	Course B - Male Veteran	CHOW CHIU KIN	Energetic Triathlon Shatin
620	Green	4	B4	Course B - Male Veteran	Ho Siu Lam	Energetic Triathlon Shatin
621	Green	4	B4	Course B - Male Veteran	WONG HON HING	Energetic Triathlon Shatin
622	Green	4	B4	Course B - Male Veteran	Lee Man Yee	

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
623	Green	4	B4	Course B - Male Veteran	Yau Jerry	South China Athletic Association
624	Green	4	B4	Course B - Male Veteran	Tsang Chung Ming	Titan Triathlon
625	Green	4	B4	Course B - Male Veteran	Wong Yin Cheong	Titan Triathlon
626	Green	4	b4	Course B - Male Veteran	Gilbert Tang	
627	Green	4	B4	Course B - Male Veteran	Daniel Hok Kwan Choi	
628	Green	4	B4	Course B - Male Veteran	KWONG MING CHAN	Part Time Association
629	Green	4	B4	Course B - Male Veteran	Wong Hok Hin	
630	Green	4	B4	Course B - Male Veteran	Choy Wai Kwun	
631	Green	4	B4	Course B - Male Veteran	Leung Shu On Terence	
632	Green	4	B4	Course B - Male Veteran	CHAN KIM WAI BARRY	
633	Green	4	B4	Course B - Male Veteran	Martin Poon	
634	Green	4	B4	Course B - Male Veteran	Lam Hoo Ming	Energetic Triathlon Shatin
635	Green	4	B4	Course B - Male Veteran	Chung Shun	
636	Green	4	B4	Course B - Male Veteran	Lau Siu Kan	Titan Triathlon
637	Green	4	B4	Course B - Male Veteran	Lee Yuet Fong	Tung Chung Triathlon Association
638	Green	4	B4	Course B - Male Veteran	Peter Tam	
639	Green	4	B5	Course B - Female Open	WONG HOI YAN	Energetic Triathlon Shatin
640	Green	4	B5	Course B - Female Open	LEUNG SIN NEI SINNEY	
641	Green	4	B5	Course B - Female Open	Sham Pui Man Vivian	
642	Green	4	B5	Course B - Female Open	Fiona Fitzgerald	
643	Green	4	B5	Course B - Female Open	Leung Yim Ting	
644	Green	4	B5	Course B - Female Open	Fiona Wong	
645	Green	4	B5	Course B - Female Open	li mandy	
646	Green	4	B5	Course B - Female Open	LI Wing Yi	
647	Green	4	B5	Course B - Female Open	Yiu Chun Wing Marthes	
648	Green	4	B5	Course B - Female Open	Ng Wai Hin	AustSports Association
649	Green	4	B5	Course B - Female Open	Cheung Yik Man (Stephanie)	
650	Green	4	B5	Course B - Female Open	LAU KA HEI, CATHERINE	Energetic Triathlon Shatin
651	Green	4	B6	Course B - Female Veteran	Ma Pui Ching	
652	Green	4	B6	Course B - Female Veteran	LEUNG YIN YI	Hope Sport Association
653	Green	4	B6	Course B - Female Veteran	Chan Suk Fan	

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Race No	Cap	Heat	Code	Category	Name	Club
654	Green	4	B6	Course B - Female Veteran	Katherine Lee	
655	Green	4	B6	Course B - Female Veteran	Wu Mei Ling	
656	Green	4	B6	Course B - Female Veteran	Jessie L.K. Wong	
657	Green	4	B6	Course B - Female Veteran	Chan Suet Wah	Energetic Triathlon Shatin
658	Blue	5	C1	Course C - Male Youth Open	SHUEN CHUN KIT	Hope Sport Association
659	Blue	5	C1	Course C - Male Youth Open	Heung Chin Tung	Hope Sport Association
660	Blue	5	C1	Course C - Male Youth Open	Michael Lam	Sonic Sports Association
661	Blue	5	C1	Course C - Male Youth Open	Matthew Hanselman	
662	Blue	5	C1	Course C - Male Youth Open	Leung Chun Sun	Energetic Triathlon Shatin
663	Blue	5	C1	Course C - Male Youth Open	TSE CHUN YIN	Energetic Triathlon Shatin
664	Blue	5	C1	Course C - Male Youth Open	Lee Chun Kiu	Hope Sport Association
665	Blue	5	C1	Course C - Male Youth Open	CHEUNG CHUN HO	Titan Triathlon
666	Blue	5	C1	Course C - Male Youth Open	CHEUNG CHUN YAU	Titan Triathlon
667	Blue	5	C1	Course C - Male Youth Open	Blanco Lau	Hope Sport Association
668	Blue	5	C1	Course C - Male Youth Open	Mok Tsz Him	
669	Blue	5	C1	Course C - Male Youth Open	Wong Tsz Shing	Energetic Triathlon Shatin
670	Blue	5	C1	Course C - Male Youth Open	Cheung Chin To	The Little Doplevel Swimming Association
671	Blue	5	C1	Course C - Male Youth Open	Cheung Kiu Sam	The Little Doplevel Swimming Association
672	Blue	5	C2	Course C - Female Youth Open	June CHAN	
673	Blue	5	C2	Course C - Female Youth Open	VANESSA NG	Titan Triathlon
675	Blue	5	C2	Course C - Female Youth Open	PANG CHING WAI	South China Athletic Association
301	Yellow	6	F3	Course F - Boys 1998	Cheung Kai Chun	
676	Yellow	6	F3	Course F - Boys 1998	SUNG CHUN HIN	Excel Swim Sports Association
677	Yellow	6	F3	Course F - Boys 1998	CHAN HO TING	Excel Swim Sports Association
678	Yellow	6	F3	Course F - Boys 1998	REINY KYLE BROWN	South China Athletic Association
679	Yellow	6	F3	Course F - Boys 1998	Wong Hong Tai	Excel Swim Sports Association
680	Yellow	6	F3	Course F - Boys 1998	Kong Cheuk Hei	Sonic Sports Association
681	Yellow	6	F3	Course F - Boys 1998	LEUNG NOK HIN	South China Athletic Association
682	Yellow	6	F3	Course F - Boys 1998	CHEUNG KA CHUN	Hope Sport Association
683	Yellow	6	F3	Course F - Boys 1998	WONG TSZ TO	Hope Sport Association
684	Yellow	6	F3	Course F - Boys 1998	Chung Yin Hei	AustSports Association

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Race No	Cap	Heat	Code	Category	Name	Club
685	Yellow	6	F3	Course F - Boys 1998	Lee Man Sum	AustSports Association
686	Yellow	6	F3	Course F - Boys 1998	Keung Pok Man	AustSports Association
687	Yellow	6	F3	Course F - Boys 1998	Tse Long Hin	AustSports Association
688	Yellow	6	F3	Course F - Boys 1998	Lai Yick Him	AustSports Association
689	Yellow	6	F3	Course F - Boys 1998	Chung Ho Tsit	AustSports Association
690	Yellow	6	F3	Course F - Boys 1998	Choy Fu Kwong, Franky	Energetic Triathlon Shatin
691	Yellow	6	F3	Course F - Boys 1998	Ho Arnold	Energetic Triathlon Shatin
692	Yellow	6	F3	Course F - Boys 1998	Chan Yat Chi	Hope Sport Association
693	Yellow	6	F3	Course F - Boys 1998	Ching Kwan Long	Mango Swimming Club
694	Yellow	6	F3	Course F - Boys 1998	WONG HOK HIN	Energetic Triathlon Shatin
695	Yellow	6	F3	Course F - Boys 1998	Chan Kam Po	Energetic Triathlon Shatin
696	Yellow	6	F3	Course F - Boys 1998	Miles Williams	South China Athletic Association
697	Yellow	6	F3	Course F - Boys 1998	Cheung Hin Shing	
698	Yellow	6	F3	Course F - Boys 1998	Koo Ho Huen	Energetic Triathlon Shatin
699	Yellow	6	F4	Course F - Boys 1997	Chan Hin Chung	
700	Yellow	6	F4	Course F - Boys 1997	Lee Ka Kei, Gareth	
701	Yellow	6	F4	Course F - Boys 1997	Chung Yik Hin	Excel Swim Sports Association
702	Yellow	6	F4	Course F - Boys 1997	Chan Ka Chun	Hope Sport Association
703	Yellow	6	F4	Course F - Boys 1997	Tsoi Ka Kit	Hope Sport Association
704	Yellow	6	F4	Course F - Boys 1997	Leung Ho Ching	Excel Swim Sports Association
705	Yellow	6	F4	Course F - Boys 1997	Ip Ho Lam	Hope Sport Association
706	Yellow	6	F4	Course F - Boys 1997	FAN LUKAS LONG	South China Athletic Association
707	Yellow	6	F4	Course F - Boys 1997	OR YIU HANG	Hope Sport Association
708	Yellow	6	F4	Course F - Boys 1997	Maximilian Gil Mitchelmore	N/A
709	Yellow	6	F4	Course F - Boys 1997	HO Ho Lim	Energetic Triathlon Shatin
710	Yellow	6	F4	Course F - Boys 1997	James Tan	
711	Yellow	6	F4	Course F - Boys 1997	So Wai Tsun	
712	Yellow	6	F4	Course F - Boys 1997	Wong Tsz Hin	
713	Yellow	6	F4	Course F - Boys 1997	Leung Wai Yan, Benson	Hope Sport Association
714	Yellow	6	F4	Course F - Boys 1997	Wu Zi Juan, Joe	Mango Swimming Club
715	Yellow	6	F4	Course F - Boys 1997	Fung Yat To	Sea Bear Swimming Club

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Race No	Cap	Heat	Code	Category	Name	Club
716	Yellow	6	F4	Course F - Boys 1997	Loo Tsz Hei	Sea Bear Swimming Club
717	Yellow	6	F4	Course F - Boys 1997	Elliot Shi	Energetic Triathlon Shatin
718	Yellow	6	F4	Course F - Boys 1997	LI KA TSUN	Hope Sport Association
719	Yellow	6	F7	Course F - Girls 1998	HUNG Cheuk Yi	Energetic Triathlon Shatin
720	Yellow	6	F7	Course F - Girls 1998	Chan Long Tung	AustSports Association
721	Yellow	6	F7	Course F - Girls 1998	TONG SZE WAI	Sea Bear Swimming Club
722	Yellow	6	F7	Course F - Girls 1998	Wong Long Kiu	Energetic Triathlon Shatin
723	Yellow	6	F8	Course F - Girls 1997	Lee Wing Sum	Hope Sport Association
724	Yellow	6	F8	Course F - Girls 1997	CHAN KWAN HO	Hope Sport Association
674	Pink	7	F5	Course F - Girls 2000	ATHINA ZODL	Tung Chung Triathlon Association
725	Pink	7	F1	Course F - Boys 2000	CHAN Kwun Hang	Excel Swim Sports Association
726	Pink	7	F1	Course F - Boys 2000	LAU CHUN HEI, JEFFREY	Excel Swim Sports Association
727	Pink	7	F1	Course F - Boys 2000	Charlie Stewart	Mango Swimming Club
728	Pink	7	F1	Course F - Boys 2000	Chan Yik Ming, Ricky	Hope Sport Association
729	Pink	7	F1	Course F - Boys 2000	CHUNG MAN HIN, ANSON	
730	Pink	7	F1	Course F - Boys 2000	WONG TAK MAN	
731	Pink	7	F1	Course F - Boys 2000	Cheung Ho Kwan, Blue	Hope Sport Association
732	Pink	7	F1	Course F - Boys 2000	Lau Lucas Lok Hin	
733	Pink	7	F1	Course F - Boys 2000	MA Chun Ming	
734	Pink	7	F1	Course F - Boys 2000	Li Ho Lim	AustSports Association
735	Pink	7	F1	Course F - Boys 2000	TSANG TSZ NOK	Energetic Triathlon Shatin
736	Pink	7	F1	Course F - Boys 2000	YEUNG KWOK HANG	Energetic Triathlon Shatin
737	Pink	7	F1	Course F - Boys 2000	Matthew Tan	
738	Pink	7	F1	Course F - Boys 2000	YUN KAI TAI	Titan Triathlon
739	Pink	7	F1	Course F - Boys 2000	Cheung Wai Yin, ALVIN	Mango Swimming Club
740	Pink	7	F1	Course F - Boys 2000	Yau Kin Hei, Desmend	Titan Triathlon
741	Pink	7	F1	Course F - Boys 2000	Lai Tsz Hei, Jerry	AustSports Association
742	Pink	7	F1	Course F - Boys 2000	Chung Siu Ting	Titan Triathlon
743	Pink	7	F1	Course F - Boys 2000	Nicholas Tsang	
744	Pink	7	F1	Course F - Boys 2000	CHAN PAK MING, BERNARD	
745	Pink	7	F1	Course F - Boys 2000	Lo Tristan Tin Yan	

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Race No	Cap	Heat	Code	Category	Name	Club
746	Pink	7	F1	Course F - Boys 2000	TANG HO MING	
747	Pink	7	F1	Course F - Boys 2000	Guan Yue	Hope Sport Association
748	Pink	7	F1	Course F - Boys 2000	Tong Chak Lam, Chrostopher	Energetic Triathlon Shatin
749	Pink	7	F1	Course F - Boys 2000	Szeto Yat Hei	Energetic Triathlon Shatin
750	Pink	7	F2	Course F - Boys 1999	Wong Yat Long	Excel Swim Sports Association
751	Pink	7	F2	Course F - Boys 1999	CHAN Kwun Chung	Excel Swim Sports Association
752	Pink	7	F2	Course F - Boys 1999	Chan Ting Hei	
753	Pink	7	F2	Course F - Boys 1999	WONG HOI TIN	Hope Sport Association
754	Pink	7	F2	Course F - Boys 1999	LEE LAP PUI	
755	Pink	7	F2	Course F - Boys 1999	BAETZ ARNO	Tung Chung Triathlon Association
756	Pink	7	F2	Course F - Boys 1999	Lai Nok Hei	AustSports Association
757	Pink	7	F2	Course F - Boys 1999	Chow Chi Hei	Energetic Triathlon Shatin
758	Pink	7	F2	Course F - Boys 1999	Leung Chung Pak, Philip	
759	Pink	7	F2	Course F - Boys 1999	Ching Kwan Yeung	Mango Swimming Club
760	Pink	7	F2	Course F - Boys 1999	Tse Chun Luen, Jonathan	Mango Swimming Club
761	Pink	7	F2	Course F - Boys 1999	Li Cheuk Wah, Anson	Titan Triathlon
762	Pink	7	F2	Course F - Boys 1999	Kwan Shan Yuet, Isaiah	Titan Triathlon
763	Pink	7	F2	Course F - Boys 1999	Angus Chow	Hope Sport Association
765	Pink	7	F2	Course F - Boys 1999	Lee Pak Hei	Energetic Triathlon Shatin
766	Pink	7	F2	Course F - Boys 1999	Ng Chi Him	Energetic Triathlon Shatin
767	Pink	7	F2	Course F - Boys 1999	Ng Ho Yin	Energetic Triathlon Shatin
768	Pink	7	F2	Course F - Boys 1999	Chan Chi Lai	Energetic Triathlon Shatin
769	Pink	7	F2	Course F - Boys 1999	Chung Hiu Lok, Howard	
770	Pink	7	F5	Course F - Girls 2000	Chau Man Wing	Energetic Triathlon Shatin
771	Pink	7	F5	Course F - Girls 2000	LAW KELLY	Sonic Sports Association
772	Pink	7	F5	Course F - Girls 2000	Ho Chun Yiu	
773	Pink	7	F5	Course F - Girls 2000	CHUNG YUEN TUNG, HERA	Energetic Triathlon Shatin
774	Pink	7	F5	Course F - Girls 2000	Cherie Chick	Titan Triathlon
775	Pink	7	F5	Course F - Girls 2000	Carin Chan	Energetic Triathlon Shatin
776	Pink	7	F5	Course F - Girls 2000	YEUNG CHO YIU	Part Time Association
777	Pink	7	F6	Course F - Girls 1999	Tam Nga Man	

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Race No	Cap	Heat	Code	Category	Name	Club
778	Pink	7	F6	Course F - Girls 1999	Au Yan Tung	Excel Swim Sports Association
779	Pink	7	F6	Course F - Girls 1999	LAU YAN WING	Energetic Triathlon Shatin
780	Pink	7	F6	Course F - Girls 1999	Chu Tsz Wai	Sea Bear Swimming Club
781	Pink	7	F6	Course F - Girls 1999	Nicole Shi	Energetic Triathlon Shatin
764	Green	8	E4	Course E - Boys 2001	Chan Ho Fung	Sea Bear Swimming Club
782	Green	8	E3	Course E - Boys 2002	SHUM KIN HANG	Excel Swim Sports Association
783	Green	8	E3	Course E - Boys 2002	CHAN CHUN HIN	Excel Swim Sports Association
784	Green	8	E3	Course E - Boys 2002	Wilton Chik	
785	Green	8	E3	Course E - Boys 2002	YEUNG HO WANG	
786	Green	8	E3	Course E - Boys 2002	Casper Shum	
787	Green	8	E3	Course E - Boys 2002	LEE KWAN WAH	
788	Green	8	E3	Course E - Boys 2002	YEUNG WING KIT	Excel Swim Sports Association
789	Green	8	E3	Course E - Boys 2002	TAO CHUN NGOK	Excel Swim Sports Association
790	Green	8	E3	Course E - Boys 2002	Ren Yanagawa	
791	Green	8	E3	Course E - Boys 2002	Harold Yick	
792	Green	8	E3	Course E - Boys 2002	HUI Ngo Fei Obie	
793	Green	8	E3	Course E - Boys 2002	Lee Man Hei	AustSports Association
794	Green	8	E3	Course E - Boys 2002	Fung Ho Yin	AustSports Association
795	Green	8	E3	Course E - Boys 2002	Lam Yat Him	AustSports Association
796	Green	8	E3	Course E - Boys 2002	LAI YIP SUN, EDRIC	Energetic Triathlon Shatin
797	Green	8	E3	Course E - Boys 2002	NG CHI KIN	Energetic Triathlon Shatin
798	Green	8	E3	Course E - Boys 2002	WONG LONG CHING, NIGEL	Energetic Triathlon Shatin
799	Green	8	E3	Course E - Boys 2002	YAN LOK MICHAEL	Energetic Triathlon Shatin
800	Green	8	E3	Course E - Boys 2002	BOSCO CHOW	Titan Triathlon
801	Green	8	E3	Course E - Boys 2002	KA TUNG WAI	Mango Swimming Club
802	Green	8	E3	Course E - Boys 2002	WU ZHI JIAN MARCO	Mango Swimming Club
803	Green	8	E3	Course E - Boys 2002	Chan Chi Chun, Hubert	Titan Triathlon
804	Green	8	E3	Course E - Boys 2002	Chan Yin Hei, Christopher	Titan Triathlon
805	Green	8	E3	Course E - Boys 2002	Ho Aidan Hin Long	Titan Triathlon
806	Green	8	E3	Course E - Boys 2002	Mak Ho Chit, Terry	Titan Triathlon
807	Green	8	E3	Course E - Boys 2002	CARTON CHAN	Energetic Triathlon Shatin

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Race No	Cap	Heat	Code	Category	Name	Club
808	Green	8	E4	Course E - Boys 2001	SUNG HO HIN	Excel Swim Sports Association
809	Green	8	E4	Course E - Boys 2001	LEE KA HIM, KENNETH	
810	Green	8	E4	Course E - Boys 2001	Walter Chan	
811	Green	8	E4	Course E - Boys 2001	Joshua Nanayakkara	
812	Green	8	E4	Course E - Boys 2001	Chung Tin Ching, Damien	
813	Green	8	E4	Course E - Boys 2001	Lai Nok Hin	AustSports Association
814	Green	8	E4	Course E - Boys 2001	Cheung Kam Lun	AustSports Association
815	Green	8	E4	Course E - Boys 2001	Lai Yick Kan	AustSports Association
816	Green	8	E4	Course E - Boys 2001	IP SHUN HEI	Energetic Triathlon Shatin
817	Green	8	E4	Course E - Boys 2001	Lau Yu Hon	Energetic Triathlon Shatin
818	Green	8	E4	Course E - Boys 2001	LEUNG DATHAN HO KIU	Energetic Triathlon Shatin
819	Green	8	E4	Course E - Boys 2001	MAK HO TIN, TYLER	Energetic Triathlon Shatin
820	Green	8	E4	Course E - Boys 2001	CHAN SHEUNG YIN	Energetic Triathlon Shatin
821	Green	8	E4	Course E - Boys 2001	TO MING CHUNG, SAMUEL	Energetic Triathlon Shatin
822	Green	8	E4	Course E - Boys 2001	WONG TIK LAM	Energetic Triathlon Shatin
823	Green	8	E4	Course E - Boys 2001	Li Tsz Ho, Angus	Titan Triathlon
824	Green	8	E4	Course E - Boys 2001	BRENTON LIN	
825	Green	8	E4	Course E - Boys 2001	Lau Ching Yung, Ian	Titan Triathlon
826	Green	8	E4	Course E - Boys 2001	Tam Kwan Kin, Alvin	Titan Triathlon
827	Green	8	E4	Course E - Boys 2001	Yam Fu Yuen, Marco	Titan Triathlon
828	Green	8	E4	Course E - Boys 2001	Ho KA CHUN, CLEMENT	Energetic Triathlon Shatin
829	Green	8	E4	Course E - Boys 2001	Ho Ka Kit, Kelvin	Energetic Triathlon Shatin
830	Green	8	E7	Course E - Girls 2002	CHAN HIU YEE	Dali Swimming Club
831	Green	8	E7	Course E - Girls 2002	HUI YAT NGA	Energetic Triathlon Shatin
832	Green	8	E7	Course E - Girls 2002	SO CHUI HONG	Excel Swim Sports Association
833	Green	8	E7	Course E - Girls 2002	Wong Yuet Ching	AustSports Association
834	Green	8	E7	Course E - Girls 2002	LAU CATHY	Energetic Triathlon Shatin
835	Green	8	E7	Course E - Girls 2002	LIU SIN HANG, ALISON	Energetic Triathlon Shatin
836	Green	8	E7	Course E - Girls 2002	Hilary Lo	
837	Green	8	E7	Course E - Girls 2002	TSANG SZE CHING	Compass Sports Association
838	Green	8	E7	Course E - Girls 2002	LAW CHING YIN	

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Race No	Cap	Heat	Code	Category	Name	Club
839	Green	8	E7	Course E - Girls 2002	Chow Chi Ching	
840	Green	8	E8	Course E - Girls 2001	Lee Sze Wing	Part Time Association
841	Green	8	E8	Course E - Girls 2001	LIU KWAN KIU GWYNETH	
842	Green	8	E8	Course E - Girls 2001	WONG CHING LAM	Excel Swim Sports Association
843	Green	8	E8	Course E - Girls 2001	Yip Yau, Kelly	
844	Green	8	E8	Course E - Girls 2001	Cho Wing To, Cheri	Energetic Triathlon Shatin
845	Green	8	E8	Course E - Girls 2001	Lau Yi Ki	AustSports Association
846	Green	8	E8	Course E - Girls 2001	CHAN HANG KI, ALLISS	Energetic Triathlon Shatin
847	Green	8	E8	Course E - Girls 2001	Chu Wing Kiu, Apple	Titan Triathlon
848	Green	8	E8	Course E - Girls 2001	Chung Hiu Tung, Nicole	
923	Green	8	E3	Course E - Boys 2002	Lau Chung Hei	Sea Bear Swimming Club
924	Green	8	E3	Course E - Boys 2002	Lin Chun	Sea Bear Swimming Club
849	Blue	9	E1	Course E - Boys 2004	SO CHI HUEN	Excel Swim Sports Association
850	Blue	9	E1	Course E - Boys 2004	HUI LING FUNG	
851	Blue	9	E1	Course E - Boys 2004	LIU CHAK LAM	Energetic Triathlon Shatin
853	Blue	9	E1	Course E - Boys 2004	CHEUNG TING WAI	Energetic Triathlon Shatin
854	Blue	9	E1	Course E - Boys 2004	CHIU CHEUK KIU, AIDAN	Energetic Triathlon Shatin
855	Blue	9	E1	Course E - Boys 2004	TO MING CHUN, ANDREW	Energetic Triathlon Shatin
856	Blue	9	E1	Course E - Boys 2004	YEUNG HOI CHEUNG	Energetic Triathlon Shatin
857	Blue	9	E1	Course E - Boys 2004	Tsang Tsz Yau	The Little Dopline Swimming Association
858	Blue	9	E1	Course E - Boys 2004	Yip Tak Long, Nick	Energetic Triathlon Shatin
859	Blue	9	E1	Course E - Boys 2004	Ho Chung Hin, Valen	Titan Triathlon
860	Blue	9	E2	Course E - Boys 2003	LEUNG WAI HANG, WYAT	TI Dynamics
861	Blue	9	E2	Course E - Boys 2003	Leonard Lau	
862	Blue	9	E2	Course E - Boys 2003	SIN HOK LEUNG	Energetic Triathlon Shatin
863	Blue	9	E2	Course E - Boys 2003	Leung Chun Wong	Part Time Association
864	Blue	9	E2	Course E - Boys 2003	Law Chun Hei, Brian	Titan Triathlon
865	Blue	9	E2	Course E - Boys 2003	Yuen Chorus	Titan Triathlon
866	Blue	9	E2	Course E - Boys 2003	TO CHUNG YIN	Excel Swim Sports Association
867	Blue	9	E2	Course E - Boys 2003	Tang Hong ching	
868	Blue	9	E2	Course E - Boys 2003	Kwok Ho Ming, Bob	

Hong Kong Life Triathlon Championships Start List (1 June)

Race No	Cap	Heat	Code	Category	Name	Club
869	Blue	9	E5	Course E - Girls 2004	SHUM CHING YU	Excel Swim Sports Association
870	Blue	9	E5	Course E - Girls 2004	KAN HOI CHING	Energetic Triathlon Shatin
871	Blue	9	E5	Course E - Girls 2004	YEUNG HOI KIU	Energetic Triathlon Shatin
872	Blue	9	E5	Course E - Girls 2004	Wong Hang Wing, Beatriz	Titan Triathlon
873	Blue	9	E6	Course E - Girls 2003	WONG CHEUK YIU	Excel Swim Sports Association
874	Blue	9	E6	Course E - Girls 2003	Ng Yee Wing Ines	
875	Blue	9	E6	Course E - Girls 2003	Lai Lok Yee	AustSports Association
876	Blue	9	E6	Course E - Girls 2003	Lam Tsz Yuet, Serena	Titan Triathlon
877	Blue	9	E6	Course E - Girls 2003	MIA RICE	
878	Blue	9	E6	Course E - Girls 2003	Eva Iohan	
925	Blue	9	E2	Course E - Boys 2003	Loo Chi Wo	Sea Bear Swimming Club
879	Green	10	D1	Course D - Para Relay (Mentally Disabled)	匡智新翠2隊	
880	Green	10	D1	Course D - Para Relay (Mentally Disabled)	匡智新翠1隊	
881	Green	10	D1	Course D - Para Relay (Mentally Disabled)	匡智新翠3隊	
882	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 1	
883	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 2	
884	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 3	
885	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 4	
886	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 5	
887	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 6	
888	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 7	
889	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 8	
890	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 9	
891	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 10	
892	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 11	
893	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 12	
894	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 13	
895	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 14	
896	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 15	
897	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 16	
898	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 17	

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Race No	Cap	Heat	Code	Category	Name	Club
899	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 18	
900	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 19	
901	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 20	
902	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 21	
903	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 22	
904	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 23	
905	Green	10	D4	Course D - Para Relay (visual impairment)	香港盲人體育總會- Team 24	
906	Purple	11	D2	Course D - Family Relay	Team Howard	
907	Purple	11	D2	Course D - Family Relay	志諾隊	AustSports Association
908	Purple	11	D2	Course D - Family Relay	Team Racer	
909	Purple	11	D2	Course D - Family Relay	lee`s mei dong ngo robert	
910	Purple	11	D2	Course D - Family Relay	TIM	Excel Swim Sports Association
911	Purple	11	D2	Course D - Family Relay	I TRE PORCELLINI	Tritons Triathlon Club
912	Purple	11	D2	Course D - Family Relay	CHANG	
913	Purple	11	D2	Course D - Family Relay	衛Fun小鐵人	
914	Purple	11	D2	Course D - Family Relay	MT BIKER LAU'S	
915	Purple	11	D2	Course D - Family Relay	Hope for Happy Generation	Hope Sport Association
916	Purple	11	D2	Course D - Family Relay	Yan Yan	
917	Purple	11	D2	Course D - Family Relay	三叉蘇	Excel Swim Sports Association
918	Purple	11	D2	Course D - Family Relay	三鄒鐵人隊	
919	Purple	11	D3	Couse D - Best Costume Relay	Jessica Moon	
920	Purple	11	D3	Couse D - Best Costume Relay	Tri - Recycling	
921	Purple	11	D3	Couse D - Best Costume Relay	Bruce Three	
922	Purple	11	D3	Couse D - Best Costume Relay	Tsing Tao Beer Man	