

NATIONAL FEDERATION GUIDE

AUCKLAND. 14 – 23 OCTOBER 2012 WWW.TRIAUCKLAND.CO.NZ













‡ITU WORLD TRIATHLON SERIES | SYDNEY | SAN DIEGO | MADRID | KITZBÜHEL | HAMBURG | LAUSANNE | YOKOHAMA | AUCKLAND

Auckland is excited to be hosting the 2012 ITU World Triathlon Series Grand Final, which we promise will be a fantastic week full of world class triathlon racing, great entertainment, unique experiences, great kiwi spirit and a world class expo.

LOCATION

A regular contender in the world's top ten most liveable cites, Auckland is New Zealand's largest city and home to more than 1.5million people. The city is renowned for its breathtaking scenery, beautiful harbour & beaches, invigorating walks, idyllic holiday islands, outstanding food and wine, great shopping and exciting nightlife.

WEATHER

The Auckland Region;

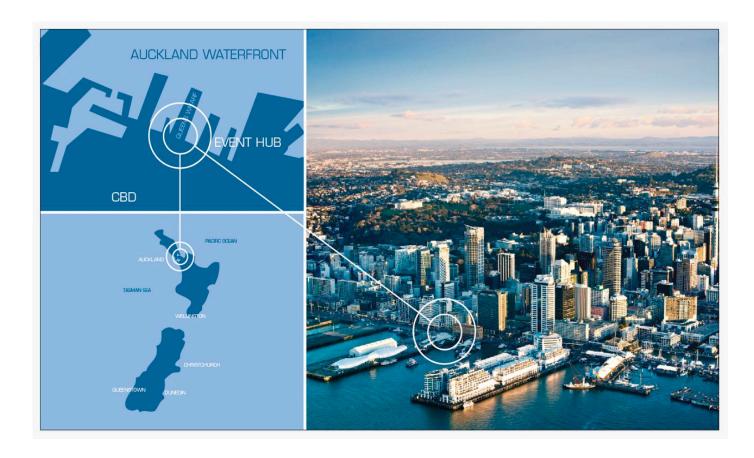
Spring: September to November

Air Temperature: Average daytime high of 18°C (64°F). Average nightime low of 11°C (51°F)

Water temperature: 14-16°C /57-61°F

EVENT VENUE

Queens Wharf's prime location at the heart of Auckland's waterfront provides a perfect event hub for the World Triathlon Grand Final, where all event activity will be located. Queens Wharf is located in central CBD, within walking distance to a vast array of cafes, restaurants, bars, accommodation, public transport and sightseeing experiences.



QUEENS WHARF

Queens Wharf will transform into a central event hub where all races and all supporting athlete services will be located - such as registration, functions, medical, bike services, accreditation, expo etc. The Queens Wharf event venue opens on Monday 15 October at 9.00am.

• The Cloud

Information centre * Travel desk * Café & Bar * Official Opening Ceremony & Closing Ceremony

• Shed 10

Age Group registration * Medical * Elite lounge * Event offices * Mixed Zone * Technical Offices * Recovery Zone

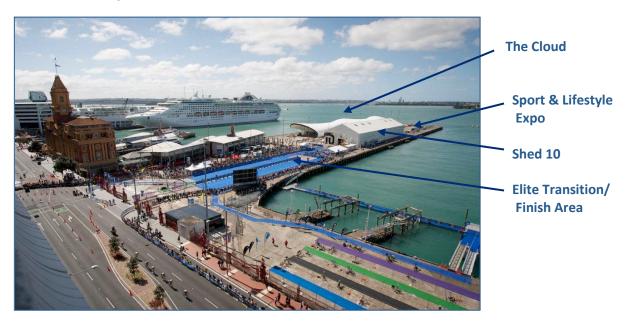
Sport and Lifestyle Expo

Located in a marquee behind Shed 10 and operating Tuesday 16 October through to Sunday 21 October 2012. This will be a HUGE 1600m² area with dozens of great brands showcasing and selling their products and services.

• Elite Transition/Finish Area

Public Grandstand (tickets will be sold at www.triauckland.co.nz prior to the event) * Elite Transition * Finish line

Queens Wharf Layout



The Barfoot & Thompson World Triathlon Grand Final Auckland 2012 will include the following events.

ITU Olympic Triathlon World Championships

Elite | Under 23 | Age Group

The feature event of the festival with over 40 countries represented and our favourite Olympians present, this Olympic Distance event alone is expected to attract more than 2,000 athletes from around the world participating in Elite, Under 23 and Age Group categories.

ITU Sprint Triathlon World Championships

Age Group/Junior/Paratriathlon

Half the distance of the Olympic race, sprint triathlon is one of the fastest growing events in triathlon. Along with their Olympic Distance teams, National Federations will bring a sprint distance team which will attract close to 1000 athletes from across the globe.

ITU Aquathlon World Championships

Elite | Under 23 | Junior | Age Group

Combining only the swim and run legs of a triathlon, the Aquathlon is open to all qualified members of a National Triathlon Federation. Kicking off the race program on Wednesday 17th October and a championship in itself, athletes will use this as a warm up event for their triathlon events later in the festival program. The Aquathlon World Champs 2012 course will feature a 1km swim followed by a 5km run.

Teams Tri

A super sprint teams race open for all to enter, with teams of four people (two women and two men). The Teams Triathlon is a team relay, where each team member completes a 300m swim, 5km cycle and 3km run before tagging their next team mate. The minimum age to compete in the Teams Tri is 13 years and is a harbour swim, so competitors need to be confident swimmers.

3:5:3 Tri

The 3:5:3 Tri is a great race distance for all those keen to give triathlon a go, with the achievable short course format of 300m swim, 5km cycle & 3km run. Open to anyone, regardless of ability. The minimum age to compete in the 3:5:3 Tri is 13 years and is a harbour swim, so competitors need to be confident swimmers.

Weet-Bix Kids TRYathlon

The Weet-Bix Kids TRYathlon is a community-based event, encouraging Kiwi Kids of all sporting abilities to participate in a triathlon. It's about getting out there, having a go and achieving a personal best. The event is open to everyone aged between 7 and 15 years, and consists of a swim, followed by a cycle and a run.

7yrs – 50m swim, 4km cycle, 1.5km run

8-10yrs - 100m swim, 4km cycle, 1.5km run

11-15yrs - 200m swim, 8km cycle, 1.5km run

Further information

For the full event schedule please visit http://auckland.triathlon.org/event information/event schedule/

For further information on the 2012 Barfoot & Thompson World Triathlon Grand Final Auckland please visit our website: www.triauckland.co.nz or email: info@triauckland.co.nz or phone: +64 9 307 3310.

NOTE: times may be subject to change

SUNDAY 14 TH OCTOBER	
8.00am	Weet-Bix kids TRYathlon
MONDAY 15 th OCTOBER	
9.00am	Onsite Café & Bar in The Cloud opens
TUESDAY 16 th OCTOBER	
10.00am	Sport & Lifestyle Expo opens
12.00pm – 4.00pm	Aquathlon Registration
WEDNESDAY 17 [™] OCTOBER	
9.00am – 12.00pm	Aquathlon Registration
2.00pm	Aquathlon World Champs
THURSDAY 18 [™] OCTOBER	
9.00am – 4.00pm	Age Group / Teams / 3:5:3 Registration
4.00pm	Elite Coaches meeting
5.00pm	Elite Athlete's briefing and registration
5.00pm	Official Opening Ceremony & Parade of Nations
7.00pm	Athletes Pasta Party
FRIDAY 19 th OCTOBER	
9.00am – 5.00pm	Age Group / Teams / 3:5:3 Registration
2.00pm	Age Group Managers briefing
4.00pm	Junior Athletes briefing and registration
5.00pm	U23 Athletes briefing and registration
SATURDAY 20 TH OCTOBER	
7.00am	3:5:3 Tri
9.00am – 12.00pm	Late Age Group Registration**
9.15am	U23 Women
12.16pm	Elite Women
3.15pm	U23 Men
SUNDAY 21 ST OCTOBER	
6.30am	Teams Tri
9.00am – 12.00pm	Late Age Group Registration **
11.00am	Junior Women
1.06pm	Elite Men
4.00pm	Junior Men
6.30pm	Paratriathlon briefing and registration
MONDAY 22 ND OCTOBER	
6.55am	Age Group – Sprint World Champs
8.30am	Age Group – Olympic World Champs
3.15pm	ParaTriathlon
6.30pm	Awards Ceremony & Closing Party
TUESDAY 23 rd OCTOBER	
10.00am	Congress Meeting
7.00pm	Congress Gala Dinner

^{**} Each National Federation will be allocated a registration time, and all Age Group athletes must attend their country's nominated registration time.

4.0 ACCOMMODATION & AIRPORT TRANSFERS

ACCOMMODATION

ITU Host Hotel: Heritage Auckland 35 Hobson St Auckland

Accommodation for the Auckland Grand Final is now available on the accommodation website and filling fast. All teams and athletes are advised to book as soon as possible due to limited availability, and to guarantee accommodation close to the Event venue. The Travel team have contracted a number of apartments and hotels close to the event venue, and will be able to assist with your request. Full details including all hotel booking information is available at http://www.triauckland.com/index.html or email Natasha on travel@triauckland.co.nz

AUCKLAND AIRPORT

Auckland Airport is 21km South from the city centre and in light traffic takes approximately 40-45minutes. Auckland Airport offers a variety of international and national flights on a number of carriers. For a full list of carriers and flights please visit www.aucklandairport.co.nz

AIRPORT TRANSFERS

Airport city transfers will be available to all athletes and their supporters to/from the airport to the nominated city centre hotels, including the provision for bikes. To arrange your airport transfer please email Natasha at travel@triauckland.co.nz

Airport to Triathlon Hotel Transfer ONLY:	\$40.00
Triathlon Hotel to Airport Transfer ONLY:	\$40.00
Return Airport Transfers:	\$80.00

Airport transfers will also be provided complimentary to Elite athletes and ITU Accredited Elite Coaches, including the provision for bikes. These will be operating <u>from Sunday 14th October until Wednesday 24th October</u>. Those athletes arriving/departing within this timeframe and requiring transfers must book their transfer online <u>by Friday 28 September</u>.

VISAS

For teams travelling to New Zealand to compete in the Barfoot & Thompson World Triathlon Grand Final Auckland please go to http://www.immigration.govt.nz/migrant/stream/visit/ for details on whether your athletes require a Visa for entry to New Zealand. If your country is not on the Visa free country list, your athletes will need to apply for a Visa to enter New Zealand. When applying for a Visa, if you require a letter of invitation then ensure your athletes fill this in as part of their Age Group Online Entry Registration.

Letters of Invitation will be automatically generated from the Online Registration (if requested), and they will be sent to the NF, who is responsible for sending on to the athlete. Athletes are then required to submit this letter with their completed visa application.

^{**}If you have any queries please contact Natasha Fergus at travel@triauckland.co.nz

SWIMMING POOLS

Following is a list of suitable swimming pool training facilities in the Auckland City region that are available free of charge from Monday 15 October to Monday 22 October 2012, for all athletes competing in the Grand Final. To utilise the facilities free of charge, you will require the <u>'Tri World Champs ID'</u> that can be collected at the Information desk in The Cloud from Monday 15 October.

The closest pool to the Event Venue is the Parnell Baths. There is no requirement to book lanes, as the entire pool is available for use.

Parnell Baths (5 min bike ride from event venue)

Judges Bay Road, Parnell, Auckland, Ph. +64 9 373 3561

Facilities: Outdoor 60m salt pool Training Times: 7.00am – 5.00pm

Athletes will also be able to utilise the following swimming pool facilities free of charge from Monday 15 October to Monday 22 October 2012 (with Tri World Champs ID). Please note there will be no dedicated swimming lanes at the following pools, but athletes can use the public lanes at any time. For dedicated lanes, bookings are essential, and are subject to availability. Call the Pool to book your dedicated lane.

<u>Takapuna</u> (Approx. 10-15 min drive from event venue) 37 Killarney Street, Takapuna, Auckland, Ph. +64 9 486 3286

Facilities: Indoor 33m pool

<u>Birkenhead</u> (Approx. 10-15 min drive from event venue)

48 Mahara Avenue, Birkenhead, Auckland, Ph. +64 9 444 6340

Facilities: Outdoor Heated 33m pool

Glenfield (Approx. 10-15 min drive from event venue)

73-77 Bentley Avenue, Glenfield, Auckland, Ph. +64 9 444 6340

Facilities: Indoor 25m pool

Stanmore Bay (Approx. 45min drive from event venue)

159 Brightside Road, Stanmore Bay, Auckland, Ph. +64 9 424 1914

Facilities: Indoor 25m pool

Recommended training times: 10.30am – 3.30pm

Westwave (Approx. 30 min drive from event venue)

20 Alderman Drive, Henderson, Auckland, Ph. +64 9 838 3706

Facilities: Indoor 25m pool

**ELITE ONLY SWIMMING POOL

Tepid Baths (5 min walk from event venue)

82-102 Customs Street West, Auckland City, Ph. +64 9 379 4745

Facilities: Indoor 25m pool

Training Times: 9.00am – 12.00pm, and 1.30pm - 3.30pm

NFs nominated training times to be advised.

OPEN WATER SWIMMING

The most convenient locations for Ocean water swimming is at Mission Bay, St Heliers and Kohimarama beach, that are approximately 15-20min ride from the Event Venue. We will be setting up a training base at Mission Bay from Monday 15 October to Friday 19 October 2012 around high tide, where you'll be able to store your bike while you swim. More detail on location and timings for this will be posted online.

There is also great ocean water swimming at Takapuna Beach, which is approximately 10-15 minutes' drive from the Event Venue.

You can go to http://www.metservice.com/marine/tides/auckland for information on tides for best swimming times.

CYCLE

There will be a number of organised training rides that will run during event week, and depart from the Event Venue each morning. The training rides will vary on distance and terrain, and include course familiarisation rides. More information on this will be posted on the Event Website (www.triauckland.co.nz)

RUN

There are a large number of great running options from the CBD, along the Auckland waterfront and on running tracks through the Domain. Suggested training routes will be posted on the Event Website (www.triauckland.co.nz)

STARTING PLACE LIMITS

Based on ITU regulations, the number of starting places for the Barfoot & Thompson World Triathlon Grand Final Auckland 2012 is limited to:

New Zealand: 25 starting places per age group/gender/distance Other Nations: 20 starting places per age group/gender/distance

COMPETITION RULES

The Barfoot & Thompson World Triathlon Grand Final Auckland will be conducted in accordance with the rules and regulations of the ITU; ITU Competition Rules, ITU Doping Rules, ITU Uniform Guidelines and Event Organisers Manual. These are available for download at http://www.triathlon.org/about/downloads/category/rules/

RACE BRIEFINGS

Race briefing times and dates will be published online when finalised. All Race briefings will be conducted at the Heritage Hotel, 35 Hobson Street, Auckland. All team managers must attend these briefings. All important and current information, regulations and stipulations in respect to the competitor process and any changes to the schedule will be announced at the briefings.

COURSE FAMILIARISATION

Swim/Cycle/Run – dates and time will be posted online when finalised.

MEDAL CEREMONIES

The official medal ceremonies for the Age Group and Para Triathlon athletes will take place on Monday 22 October as part of the Closing Ceremony. Those finishing 1st, 2nd and 3rd in the Age Group categories per distance and Para Triathlon categories are required to receive their medals in person.

INSURANCE POLICY

Each competitor must acquire personal liability and health insurance which offers the legally necessary guarantees to compete in the 2012 Barfoot & Thompson World Triathlon Grand Final Auckland unless their NF has a license system including such coverage.

ATHLETE'S WAIVER

The Athlete's Waiver will be electronically agreed to by each athlete prior to the event. Once registered by the NF, the athlete will receive an email notifying them of their registration and login details. Each athlete must then login in to their profile to validate their entry and agree to the Athlete's Waiver. In order for this process to be effective all athletes are required to provide a unique personal email address as part of their registration.

ATHLETE REGISTRATION

Athlete registration will take place in The Cloud from Tuesday 16th October for Aquathlon competitors and from Thursday 18 October 2012 for Age Group competitors. Each NF will be notified of their registration time and all athletes <u>must attend</u> their country's nominated registration time. **All athletes are required to bring their passport to show proof of age and citizenship.**