

香港三項鐵人總會 Hong Kong Triathlon Association

招聘地區集訓隊教練（正教）

Recruitment of Regional Squad Coach (Main)

地區集訓隊教練（正教）的工作範圍

Job Duty of Regional Squad Coach (Main)

1. 執教香港三項鐵人總會之地區集訓隊
Coaching of Tri HK Regional Squad (RS)
2. 每月平均執教二十小時，包括平日及週末訓練
Coach about 20hrs/month, include weekday and weekend
3. 出席每年之地區集訓隊計時測試及執教附加訓練
Attend all RS time trials and additional training
4. 執教每年最少兩次之地區集訓隊(本地或海外)訓練營
Conduct RS training camps (local or overseas) at minimum twice per year each
5. 出席每月之地區集訓隊會議
Attend monthly Regional Squad Meeting
6. 每月向發展主任提交地區集訓隊隊員之出席紀錄及訓練內容
Report monthly to the Development Officer record of attendant and training report for RS
7. 編訂每季之訓練計劃並促使隊員達到計時測試的標準
Formulate training plan and urge athlete to qualify for time trials
8. 不少於一星期前向發展主任提交每月之訓練計劃
Submit quarterly training plan to the Development Officer before 1 week before the monthly training
9. 聯絡發展主任安排訓練設施的租用事宜
Liaise with Development Officer on the logistic and other arrangements for booking of training facilities.
10. 編訂地區集訓隊訓練營及訓練日之訓練內容
Prepare training plan of Training camps and Training Days before the relevant event
11. 每兩個月提交地區集訓隊隊員之評估報告
Prepare evaluation report on RS Training and submit to Tri HK every two months
12. 保存運動員詳盡的訓練紀錄
Work with athlete to keep detailed training records
13. 積極參與教練培訓計劃的活動，並每年參與不少於一次相關活動
Actively involve in coach education programme and take part in related program at least once per year
14. 熱心 / 積極發展三項鐵人運動
Enthusiastic in developing triathlon

地區集訓隊教練（正教）所須資格

Requirements of Regional Squad Coach (Main)

1. 必須持第二級或以上之三項鐵人教練
Fully qualified Level II or above triathlon coach
2. 持兩年或以上之三項鐵人訓練教學經驗
At least 2 years relevant coaching experience
3. 持有效的拯溺證書
Holding valid Life Saving Certificate
4. 香港三項鐵人總會會員
Paid up member of Hong Kong Triathlon Association
5. 香港三項鐵人總會 2012 年度之註冊教練
2012 registered coach of Hong Kong Triathlon Association
6. 前香港代表隊成員獲優先考慮
Retired National Squad member will be an advantage
7. 有三項鐵人比賽經驗之教練獲優先考慮
Triathlon race experience will be an advantage
8. 持有有效之急救證書可獲優先考慮
Holding valid First-aid Certificate will be an advantage
9. 中五或以上程度
Form 5 or above
10. 獲取錄者最遲需於 2012 年 2 月內上任
Successful candidate must report to duty within February 2012

有興趣人士請將個人履歷及有關證書，於二零一二年一月二十六日或之前電郵至 trihk@triathlon.com.hk。如有查詢請致電 2504-8282 與黃小姐聯絡。

Interested candidates please send your resume with certified copy of certificate by email to trihk@triathlon.com.hk. Applications should be submitted no later than **26 January 2012**. For any enquiry, please contact Miss Angela Wong at 2504 8282.