

2011 Duathlon Series - Race 1 Result - Individual Result

Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
Course A - Male Elite Open									
49	Lau Ching Yin	01:10:52	00:25:30	01:36:22	1	1	100.0	Energetic Triathlon Shatin	
Course A - Male Age-Group 20-24									
61	Yuen Chi Hang	01:10:39	00:21:44	01:32:23	1	10	100.0	Titan Triathlon	
55	Leung Ka Lun	01:10:40	00:24:32	01:35:12	2	9	90.0	Energetic Triathlon Shatin	
56	Tong Lai Hin	01:10:37	00:24:35	01:35:12	3	8	80.0	Titan Triathlon	
50	Chan Hoi Wing	01:17:26	00:24:42	01:42:08	4	7	70.0	Energetic Triathlon Shatin	
51	Chan Siu Hang	01:15:13	00:27:21	01:42:34	5	6	60.0	New Wave Swimming Club	
58	Wong Ho Him	01:16:19	00:28:34	01:44:53	6	5	50.0	Titan Triathlon	
57	Wan Ka Ming ,Sunny	01:19:24	00:26:16	01:45:40	7	4	40.0	Titan Triathlon	
59	Yan Kwun San	01:16:22	00:32:59	01:49:21	8	3	30.0	Tung Chung Triathlon Association	
60	Yu Kin Hei	01:23:27	00:27:18	01:50:45	9	2	20.0	Hope Sports Association	
54	Lai Yue Cheung	01:38:34	00:31:43	02:10:17	10	1	10.0	Excel Swim Sports Association	
52	Choi Man Tik				DNF			Part Time Association	
53	Choi Sze Kam				DNS			Energetic Triathlon Shatin	
Course A - Male Age-Group 25-29									
77	Wan Zhen Hao	01:06:13	00:21:17	01:27:30	1	19	100.0	Hope Sports Association	
76	Tsang CHUN KIT	01:08:58	00:21:02	01:30:00	2	18	94.7	Part Time Association	
73	Tam Yau Yan	01:10:43	00:22:15	01:32:58	3	17	89.5	Part Time Association	
68	Lam Tsz Wai	01:10:41	00:25:15	01:35:56	4	16	84.2	Energetic Triathlon Shatin	
72	Nicolas Maes	01:13:23	00:23:28	01:36:51	5	15	78.9	Tritons Triathlon Club	
80	Jia Fei Jason	01:15:17	00:21:45	01:37:02	6	14	73.7	Tritons Triathlon Club	
70	Lee Yeung Chi	01:19:17	00:24:00	01:43:17	7	13	68.4		
63	Billy Chau	01:19:15	00:24:34	01:43:49	8	12	63.2		
69	Lee Wai Kin	01:24:11	00:26:29	01:50:40	9	11	57.9		
62	Aby Lam	01:28:01	00:23:08	01:51:09	10	10	52.6		
67	Lam Man Kit	01:23:57	00:27:13	01:51:10	11	9	47.4		
71	Minjie Yu	01:28:03	00:28:37	01:56:40	12	8	42.1		
82	Tom McColl	01:25:20	00:32:07	01:57:27	13	7	36.8		
81	Kenny Lam	01:30:22	00:31:28	02:01:50	14	6	31.6	Tung Chung Triathlon Association	
66	LAI KIN NANG	01:37:03	00:32:09	02:09:12	15	5	26.3		
78	Yang Wing Leong	01:41:06	00:39:02	02:20:08	16	4	21.1	Titan Triathlon	
65	Kwong Chin Pang	01:51:22	00:33:02	02:24:24	17	3	15.8		
64	Harris Chung	01:53:20	00:31:39	02:24:59	18	2	10.5		
74	Tang Yiu Fai	02:04:52	00:31:54	02:36:46	19	1	5.3		
72	Nicolas Maes				DNS			Tritons Triathlon Club	
75	Tay Pak Kei Kevin				DNS				

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79	Yu Kin Ho, Daniel				DNS				
Course A - Male Age-Group 30-34									
83	AJ Anderson	01:06:11	00:20:04	01:26:15	1	32	100.0	Tritons Triathlon Club	
109	Michael Bucek	01:05:57	00:20:35	01:26:32	2	31	96.9	Sonic Sports Association	
114	TIMOTHY COSULICH	01:10:46	00:22:47	01:33:33	3	30	93.8	Sonic Sports Association	
111	Sebastien Stoffel	01:10:48	00:23:02	01:33:50	4	29	90.6	Sonic Sports Association	
86	Chan Kit Bun, Erik	01:12:09	00:24:18	01:36:27	5	28	87.5	Tung Chung Triathlon Association	
101	Lee Yuk Tong		01:37:26		6	27	84.4	Energetic Triathlon Shatin	
104	Li Chun Pong	01:15:15	00:24:35	01:39:50	7	26	81.3	Energetic Triathlon Shatin	
112	Ken Lam	01:16:21	00:26:41	01:43:02	8	25	78.1	Part Time Sports Association	
124	Brian Goldberg	01:16:27	00:37:03	01:43:10	9	24	75.0		
88	Cheng Chi Ko	01:16:24	00:28:42	01:45:06	10	23	71.9	Tung Chung Triathlon Association	
123	Cheng Cho Chuen	01:14:56	00:31:04	01:46:00	11	22	68.8	Hoi Ngai Sport Association	
93	Fulton Breen	01:23:58	00:23:41	01:47:39	12	21	65.6		
94	Gary Tiu	01:21:15	00:26:28	01:47:43	13	20	62.5	Energetic Triathlon Shatin	
122	Yeung Ka Ming, Ivan	01:22:27	00:27:29	01:49:56	14	19	59.4	Sonic Sports Association	
115	Tsang Chi Leung	01:23:33	00:26:29	01:50:02	15	18	56.3		
84	Chan Chun Tak	01:24:18	00:27:46	01:52:04	16	17	53.1	Pro-Trinity Sports Club	
89	Cheung Man Kit	01:18:48	00:33:40	01:52:28	17	16	50.0	Energetic Triathlon Shatin	
96	Jason Blejwas	01:25:10	00:29:27	01:54:37	18	15	46.9	Hong Kong Dragons Triathlon Club	
92	Edward Overington	01:28:36	00:31:06	01:59:42	19	14	43.8		
95	Ho Kwok Wai	01:25:29	00:36:39	02:02:08	20	13	40.6	Energetic Triathlon Shatin	
106	Mak Wai Lun	01:34:04	00:28:14	02:02:18	21	12	37.5	Energetic Triathlon Shatin	
121	Wong Tak Kai	01:28:51	00:33:53	02:02:44	22	11	34.4	Titan Triathlon	
85	Chan Hung Fat	01:35:33	00:28:59	02:04:32	23	10	31.3		
99	Lam Tuen Yeung	01:30:18	00:35:57	02:06:15	24	9	28.1	Energetic Triathlon Shatin	
87	Chan Wing Kit	01:36:51	00:32:39	02:09:30	25	8	25.0		
100	Lee Yuk Keung	01:36:01	00:33:50	02:09:51	26	7	21.9	Energetic Triathlon Shatin	
98	Lam Tak Lai	01:38:44	00:32:41	02:11:25	27	6	18.8		
119	wong Hon Bun, Ryan	01:34:40	00:37:30	02:12:10	28	5	15.6		
113	Tim Chan	01:41:54	00:41:05	02:22:59	29	4	12.5		
107	Marco Ho	01:49:01	00:34:14	02:23:15	30	3	9.4		
105	Li Yuk Ho	01:49:29	00:44:39	02:34:08	31	2	6.3		
110	Raymond Wong	02:06:30	00:47:16	02:53:46	32	1	3.1	Titan Triathlon	
120	Wong Kin Chung				DNF			Tung Chung Triathlon Association	
90	Derek Wong				DNS			Energetic Triathlon Shatin	
91	Edward Lee				DNS				
97	Kam Chi Hang				DNS			Part Time Sports Association	

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Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
102	Leung Ka Yi				DNS				
103	Leung Man Fung				DNS			Pro-Trinity Sports Club	
108	Masatsugu Kajiwara				DNS				
116	Tsui SZE KAM KENNY				DNS				
117	Wan Siu Man				DNS				
Course A - Male Age-Group 35-39									
140	Gareth Bridges	01:10:03	00:22:51	01:32:54	1	32	100.0		
159	Wong Siu Yuen			01:34:47	2	31	96.9	Part Time Association	
153	Sin Chun Kwong	01:11:35	00:24:26	01:36:01	3	30	93.8	Energetic Triathlon Shatin	
136	Clinton Leong			01:36:20	4	29	90.6	Hong Kong Dragons Triathlon Club	
141	Ho Kam Tim			01:37:38	5	28	87.5	Part Time Association	
144	James Mak	01:11:39	00:26:18	01:37:57	6	27	84.4		
148	Leung Ching Fai Frankie	01:11:48	00:26:39	01:38:27	7	26	81.3	New Wave Swimming Club	
158	Wong Po Kin, Kent	01:12:53	00:28:09	01:41:02	8	25	78.1	Sonic Sports Associaiton	
133	Cheung Wai Kei			01:41:24	9	24	75.0		
145	James Whitman			01:46:02	10	23	71.9	Tung Chung Triathlon Association	
157	Wan Tin Lap			01:46:02	11	22	68.8	Energetic Triathlon Shatin	
125	Andy Wong			01:47:03	12	21	65.6	Energetic Triathlon Shatin	
130	Chan Li			01:49:34	13	20	62.5	Titan Triathlon	
127	Chan Chun Cheong Justin			01:51:22	14	19	59.4		
132	Cheng Wai Tung	01:24:52	00:28:13	01:53:05	15	18	56.3	Energetic Triathlon Shatin	
161	Yeung Tai Shung	00:35:31	01:18:36	01:54:07	16	17	53.1	Part Time Association	
126	Chan Chi Chung	01:25:07	00:29:04	01:54:11	17	16	50.0		
143	Ip Wai Man	01:15:24	00:39:27	01:54:51	18	15	46.9	Energetic Triathlon Shatin	
154	Tam Lap Kwan	01:25:04	00:31:28	01:56:32	19	14	43.8		
128	CHAN HOK HANG	01:25:10	00:31:35	01:56:45	20	13	40.6		
163	Yung Leong Sang	01:21:10	00:35:39	01:56:49	21	12	37.5	Titan Triathlon	
142	Ian Hendry	01:22:51	00:34:05	01:56:56	22	11	34.4		
160	Wong Yat Leung	01:22:52	00:34:26	01:57:18	23	10	31.3	Titan Triathlon	
152	Shum Wai Cheung	01:25:13	00:32:44	01:57:57	24	9	28.1	Energetic Triathlon Shatin	
135	Chui Kwok Wing	01:28:22	00:31:03	01:59:25	25	8	25.0	Tung Chung Triathlon Association	
150	Lin Sai Man	01:27:28	00:33:50	02:01:18	26	7	21.9		
138	Douglas Gordon Parker	01:27:20	00:34:22	02:01:42	27	6	18.8	Tritons Triathlon Club	
155	Tsang Wai Chi			02:05:52	28	5	15.6		
146	Lam Chi Kit	01:32:36	00:45:38	02:18:14	29	4	12.5		
147	Lau Chi Hang, Rex	01:41:46	00:46:48	02:28:34	30	3	9.4		
131	Chan Yu Tai	02:02:52	00:39:36	02:42:28	31	2	6.3		
151	Lo Siu Chung	02:01:33	00:45:45	02:47:18	32	1	3.1		

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129	Chan Li				DNS			Titan Triathlon	
134	Chiu Sui Yin				DNS				
137	Daniel McFee				DNS			Hong Kong Dragons Triathlon Club	
139	Frederic Beaujean				DNS			Sonic Sports Association	
149	Li Kin Tung				DNS			Pro-Trinity Sports Club	
156	Tsui Wai Yuen				DNS			Titan Triathlon	
162	YICK CHECK KAI JACKIE				DNS				
Course A - Male Age-Group 40-44									
197	Wong Kin, Kenny			01:35:28	1	30	100.0	Energetic Triathlon Shatin	
198	WONG TAK WAH, EDWARD	01:11:40	00:24:04	01:35:44	2	29	96.7	Energetic Triathlon Shatin	
179	Hermann Holst	01:11:30	00:25:14	01:36:44	3	28	93.3		
196	Wan Shu Wah	01:11:44	00:25:00	01:36:44	4	27	90.0	Energetic Triathlon Shatin	
167	Billy Chow	01:11:32	00:25:21	01:36:53	5	26	86.7	Sonic Sports Association	
184	Lam Kam Ching	01:11:43	00:25:38	01:37:21	6	25	83.3	Tung Chung Triathlon Association	
178	Gianandrea Pesci	01:12:44	00:27:09	01:39:53	7	24	80.0	Tritons Triathlon Club	
202	Yong Leung Kwong Richard	01:12:56	00:28:13	01:41:09	8	23	76.7	Energetic Triathlon Shatin	
180	Ho Chi Leung, Bernard	01:13:40	00:28:28	01:42:08	9	22	73.3	Sonic Sports Association	
174	Chiu Kok Fu	01:13:42	00:29:01	01:42:43	10	21	70.0	Titan Triathlon	
199	Yeung Yam Ho	01:13:44	00:29:08	01:42:52	11	20	66.7		
176	Christopher Tong	01:13:38	00:30:19	01:43:57	12	19	63.3	Sonic Sports Association	
182	Joel LaBelle	01:13:42	00:35:56	01:49:38	13	18	60.0	Tritons Triathlon Club	
200	YIP HO MING	01:14:04	00:37:20	01:51:24	14	17	56.7		
169	Cheung Man Kwong			01:52:00	15	16	53.3	Mango Swimming Club	
194	Sheel Kohli	01:17:01	00:36:11	01:53:12	16	15	50.0	Hong Kong Dragons Triathlon Club	
186	Lee Yiu Ming, Newton			01:53:24	17	14	46.7	Sonic Sports Association	
171	Ching Wai Kin			01:54:38	18	13	43.3	Mango Swimming Club	
203	YUEN LUNG CHEUNG DOMINIC	01:25:03	00:30:28	01:55:31	19	12	40.0	Sonic Sports Association	
181	Jessie Au			01:56:32	20	11	36.7		
193	Poon Wai On	01:25:21	00:35:58	02:01:19	21	10	33.3	Excel Swim Sports Association	
172	Chiu Chim Keung	01:28:07	00:34:09	02:02:16	22	9	30.0	Mango Swimming Club	
168	Carlitos Escueta	01:20:05	00:42:28	02:02:33	23	8	26.7		
191	Ng Kwok Wah	01:27:22	00:37:35	02:04:57	24	7	23.3		
187	Leung Wai Keung	01:29:05	00:36:37	02:05:42	25	6	20.0		
185	Lam Kim Ming, Kenneth	01:28:28	00:37:32	02:06:00	26	5	16.7		
188	LUI TSZ HIN	01:28:30	00:42:04	02:10:34	27	4	13.3	Energetic Triathlon Shatin	
175	Chiu Sui Fai	01:30:11	00:44:51	02:15:02	28	3	10.0		
177	Chu Kwok Wing	01:38:22	00:45:28	02:23:50	29	2	6.7		
190	Mok Yat-Piu, Bill	01:44:11	00:44:26	02:28:37	30	1	3.3		

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201	Yip Shing Yan				DNF			Titan Triathlon	
170	Chim Kim Cheong				DNS				
183	Jon Adair				DNS			Hong Kong Dragons Triathlon Club	
195	Simon Castley				DNS				
204	Luke Wimbush				DNS			Hong Kong Dragons Triathlon Club	
189	Mark Thorburn	00:48:54	00:31:07	01:20:01	DSQ				Short Bike
165	Antonios Biniaris	00:56:50	00:37:18	01:34:08	DSQ				Not enough run band
192	Patrik Li			01:28:30	DSQ				Short Bike
Course A - Male Age-Group 45-49									
231	Siegfried Verheijke	01:07:59	00:25:42	01:33:41	1	22	100.0	Tung Chung Triathlon Association	
206	Chan Kwong Ming			01:36:15	2	21	95.5	Part Time Association	
210	Chiu Lap Wing			01:38:38	3	20	90.9		
221	Lee Ying Ho	01:11:46	00:27:09	01:38:55	4	19	86.4	Sonic Sports Association	
228	Nick Dargan	01:13:11	00:26:13	01:39:24	5	18	81.8	Tritons Triathlon Club	
255	Mak Tak Cheung	01:13:53	00:31:04	01:44:57	6	17	77.3	Ma On Shan Swimming and Triathlon Club	
164	Philip John Stephen Saunders			01:46:54	7	16	72.7	Tung Chung Triathlon Association	
233	Tong Chi Hung Philip	01:13:59	00:34:17	01:48:16	8	15	68.2	Energetic Triathlon Shatin	
230	Poon Kwok Wing			01:48:27	9	14	63.6	Energetic Triathlon Shatin	
205	Adriano Cordeiro Vences Peguinho			01:50:44	10	13	59.1		
225	Ma Chi Po			01:52:14	11	12	54.5	Titan Triathlon	
217	Kwan Chi Man	01:15:27	00:40:00	01:55:27	12	11	50.0	New Target Sports Association	
214	Chung Wing-shing	01:21:59	00:34:01	01:56:00	13	10	45.5		
223	Leung Yau Hong	01:24:53	00:32:31	01:57:24	14	9	40.9	Ti Dynamic	
253	Wong Ho Yuen	01:25:00	00:32:43	01:57:43	15	8	36.4		
224	Liu Wing Chuen	01:17:37	00:40:44	01:58:21	16	7	31.8	Titan Triathlon	
222	Leung Ka Po	01:28:34	00:35:27	02:04:01	17	6	27.3		
212	Choy Ying Keung	01:29:06	00:38:35	02:07:41	18	5	22.7	Titan Triathlon	
213	Chu Chi Ming	01:31:53	00:37:34	02:09:27	19	4	18.2	Titan Triathlon	
219	Lau Hing Wah	01:31:37	00:44:36	02:16:13	20	3	13.6	New Target Sports Association	
218	Lam Chi Choi	01:36:55	00:41:51	02:18:46	21	2	9.1	Titan Triathlon	
232	Stephen Lau	01:44:18	00:38:36	02:22:54	22	1	4.5		
208	Chan Wai Kee, Eric				DNF			Sonic Sports Association	
251	Tsang Hon Min	01:14:49			DNF			Sonic Sports Association	
207	Chan Teck Meng, Wally				DNS			Energetic Triathlon Shatin	
209	Cheng Kon Cheung				DNS				
211	Choi Ying Keung				DNS			Titan Triathlon	
215	Ho Chak				DNS			Energetic Triathlon Shatin	
216	Joel Ho				DNS			Tung Chung Triathlon Association	

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220	Lau Kim Cheong				DNS				
226	Miu Chung Kin ,George				DNS			Titan Triathlon	
227	Neil Galliford				DNS				
229	PHILIP CHANG				DNS				
234	Tony Flynn				DNS				
252	Wong Chung Hon Ivan				DNS				
254	Wong Yin Cheong				DNS			Titan Triathlon	
Course A - Male Age-Group 50-54									
8	Li Ka Wo	01:16:12	00:25:05	01:41:17	1	9	100.0	New Wave Swimming Club	
11	Wong Kwok Wah	01:18:56	00:27:38	01:46:34	2	8	88.9	Titan Triathlon	
9	Michael Harrison	01:22:19	00:26:08	01:48:27	3	7	77.8	Part Time Association	
5	Lam Chi Cham	01:23:21	00:27:34	01:50:55	4	6	66.7	Part Time Association	
7	Lau Siu Kan	01:22:58	00:30:59	01:53:57	5	5	55.6	Titan Triathlon	
4	Kwok Sui Wing	01:27:54	00:27:45	01:55:39	6	4	44.4		
3	Chung Lui Hung, Lawrence	01:27:53	00:28:46	01:56:39	7	3	33.3	Energetic Triathlon Shatin	
6	Lam Chi Wing			01:57:04	8	2	22.2	Titan Triathlon	
10	Philip Penaloza	01:50:45	01:01:00	02:51:45	9	1	11.1		
1	Armando Osmani				DNS			Titan Triathlon	
2	Chris Hanselman				DNS				
Course A - Male Age-Group 55-59									
15	Lee Kam Moon	01:16:07	00:25:56	01:42:03	1	7	100.0	Part Time Association	
18	Wong Kam Tim	01:19:10	00:27:46	01:46:56	2	6	85.7		
13	Chan Ho Kee	01:21:36	00:30:39	01:52:15	3	5	71.4	Titan Triathlon	
17	Leung Wai Leung	01:29:27	00:28:24	01:57:51	4	4	57.1		
14	Chan King Yuen	01:30:56	00:31:21	02:02:17	5	3	42.9	Titan Triathlon	
12	Chan Fai Ming	01:33:50	00:31:13	02:05:03	6	2	28.6		
16	Leung Tat Wing	01:35:11	00:35:10	02:10:21	7	1	14.3		
Course A - Male Age-Group 60 & Over									
48	TSOI HON KUEN	01:27:49	00:32:01	01:59:50	1	1	100.0	Energetic Triathlon Shatin	
47	Lau Shiu Lon				DNS			Energetic Triathlon Shatin	
Course A - Female Age-Group 20-29									
20	Lau On Yue	01:24:02	00:30:01	01:54:03	1	3	100.0	Titan Triathlon	
19	Jessica Cheng	01:35:08	00:30:24	02:05:32	2	2	66.7		
21	TANG CHEUK HANG	01:41:00	00:35:05	02:16:05	3	1	33.3	Energetic Triathlon Shatin	
22	Tracey Jennison				DNS				

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Course A - Female Age-Group 30-39									
26	Ho Kit Ying	01:18:59	00:27:59	01:46:58	1	11	100.0	Titan Triathlon	
37	BEATRICE MARIE DANIELE DESSEIGNE	01:25:53	00:27:12	01:53:05	2	10	90.9	Tritons Triathlon Club	
36	Dandan Zhu	01:25:49	00:29:19	01:55:08	3	9	81.8	Tritons Triathlon Club	
34	Tie Ji Xi	01:27:44	00:27:38	01:55:22	4	8	72.7	Sonic Sports Association	
28	Hui Ka Man	01:27:49	00:29:31	01:57:20	5	7	63.6	Energetic Triathlon Shatin	
32	Stephanie Yeung	01:32:08	00:28:03	02:00:11	6	6	54.5	Sonic Sports Association	
23	Chan Yee Ting	01:41:59	00:31:19	02:13:18	7	5	45.5		
38	Julia Wood	01:36:08	00:37:59	02:14:07	8	4	36.4		
24	Cheung Ngar Sze	01:46:28	00:31:39	02:18:07	9	3	27.3	Titan Triathlon	
35	Wong Suet Fan	01:39:43	00:38:24	02:18:07	10	2	18.2		
33	Tam Pui Yi, Elizabeth	01:46:48	00:41:32	02:28:20	11	1	9.1		
27	Ho Wing Yan, Cherry				DNF			Titan Triathlon	
25	Chung Man Yan				DNS				
29	Lee King Chui, Connie				DNS			Tung Chung Triathlon Association	
30	Li Chi Yan				DNS			Titan Triathlon	
31	Nerida Rigg				DNS			Hong Kong Dragons Triathlon Club	
Course A - Female Age-Group 40 & Over									
43	Rebecca Kynaston	01:19:02	00:26:34	01:45:36	1	5	100.0		
41	Cheung Kam Yan	01:26:08	00:29:08	01:55:16	2	4	80.0		
45	Tse Pauline	01:35:03	00:28:37	02:03:40	3	3	60.0	Titan Triathlon	
39	Chan Man Mei	01:30:43	00:32:58	02:03:41	4	2	40.0	Energetic Triathlon Shatin	
46	Yu Pik Yuk Julie	01:42:52	00:34:16	02:17:08	5	1	20.0		
44	Tam Yuen Hung				DSQ				Abusive lanuage toward official
40	Chan Siu Yuk				DNS			Titan Triathlon	
42	Lam Sau Kwan				DNS			Energetic Triathlon Shatin	
Course A - Relay Team									
249	百帝競業隊	01:11:10	00:20:27	01:31:37	1	13	100.0	Part Time Association	
246	山之行者	01:13:24	00:18:33	01:31:57	2	12	92.3		
248	百帝成功隊	01:15:25	00:16:39	01:32:04	3	11	84.6	Part Time Association	
235	Aust Sport Association - Team A	01:14:03	00:19:45	01:33:48	4	10	76.9	AustSports Association	
236	Aust Sport Association - Team B	01:17:18	00:22:32	01:39:50	5	9	69.2	AustSports Association	
245	力行元老隊	01:16:10	00:24:20	01:40:30	6	8	61.5		
250	Aust Sport Association - Team C	01:18:48	00:22:55	01:41:43	7	7	53.8	AustSports Association	
247	百帝"智有為隊	01:16:02	00:28:19	01:44:21	8	6	46.2	Part Time Association	
240	Part Time Star	01:16:53	00:31:16	01:48:09	9	5	38.5	Part Time Association	

2011 Duathlon Series - Race 1 Result - Individual Result

Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
241	Ready To Retire	01:27:42	00:29:50	01:57:32	10	4	30.8		
239	Emily Kwan	01:30:40	00:35:02	02:05:42	11	3	23.1		
243	The Kiwis	01:47:22	00:30:48	02:18:10	12	2	15.4		
238	Dashing Iron Ladies	01:53:52	00:40:40	02:34:32	13	1	7.7		
242	Team PPS				DNS				
244	X-Team				DNS				
Course B - Male Elite Junior									
332	Tang Ho Fai, Jeffrey			00:36:02	1	17	100.0	Titan Triathlon	
326	Lau Tsun Ling			00:36:28	2	16	94.1	Hope Sports Association	
330	Perry Wong			00:36:36	3	15	88.2	Energetic Triathlon Shatin	
601	Leung Yat Lai, Louis			00:36:52	4	14	82.4	Titan Triathlon	
333	Wong Hui Wai	00:28:03	00:09:00	00:37:03	5	13	76.5	Energetic Triathlon Shatin	
324	Cheung Tsz Kit	00:28:02	00:09:14	00:37:16	6	12	70.6	Energetic Triathlon Shatin	
325	Ip Ching Kiu	00:28:03	00:09:18	00:37:21	7	11	64.7	Energetic Triathlon Shatin	
323	Cheung Tsz Hei			00:39:05	8	10	58.8	Energetic Triathlon Shatin	
329	NG KA LOK, JASON	00:30:37	00:09:28	00:40:05	9	9	52.9	Energetic Triathlon Shatin	
619	Lau Tsun Yat	00:31:38	00:08:48	00:40:26	10	8	47.1		
334	Wong Ka Ho, Vicko	00:30:59	00:09:33	00:40:32	11	7	41.2	Titan Triathlon	
331	Sin Long Hin	00:30:56	00:10:07	00:41:03	12	6	35.3	Titan Triathlon	
310	CHOW SIN KI	00:26:44	00:14:49	00:41:33	13	5	29.4	Energetic Triathlon Shatin	
313	Leung Sheung Hang	00:31:29	00:10:44	00:42:13	14	4	23.5	Sea Bear Swimming Club	
312	Leung Chun Sun	00:31:41	00:10:56	00:42:37	15	3	17.6	Energetic Triathlon Shatin	
327	Leung Tsz Chun	00:31:00	00:11:55	00:42:55	16	2	11.8	Energetic Triathlon Shatin	
311	Chu Long San	00:28:35	00:15:11	00:43:46	17	1	5.9	Energetic Triathlon Shatin	
328	Li Tsz Hei				DNS			Energetic Triathlon Shatin	
Course B - Female Elite Junior									
303	Choi Yan Yin	00:31:31	00:09:38	00:41:09	1	7	100.0	Energetic Triathlon Shatin	
304	Lam Sin Ching			00:41:16	2	6	85.7	Compass Sports Association	
301	Chan Long Ching			00:41:57	3	5	71.4	Energetic Triathlon Shatin	
306	Wu Sum Yi			00:42:13	4	4	57.1	Energetic Triathlon Shatin	
302	Chan On Ki	00:31:47	00:12:18	00:44:05	5	3	42.9	Titan Triathlon	
305	Wan Tsz Ching	00:31:45	00:12:22	00:44:07	6	2	28.6	Titan Triathlon	
300	Chan Lok Yi	00:32:28	00:12:01	00:44:29	7	1	14.3	Hope Sports Association	
Course B - Female Youth Open									
321	Lee Yuk Ying	00:31:33	00:10:17	00:41:50	1	6	100.0	Hope Sports Association	
319	Fung Yuk Ki, Esther			00:43:12	2	5	83.3		

2011 Duathlon Series - Race 1 Result - Individual Result

Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
322	Ng Yui Lam	00:32:27	00:11:50	00:44:17	3	4	66.7	Energetic Triathlon Shatin	
317	Chelesa Mumba Hinzano			00:52:30	4	3	50.0	Excel Swim Sports Association	
320	June Lam	00:34:15	00:22:48	00:57:03	5	2	33.3	0	
318	Choi See Chung	00:38:52	00:18:55	00:57:47	6	1	16.7		
Course B - Male Youth Open									
309	Chan Hon Man, Alfred			00:36:12	1	5	100.0		
308	Chan Hok Man, Arthur			00:36:24	2	4	80.0		
315	Michael Lam	00:31:08	00:09:35	00:40:43	3	3	60.0	Sonic Sports Association	
307	Chan Ka Lung	00:31:41	00:09:46	00:41:27	4	2	40.0	Excel Swim Sports Association	
316	Wong Tsz Shing	00:32:57	01:11:55	01:44:52	5	1	20.0	Energetic Triathlon Shatin	
314	Maximilian Gil Mitchelmore							Titan Triathlon	
Course C2 - Boys 1999									
427	Leung Chung Pak, Philip	00:16:56	00:18:48	00:35:44	1	40	100.0		
398	Angus Chow	00:17:29	00:19:35	00:37:04	2	39	97.5	Hope Sports Association	
424	Lee Ho Chang	00:21:26	00:16:27	00:37:53	3	38	95.0	Energetic Triathlon Shatin	
410	Ching Kwan Yeung	00:20:31	00:18:21	00:38:52	4	37	92.5	Mango Swimming Club	
420	Lai Nok Hei	00:23:32	00:15:42	00:39:14	5	36	90.0	AustSports Association	
406	Chan Ting Hei	00:23:26	00:16:03	00:39:29	6	35	87.5		
415	Chow Sing Ha	00:23:14	00:17:08	00:40:22	7	34	85.0	Titan Triathlon	
400	CHAN CHI LAI	00:23:53	00:18:07	00:42:00	8	33	82.5	Energetic Triathlon Shatin	
440	Yeung Chun Kit	00:26:57	00:15:34	00:42:31	9	32	80.0	South China Athletic Association	
412	Chiu Chun	00:23:35	00:19:19	00:42:54	10	31	77.5	Mango Swimming Club	
430	Ng Ho Yin	00:24:35	00:18:25	00:43:00	11	30	75.0	Energetic Triathlon Shatin	
429	Ng Chi Him	00:26:28	00:16:53	00:43:21	12	29	72.5	Energetic Triathlon Shatin	
421	Lam Cheuk Hei	00:27:54	00:15:47	00:43:41	13	28	70.0		
403	Chan Ka Ki	00:26:09	00:18:07	00:44:16	14	27	67.5		
423	Lau Ho Yin	00:27:28	00:17:26	00:44:54	15	26	65.0		
404	Chan Kwun Chung	00:27:33	00:18:00	00:45:33	16	25	62.5	Excel Swim Sports Association	
413	Chow Chi Hei	00:27:02	00:18:59	00:46:01	17	24	60.0	Energetic Triathlon Shatin	
401	CHAN CHI SAN	00:28:46	00:19:09	00:47:55	18	23	57.5	Energetic Triathlon Shatin	
408	Chang Ming Chak	00:32:34	00:15:55	00:48:29	19	22	55.0		
411	Ching Yuk Tsun	00:28:32	00:21:31	00:50:03	20	21	52.5		
425	Leung King Kiu	00:31:13	00:20:03	00:51:16	21	20	50.0		
409	Chen Yik Chung	00:30:52	00:21:03	00:51:55	22	19	47.5	Energetic Triathlon Shatin	
433	Ngai Ting Hei	00:31:09	00:21:13	00:52:22	23	18	45.0		
431	Ng Wai Pan	00:30:21	00:22:34	00:52:55	24	17	42.5	Titan Triathlon	

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Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
436	TO CHEUK HEI	00:30:49	00:22:09	00:52:58	25	16	40.0		
416	Fung Lang Cheng	00:31:06	00:22:58	00:54:04	26	15	37.5	Energetic Triathlon Shatin	
419	Lai Kwan Ho, Garris	00:31:38	00:22:58	00:54:36	27	14	35.0		
426	Li Cheuk Wah	00:33:53	00:23:17	00:57:10	28	13	32.5		
435	So Pui Ming	00:31:18	00:25:57	00:57:15	29	12	30.0		
437	Wallace Chan	00:31:28	00:25:47	00:57:15	30	11	27.5	Energetic Triathlon Shatin	
399	Chan Chi Kwan	00:36:46	00:20:42	00:57:28	31	10	25.0		
418	LAI HO YIN	00:37:32	00:20:19	00:57:51	32	9	22.5		
422	Lam Ming Ho	00:33:40	00:24:11	00:57:51	33	8	20.0		
417	Kwan Long Him	00:34:24	00:23:56	00:58:20	34	7	17.5		
405	Chan Tak Chun	00:39:13	00:20:13	00:59:26	35	6	15.0		
439	Wong Ho Sze	00:31:01	00:28:40	00:59:41	36	5	12.5		
402	Chan Ching Nam	00:37:25	00:22:34	00:59:59	37	4	10.0		
438	Wong Chin Fung	00:39:54	00:22:38	01:02:32	38	3	7.5	Sea Bear Swimming Club	
442	Wong Tin Lok	00:44:10	00:20:27	01:04:37	39	2	5.0	Part Time Sports Association	
428	Mo Ka Kit	00:44:45	00:21:00	01:05:45	40	1	2.5		
407	Chan Wing Tsun				DNS			Mango Swimming Club	
414	CHOW PUI HEI, TIMOTHY				DNS			Energetic Triathlon Shatin	
432	Ng Wai Pan				DNS			Titan Triathlon	
434	Poon Chi Hin				DNS			Part Time Association	
441	Chung Hin Lok, Howard				DNS				
Course C2 - Boys 1998									
357	Ngan Ming Yin,Joshua	00:17:08	00:18:01	00:35:09	1	23	100.0		
346	Clarence Ma	00:17:58	00:17:34	00:35:32	2	22	95.7	Excel Swim Sports Association	
338	Chan Kam Po	00:20:08	00:15:49	00:35:57	3	21	91.3	Energetic Triathlon Shatin	
363	Wong Tsz To			00:36:13	4	20	87.0	Aquatic Sports Association	
359	Tse Hau Hang	00:20:15	00:17:21	00:37:36	5	19	82.6	AustSports Association	
340	Chan Yat Chi			00:37:59	6	18	78.3	Hope Sports Association	
343	Choy Fu Kwong, Franky	00:26:04	00:14:10	00:40:14	7	17	73.9	Energetic Triathlon Shatin	
342	Ching Kwan Long	00:25:59	00:14:23	00:40:22	8	16	69.6	Mango Swimming Club	
347	Keung Pok Man	00:26:11	00:14:25	00:40:36	9	15	65.2	AustSports Association	
341	Cheung Ka Chun	00:26:26	00:15:43	00:42:09	10	14	60.9	Aquatic Sports Association	
354	Liu Chung Yau	00:29:08	00:13:02	00:42:10	11	13	56.5	Titan Triathlon	
353	Lee Man Sum	00:26:43	00:15:41	00:42:24	12	12	52.2	AustSports Association	
348	Kong Cheuk Hei	00:26:45	00:16:13	00:42:58	13	11	47.8	Sonic Sports Association	
358	SUNG CHUN HIN	00:26:55	00:17:21	00:44:16	14	10	43.5	Excel Swim Sports Association	
351	Lai Ching Kit	00:26:47	00:19:13	00:46:00	15	9	39.1	Titan Triathlon	
352	Lai Yick Him	00:28:52	00:17:43	00:46:35	16	8	34.8	AustSports Association	

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Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
345	Chung Ho Tsit	00:29:04	00:21:14	00:50:18	17	7	30.4	AustSports Association	
360	Tse Long Hin	00:28:35	00:22:03	00:50:38	18	6	26.1	AustSports Association	
339	Chan Wang Hei	00:31:48	00:23:22	00:55:10	19	5	21.7		
355	Liu Sik Wai	00:31:49	00:23:35	00:55:24	20	4	17.4	Titan Triathlon	
362	Wong Hong Tai	00:31:47	00:23:43	00:55:30	21	3	13.0	Excel Swim Sports Association	
349	Kwan Yui Him	00:37:49	00:23:11	01:01:00	22	2	8.7		
335	Au Yeung Ho Man	00:43:25	00:19:31	01:02:56	23	1	4.3	Aquatic Sports Association	
336	Camden Richter				DNS				
337	Chan Chi Fung				DNS			Energetic Triathlon Shatin	
350	Lai Cheuk Yin				DNS			Aquatic Sports Association	
356	Matthew Hanselman				DNS				
361	Wong Cheuk Nam				DNS			Energetic Triathlon Shatin	
364	Wong Wing Yin				DNS			Sonic Sports Association	
Course C2 - Boys 1997									
381	Shuen Chun Kit			00:33:14	1	20	100.0	Hope Sports Association	
370	Hueng Chin Tung			00:33:14	2	19	95.0	Hope Sports Association	
379	Mitchelmore Maximilian			00:33:36	3	18	90.0	Titan Triathlon	
371	Ip Ho Lam			00:34:24	4	17	85.0	Hope Sports Association	
383	Tsoi Ka Kit	00:18:44	00:16:58	00:35:42	5	16	80.0	Wong Tai Sin District Life Saving Society	
382	Tsang Tin Lung	00:19:54	00:15:50	00:35:44	6	15	75.0	Aquatic Sports Association	
378	Loo Tsz Hei	00:18:48	00:17:12	00:36:00	7	14	70.0	Sea Bear Swimming Club	
375	Leung Wai Yan, Benson	00:20:01	00:16:23	00:36:24	8	13	65.0	Ti Dynamic	
372	Lai Chung Kwan	00:20:11	00:16:46	00:36:57	9	12	60.0	Tung Chung Triathlon Association	
367	Fan Lukas Long	00:20:11	00:17:05	00:37:16	10	11	55.0	SCAA	
368	Fung Yat To	00:23:56	00:13:27	00:37:23	11	10	50.0	Sea Bear Swimming Club	
377	Li Ka Tsun	00:23:14	00:14:21	00:37:35	12	9	45.0	Hope Sports Association	
376	Li Cheuk Hei	00:20:14	00:17:22	00:37:36	13	8	40.0		
369	Ho Ho Lim			00:37:56	14	7	35.0		
366	Chan Ka Chun	00:23:54	00:14:20	00:38:14	15	6	30.0	Hope Sports Association	
373	Lee Ka Kei, Gareth			00:38:50	16	5	25.0		
380	Richard Hung	00:25:49	00:13:58	00:39:47	17	4	20.0	Titan Triathlon	
384	Wu Zi Juan, Joe	00:26:05	00:14:57	00:41:02	18	3	15.0	Mango Swimming Club	
374	Leung Ching Hang	00:28:45	00:22:33	00:51:18	19	2	10.0	Sea Bear Swimming Club	
385	Lai Kin Ching	00:13:25	01:11:50	01:25:15	20	1	5.0	Crest Ray Recreation & Sports Club	
365	Andy Lau				DNS			Titan Triathlon	
Course C2 - Boys 1996									
388	Clement Ma	00:16:19	00:17:20	00:33:39	1	11	100.0	Excel Swim Sports Association	

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Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks	
392	Leung Pok Yin	00:16:06	00:17:42	00:33:48	2	10	90.9	Energetic Triathlon Shatin		
397	Tam Cheuk Him	00:16:57	00:19:47	00:36:44	3	9	81.8	Ma On Shan Swimming and Triathlon Club		
390	Lau Yue Hin	00:17:07	00:20:03	00:37:10	4	8	72.7	Excel Swim Sports Association		
391	Lee Chun	00:20:17	00:17:24	00:37:41	5	7	63.6	Hope Sports Association		
389	Ho Fuk Hung	00:18:38	00:20:05	00:38:43	6	6	54.5	Titan Triathlon		
387	Chau Man Kei	00:23:06	00:18:04	00:41:10	7	5	45.5	Energetic Triathlon Shatin		
396	Yeung Lap Hang	00:23:37	00:17:33	00:41:10	8	4	36.4	Crest Ray Recreation & Sports Club		
393	Poon Tsz Tung	00:26:48	00:18:50	00:45:38	9	3	27.3	Tung Chung Triathlon Association		
395	Yeung Lap Sang	00:31:16	00:17:31	00:48:47	10	2	18.2	Crest Ray Recreation & Sports Club		
386	Chan Nok Hei	00:28:29	00:21:27	00:49:56	11	1	9.1			
Course C2 - Girls 1999										
448	Lau Yan Wing	00:27:14	00:14:49	00:42:03	1	8	100.0	Energetic Triathlon Shatin		
451	Tam Nga Man	00:29:40	00:13:53	00:43:33	2	7	87.5	Dali Swimming Club		
452	Ho Pui Shan	00:27:59	00:16:33	00:44:32	3	6	75.0	Hope Sports Association		
450	Megan Lee	00:30:13	00:18:08	00:48:21	4	5	62.5	Energetic Triathlon Shatin		
443	Au Yan Tung	00:35:50	00:16:28	00:52:18	5	4	50.0	Excel Swim Sports Association		
446	Chu Tsz Wai	00:35:31	00:20:21	00:55:52	6	3	37.5	Sea Bear Swimming Club		
444	Chan On Yue	00:27:56	00:28:05	00:56:01	7	2	25.0	Energetic Triathlon Shatin		
449	Lee Tin Sum	00:38:31	00:20:51	00:59:22	8	1	12.5			
447	Hui Wing Tung				DNS					
Course C2 - Girls 1998										
455	Hung Cheuk Yi	00:19:46	00:19:15	00:39:01	1	7	100.0	Energetic Triathlon Shatin		
454	Fu Chiu Man	00:24:14	00:16:29	00:40:43	2	6	85.7	Excel Swim Sports Association		
344	Chui Kit Chee	00:25:45	00:18:24	00:44:09	3	5	71.4	Energetic Triathlon Shatin		
458	Chan Ka Hei	00:34:30	00:13:08	00:47:38	4	4	57.1	Dali Swimming Club		
453	Chan Long Tung	00:29:56	00:17:47	00:47:43	5	3	42.9	AustSports Association		
456	Kwok Lo Lam	00:30:11	00:19:38	00:49:49	6	2	28.6	Tung Chung Triathlon Association		
457	Ng Yui Yi	00:51:40	00:18:30	01:10:10	7	1	14.3	Energetic Triathlon Shatin		
Course C2 - Girls 1997										
465	Pang Ching Wai	00:20:36	00:17:39	00:38:15	1	9	100.0	SCAA		
459	Chan Kwan Ho	00:20:58	00:18:15	00:39:13	2	8	88.9	Aquatic Sports Association		
463	Lee Wing Sum	00:22:16	00:19:17	00:41:33	3	7	77.8			
462	Lam Yin Tung	00:25:10	00:18:15	00:43:25	4	6	66.7	Energetic Triathlon Shatin		
460	Chu Yan Nam	00:27:16	00:16:24	00:43:40	5	5	55.6	Energetic Triathlon Shatin		
468	Wong Lok Ching, Jacinta	00:25:11	00:19:09	00:44:20	6	4	44.4	Energetic Triathlon Shatin		

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Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
466	Vivian Lau	00:33:46	00:16:10	00:49:56	7	3	33.3		
461	CHUANG YAN WING	00:38:10	00:14:59	00:53:09	8	2	22.2	Energetic Triathlon Shatin	
464	Ma Pak Yin, Jamie	00:38:34	00:23:16	01:01:50	9	1	11.1		
467	Wan Tsz Huen				DNS			Crest Ray Recreation & Sports Club	
Course C2 - Girls 1996									
472	Kong Yan Pui	00:24:12	00:16:46	00:40:58	1	5	100.0	Sonic Sports Association	
469	Chan Wing Tung	00:27:52	00:14:12	00:42:04	2	4	80.0	Hope Sports Association	
473	Li Wai Sum	00:30:05	00:14:45	00:44:50	3	3	60.0		
474	Tsoi Wing Ki	00:30:40	00:14:34	00:45:14	4	2	40.0	The Little Dolphin Swimming Training Center	
471	Hung Tsz To	00:33:08	00:19:40	00:52:48	5	1	20.0	Sea Bear Swimming Club	
470	Chui Kit Chee				DNS			Energetic Triathlon Shatin	
Course C1 - Boys 2000									
512	Ip Poe Lam	00:11:53	00:10:41	00:22:34	1	34	100.0	Hope Sports Association	
508	Chan Yik Ming, Ricky	00:11:28	00:11:21	00:22:49	2	33	97.1	Hope Sports Association	
511	Guan Yue	00:12:51	00:10:07	00:22:58	3	32	94.1	Hope Sports Association	
504	Chan Choi Tak, Seth	00:12:14	00:11:03	00:23:17	4	31	91.2		
534	Wong Tak Man	00:13:17	00:10:08	00:23:25	5	30	88.2		
518	Lee Sheung Chit	00:12:36	00:11:42	00:24:18	6	29	85.3		
528	Pang Chun Yin	00:14:09	00:10:25	00:24:34	7	28	82.4	Energetic Triathlon Shatin	
509	Cheung Ho Kwan	00:13:45	00:10:55	00:24:40	8	27	79.4	Hope Sports Association	
526	NG YIN TAI, STANLEY	00:14:29	00:10:11	00:24:40	9	26	76.5	Excel Swim Sports Association	
519	Leung Tak Lun	00:15:38	00:09:28	00:25:06	10	25	73.5		
510	Cheung Wai Yin, Alvin	00:15:21	00:10:24	00:25:45	11	24	70.6	Mango Swimming Club	
530	TONG CHAK LAM, CHRISTOPHER	00:15:41	00:11:22	00:27:03	12	23	67.6	Energetic Triathlon Shatin	
527	Nicholas Tsang	00:17:20	00:10:03	00:27:23	13	22	64.7		
502	Yip Kun Fung	00:16:47	00:11:48	00:28:35	14	21	61.8		
513	Lai Tsz Hei	00:17:39	00:11:00	00:28:39	15	20	58.8	AustSports Association	
514	Lam Yin Wang	00:17:13	00:11:44	00:28:57	16	19	55.9	Energetic Triathlon Shatin	
515	Lau Ho	00:17:45	00:11:12	00:28:57	17	18	52.9		
535	Wong Zoi Hei	00:17:41	00:11:20	00:29:01	18	17	50.0	Energetic Triathlon Shatin	
516	Lau Lok Hin, Lucas	00:17:51	00:11:17	00:29:08	19	16	47.1		
521	Ma Chun Ming	00:19:14	00:10:11	00:29:25	20	15	44.1		
531	Tsang Ngo Ching	00:17:32	00:12:15	00:29:47	21	14	41.2	Sea Bear Swimming Club	
537	LI TIN YAU	00:17:30	00:12:37	00:30:07	22	13	38.2	Ma On Shan Swimming and Triathlon Club	
532	Wong Chung Kei	00:17:35	00:13:10	00:30:45	23	12	35.3	Excel Swim Sports Association	
522	Man Shing Fung	00:19:21	00:11:48	00:31:09	24	11	32.4	Part Time Association	
517	Lee Cheuk Hon	00:19:50	00:11:46	00:31:36	25	10	29.4	Part Time Association	

2011 Duathlon Series - Race 1 Result - Individual Result

Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
505	Chan Hin Chung	00:19:18	00:13:05	00:32:23	26	9	26.5	Energetic Triathlon Shatin	
536	Zachary Daniel McManus	00:19:47	00:13:26	00:33:13	27	8	23.5		
506	Chan Kwun Hang	00:19:28	00:14:10	00:33:38	28	7	20.6	Excel Swim Sports Association	
525	Ng Wai San	00:17:38	00:16:27	00:34:05	29	6	17.6		
503	Au Ching Nam	00:18:58	00:15:24	00:34:22	30	5	14.7		
529	Shum Shing Hei	00:20:37	00:15:12	00:35:49	31	4	11.8		
538	Nam Hang Kin	00:21:56	00:16:27	00:38:23	32	3	8.8	Energetic Triathlon Shatin	
520	Ma Chun Ho	00:21:59	00:16:30	00:38:29	33	2	5.9		
533	Wong Ngok Fui	00:22:11	00:19:05	00:41:16	34	1	2.9		
507	Chan Pak Ming, Bernard				DNS				
523	Nam Hing Kin				DNS			Energetic Triathlon Shatin	
Course C1 - Boys 2001									
489	Lau Chun Ip Robot	00:15:55	00:09:31	00:25:26	1	22	100.0	Excel Swim Sports Association	
475	Brenton Lin	00:16:35	00:08:56	00:25:31	2	21	95.5		
491	LEE KA HIM, KENNETH	00:16:37	00:08:55	00:25:32	3	20	90.9		
490	Lau Yu Hon	00:15:43	00:10:05	00:25:48	4	19	86.4	Energetic Triathlon Shatin	
485	Ip Shun Hei	00:16:16	00:09:34	00:25:50	5	18	81.8	Energetic Triathlon Shatin	
484	Hung Tik Long	00:15:42	00:10:09	00:25:51	6	17	77.3	Sea Bear Swimming Club	
476	Chan Ho Fung	00:16:27	00:09:26	00:25:53	7	16	72.7	Sea Bear Swimming Club	
480	Chu Tsun Wai	00:14:40	00:11:40	00:26:20	8	15	68.2	Energetic Triathlon Shatin	
496	MAK HO TIN, TYLER	00:16:25	00:10:46	00:27:11	9	14	63.6	Energetic Triathlon Shatin	
494	Li Tsz Ho ,Angus	00:16:58	00:10:20	00:27:18	10	13	59.1	Titan Triathlon	
498	Ng Siu Yin	00:15:56	00:11:22	00:27:18	11	12	54.5		
477	Chan King Ho, Issac	00:17:13	00:10:14	00:27:27	12	11	50.0		
487	Jesse Lee	00:16:41	00:11:16	00:27:57	13	10	45.5	Energetic Triathlon Shatin	
482	Ho Man Lok	00:17:19	00:10:52	00:28:11	14	9	40.9	Sea Bear Swimming Club	
497	Mok Ho Chi	00:17:17	00:11:43	00:29:00	15	8	36.4		
478	CHAN SHEUNG YIN	00:17:29	00:12:32	00:30:01	16	7	31.8	Energetic Triathlon Shatin	
492	Leung Yan Lok	00:19:15	00:11:41	00:30:56	17	6	27.3		
488	Lai Yick Kan	00:18:05	00:12:56	00:31:01	18	5	22.7	AustSports Association	
483	Ho Ying Ki	00:19:16	00:12:02	00:31:18	19	4	18.2		
495	LO SHUN MAN, Manson	00:19:24	00:13:30	00:32:54	20	3	13.6	Energetic Triathlon Shatin	
501	Leung Kak Yuen	00:22:04	00:16:19	00:38:23	21	2	9.1		
500	Wong Lok Hei	00:24:00	00:17:41	00:41:41	22	1	4.5		
479	Cheung Siu Yeung	00:21:26			DNF				
481	DATHAN Leung				DNS			Energetic Triathlon Shatin	
493	Leung Yan Lok Matthew				DNS			Energetic Triathlon Shatin	
499	Tang Yee Loong				DNS				

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Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
Course C1 - Boys 2002									
564	WONG LONG CHING, NIGEL	00:14:45	00:10:10	00:24:55	1	17	100.0	Energetic Triathlon Shatin	
554	Lam Yat Him, Angus	00:14:56	00:10:46	00:25:42	2	16	94.1	AustSports Association	
555	Lau Chun Hin Oscar	00:15:08	00:11:13	00:26:21	3	15	88.2	Excel Swim Sports Association	
559	NG CHI KIN	00:17:41	00:09:26	00:27:07	4	14	82.4	Energetic Triathlon Shatin	
556	Lee Man Hei	00:16:53	00:10:27	00:27:20	5	13	76.5	AustSports Association	
549	Bosco Chow	00:16:47	00:10:35	00:27:22	6	12	70.6	Titan Triathlon	
548	Aidan Chow	00:17:36	00:09:53	00:27:29	7	11	64.7	0	
553	Lam Wai Lok	00:18:46	00:09:17	00:28:03	8	10	58.8	Mango Swimming Club	
524	Tai Yun Kai	00:17:18	00:10:47	00:28:05	9	9	52.9	Titan Triathlon	
558	LUM CHING HIM	00:17:10	00:11:39	00:28:49	10	8	47.1	Excel Swim Sports Association	
550	CARTON CHAN	00:18:45	00:10:22	00:29:07	11	7	41.2	Energetic Triathlon Shatin	
560	Olivier Lee	00:17:52	00:11:24	00:29:16	12	6	35.3	Energetic Triathlon Shatin	
562	TAO CHUN NGOK	00:18:35	00:10:43	00:29:18	13	5	29.4	Excel Swim Sports Association	
552	Hamish Tong	00:20:09	00:10:49	00:30:58	14	4	23.5	0	
565	WU ZHI JIAN MARCO	00:19:42	00:11:26	00:31:08	15	3	17.6	Mango Swimming Club	
563	Tong Hong Lun Alan	00:20:01	00:13:39	00:33:40	16	2	11.8	AustSports Association	
566	CHIU TSZ HANG	00:20:54	00:13:32	00:34:26	17	1	5.9	Ma On Shan Swimming and Triathlon Club	
557	Ling Kwan Kit				DSQ			Energetic Triathlon Shatin	No run band
561	Shum Kin Hang				DSQ			Excel Swim Sports Association	No run band
551	CHAN CHUN HIN				DNS			Excel Swim Sports Association	
Course C1 - Boys 2003									
543	Leung Wai Hang, Wyat	00:18:29	00:10:11	00:28:40	1	8	100.0	Ti Dynamic	
542	Leung Chun Wong	00:19:24	00:10:07	00:29:31	2	7	87.5	Part Time Association	
544	Loo Chi Wo	00:20:35	00:10:03	00:30:38	3	6	75.0	Sea Bear Swimming Club	
539	Chan Ka Ho	00:21:57	00:14:24	00:36:21	4	5	62.5	Mango Swimming Club	
547	Kwok Ho Ming	00:22:40	00:18:42	00:41:22	5	4	50.0	0	
541	Kwok Chiu Lun			00:45:20	6	3	37.5	Excel Swim Sports Association	
546	SY LONG HIM, ALEXANDER	00:23:50	00:22:53	00:46:43	7	2	25.0	0	
540	Chorus Yuen	00:23:22	00:26:23	00:49:45	8	1	12.5	0	
545	Mars Ko				DSQ			Excel Swim Sports Association	No run band
Course C1 - Girls 2000									
588	Bailee Brown	00:15:38	00:08:45	00:24:23	1	11	100.0		
590	Chau Man Wing	00:15:17	00:09:46	00:25:03	2	10	90.9	Energetic Triathlon Shatin	
596	KELLY Law	00:16:02	00:09:49	00:25:51	3	9	81.8	Sonic Sports Association	
600	Yeung Cho Yiu	00:16:59	00:09:59	00:26:58	4	8	72.7	Part Time Association	

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Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
589	Carin Chan	00:14:12	00:13:16	00:27:28	5	7	63.6	Energetic Triathlon Shatin	
587	Lo Tik Sum Daisy	00:13:20	00:14:18	00:27:38	6	6	54.5	Energetic Triathlon Shatin	
597	Lai Pui Sze	00:11:08	00:17:50	00:28:58	7	5	45.5	Titan Triathlon	
592	CHUNG YUEN TUNG, HERA	00:10:14	00:18:46	00:29:00	8	4	36.4	Energetic Triathlon Shatin	
591	Cherie Chick	00:10:05	00:19:47	00:29:52	9	3	27.3		
594	Ho Chun Yiu	00:11:56	00:18:31	00:30:27	10	2	18.2		
593	Fu Tin Man	00:11:43	00:20:48	00:32:31	11	1	9.1	Part Time Association	
599	Lianna Yuen	00:14:44	00:21:36	00:36:20					
595	Ivy Richter				DNS				
598	Lai Yi Sum				DNS			Mango Swimming Club	
Course C1 - Girls 2001									
579	Cho Wing To, Cheri	00:10:13	00:15:33	00:25:46	1	10	100.0	Energetic Triathlon Shatin	
584	WONG CHING LAM	00:18:00	00:10:22	00:28:22	2	9	90.0	Excel Swim Sports Association	
585	YUEN CHIN LAM	00:18:43	00:09:53	00:28:36	3	8	80.0	Energetic Triathlon Shatin	
586	Chugn Hiu Tung, Nicole	00:19:39	00:09:21	00:29:00	4	7	70.0		
581	Lee Sze Wing	00:18:02	00:11:01	00:29:03	5	6	60.0	Part Time Association	
577	Chan Hang Ki, Alliss	00:19:21	00:09:51	00:29:12	6	5	50.0		
576	Au Wai Yan	00:19:55	00:10:48	00:30:43	7	4	40.0		
583	Tam Hei Tung	00:20:08	00:12:29	00:32:37	8	3	30.0	Mango Swimming Club	
578	Chan Long Yiu	00:22:13	00:12:41	00:34:54	9	2	20.0		
582	Liu Kwan Kiu, Gwyneth	00:22:01	00:13:35	00:35:36	10	1	10.0		
580	Hannah Hanselman				DNS				
Course C1 - Girls 2002									
570	LIU SIN HANG, ALISON	00:18:56	00:10:18	00:29:14	1	9	100.0	Energetic Triathlon Shatin	
573	SO CHUI HONG	00:19:37	00:10:58	00:30:35	2	8	88.9	Excel Swim Sports Association	
572	Sin Nok Yiu	00:20:23	00:12:17	00:32:40	3	7	77.8	Excel Swim Sports Association	
567	CATHY LAU	00:20:13	00:13:47	00:34:00	4	6	66.7	Energetic Triathlon Shatin	
574	Tam Cheuk Yan	00:20:43	00:13:23	00:34:06	5	5	55.6	Compass Sports Association	
568	Chow Chi Ching	00:22:05	00:12:15	00:34:20	6	4	44.4		
575	Chung Wing Man	00:21:51	00:14:30	00:36:21	7	3	33.3	Ma On Shan Swimming and Triathlon Club	
569	Fung Wai Chi, Christy	00:22:31	00:14:26	00:36:57	8	2	22.2		
571	Mak Rebecca Tsz Man	00:22:34	00:18:40	00:41:14	9	1	11.1		
Course D - Male Junior									
613	Kwok Wing Kan	00:12:30	00:29:35	00:42:05	1	24	100.0	Hope Sports Association	
603	Chow Man Him	00:12:10	00:30:24	00:42:34	2	23	95.8	Excel Swim Sports Association	
611	Hui Ka Ki	00:24:04	00:18:47	00:42:51	3	22	91.7	SCAA	

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Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
608	Cheng Tsz Yeung	00:12:00	00:31:02	00:43:02	4	21	87.5	Titan Triathlon	
602	Cheng Ho Yin	00:15:19	00:27:51	00:43:10	5	20	83.3	Excel Swim Sports Association	
618	Lau Long Fung	00:11:59	00:31:39	00:43:38	6	19	79.2	Titan Triathlon	
623	Pun Yiu Chung	00:23:39	00:20:54	00:44:33	7	18	75.0	AustSports Association	
609	Chui Tsz Chung	00:17:16	00:28:02	00:45:18	8	17	70.8	Sea Bear Swimming Club	
624	Shao Tsz Tung	00:16:26	00:29:24	00:45:50	9	16	66.7	AustSports Association	
631	Yau Lok Yin	00:33:22	00:12:29	00:45:51	10	15	62.5	SCAA	
604	Lam Jung Yee	00:33:23	00:12:53	00:46:16	11	14	58.3	Excel Swim Sports Association	
627	Tsoi Ka Cheuk	00:29:28	00:17:09	00:46:37	12	13	54.2	Wong Tai Sin District Life Saving Society	
632	Yeung Lok Lai	00:33:33	00:13:47	00:47:20	13	12	50.0	AustSports Association	
614	KWONG LOK MAN	00:33:24	00:14:06	00:47:30	14	11	45.8	Energetic Triathlon Shatin	
607	Chan Yin Ming	00:34:24	00:14:02	00:48:26	15	10	41.7	AustSports Association	
612	Kwok Chak Yu	00:33:50	00:15:59	00:49:49	16	9	37.5	Tung Chung Triathlon Association	
610	Chung Ping San	00:34:58	00:15:19	00:50:17	17	8	33.3	Energetic Triathlon Shatin	
615	Lai Kin Kwan	00:34:54	00:15:58	00:50:52	18	7	29.2	Tung Chung Triathlon Association	
628	Tsoi Ka Hei	00:35:29	00:18:09	00:53:38	19	6	25.0	Wong Tai Sin District Life Saving Society	
606	Chan Ka Ching	00:36:18	00:17:26	00:53:44	20	5	20.8	Titan Triathlon	
633	Kwong TSZ FUNG	00:37:30	00:18:01	00:55:31	21	4	16.7	Ma On Shan Swimming and Triathlon Club	
634	Mak Ho Man	00:35:57	00:19:37	00:55:34	22	3	12.5	Ma On Shan Swimming and Triathlon Club	
630	Yau Lok Man	00:38:22	00:18:41	00:57:03	23	2	8.3	SCAA	
620	Lee Chun Lok	00:38:33	00:23:50	01:02:23	24	1	4.2		
635	Daniel Yeung				DSQ			Ma On Shan Swimming and Triathlon Club	Take off helmet before rack the bike
636	Yeung Ho				DSQ			Ma On Shan Swimming and Triathlon Club	Take off helmet before rack the bike
625	Tong Nap Hang				DSQ				No run band
605	Chan Ka Ching				DNS			Titan Triathlon	
616	Lau Chak Fung	00:11:53			DNF			Titan Triathlon	
617	Lau Kwun Ki	00:35:58			DNF			Titan Triathlon	
621	Leung Sing Hang				DNS				
622	Mok Wai Chuen				DNS			Titan Triathlon	
626	Tsang Ho Yan				DNS			Energetic Triathlon Shatin	
629	WONG WAI TUNG				DNS			Energetic Triathlon Shatin	
741	Leung Chung Leung				DNS			Sea Bear Swimming Club	
Course D - Female Junior									
643	Tsang Ka Hung	00:33:40	00:12:00	00:45:40	1	4	100.0	AustSports Association	
641	She Pui Shan	00:35:26	00:14:28	00:49:54	2	3	75.0	Energetic Triathlon Shatin	
642	Sin Pui Yan	00:35:31	00:16:49	00:52:20	3	2	50.0	Energetic Triathlon Shatin	
639	Leung Wing Hin	00:38:25	00:18:13	00:56:38	4	1	25.0	Energetic Triathlon Shatin	
637	Elizabeth Lam				DNS			Sonic Sports Association	

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Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
638	Leung Chung Leng				DNS			Sea Bear Swimming Club	
640	Mok Nga Ting				DNS			Titan Triathlon	
644	Chan Cheuk Ying				DNS			Ma On Shan Swimming and Triathlon Club	
Course D - Female Open									
743	Lau On Yue	00:34:25	00:14:40	00:49:05	1	5	100.0	Titan Triathlon	
708	Chin Suet Lai	00:39:33	00:10:08	00:49:41	2	4	80.0		
710	Fung Cheuk Yu Cherry	00:47:24	00:15:59	01:03:23	3	3	60.0		
709	Choi Wing	00:51:55	00:15:30	01:07:25	4	2	40.0		
645	Wong Hoi Yan	01:07:06	00:19:27	01:26:33	5	1	20.0	Titan Triathlon	
Course D - Male Open									
668	Michael Bucek	00:20:23	00:17:12	00:37:35	1	29	100.0	Sonic Sports Association	
663	Leung Tsz Wing			00:40:39	2	28	96.6		
674	Sin Chun Kwong	00:21:45	00:19:29	00:41:14	3	27	93.1	Energetic Triathlon Shatin	
649	Yeung Wing Yin, Michael	00:22:56	00:18:29	00:41:25	4	26	89.7	Energetic Triathlon Shatin	
660	Lam Tsz Wai	00:21:41	00:19:58	00:41:39	5	25	86.2	Energetic Triathlon Shatin	
665	Lok Lam Fung	00:21:49	00:20:31	00:42:20	6	24	82.8	Titan Triathlon	
657	HO Wing Tung	00:32:30	00:12:26	00:44:56	7	23	79.3	Energetic Triathlon Shatin	
666	Lui Kim Ho	00:31:18	00:14:22	00:45:40	8	22	75.9		
662	Leung Ka Lun	00:31:02	00:14:41	00:45:43	9	21	72.4	Energetic Triathlon Shatin	
667	Mak Chi Chung	00:30:57	00:14:46	00:45:43	10	20	69.0	Titan Triathlon	
671	Ngai Ho Shun	00:31:34	00:14:28	00:46:02	11	19	65.5		
675	Siu Ka Cheong	00:33:29	00:14:24	00:47:53	12	18	62.1	Part Time Association	
647	Kwok Ting Pong	00:33:43	00:14:23	00:48:06	13	17	58.6		
664	Liu Chun Kit	00:33:11	00:14:55	00:48:06	14	16	55.2		
678	Yip Chi Bun	00:33:41	00:14:43	00:48:24	15	15	51.7		
669	Ng Ho Yin	00:34:23	00:14:08	00:48:31	16	14	48.3		
658	HUI SZE YUEN	00:33:39	00:15:32	00:49:11	17	13	44.8	Energetic Triathlon Shatin	
651	Chau Hong Yu	00:36:12	00:13:36	00:49:48	18	12	41.4		
676	TSANG PO YUEN	00:33:52	00:17:32	00:51:24	19	11	37.9		
653	Cheng Wai Yip	00:33:35	00:18:43	00:52:18	20	10	34.5		
650	Chan Wang Hon Gordon	00:34:21	00:18:21	00:52:42	21	9	31.0		
680	Chung Pak Kin	00:35:30	00:17:41	00:53:11	22	8	27.6		
679	Yiu Wai Lam			00:53:18	23	7	24.1		
656	HO LAM FAI	00:34:19	00:19:56	00:54:15	24	6	20.7		
173	Chiu Kin Man	00:41:25	00:15:24	00:56:49	25	5	17.2	Titan Triathlon	
659	Kwok Ping Hung	00:40:41	00:17:18	00:57:59	26	4	13.8		
655	Henry Lee	00:47:17	00:12:54	01:00:11	27	3	10.3		

2011 Duathlon Series - Race 1 Result - Individual Result

Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
646	Chan Siu Cheung	00:50:04	00:19:52	01:09:56	28	2	6.9	Pro-Trinity Sports Club	
670	Ng Wai Fung	00:52:25	00:18:13	01:10:38	29	1	3.4		
648	Wan Zhen Hao				DNS			Hope Sports Association	
652	CHENG PAK LUN, BENIEN				DNS			Energetic Triathlon Shatin	
672	Paul Mansfield				DNS				
677	Yau Kwun Wing				DNS			Tung Chung Triathlon Association	
682	Heero Hang				DNS				
Course D - Male Veteran									
701	Wong Hon Hing	00:31:21	00:13:28	00:44:49	1	14	100.0	Energetic Triathlon Shatin	
707	Wong Wing Hong	00:30:54	00:15:09	00:46:03	2	13	92.9		
700	William Shuen	00:35:49	00:13:55	00:49:44	3	12	85.7		
688	Ho Siu Lam	00:33:51	00:15:55	00:49:46	4	11	78.6		
681	Chan Keung	00:33:38	00:16:18	00:49:56	5	10	71.4		
695	Lung Sai Kui	00:36:09	00:13:47	00:49:56	6	9	64.3		
689	Johnson Au	00:33:38	00:18:32	00:52:10	7	8	57.1		
692	Lawrence Chan	00:33:33	00:18:47	00:52:20	8	7	50.0		
691	Lam Tan Ki	00:36:31	00:15:57	00:52:28	9	6	42.9		
706	Chan Po Kwok	00:40:46	00:13:36	00:54:22	10	5	35.7	Ma On Shan Swimming and Triathlon Club	
684	Anthony Fasso	00:39:54	00:14:59	00:54:53	11	4	28.6		
694	Leung Hon Shing	00:44:57	00:13:56	00:58:53	12	3	21.4		
690	Koo Kai Kit	00:42:37	00:16:32	00:59:09	13	2	14.3		
685	Chan Kwok Wai	00:41:31	00:17:47	00:59:18	14	1	7.1		
686	Cheung Man Kwong				DNS			Mango Swimming Club	
687	Chow Chiu Kin				DNS				
693	LEE CHI MAN				DNS			AustSports Association	
696	Nick Dargan				DNS			Tritons Triathlon Club	
698	Poon Kwok Wing				DNS			Energetic Triathlon Shatin	
699	Wan Shu Wah				DNS			Energetic Triathlon Shatin	
702	Wong Kin, Kenny				DNS			Energetic Triathlon Shatin	
703	Wong Ming Fae				DNS			Sonic Sports Association	
704	WONG TAK WAH, EDWARD				DNS			Energetic Triathlon Shatin	
705	Wong Yin Cheong				DNS			Titan Triathlon	
Course E - Male Junior (Mountain Bike)									
717	WONG WAI TUNG	00:30:51	00:11:21	00:42:12	1	3	100.0	Energetic Triathlon Shatin	
715	Falcone Tseng	00:34:19	00:12:25	00:46:44	2	2	66.7		
716	Leung Tsz Chun	00:33:41	00:21:43	00:55:24	3	1	33.3	Energetic Triathlon Shatin	

2011 Duathlon Series - Race 1 Result - Individual Result

Race No	English Name	1st Run + Bike Time	2nd Run	Total	Pos	Points	%	Club	Remarks
Course E - Male Open (Mountain Bike)									
719	Wong Kin Chung	00:21:31	00:19:08	00:40:39	1	11	100	Tung Chung Triathlon Association	
673	Shum Ting Fung	00:27:27	00:13:48	00:41:15	2	10	90.9		
722	Chow Hoi Tat	00:30:59	00:12:14	00:43:13	3	9	81.8	Titan Triathlon	
654	Cheung King Chun			00:43:22	4	8	72.7		
723	Kwok YIU HANG	00:31:56	00:13:00	00:44:56	5	7	63.6		
721	Chan Ka Wing	00:31:51	00:13:41	00:45:32	6	6	54.5		
724	LAI KA KUI	00:33:31	00:13:49	00:47:20	7	5	45.5		
725	LAU CHIN TO	00:33:52	00:16:38	00:50:30	8	4	36.4		
718	Cheng Chun Lun	00:34:21	00:16:16	00:50:37	9	3	27.3		
683	Osman Or	00:40:12	00:12:01	00:52:13	10	2	18.2		
661	Lee Ka Yau	00:54:04	00:12:28	01:06:32	11	1	9.09		
118	Wong Chi Fung				DNS			Mango Swimming Club	
720	Yau Koon San				DNS				
Course E - Male Veteran (Mountain Bike)									
732	Siegfried Verheijke	00:21:27	00:20:41	00:42:08	1	10	100.0	Tung Chung Triathlon Association	
728	Hui King Lau			00:43:44	2	9	90.0	Tung Chung Triathlon Association	
729	Tse Chap Man	00:33:16	00:11:18	00:44:34	3	8	80.0	Tung Chung Triathlon Association	
736	Lam Kam Ching	00:33:33	00:11:42	00:45:15	4	7	70.0	Tung Chung Triathlon Association	
735	Yau Chi Wai	00:33:35	00:12:14	00:45:49	5	6	60.0	Energetic Triathlon Shatin	
726	Lau Yat Chor	00:35:58	00:13:02	00:49:00	6	5	50.0		
727	Tang Hon Wing	00:35:59	00:13:24	00:49:23	7	4	40.0		
734	Wong Yuk Sing	00:33:51	00:18:17	00:52:08	8	3	30.0		
731	Mak Ying Choi	00:39:38	00:12:54	00:52:32	9	2	20.0		
697	Paul Chan	00:36:15	00:16:43	00:52:58	10	1	10.0		
730	Li Chi Leung				DNS				
733	Tam Hon Fai				DNS				
Course E - Female Open (Mountain Bike)									
711	Lau Wai Ying	01:10:50	00:21:03	01:31:53	1	1	100.0		
Course E - Female Veteran (Mountain Bike)									
738	Katherine Lee			00:49:40	1	6	100.0		
714	Chan Suet Wah	00:33:43	00:16:52	00:50:35	2	5	83.3		
740	NG SUET MUI	00:40:28	00:11:56	00:52:24	3	4	66.7	Energetic Triathlon Shatin	
739	Choi Siu Yin	00:44:52	00:14:58	00:59:50	4	3	50.0	Energetic Triathlon Shatin	
713	Lai Wai Han	00:45:43	00:15:51	01:01:34	5	2	33.3		
737	LUI YU PIK KITTY	00:47:26	00:15:12	01:02:38	6	1	16.7	Energetic Triathlon Shatin	