K-Swiss Hong Kong ITU Triathlon Asian Cup - Run Course Routing

Sea Point Road

B

Magic Road

D

Disney's Hollywood Hotel

FINISH

Transition

C E

A

Waterfront Promenade

Check Points

Aid Station
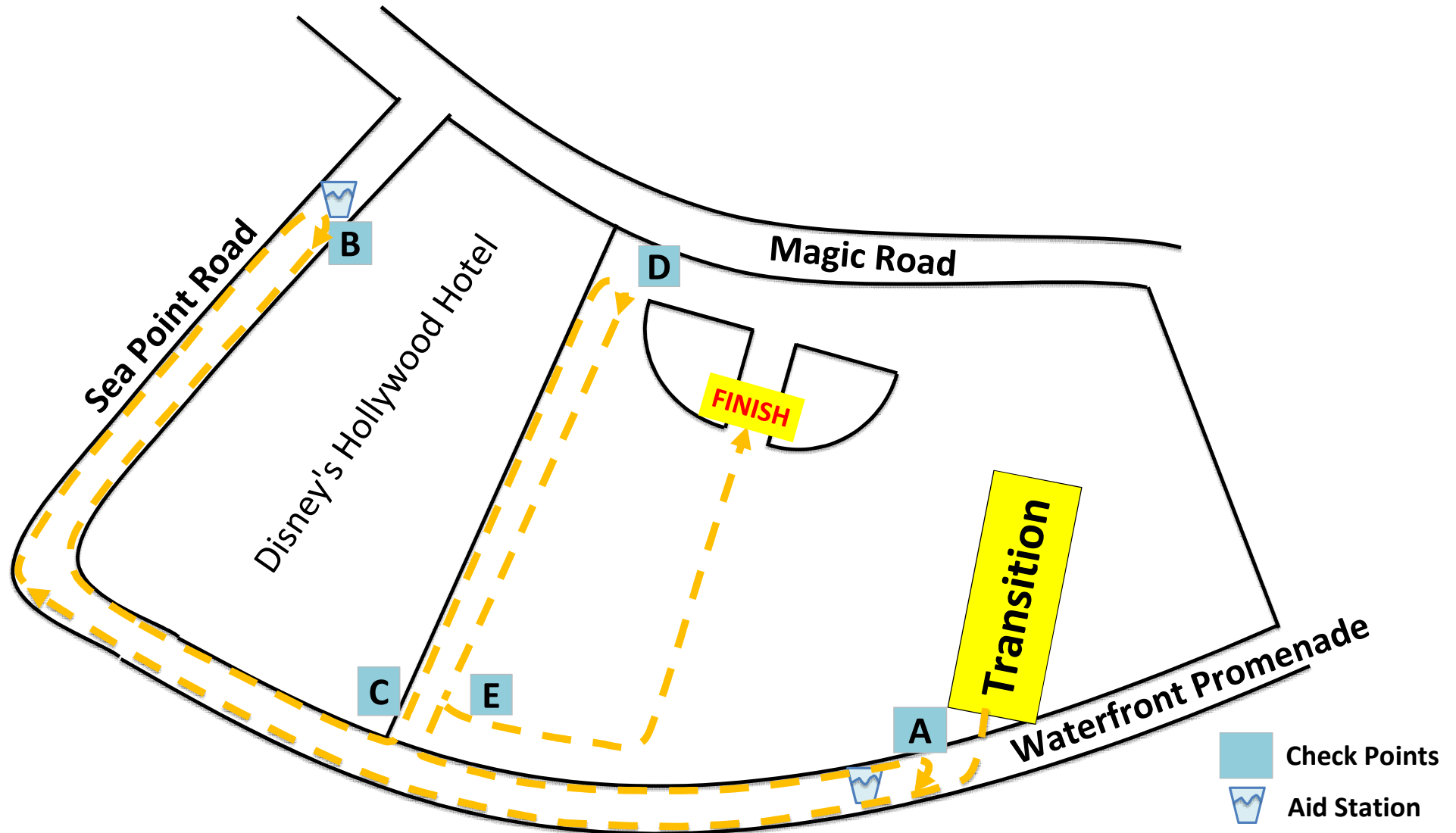
23 October 2010

Fun &Youth Distance (1 Loop)
1 Loop A>B>C>D>E>Finish

Ultrakids Distance (1 Loop)
1 Loop A>C>D>E>Finish

24 October 2010

Olympic Distance (4 Loops)
1st - 3rd Loops A>B>C>D>A
4th Loop   A>B>C>D>E> Finish

Sprint Distance (2 Loops)
1st Loop A>B>C>D>A
2nd Loop A>B>C>D>E> Finish