Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
	Course D - Male Elite Open								
105	Chan Ye Ko, Ricco	00:12:27 (	00:11:00	00:14:19		Energetic Triathlon Shatin	1	2	100.0
106	Hsieh Chun Shing, Jason	00:12:26 (	00:11:15	00:14:05	00:37:46	Titan Triathlon	2	1	50.0
107	Lau Ching Yin					Energetic Triathlon Shatin	DNS		
_		_							
	Course D - Male Age-Group 20-24								
118	Yuen Chi Hang	00:12:22 (	00:11:50	00:14:49	00:39:01	Titan Triathlon	1	9	100.0
112	Hui Ka Cheong	00:12:51 (		00:15:30	00:39:40	Energetic Triathlon Shatin	2	8	88.9
113	Lau Chun Ngai	00:13:31 (		00:15:23	00:41:01	New Wave Sports Association	3	7	77.8
115	Leung Ka Lun	00:12:25 (		00:15:24		Energetic Triathlon Shatin	4	6	66.7
108	Chan Siu Hang	00:13:54 (		00:16:10		New Wave Sports Association	5	5	55.6
114	Lee Kin Leung	00:15:03 (		00:18:46		Sonic Sports Association	6	4	44.4
111	Ho Chung	00:24:00 (	00:11:30	00:23:46		Crest Ray Recreation & Sports Club	7	3	33.3
117	Yiu Kwok Keung			00:26:33	01:09:16		8	2	22.2
30	Lo Ning Yan	01:21:53 (	00:11:42	00:18:11	01:51:46	Crest Ray Recreation & Sports Club	9	1	11.1
109	Chan Yue Man						DNS		
110	Chu Tat Ming Edward					No. We a Ocean Association	DNS		
116	Wan Ho Ching					New Wave Sports Association	DNS		
	Course D - Male Age-Group 25-29								
127	Michal Bucek	00:12:36 (	00:12:14	00:14:24	00:39:14	Sonic Sports Associaiton			
130	Tsang CHUN KIT	00:12:24 (	00:13:54	00:13:38	00:39:56	·	1	12	100.0
122	Colin Jenkinson	00:13:56 (	00:12:10	00:15:02	00:41:08		2	11	91.7
121	Chan Tsz Leung	00:13:24 (	00:13:25	00:15:14	00:42:03		3	10	83.3
128	Ng Siu yu	00:14:11 (	00:12:31	00:16:21	00:43:03	Energetic Triathlon Shatin	4	9	75.0
119	Chan Fai Hung	00:12:53 (	00:13:54	00:16:42	00:43:29	· ·	5	8	66.7
129	Pang Ho Yin	00:13:44 (	00:14:42	00:16:42	00:45:08		6	7	58.3
124	Lam Tsz Wai	00:14:52 (	00:13:51	00:17:27	00:46:10	Energetic Triathlon Shatin	7	6	50.0
126	Lui Kim Lun	00:14:43 (	00:15:43	00:17:26	00:47:52	<b>G</b>	8	5	41.7
125	Leung Yau Tim	00:23:54 (		00:17:16	00:50:37	Hoi Ngai Sports Association	9	4	33.3
200	Ho Ming Hei	00:23:56 (	00:10:17	00:19:44	00:53:57	3	10	3	25.0
131	Wong Hon Bun, Ryan	00:23:55 (		00:18:57		Energetic Triathlon Shatin	11	2	16.7
120	Chan Ho Lit	00:24:03 (		00:26:46	01:13:20	<b>3</b>	12	1	8.3
123	David Hart			00:20:24			DSQ	_	
-									
	Course D - Male Age-Group 30-34								
146	Li Chun Pong	00:13:14 (	00:12:18	00:14:23	00:39:55	Energetic Triathlon Shatin	1	19	100.0

Race No	English Name	Run1 Sv	vim	Run2	Total	Club	Pos	Points	%
154	Wong Ka Ming	00:12:31 00:1	14:58	00:14:00	00:41:29	Energetic Triathlon Shatin	2	18	94.7
145	Lee Yuk Tong	00:12:42 00:1	15:18	00:14:10	00:42:10	Energetic Triathlon Shatin	3	17	89.5
149	Ng Wing Fai	00:13:58 00:1	14:24	00:14:28	00:42:50	Energetic Triathlon Shatin	4	16	84.2
139	Derek Wong	00:14:19 00:1	14:05	00:15:51	00:44:15	Energetic Triathlon Shatin	5	15	78.9
142	James Whitman	00:15:18 00:1	13:27	00:16:33	00:45:18	Tung Chung Triathlon Association	6	14	73.7
138	Dan Shelley	00:15:13 00:1	13:14	00:17:48	00:46:15	Tritons Triathlon Club	7	13	68.4
147	Lok Lam Fung	00:16:19 00:1	13:33	00:17:52	00:47:44	Titan Triathlon	8	12	63.2
132	Au Siu Ming	00:15:35 00:1	16:44	00:17:16	00:49:35	The Little Dolphin Swimming Training Cent	9	11	57.9
144	Lee Yuk Keung	00:16:19 00:1	17:32	00:16:43	00:50:34	Energetic Triathlon Shatin	10	10	52.6
137	Chow Chi Man	00:17:15 00:1	16:19	00:17:31	00:51:05	Energetic Triathlon Shatin	11	9	47.4
150	Sak Kai Yau	00:18:18 00:1	15:38	00:17:10	00:51:06	Hoi Ngai Sports Association	12	8	42.1
140	Fai Ming Hoi, LEO	00:20:13 00:1		00:18:27	00:51:10	Sonic Sports Association	13	7	36.8
141	Hui Chun Yu, Charles	00:16:28 00:1	15:49	00:19:05	00:51:22	Sonic Sports Association	14	6	31.6
143	Kong Tin Lok	00:16:14 00:1	19:47	00:17:46	00:53:47	Hoi Ngai Sports Association	15	5	26.3
189	Hui SZE YUEN	00:16:32 00:1	18:49	00:20:44	00:56:05	Energetic Triathlon Shatin	16	4	21.1
135	CHENG CHO CHUEN	00:23:57 00:1	11:41	00:20:39	00:56:17	Hoi Ngai Sports Association	17	3	15.8
148	Ng Hon Tik	00:24:02 00:1	13:49	00:29:11	01:07:02		18	2	10.5
133	Chan Chin Hung	00:24:04 00:1	17:19	00:26:36	01:07:59	Sonic Sports Association	19	1	5.3
134	Chan YING FUNG						DNS		
136	Cheung Man Kit					Energetic Triathlon Shatin	DNS		
151	Sebastien Stoffel					Sonic Sports Association	DNS		
152	Yip Chun Kit, Kenneth					Sonic Sports Associaiton	DNS		
153	Yuen Kai Lai, Bill					Sonic Sports Association	DNS		
199	Wong Chung Man					Energetic Triathlon Shatin	DNS		
	Course D - Male Age-Group 35-39								
172	Luke Wimbush	00:13:06 00:1	12:33	00:14:36	00:40:15		1	27	100.0
160	Cheung Wai Kei	00:12:52 00:1	13:33	00:14:00	00:40:25		2	26	96.3
164	CHUNG Man Fai	00:14:27 00:1	14:04	00:15:20	00:43:51		3	25	92.6
179	Tsang Hin Lap	00:14:30 00:1	14:02	00:15:24	00:43:56	Titan Triathlon	4	24	88.9
184	Wong Siu Yuen	00:12:59 00:1	17:58	00:13:17	00:44:14	Titan Triathlon	5	23	85.2
188	Federico Masin	00:14:03 00:1	14:52	00:15:39	00:44:34		6	22	81.5
156	Andy Wong	00:14:42 00:1	13:53	00:16:36	00:45:11	Energetic Triathlon Shatin	7	21	77.8
155	Andrea Oschetti	00:13:48 00:1	15:25	00:16:00	00:45:13	Tritons Triathlon Club	8	20	74.1
163	Chum Tik Ho	00:14:14 00:1	15:48	00:15:57	00:45:59		9	19	70.4
192	Luke Fletcher	00:15:38 00:1	14:12	00:16:52	00:46:42	Hong Kong Dragons Triathlon Club	10	18	66.7
165	Clinton Leong	00:15:43 00:1	14:01	00:17:04	00:46:48		11	17	63.0

Race No	English Name	Run1 Swim	Run2	Total	Club	Pos	Points	%
181	Wan Tin Lap	00:15:27 00:15:31	00:15:51	00:46:49	Energetic Triathlon Shatin	12	16	59.3
183	Wong Po Kin, Kent	00:14:39 00:17:14	00:15:26	00:47:19	Sonic Sports Association	13	15	55.6
157	Chan Li	00:16:49 00:13:15	00:17:26	00:47:30	Titan Triathlon	14	14	51.9
187	Yung Leong Sang	00:15:37 00:16:39	00:17:07	00:49:23	Titan Triathlon	15	13	48.1
168	Ho Chi Hung	00:15:49 00:17:12	00:16:47	00:49:48	Titan Triathlon	16	12	44.4
162	Chu Kwok Leung	00:15:40 00:16:48	00:18:07	00:50:35	Energetic Triathlon Shatin	17	11	40.7
170	Lee Ming Yeung	00:16:27 00:16:49	00:17:35	00:50:51	Energetic Triathlon Shatin	18	10	37.0
193	Marshall Lai	00:16:41 00:16:05	00:19:27	00:52:13	Tritons Triathlon Club	19	9	33.3
651	Cham Kam Wah	00:17:47 00:07:15	00:27:15	00:52:17	Hoi Ngai Sports Association	20	8	29.6
176	Niki Lai	00:16:16 00:17:38	00:18:26	00:52:20		21	7	25.9
186	Yu Let Pen	00:15:40 00:18:32	00:18:52	00:53:04	Energetic Triathlon Shatin	22	6	22.2
175	Ngo Tong Heng	00:17:28 00:16:55	00:19:38	00:54:01		23	5	18.5
161	Choi Tin O Alvin	00:23:59 00:12:51	00:21:11	00:58:01		24	4	14.8
159	Cheung M. K.	00:23:58 00:13:16	00:21:23	00:58:37		25	3	11.1
166	Douglas Gordon Parker	00:24:01 00:14:03	00:26:12	01:04:16	Tritons Triathlon Club	26	2	7.4
171	Liu Yau Shung	00:24:05 00:18:52	00:28:52	01:11:49		27	1	3.7
158	Cheung Kit Lun					DNS		
167	Gianandrea Pesci				Tritons Triathlon Club	DNS		
173	MARK PETER EDWARDS					DNS		
174	Mark Weis					DNS		
177	STEPHEN ADAMS				Tritons Triathlon Club	DNS		
178	Tam Kwok Keung				Sonic Sports Association	DNS		
180	Tsui Wai Yuen				Titan Triathlon	DNS		
182	Wong Hon Wai				Energetic Triathlon Shatin	DNS		
185	Wong Yat Leung, David				Titan Triathlon	DNS		
195	Eugene Sun				Tritons Triathlon Club	DNS		
196	Keith Tang			00:18:34	New Target Sports Association	DSQ		
	Course D - Male Age-Group 40-44	ı						
65	Chiu Kok Fu	00:13:13 00:14:06	00:14:21	00:41:40	Titan Triathlon	1	17	100.0
79	Yeung Yam Ho	00:14:13 00:12:06		00:42:57	Energetic Triathlon Shatin	2	16	94.1
78	Wong Tak Wah, Edward	00:13:04 00:16:00	00:15:20	00:44:24	Energetic Triathlon Shatin	3	15	88.2
81	Yip Shing Yan	00:13:45 00:16:40		00:46:07	Titan Triathlon	4	14	82.4
77	Wong Kin, Kenny	00:13:59 00:16:59		00:46:22	Energetic Triathlon Shatin	5	13	76.5
73	Ma Chi Po	00:15:12 00:14:44		00:46:28	Titan Triathlon	6	12	70.6
64	CHAN TZE CHUNG	00:14:44 00:16:02		00:46:57		7	11	64.7
67	Henry HO	00:15:00 00:15:12	00:16:49	00:47:01		8	10	58.8

Course D - Male Age-Group 45-49   Course D - Male Age-Group 45-59   Cour	Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	<b>Points</b>	%
190   Wan Ting Yiu, Ricky   00:16:30 00:15:30   00:18	63	LAM HING YIN	00:15:20	00:16:14	00:18:04	00:49:38		9	9	52.9
Ashley Billington	72	Leung Wah Tat Keith	00:15:42	00:17:11	00:17:49	00:50:42	Energetic Triathlon Shatin	10	8	47.1
To   Lee Wing Kwong	190	Wan Ting Yiu, Ricky	00:16:30	00:15:39	00:18:45	00:50:54	Energetic Triathlon Shatin	11	7	41.2
Mak Nai Sum, Sam	83	Ashley Billington	00:15:24	00:16:40	00:19:33	00:51:37		12	6	35.3
Tan Wing On	70	Lee Wing Kwong	00:16:20	00:16:56	00:19:30	00:52:46	Titan Triathlon	13	5	29.4
Course D - Male Age-Group 45-49   Chan Chu   Ming   Chiu Age Mark Surface   Ming   M	74	Mak Nai Sum, Sam	00:16:36	00:19:39	00:18:50	00:55:05		14	4	23.5
Course D - Male Age-Group 45-49   Chan Chu Lap Wing   00:14:35 00:124:10   00:14:55 00:14:15   00:14:55 00:14:15   00:14:55 00:14:15   00:14:55 00:14:15   00:14:55 00:14:15   00:16:25	76	Tan Wing On	00:18:37	00:18:18	00:20:14	00:57:09	Sonic Sports Association	15	3	17.6
Course D - Male Age-Group 45-49	69	Lee Chun Hong	00:16:44	00:10:33	00:30:37	00:57:54		16	2	11.8
Titan Triathlon   Titan Tria	68	LAM Kim Ming, Kenneth	00:16:50	00:20:51	00:24:33	01:02:14		17	1	5.9
Poon Che Wai   Property   Prope	66	Gerry Redmond	00:49:09	00:12:28	00:19:23	01:21:00		DSQ		
Titan Triathlon   DNS   Sonic Sports Association   Sonic Sports Association   DNS   Sonic Sports Association   Sonic Sports Association   DNS   Sonic Sports Association   DNS   Sonic Sports Association   DNS   Sonic Sports Association   Sonic Sports Association   DNS   Sonic Sports Association   Sonic Sports Associati	71	Lee Yiu Ming					Sonic Sports Association	DNS		
Course D - Male Age-Group 45-49   Sonic Sports Association   DNS	75	Poon Che Wai						DNS		
Course D - Male Age-Group 45-49	80	Yip Ho Ming					Titan Triathlon	DNS		
84         Chan Chu         00:13:03         00:14:15         00:15:36         00:42:54         Energetic Triathlon Shatin         1         16         100.0           86         Chiu Lap Wing         00:13:38         00:14:55         00:14:35         00:14:35         00:14:33         00:14:33         00:14:33         00:14:33         00:14:33         00:14:33         00:14:33         00:17:22         00:44:33         3         14         87.5           103         Scott James Burton         00:14:45         00:12:40         00:16:29         00:46:08         Titan Triathlon         4         13         81.3           95         Lau Siu Kan         00:15:39         00:16:10         00:16:29         00:46:08         Titan Triathlon         5         12         75.0           100         Mak Tak Cheung         00:13:59         00:16:10         00:16:29         00:46:08         Ma On Shan Swimming and Triathlon Club         6         11         68.8           85         Chan Wai Kee, Eric         00:14:53         00:15:51         00:16:15         00:46:59         Energetic Triathlon Shatin         8         9         56.3           102         Poon Kwok Wing         00:16:03         00:16:04         00:17:50         00:49:57         00:49:	82	Yiu Ka On					Sonic Sports Association	DNS		
84         Chan Chu         00:13:03         00:14:15         00:15:36         00:42:54         Energetic Triathlon Shatin         1         16         100.0           86         Chiu Lap Wing         00:13:38         00:14:55         00:14:35         00:14:35         00:14:33         00:14:33         00:14:33         00:14:33         00:14:33         00:14:33         00:14:33         00:17:22         00:44:33         3         14         87.5           103         Scott James Burton         00:14:45         00:12:40         00:16:29         00:46:08         Titan Triathlon         4         13         81.3           95         Lau Siu Kan         00:15:39         00:16:10         00:16:29         00:46:08         Titan Triathlon         5         12         75.0           100         Mak Tak Cheung         00:13:59         00:16:10         00:16:29         00:46:08         Ma On Shan Swimming and Triathlon Club         6         11         68.8           85         Chan Wai Kee, Eric         00:14:53         00:15:51         00:16:15         00:46:59         Energetic Triathlon Shatin         8         9         56.3           102         Poon Kwok Wing         00:16:03         00:16:04         00:17:50         00:49:57         00:49:										
86         Chiu Lap Wing         00:13:38 00:15:58 00:12:41         00:14:57 00:44:33         00:44:33 00:44:33         3 14 87.5           93         Jamie Erwin         00:14:35 00:12:41 00:17:22 00:44:38         00:44:38         3 14 87.5           103         Scott James Burton         00:14:45 00:12:36 00:18:06 00:18:06 00:45:27         00:46:08 Titan Triathlon         5 12 75.0           95         Lau Siu Kan         00:13:59 00:16:10 00:16:03 00:16:00 00:46:05         Titan Triathlon         5 12 75.0           100         Mak Tak Cheung         00:13:59 00:15:10 00:16:03 00:16:23 00:46:20         Wa On Shan Swimming and Triathlon Club 6 11 68.8         6 11 68.8           85         Chan Wai Kee, Eric         00:14:54 00:15:03 00:15:51 00:16:05 00:16:25 00:15:52 00:15:20 00:15:59 00:15:22 00:17:26 00:48:47         Sonic Sports Association         7 10 62.5           102         Poon Kwok Wing         00:15:59 00:15:22 00:17:26 00:18:48 00:18:40		Course D - Male Age-Group 45-49								
93         Jamie Erwin         00:14:35 00:12:41         00:17:22         00:44:38         3         14         87.5           103         Scott James Burton         00:14:45 00:12:36         00:18:06         00:45:27         4         13         81.3           95         Lau Siu Kan         00:15:32 00:14:07         00:16:29         00:46:08         Titan Triathlon         5         12         75.0           100         Mak Tak Cheung         00:13:59 00:16:16         00:16:00         00:46:15         Ma On Shan Swimming and Triathlon Club 6         11         68.8           85         Chan Wai Kee, Eric         00:14:54 00:15:03         00:16:15         00:46:15         Sonic Sports Association         7         10         62.5           102         Poon Kwok Wing         00:14:53 00:15:51         00:16:15         00:46:59         Energetic Triathlon Shatin         8         9         56.3           97         Lee Chun Fai         00:16:03 00:16:04         00:17:50         00:48:47         Energetic Triathlon Shatin         9         8         50.0           88         Chou Tak Fung         00:16:10 00:16:20         00:18:48         00:52:08         Sonic Sports Association         12         5         31.3           87         Choi Ta	84	Chan Chu	00:13:03	00:14:15	00:15:36	00:42:54	Energetic Triathlon Shatin	1	16	100.0
103   Scott James Burton   00:14:45   00:12:36   00:18:06   00:45:27   00:46:08   Titan Triathlon   5   12   75.0     100   Mak Tak Cheung   00:13:59   00:16:16   00:16:00   00:46:15   Ma On Shan Swimming and Triathlon Club   6   11   68.8     85   Chan Wai Kee, Eric   00:14:54   00:15:00   00:16:15   00:16:15   00:16:15   00:46:59     102   Poon Kwok Wing   00:14:53   00:15:51   00:16:15   00:16:15   00:46:59     101   Poon Kwok Wing   00:14:54   00:15:59   00:15:59   00:15:59   00:17:26     102   Poon Kwok Wing   00:14:53   00:15:59   00:15:59   00:17:26     103   Poon Kwok Wing   00:14:50   00:16:15     104   Poon Kwok Wing   00:14:50   00:16:15     105   Poon Kwok Wing   00:14:50   00:16:15     105   Poon Kwok Wing   00:14:50   00:15:59     106   Lai Yiu Chung, Alex   00:15:59   00:15:50   00:17:26     107   Poon Kwok Wing   00:16:04   00:17:50     108   Poon Kwok Wing   00:16:04   00:17:50     109   Fung Chi Wah, John   00:16:04   00:16:31   00:18:40     100   Poon Kwok Wing   00:16:10   00:16:31   00:17:50     100   Poon Kwok Wing   00:16:10   00:16:31   00:17:50     101   Poon Kwok Wing   00:16:10   00:16:31   00:17:50     102   Poon Kwok Wing   00:16:10   00:16:31   00:17:50     103   Poon Kwok Wing   00:16:10   00:16:31   00:17:50     104   Poon Kwok Wing   00:48:47   Energetic Triathlon Shatin   10   7   43.8     105   Poon Kwok Wing   00:16:10   00:16:31   00:18:40   00:18:40     108   Poon Kwok Wing   00:16:10   00:16:10   00:18:40     109   Poon Kwok Wing   00:16:10   00:16:20   00:18:40   00:18:40     100   Poon Kwok Wing   00:16:10   00:16:10   00:16:30   00:18:40     100   Poon Kwok Wing   00:16:10   00:16:10   00:16:30   00:18:40     100   Poon Kwok Wing   00:16:10   00:16:10   00:16:30   00:18:40     103   Poon Kwok Wing   00:16:10   00:16:10   00:18:40     104   Poon Kwok Wing   00:16:10   00:16:10   00:16:30     105   Poon Kwok Wing   00:16:10   00:16:10   00:16:10     106   Poon Kwok Wing   00:16:10   00:16:10   00:16:10     107   Poon Kwok Wing   00:16:10   00:16:10   00:16:10     100	86	Chiu Lap Wing	00:13:38	00:15:58	00:14:57	00:44:33		2	15	93.8
95         Lau Siu Kan         00:15:32 00:14:07         00:16:29 00:46:08         Titan Triathlon         5         12         75.0           100         Mak Tak Cheung         00:13:59 00:16:16 00:16:00 00:16:00 00:46:15         00:46:05 00:16:15 00:46:20 00:46:20 00:46:20 00:46:20 00:46:20 00:46:20 00:46:59 00:16:15 00:46:59 00:15:51 00:16:15 00:46:59 00:15:59 00:16:30 00:16:30 00:16:30 00:16:30 00:16:30 00:16:30 00:16:30 00:16:30 00:16:30 00:16:30 00:16:30 00:18:40 00:16:30 00:18:40 00:16:30 00:18:40 00:16:30 00:18:40 00:16:30 00:18:40 00:16:30 00:18:40 00	93	Jamie Erwin	00:14:35	00:12:41	00:17:22	00:44:38		3	14	87.5
100         Mak Tak Cheung         00:13:59 00:16:16         00:16:00         00:46:15         Ma On Shan Swimming and Triathlon Club         6         11         68.8           85         Chan Wai Kee, Eric         00:14:54 00:15:03         00:16:23         00:46:20         Sonic Sports Association         7         10         62.5           102         Poon Kwok Wing         00:14:53 00:15:51         00:16:15         00:46:59         Energetic Triathlon Shatin         8         9         56.3           616         Lai Yiu Chung, Alex         00:15:59 00:15:22         00:17:26         00:48:47         Energetic Triathlon Shatin         9         8         50.0           97         Lee Chun Fai         00:16:03 00:16:04         00:17:50         00:49:57         Energetic Triathlon Shatin         9         8         50.0           88         Chow Tak Fung         00:16:10 00:16:31         00:18:57         00:51:38         Energetic Triathlon Shatin         10         7         43.8           87         Choi Tai Wing         00:16:31 00:17:24         00:19:02         00:52:08         Sonic Sports Association         12         5         31.3           89         Chung Lui Hung Lawrence         00:16:50 00:18:26         00:17:50         00:53:37         Energetic Triathlon S	103	Scott James Burton	00:14:45	00:12:36	00:18:06	00:45:27		4	13	81.3
85         Chan Wai Kee, Eric         00:14:54 00:15:03         00:16:23         00:46:20         Sonic Sports Association         7         10         62.5           102         Poon Kwok Wing         00:14:53 00:15:51         00:16:15         00:46:59         Energetic Triathlon Shatin         8         9         56.3           616         Lai Yiu Chung, Alex         00:15:59 00:15:22         00:17:20         00:48:47         Energetic Triathlon Shatin         9         8         50.0           97         Lee Chun Fai         00:16:03 00:16:04         00:17:50         00:49:57         Energetic Triathlon Shatin         9         8         50.0           88         Chow Tak Fung         00:16:10 00:16:31         00:18:57         00:51:38         Sonic Sports Association         10         7         43.8           90         Fung Chi Wah, John         00:17:00 00:16:20         00:18:48         00:52:08         Sonic Sports Association         12         5         31.3           87         Choi Tai Wing         00:16:50 00:18:26         00:17:58         00:53:14         Hoi Ngai Sports Association         13         4         25.0           89         Chung Lui Hung Lawrence         00:16:50 00:19:04         00:18:42         00:53:37         Titan Triathlon Shatin	95	Lau Siu Kan	00:15:32	00:14:07	00:16:29	00:46:08			12	75.0
102         Poon Kwok Wing         00:14:53 00:15:51 00:16:15 00:46:59         Energetic Triathlon Shatin         8         9         56.3           616         Lai Yiu Chung, Alex         00:15:59 00:15:22 00:17:26 00:48:47         Energetic Triathlon Shatin         9         8         50.0           97         Lee Chun Fai         00:16:03 00:16:04 00:17:50 00:49:57         Energetic Triathlon Shatin         10         7         43.8           88         Chow Tak Fung         00:16:10 00:16:31 00:18:57 00:51:38         00:51:38         11         6         37.5           90         Fung Chi Wah, John         00:17:00 00:16:20 00:18:48 00:52:08         Sonic Sports Association         12         5         31.3           87         Choi Tai Wing         00:16:50 00:18:26 00:17:58 00:19:04 00:19:02 00:52:57         Hoi Ngai Sports Association         13         4         25.0           89         Chung Lui Hung Lawrence         00:15:51 00:19:04 00:18:42 00:13:37         00:53:37         Energetic Triathlon Shatin         14         3         18.8           96         Lawrence Mills         00:15:51 00:19:04 00:18:42 00:53:37         Titan Triathlon         16         1         6.3           91         Ho Chak         The Chak         Titan Triathlon Shatin         DNS           92	100	Mak Tak Cheung	00:13:59	00:16:16	00:16:00	00:46:15	<del>_</del>	6 ر	11	68.8
616         Lai Yiu Chung, Alex         00:15:59 00:15:22         00:17:26         00:48:47         Energetic Triathlon Shatin         9         8         50.0           97         Lee Chun Fai         00:16:03 00:16:04         00:17:50         00:49:57         Energetic Triathlon Shatin         10         7         43.8           88         Chow Tak Fung         00:16:10 00:16:31         00:18:57         00:51:38         11         6         37.5           90         Fung Chi Wah, John         00:17:00 00:16:20         00:18:48         00:52:08         Sonic Sports Association         12         5         31.3           87         Choi Tai Wing         00:16:31 00:17:24         00:19:02         00:52:57         Hoi Ngai Sports Association         13         4         25.0           89         Chung Lui Hung Lawrence         00:16:50 00:18:26         00:17:58         00:53:14         Energetic Triathlon Shatin         14         3         18.8           96         Lawrence Mills         00:15:51 00:19:04         00:18:42         00:53:37         Titan Triathlon         16         1         6.3           91         Ho Chak         Energetic Triathlon Shatin         DNS         5         15         2         12.5           92	85	Chan Wai Kee, Eric	00:14:54	00:15:03	00:16:23		·	7	10	62.5
97         Lee Chun Fai         00:16:03 00:16:04 00:17:50 00:49:57         Coulon Fai         00:16:03 00:16:04 00:17:50 00:49:57         Energetic Triathlon Shatin         10 7 43.8           88         Chow Tak Fung         00:16:10 00:16:31 00:18:57 00:51:38         00:11:03:18:48 00:52:08         Sonic Sports Association         11 6 37.5           90         Fung Chi Wah, John         00:17:00 00:16:20 00:18:48 00:52:08         Sonic Sports Association         12 5 31.3           87         Choi Tai Wing         00:16:31 00:17:24 00:19:02 00:52:57         Hoi Ngai Sports Association         13 4 25.0           89         Chung Lui Hung Lawrence         00:16:50 00:18:26 00:17:58 00:53:14         Energetic Triathlon Shatin         14 3 18.8           96         Lawrence Mills         00:15:51 00:19:04 00:18:42 00:53:37         Titan Triathlon         15 2 12.5           94         Lam Chi Choi         01:03:16 Titan Triathlon         16 1 6.3           91         Ho Chak         Energetic Triathlon Shatin         DNS           92         Ho Hing Cheung         Sonic Sports Association         Sonic Sports Association           99         Lee Ying Ho         Sonic Sports Association	102	Poon Kwok Wing	00:14:53	00:15:51	00:16:15	00:46:59	Energetic Triathlon Shatin	8	9	56.3
88         Chow Tak Fung         00:16:10 00:16:31 00:18:57 00:51:38         00:18:57 00:51:38         11 6 37.5           90         Fung Chi Wah, John         00:17:00 00:16:20 00:18:48 00:52:08         Sonic Sports Association         12 5 31.3           87         Choi Tai Wing         00:16:31 00:17:24 00:19:02 00:52:57 Hoi Ngai Sports Association         13 4 25.0           89         Chung Lui Hung Lawrence         00:16:50 00:18:26 00:17:58 00:53:14 Energetic Triathlon Shatin         Energetic Triathlon Shatin         14 3 18.8           96         Lawrence Mills         00:15:51 00:19:04 00:18:42 00:53:37         15 2 12.5           94         Lam Chi Choi         01:03:16 Energetic Triathlon Shatin         16 1 6.3           91         Ho Chak         Energetic Triathlon Shatin         DNS           92         Ho Hing Cheung         Sonic Sports Association         Sonic Sports Association           98         Lee Ying Ho         Sonic Sports Association	616	Lai Yiu Chung, Alex	00:15:59	00:15:22	00:17:26	00:48:47	Energetic Triathlon Shatin	9	8	50.0
90 Fung Chi Wah, John 00:17:00 00:16:20 00:18:48 00:52:08 Sonic Sports Association 12 5 31.3 87 Choi Tai Wing 00:16:31 00:17:24 00:19:02 00:52:57 Hoi Ngai Sports Association 13 4 25.0 89 Chung Lui Hung Lawrence 00:16:50 00:18:26 00:17:58 00:53:14 Energetic Triathlon Shatin 14 3 18.8 96 Lawrence Mills 00:15:51 00:19:04 00:18:42 00:53:37 15 2 12.5 94 Lam Chi Choi 01:03:16 Titan Triathlon 16 1 6.3 91 Ho Chak Energetic Triathlon Shatin DNS 92 Ho Hing Cheung 98 Lee Ying Ho Lo Chin-pang	97	Lee Chun Fai	00:16:03	00:16:04	00:17:50	00:49:57	Energetic Triathlon Shatin	10	7	43.8
87         Choi Tai Wing         00:16:31 00:17:24 00:19:02 00:52:57         Hoi Ngai Sports Association         13         4         25.0           89         Chung Lui Hung Lawrence         00:16:50 00:18:26 00:17:58 00:53:14         Energetic Triathlon Shatin         14         3         18.8           96         Lawrence Mills         00:15:51 00:19:04 00:18:42 00:53:37         15         2         12.5           94         Lam Chi Choi         01:03:16 Titan Triathlon         Titan Triathlon Shatin         16         1         6.3           91         Ho Chak         Energetic Triathlon Shatin         DNS           92         Ho Hing Cheung         Sonic Sports Association         Sonic Sports Association           99         Lee Ying Ho         Sonic Sports Association	88	Chow Tak Fung	00:16:10	00:16:31	00:18:57	00:51:38		11	6	37.5
89         Chung Lui Hung Lawrence         00:16:50 00:18:26 00:17:58 00:53:14         Energetic Triathlon Shatin         14         3         18.8           96         Lawrence Mills         00:15:51 00:19:04 00:18:42 00:53:37         15         2         12.5           94         Lam Chi Choi         01:03:16 Titan Triathlon         16         1         6.3           91         Ho Chak         Energetic Triathlon Shatin         DNS           92         Ho Hing Cheung         Sonic Sports Association         Sonic Sports Association           99         Lo Chin-pang	90	Fung Chi Wah, John	00:17:00	00:16:20	00:18:48	00:52:08	Sonic Sports Association	12	5	31.3
96       Lawrence Mills       00:15:51 00:19:04 00:18:42 00:53:37       15       2       12.5         94       Lam Chi Choi       01:03:16 Titan Triathlon       16       1       6.3         91       Ho Chak       Energetic Triathlon Shatin       DNS         92       Ho Hing Cheung       Sonic Sports Association         98       Lee Ying Ho       Sonic Sports Association         99       Lo Chin-pang	87	Choi Tai Wing	00:16:31	00:17:24	00:19:02	00:52:57	Hoi Ngai Sports Association	13	4	25.0
94 Lam Chi Choi 01:03:16 Titan Triathlon 16 <b>1 6.3</b> 91 Ho Chak Energetic Triathlon Shatin DNS 92 Ho Hing Cheung 98 Lee Ying Ho Sonic Sports Association 99 Lo Chin-pang	89	Chung Lui Hung Lawrence	00:16:50	00:18:26	00:17:58	00:53:14	Energetic Triathlon Shatin	14	3	18.8
91 Ho Chak Energetic Triathlon Shatin DNS 92 Ho Hing Cheung 98 Lee Ying Ho Sonic Sports Association 99 Lo Chin-pang	96	Lawrence Mills	00:15:51	00:19:04	00:18:42	00:53:37		15	2	12.5
92 Ho Hing Cheung 98 Lee Ying Ho Sonic Sports Association 99 Lo Chin-pang	94	Lam Chi Choi				01:03:16	Titan Triathlon	16	1	6.3
98 Lee Ying Ho Sonic Sports Association 99 Lo Chin-pang	91	Ho Chak					Energetic Triathlon Shatin	DNS		
99 Lo Chin-pang	92	Ho Hing Cheung								
	98	Lee Ying Ho					Sonic Sports Association			
101 Ng Ying Dun, Douglas Hong Kong Dragons Triathlon Club	99	Lo Chin-pang								
	101	Ng Ying Dun, Douglas					Hong Kong Dragons Triathlon Club			

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
104	Wang Zhe Shen, Julius					Sonic Sports Association			
198	Tsang Chung Ming					Titan Triathlon			
_		_							
	Course D - Male Age-Group 50-54								
2	Wong Cheuk Yin	00:13:57		00:16:33		Titan Triathlon	1	13	
11	Li Ka Wo	00:14:17		00:17:07		New Wave Sports Association	2	12	
3	Wong Kam Tim	00:14:00		00:17:28	00:48:19		3	11	
7	Fergus Lam	00:13:43		00:16:36	00:49:08	Energetic Triathlon Shatin	4	10	
4	Wong Kwok Wah	00:14:59		00:19:10		Titan Triathlon	5	9	
12	Steven Sum	00:14:39	00:18:53	00:16:43	00:50:15		6	8	
6	Cheung Chi Wing	00:14:30		00:17:20	00:50:39	Titan Triathlon	7	7	
197	Man Wai Leung	00:16:57		00:18:57		Titan Triathlon	8	6	
9	Kwok Sui Wing	00:17:05		00:19:06	00:55:15		9	5	
14	Wong Lok Yin	00:16:41	00:20:33	00:21:27	00:58:41		10	4	
13	Tam Fai Kin	00:21:43		00:27:40		Energetic Triathlon Shatin	11	3	
1	Philip Penaloza	00:27:01	00:27:54	00:31:06	01:26:01		12	2	
5	Chan Po Kwok	00:47:47	00:19:56	00:22:13	01:29:56	Ma On Shan Swimming and Triathlon Club	13	1	
8	Jeremy Bartlett						DNS		
10	LAM CHI CHAM						DNS		
16	Armando Osmani					Titan Triathlon	DNS		
_		_							
	Course D - Male Age-Group 55 & Over								
24	Leung Chi Hung, Nelson	00:15:45	00:15:20	00:18:17		Titan Triathlon	1		100.0
21	James Vickers	00:15:11		00:17:49	00:49:40		2	5	83.3
19	Chan Ho Kee	00:16:12		00:17:48	00:49:53	Titan Triathlon	3	4	66.7
26	Kwong Lam	00:16:31		00:18:45	00:53:08		4	3	50.0
20	Chan King Yuen	00:18:02	00:15:46	00:19:38	00:53:26	Titan Triathlon	5	2	33.3
18	Chan Fai Ming	00:17:27	00:17:58	00:20:58	00:56:23		6	1	16.7
17	Alan Collins						DSQ		
22	Jesse Chang						DNS		
23	Lau Shiu Lon					Energetic Triathlon Shatin	DNS		
25	Tsoi Hon Kiu					Energetic Triathlon Shatin	DNS		
27	lan Brownlee					Sonic Sports Association	DNS		
	Course D. Female Flite Open								
62	Course D - Female Elite Open Li Yik Lam, Edith	00:13:47	00.11.21	00.15.09	00:40:16	Energetic Triathlon Shatin	1	2	100.0
62 61	Cheung Ting Yan			00:15:59		Energetic Triathlon Shatin	2	1	50.0
וס	Cheung ling ran	00.13.43	00.11.47	00.15.59	00.41.31	Lifetyelle Ittatillott Stratili	2	'	50.0

Course D - Female Age-Group 20-29   31   Mak So Ning, Tania   00:13:53 00:12:47   00:15:39   00:42:19   Energetic Triathlon Shatin   1   2   100.0   2   2   2   2   2   2   2   2   2	Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
Mak So Ning, Tania   00:13:53 00:12:47   00:15:39   00:42:19   Energetic Triathlon Shatin   1   2   10:00	•	Cauras D. Famala Aga Craun 20 20								
191	21		00.12.52 (	20.12.17	00:15:20	00:42:10	Energetic Triathlen Shatin	1	2	100.0
Course D - Femalo Age-Group 30-39   Course D - Femalo Age-Group 30-39		<b>G</b> .					•	=		
Page   Eva Jentschura   Stephanie Bina   Stephanie Bina		•	00.15.52	JU. 12.49	00.17.51	00.40.32	•		•	50.0
Course D - Female Age-Group 30-39   Course D - Female Age-Group 30-39							•	_		
Course D - Female Age-Group 30-39   Chow Oui Yan								_		
Chow Oui Yan   O0:14:41 00:15:37   O0:15:56   O0:46:14   Titan Triathlon   1   15   100.0	32	Stephanie Bina					Soliic Sports Association	DNS		
33		Course D - Female Age-Group 30-39								
Nerida Rigg	40	Chow Oui Yan	00:14:41 (	00:15:37	00:15:56	00:46:14	Titan Triathlon	1	15	100.0
Mok Ka Klu	33	Carlay Tong	00:15:30	00:13:17	00:19:01	00:47:48	Energetic Triathlon Shatin	2	14	93.3
38         Cheung Kam Yan         00:15:24 00:16:18         00:17:29         00:49:11         Tritons Triathlon Club         5         11         73.3           44         Julie Woods         00:16:35 00:13:53         00:19:23         00:49:51         Tritons Triathlon Club         6         10         66.7           43         Hui Ka Man         00:17:16 00:14:41         00:19:04         00:51:01         Energetic Triathlon Shatin         7         9         60.0           42         Ho Kit Ying         00:15:44 00:16:59         00:18:21         00:51:09         Titan Triathlon         8         8         53.3           36         Chan Lok Yan         00:17:70 00:14:54         00:19:00         00:51:09         Titan Triathlon         9         7         46.7           39         Cheung Wai Yan         00:16:36 00:17:01         00:20:30         00:51:59         Titan Triathlon         11         5         33.3           35         Chan Kwai Wah         00:18:02 00:16:14         00:20:00         00:54:16         Titan Triathlon         11         5         33.3         20.0           49         Lao Ka Lai         00:17:20 00:20:28         00:20:52         00:58:49         00:58:39         Sonic Sports Association         DNS         16.7	194	Nerida Rigg	00:15:33 (	00:14:11	00:18:06	00:47:50	Hong Kong Dragons Triathlon Club	3	13	86.7
44         Julie Woods         00:16:35 00:13:53         00:19:23         00:49:51         Tritons Triathlon Club         6         10         66.7           43         Hui Ka Man         00:17:16 00:14:41         00:19:04         00:51:04         Energetic Triathlon Shatin         7         9         60.0           42         Ho Kit Ying         00:15:44 00:16:59         00:18:21         00:51:04         Titan Triathlon         8         8         53.3           36         Chan Lok Yan         00:15:34 00:17:36         00:18:49         00:51:09         Titan Triathlon         9         7         46.7           39         Cheung Wai Yan         00:16:36 00:17:01         00:20:38         00:51:59         Titan Triathlon         10         6         40.0           48         Wong Suet fan         00:16:36 00:17:01         00:20:38         00:51:59         Titan Triathlon         11         5         33.3           35         Chan Kwai Wah         00:18:22 00:17:41         00:20:36         00:56:39         Sonic Sports Association         11         5         33.3           49         Lao Ka Lai         00:17:20 00:20:28         00:20:50         00:58:40         Tritons Triathlon Club         15         1         6.7	45	Mok Ka Kiu	00:14:20 (	00:16:41	00:16:52	00:47:53	Energetic Triathlon Shatin	4	12	80.0
43         Hui Ka Man         00:17:16 00:14:41         00:19:04         00:51:01         Energetic Triathlon Shatin         7         9         60.0           42         Ho Kit Ying         00:15:44 00:16:59         00:18:21         00:51:04         Titan Triathlon         8         8         53.3           36         Chan Lok Yan         00:17:07 00:14:54         00:19:08         00:51:59         Titan Triathlon         9         7         46.7           39         Cheung Wai Yan         00:16:36 00:17:01         00:20:38         00:51:59         Titan Triathlon         11         5         33.3           35         Chan Kwai Wah         00:18:02 00:16:14         00:20:38         00:54:16         Titan Triathlon         12         4         26.7           46         Susana Campuzano         00:18:22 00:17:41         00:20:36         00:56:39         Sonic Sports Association         13         3         20.0           49         Lao Ka Lai         00:17:20 00:20:28         00:20:32         01:00:29         Tritons Triathlon Club         15         1         6.7           37         Chan Yee Ting         Titan Triathlon         1         5         1         6.7           47         Veronica Llorca         Titan Triathlo	38	Cheung Kam Yan	00:15:24 (	00:16:18	00:17:29	00:49:11		5	11	73.3
Ho Kit Ying	44	Julie Woods	00:16:35 (	00:13:53	00:19:23	00:49:51	Tritons Triathlon Club	6	10	66.7
36         Chan Lok Yan         00:17:07 00:14:54         00:19:08 00:51:09         Titan Triathlon         9         7         46.7           39         Cheung Wai Yan         00:15:34 00:17:36 00:18:49         00:51:59         10         6         40.0           48         Wong Suet fan         00:16:36 00:17:01 00:20:38 00:54:15         Titan Triathlon         11         5         33.3           35         Chan Kwai Wah         00:18:02 00:16:14 00:20:00 00:54:16         Titan Triathlon         12         4         26.7           46         Susana Campuzano         00:18:22 00:17:41 00:20:36 00:55:39         00:56:30 Sonic Sports Association         13         3         20.0           49         Lao Ka Lai         00:17:20 00:20:28 00:20:52 00:58:40         00:58:40 Sonic Sports Association         14         2         13.3         3         20.0           37         Chan Yee Ting         00:19:00 00:18:00 00:23:29 00:23:29 01:00:29         Tritons Triathlon Club         DNS         DNF           41         Grace Wong         50 ip Ka-yee         Tritons Triathlon Club         DNS         Tritons Triathlon Club         DNS         DNS           50         Ip Ka-yee         50 ip Ka-yee         50 ip Ka-yee         50 ip Ka-yee         50 ip Ka-yee         50 ip Ka-yee	43	Hui Ka Man	00:17:16	00:14:41	00:19:04	00:51:01	Energetic Triathlon Shatin	7	9	60.0
Cheung Wai Yan   00:15:34 00:17:36   00:18:49   00:51:59	42	Ho Kit Ying	00:15:44	00:16:59	00:18:21	00:51:04	Titan Triathlon	8	8	53.3
48         Wong Suet fan         00:16:36 00:17:01         00:20:38         00:54:15         Titan Triathlon         11         5         33.3           35         Chan Kwai Wah         00:18:02 00:16:14         00:20:00         00:54:16         Titan Triathlon         12         4         26.7           46         Susana Campuzano         00:18:22 00:17:41         00:20:36         00:56:39         Sonic Sports Association         13         3         20.0           49         Lao Ka Lai         00:17:20 00:20:28         00:20:52         00:58:40         Tritons Sports Association         13         3         20.0           37         Chan Yee Ting         00:19:00 00:18:00         00:23:29         01:00:29         Tritons Triathlon Club         DNS           47         Veronica Llorca         Sonic Sports Association         DNS         Tritons Triathlon Club         DNS           50         Ip Ka-yee         Tritons Triathlon Club         DNS         Tritons Triathlon Club         DNS           54         Lui Shuk Han, Karen         00:14:28 00:15:49         00:17:50         00:47:22         Energetic Triathlon Shatin         1         7         100.0           60         Ng Yau Lan         00:16:47 00:19:44         00:18:50         00:49:43	36	Chan Lok Yan	00:17:07	00:14:54	00:19:08	00:51:09	Titan Triathlon	9	7	46.7
35         Chan Kwai Wah         00:18:02 00:16:14 00:20:00 00:54:16 Susana Campuzano         Titan Triathlon         12 4 26.7         4 26.7           46         Susana Campuzano         00:18:22 00:17:41 00:20:28 00:20:22 00:58:40         Sonic Sports Association         13 3 20.0           49         Lao Ka Lai         00:17:20 00:20:28 00:20:22 00:58:40         Tritons Triathlon Club         14 2 13.3           34         Cecilia Leung         00:19:00 00:18:00 00:18:00 00:23:29 01:00:29 00:20:29 01:00:29 00:20:20 00:20:2	39	Cheung Wai Yan	00:15:34 (	00:17:36	00:18:49	00:51:59		10	6	40.0
46         Susana Campuzano         00:18:22 00:17:41         00:20:36 00:56:39         Sonic Sports Association         13 3 20.0           49         Lao Ka Lai         00:17:20 00:20:28 00:20:52 00:58:40         14 2 13.3           34         Cecilia Leung         00:19:00 00:18:00 00:18:00 00:23:29         01:00:29 00:20:29 01:00:29         Tritons Triathlon Club         15 1 6.7           37         Chan Yee Ting         DNF         Sonic Sports Association         DNS           41         Grace Wong         Sonic Sports Association         DNS           47         Veronica Llorca         Tritons Triathlon Club         DNS           50         Ip Ka-yee         Tritons Triathlon Club         DNS           **Course D - Female Age-Group 40 & Over           54         Lui Shuk Han, Karen         00:14:28 00:15:49 00:15:55 00:17:54 00:47:22 00:49:43 Ma On Shan Swimming and Triathlon Club 2 6 85.7           57         Pauline Tse         00:16:47 00:19:44 00:18:55 00:17:54 00:55:25 Titan Triathlon         Ma On Shan Swimming and Triathlon Club 2 6 85.7           59         Yu Pik Yuk Julie 00:17:50 00:16:58 00:21:00 00:18:59 00:21:10 00:55:58	48	Wong Suet fan	00:16:36	00:17:01	00:20:38	00:54:15	Titan Triathlon	11	5	33.3
49 Lao Ka Lai 00:17:20 00:20:28 00:20:52 00:58:40	35	Chan Kwai Wah	00:18:02 (	00:16:14	00:20:00	00:54:16	Titan Triathlon	12	4	26.7
34         Cecilia Leung         00:19:00 00:18:00         00:23:29         01:00:29         Tritons Triathlon Club         15         1         6.7           37         Chan Yee Ting         DNF           41         Grace Wong         Sonic Sports Association         DNS           47         Veronica Llorca         Tritons Triathlon Club         DNS           50         Ip Ka-yee         Tritons Triathlon Club         DNS           54         Lui Shuk Han, Karen         00:14:28 00:15:49 00:17:05 00:17:54 00:47:22         Energetic Triathlon Shatin         1         7         100.0           60         Ng Yau Lan         00:15:54 00:15:55 00:17:54 00:49:43 00:49:43         Ma On Shan Swimming and Triathlon Club 2 6 85.7         85.7           57         Pauline Tse         00:16:47 00:19:44 00:18:54 00:55:58         Titan Triathlon         3         5         71.4           59         Yu Pik Yuk Julie         00:17:50 00:16:58 00:21:10 00:55:58         Titan Triathlon         3         5         71.4           53         Chan Suet Wah         00:16:36 00:21:02 00:18:59 00:24:36 01:07:20 Hoi Ngai Sports Association         6         2         28.6	46	Susana Campuzano	00:18:22 (	00:17:41	00:20:36	00:56:39	Sonic Sports Association	13	3	20.0
Chan Yee Ting	49	Lao Ka Lai	00:17:20 (	00:20:28	00:20:52	00:58:40		14	2	13.3
Sonic Sports Association   DNS	34	Cecilia Leung	00:19:00	00:18:00	00:23:29	01:00:29	Tritons Triathlon Club	15	1	6.7
47 Veronica Llorca         Tritons Triathlon Club         DNS           50 Ip Ka-yee         Course D - Female Age-Group 40 & Over           54 Lui Shuk Han, Karen         00:14:28 00:15:49 00:15:49 00:17:05 00:47:22         Energetic Triathlon Shatin         1 7 100.0           60 Ng Yau Lan         00:15:54 00:15:55 00:17:54 00:49:43 Ma On Shan Swimming and Triathlon Club 2 6 85.7           57 Pauline Tse         00:16:47 00:19:44 00:18:54 00:55:25         Titan Triathlon         3 5 71.4           59 Yu Pik Yuk Julie         00:17:50 00:16:58 00:21:10 00:55:58         Titan Triathlon         3 5 71.4           53 Chan Suet Wah         00:16:36 00:21:02 00:18:55 00:56:33 Energetic Triathlon Shatin         5 3 42.9           15 Wong Shun Ying         00:24:05 00:18:39 00:24:36 01:07:20 Hoi Ngai Sports Association         6 2 28.6	37	Chan Yee Ting						DNF		
Course D - Female Age-Group 40 & Over           54         Lui Shuk Han, Karen         00:14:28 00:15:49 00:17:05 00:47:22 00:17:05 00:47:22 Energetic Triathlon Shatin         1 7 100.0 10:00 10	41	Grace Wong					Sonic Sports Association	DNS		
Course D - Female Age-Group 40 & Over           54         Lui Shuk Han, Karen         00:14:28 00:15:49 00:17:05 00:47:22 00:17:54 00:49:43         Energetic Triathlon Shatin         1 7 100.0           60         Ng Yau Lan         00:15:54 00:15:55 00:17:54 00:18:54 00:55:25 Titan Triathlon         Ma On Shan Swimming and Triathlon Club 2 6 85.7           57         Pauline Tse         00:16:47 00:19:44 00:18:54 00:55:25 Titan Triathlon         Titan Triathlon         3 5 71.4           59         Yu Pik Yuk Julie         00:17:50 00:16:58 00:21:10 00:55:58 00:55:35 Energetic Triathlon Shatin         4 4 57.1           53         Chan Suet Wah         00:16:36 00:21:02 00:18:55 00:56:33 Energetic Triathlon Shatin         5 3 42.9           15         Wong Shun Ying         00:24:05 00:18:39 00:24:36 01:07:20 Hoi Ngai Sports Association         6 2 28.6	47	Veronica Llorca					Tritons Triathlon Club	DNS		
54         Lui Shuk Han, Karen         00:14:28 00:15:49 00:17:05 00:47:22         Energetic Triathlon Shatin         1         7         100.0           60         Ng Yau Lan         00:15:54 00:15:55 00:17:54 00:49:43         Ma On Shan Swimming and Triathlon Club 2         6         85.7           57         Pauline Tse         00:16:47 00:19:44 00:18:54 00:55:25         Titan Triathlon         3         5         71.4           59         Yu Pik Yuk Julie         00:17:50 00:16:58 00:21:10 00:55:58         4         4         57.1           53         Chan Suet Wah         00:16:36 00:21:02 00:18:55 00:56:33         Energetic Triathlon Shatin         5         3         42.9           15         Wong Shun Ying         00:24:05 00:18:39 00:24:36 01:07:20         Hoi Ngai Sports Association         6         2         28.6	50	Ip Ka-yee					Tritons Triathlon Club	DNS		
54         Lui Shuk Han, Karen         00:14:28 00:15:49 00:17:05 00:47:22         Energetic Triathlon Shatin         1         7         100.0           60         Ng Yau Lan         00:15:54 00:15:55 00:17:54 00:15:55 00:17:54 00:49:43         Ma On Shan Swimming and Triathlon Club 2 6 85.7           57         Pauline Tse         00:16:47 00:19:44 00:18:54 00:55:25 Titan Triathlon         Titan Triathlon         3         5         71.4           59         Yu Pik Yuk Julie         00:17:50 00:16:58 00:21:10 00:55:58         4         4         57.1           53         Chan Suet Wah         00:16:36 00:21:02 00:18:55 00:56:33         Energetic Triathlon Shatin         5         3         42.9           15         Wong Shun Ying         00:24:05 00:18:39 00:24:36 01:07:20         Hoi Ngai Sports Association         6         2         28.6		Course D - Female Age-Group 40 & Ove	l.							
60       Ng Yau Lan       00:15:54 00:15:55 00:17:54 00:49:43       Ma On Shan Swimming and Triathlon Club 2       6       85.7         57       Pauline Tse       00:16:47 00:19:44 00:18:54 00:55:25       Titan Triathlon       3       5       71.4         59       Yu Pik Yuk Julie       00:17:50 00:16:58 00:21:10 00:55:58       4       4       57.1         53       Chan Suet Wah       00:16:36 00:21:02 00:18:55 00:56:33       Energetic Triathlon Shatin       5       3       42.9         15       Wong Shun Ying       00:24:05 00:18:39 00:24:36 01:07:20       Hoi Ngai Sports Association       6       2       28.6	54		<u> </u>	00:15:49	00:17:05	00:47:22	Energetic Triathlon Shatin	1	7	100.0
57       Pauline Tse       00:16:47 00:19:44       00:18:54 00:55:25       Titan Triathlon       3       5       71.4         59       Yu Pik Yuk Julie       00:17:50 00:16:58 00:21:10 00:55:58       4       4       57.1         53       Chan Suet Wah       00:16:36 00:21:02 00:18:55 00:56:33 Energetic Triathlon Shatin       5       3       42.9         15       Wong Shun Ying       00:24:05 00:18:39 00:24:36 01:07:20 Hoi Ngai Sports Association       6       2       28.6						00:49:43		2	6	
59       Yu Pik Yuk Julie       00:17:50 00:16:58 00:21:10 00:55:58       4       4       57.1         53       Chan Suet Wah       00:16:36 00:21:02 00:18:55 00:56:33 Energetic Triathlon Shatin       5       3       42.9         15       Wong Shun Ying       00:24:05 00:18:39 00:24:36 01:07:20 Hoi Ngai Sports Association       6       2       28.6		•								
53       Chan Suet Wah       00:16:36 00:21:02 00:18:55 00:56:33       Energetic Triathlon Shatin       5       3       42.9         15       Wong Shun Ying       00:24:05 00:18:39 00:24:36 01:07:20       Hoi Ngai Sports Association       6       2       28.6										
15 Wong Shun Ying 00:24:05 00:18:39 00:24:36 01:07:20 Hoi Ngai Sports Association 6 <b>2 28.6</b>							Energetic Triathlon Shatin			
							•			
	55	Mok Y M					•			14.3

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
51	Chan Chun Hing						DNS		
52	Chan Siu Yuk					Titan Triathlon	DNS		
56	Ong Eu Lin Kathy					Tritons Triathlon Club	DNS		
58	Sian Abate					Tritons Triathlon Club	DNS		
	Course B - Boys 1995								
466	Wong Hui Wai		00:04:06	00:07:21	00:11:27	Energetic Triathlon Shatin	1	25	100.0
644	Chow Man Him		00:04:24	00:07:14	00:11:38	Excel Swim Sports Association	2	24	96.0
457	Kwok Wing Kan		00:04:32	00:07:07	00:11:39	Titan Triathlon	3	23	92.0
468	Lewis Roberts		00:04:08	00:07:55	00:12:03		4	22	88.0
452	Chu Long San		00:04:28	00:07:51	00:12:19	Energetic Triathlon Shatin	5	21	84.0
462	Leung Yat Lai		00:04:43	00:07:37	00:12:20	Titan Triathlon	6	20	80.0
449	Cheng Ho Yin		00:04:40	00:07:48	00:12:28	Excel Swim Sports Association	7	19	76.0
456	Joshua Kriesel		00:04:04	00:08:35	00:12:39		8	18	72.0
461	Leung Shing Him		00:04:35	00:08:25	00:13:00		9	17	68.0
465	Tsoi Ka Cheuk		00:04:33	00:08:32	00:13:05	Wong Tai Sin District Life Saving Society	10	16	64.0
458	Lam Jung Yee		00:05:03	00:08:20	00:13:23	Excel Swim Sports Association	11	15	60.0
453	Chu Shiu Lun		00:04:31	00:08:54	00:13:25	Energetic Triathlon Shatin	12	14	56.0
451	Chow Sin Ki		00:04:54	00:08:39	00:13:33	Energetic Triathlon Shatin	13	13	52.0
447	Chan Cheuk Nam		00:04:07	00:09:27	00:13:34		14	12	48.0
464	Siu Siu Lung		00:04:46	00:08:59	00:13:45	Sonic Sports Associaiton	15	11	44.0
444	Chan Ching Him, Carter		00:06:38	00:07:33	00:14:11		16	10	40.0
460	Lee Yik Hin		00:06:08	00:08:07	00:14:15	Titan Triathlon	17	9	36.0
448	Chau Chun Him		00:05:14	00:09:06	00:14:20	Titan Triathlon	18	8	32.0
445	Yeung Nok Lai		00:05:58	00:09:30	00:15:28		19	7	28.0
446	Chan Cheuk Man, Adam		00:06:02	00:09:33	00:15:35		20	6	24.0
443	Chan Tin Yeung		00:08:40	00:07:40	00:16:20	Energetic Triathlon Shatin	21	5	20.0
450	Ching Ho Pan		00:05:45	00:11:05	00:16:50	Ma On Shan Swimming and Triathlon Club	22	4	16.0
463	Mak Ho Man		00:06:24	00:10:29	00:16:53	Ma On Shan Swimming and Triathlon Club	23	3	12.0
442	Shek Yuk Kan		00:08:20	00:11:47	00:20:07	Energetic Triathlon Shatin	24	2	8.0
454	Fan Chun Chung					Hoi Ngai Sports Association	25	1	4.0
467	Yeung Lok Lai						DNS		
	Course B - Boys 1996								
455	Ho Matthew Chi Yan		00:04:03	00:07:59	00:12:02		1	20	100.0
432	Lau Yue Hin		00:04:36	00:07:54	00:12:30	Excel Swim Sports Association	2	19	95.0
441	Yueng Tsz Fung		00:04:45	00:08:06	00:12:51	Excel Swim Sports Association	3	18	90.0

423       Lau Hiu Wing       00:04:40       00:08:18       00:12:58         434       Lee Chun Yiu       00:04:59       00:08:12       00:13:11       Excel Swim Sports Association         425       Wong Ching Yin       00:04:16       00:09:13       00:13:29       Excel Swim Sports Association         437       Poon Chun Leung       00:04:47       00:08:47       00:13:34       The Little Dolphin Swimming Training Cent	4 5 6 7 8 9	17 16 15 14 13	85.0 80.0 75.0 70.0
Wong Ching Yin 00:04:16 00:09:13 00:13:29 Excel Swim Sports Association	6 7 8 9	15 14 13	75.0 70.0
· ·	7 8 9	14 13	70.0
437 Poon Chun Leung 00:04:47 00:08:47 00:13:34 The Little Dolphin Swimming Training Cent	8 9	13	
2 2 2 2 2 3 3 4 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	9		
420 Leung Hoi Kit 00:05:47 00:07:55 00:13:42		12	65.0
424 Muk Lai Kan 00:05:37 00:08:17 00:13:54	10	12	60.0
433 Lee Chun 00:05:01 00:08:56 00:13:57 Energetic Triathlon Shatin		11	55.0
436 Poon Chi Leung 00:05:18 00:09:11 00:14:29 The Little Dolphin Swimming Training Cent		10	50.0
421 Chan Chak Fung 00:05:56 00:08:39 00:14:35 Energetic Triathlon Shatin	12	9	45.0
429 Chan Wai Shun, Wilson 00:05:54 00:08:42 00:14:36	13	8	40.0
435 Ma YAN KIT 00:08:29 00:06:39 00:15:08	14	7	35.0
430 Ho Fuk Hung 00:05:21 00:09:48 00:15:09 Titan Triathlon	15	6	30.0
426 Tse Tsz Tsun 00:05:20 00:09:50 00:15:10	16	5	25.0
431 Jake Riordan 00:05:49 00:10:30 00:16:19	17	4	20.0
419 Chau Man Kei 00:06:04 00:10:30 00:16:34 Energetic Triathlon Shatin	18	3	15.0
647 Poon Lik Shing 00:05:50 00:11:52 00:17:42 Titan Triathlon	19	2	10.0
428 Yim Ho Yin 00:08:28 00:10:37 00:19:05 Energetic Triathlon Shatin	20	1	5.0
	DNS		
440 Yeun Chun Pang Hoi Ngai Sports Association	DNS		
Course B - Boys 1997			
418 Gregor Roberts 00:04:19 00:08:13 00:12:32	1	28	100.0
409 Michael Lam 00:05:06 00:07:31 00:12:37 Sonic Sports Associaiton	2	27	96.4
414 Tse Chun Yin 00:04:29 00:08:09 00:12:38	3	26	92.9
406 Leung Chun Sun 00:05:05 00:07:45 00:12:50 Energetic Triathlon Shatin	4	25	89.3
639 Pak Ngo Fung 00:04:43 00:08:10 00:12:53 Energetic Triathlon Shatin	5	24	85.7
398 Heung Chin Tung 00:05:11 00:07:47 00:12:58 Titan Triathlon	6	23	82.1
415 Tsoi Ka Kit 00:04:37 00:08:32 00:13:09 Wong Tai Sin District Life Saving Society	7	22	78.6
408 Luk Kiu Fung 00:04:53 00:08:23 00:13:16 Soar Athletic Associaiton	8	21	75.0
400 Ip Ho Lam 00:05:22 00:07:57 00:13:19 Energetic Triathlon Shatin	9	20	71.4
411 Shuen Chun Kit, Jeffrey 00:05:30 00:07:50 00:13:20	10	19	67.9
394 Chan Ka Chun 00:05:12 00:08:36 00:13:48 Energetic Triathlon Shatin	11	18	64.3
397 Fung Yat To 00:05:15 00:08:52 00:14:07 Sea Bear Swimming Club	12	17	60.7
402 James Tan 00:05:27 00:08:43 00:14:10	13	16	57.1
407 Loo Tsz Hei 00:05:35 00:08:40 00:14:15 Sea Bear Swimming Club	14	15	53.6
399 Hui Pak Sin Adrian 00:04:55 00:09:29 00:14:24	15	14	50.0
410 Pang Kam To 00:05:42 00:09:09 00:14:51	16	13	46.4

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
392	Au Yeung Ho Cheung		00:05:44	00:09:08	00:14:52	Excel Swim Sports Association	17	12	42.9
412	Siu Siu Ming		00:05:21	00:09:57	00:15:18	Sonic Sports Associaiton	18	11	39.3
401	James Johnston		00:05:10	00:10:19	00:15:29		19	10	35.7
403	Lau Ho Ching, Andy		00:06:23	00:09:43	00:16:06	Titan Triathlon	20	9	32.1
388	Leung Wai Cheuk Chadwick		00:04:31	00:11:36	00:16:07	Energetic Triathlon Shatin	21	8	28.6
393	Chan Cheuk Hin		00:05:49	00:10:42	00:16:31	The Little Dolphin Swimming Training Cent	22	7	25.0
416	Wu Zi Juan, Joe		00:06:24	00:10:24	00:16:48	Mango Swimming Club	23	6	21.4
404	Lee Ka Kei, Gareth		00:06:09	00:10:45	00:16:54		24	5	17.9
396	Fong Siu Kan		00:06:08	00:11:12	00:17:20	Sea Bear Swimming Club	25	4	14.3
391	Lam Sze Long		00:07:30	00:14:54	00:22:24		26	3	10.7
389	Chan Chin Hai			00:17:03	00:25:15		27	2	7.1
390	Chow Kin Ho, Nathan		00:08:27	00:16:57	00:25:24		28	1	3.6
395	Fan Lukas, Long						DNS		
405	Leung Chun Sun					· ·	DNS		
413	Tsang Ka Lok					•	DNS		
417	Yau Long San					Titan Triathlon	DNS		
_									
270	Course B - Boys 1998 Miles Williams		00:04:24	00:08:08	00:12:32		4	20	100.0
379				00:08:08	00:12:32	Energetic Triathlon Shatin	1 2	29 28	100.0 96.6
362	NGAN Joshua Ming Yin Reiny Brown		00:04:50 00:04:39	00:07:46	00:12:36	Energetic mathlon Shatin	3	26 27	93.1
380 360	FONG In Hon Henry		00:04:39	00:09:00	00:13:39	Energetic Triathlon Shatin	3 4	2 <i>1</i> 26	93.1 89.7
372	CHRISTOPHER SETON LOR		00:04:45	00:09:02	00:13:47	Lifetgetic mathlon Shatin	5	25	86.2
385	Wong Tsz To		00:04:45	00:09:02	00:13:47		6	24	82.8
366	Chen Man Hoi		00:05:20	00:07:56	00:13:58		7	23	79.3
367	Cheng Ching Wei		00:05:07	00:07:56	00:13:38		8	22	75.9
384	Wong Kwan Yue, Ryan		00:03:07	00:09:10	00:14:03		9	21	72.4
378	Leung Nok Hin			00:09:10	00:14:00		10	20	69.0
353	Choy Fu Kwong, Franky		00:04:42	00:09:10	00:14:27	Energetic Triathlon Shatin	11	19	65.5
352	Chan Kam Po		00:05:40	00:09:10	00:14:50	Energetic Triathlon Shatin	12	18	62.1
376	Lee Tsun Kiu		00:05:38	00:09:10	00:14:30	Energetic mathem onath	13	17	58.6
386	Wong Wing Yin, Eugene		00:06:06	00:09:19	00:15:17	Sonic Sports Associaiton	14	16	55.2
354	Cheung Man Pan		00:06:49	00:09:13	00:16:13	Come oports Association	15	15	51.7
365	Yuen Augus Ling Hong		00:05:31	00:09:24	00:16:13	Energetic Triathlon Shatin	16	14	48.3
357	Lee Man Sum		00:05:31	00:10:40	00:16:17	Energone maniformanii	17	13	44.8
356	Keung Pok Man		00:05:45	00:09:32	00:16:18		18	12	41.4
363	Yau Kam Yuen			00:10:54		Energetic Triathlon Shatin	19	11	37.9
303	rau Naiii Tu <del>c</del> ii		00.00.01	00.10.00	00.10.00	Energene mannon onann	13	1.1	JI .J

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
377	Leung Man Hin		00:07:23	00:10:17	00:17:40	Sea Bear Swimming Club	20	10	34.5
383	Wei Zhe Chen, Jason		00:06:50	00:10:50	00:17:40		21	9	31.0
387	Yu King Chun		80:80:00	00:10:29	00:18:37	Energetic Triathlon Shatin	22	8	27.6
375	Lau Chun Kit		00:05:13	00:13:28	00:18:41	Excel Swim Sports Association	23	7	24.1
368	Cheng Tsz Fung		00:06:33	00:12:37	00:19:10	Titan Triathlon	24	6	20.7
382	Tsang Yui Ho		00:06:27	00:13:53	00:20:20	The Little Dolphin Swimming Training Cent	25	5	17.2
374	Kwok Ho Yin		00:07:32	00:13:36	00:21:08	Hoi Ngai Sports Association	26	4	13.8
369	Cheung Tsz Chun		00:08:17	00:14:01	00:22:18	Crest Ray Recreation & Sports Club	27	3	10.3
359	Yuen Man Lok		00:08:42	00:15:01	00:23:43		28	2	6.9
358	Wu Tsun Hei		00:07:38	00:17:00	00:24:38		29	1	3.4
355	Chung Ho Tsit						DNS		
361	Lam Ho Ching					Energetic Triathlon Shatin	DNS		
364	Yiu Kin Chung Desmind					Energetic Triathlon Shatin	DNS		
370	Ching Ho Nam					Ma On Shan Swimming and Triathlon Club	DNS		
371	Ching Kwan Long					Mango Swimming Club	DNS		
373	Kong Cheuk Hei					Sonic Sports Associaiton	DNS		
381	Tsang Kui Shun					Energetic Triathlon Shatin	DNS		
_									
523	Course A - Boys 1999 SHEA KWAN CHUN GODFREY		00:04:40	00:09:16	00:13:56	Energetic Triathlon Shatin	1	30	100.0
523 543	Tse Chun Luen, Jonathan			00:09:10	00:13:30	Mango Swimming Club	2	29	96.7
530	Chan Ting Hei			00:09:18	00:14:02	Mango Swimining Club	3	2 <del>9</del> 28	93.3
531	Chau Sing Ha			00:08:50	00:14:05	Titan Triathlon	4	27	90.0
526	Tsoi Lok Him			00:09:32	00:14:10	ritan matilion	5	26	86.7
538	John Trantor		00:04:40		00:14:43		6	25	83.3
532	Cheng Ching Yin		00:00:22	00:00:21	00:14:47		7	24	80.0
521	Kwok Ho Kan		00:04:45	00:09:28	00:14:53	Energetic Triathlon Shatin	8	23	76.7
540	Leung Chung Pak, Philip				00:14:55	Energetto Thatmon Ghatin	9	22	73.3
528	Angus Chow			00:08:12	00:15:02	Titan Triathlon	10	21	70.0
524	Wong Yik Ming			00:09:34	00:15:03	Energetic Triathlon Shatin	11	20	66.7
525	Mong Ming Chun, Justin			00:09:54	00:15:09	Energetic Triathlon Shatin	12	19	63.3
547	Yeung Chun Kit			00:09:06	00:15:09	Energene mannen enam	13	18	60.0
522	LEE CHING YU			00:09:55	00:15:19	Energetic Triathlon Shatin	14	17	56.7
533	Cheung Hin Wai			00:10:02	00:15:39	Soar Athletic Association	15	16	53.3
645	Yung Cheuk Long, Charlie			00:10:02	00:15:39	23	16	15	50.0
527	Owen Liang		00:06:30	00:09:25	00:15:55		17	14	46.7
641	Leung King Kiu			00:09:33	00:15:56		18	13	43.3
<b>U</b> 1 1	g ·g ·		20.00.20	30.00.00	333.00		. •	. •	

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
548	Yu Shing Him, Mark		00:04:47	00:11:16	00:16:03		19	12	40.0
541	Ng Chi Him		00:05:28	00:10:44	00:16:12	Energetic Triathlon Shatin	20	11	36.7
439	Tse Tsz Kam		00:07:12	00:09:38	00:16:50	The Little Dolphin Swimming Training Cent	21	10	33.3
536	Ho Pak Lok, Vincent		00:05:50	00:11:07	00:16:57	Energetic Triathlon Shatin	22	9	30.0
535	Chui Shing Hang		00:05:27	00:11:37	00:17:04	The Little Dolphin Swimming Training Cent	23	8	26.7
549	Chan Wing Tsun		00:07:53	00:09:13	00:17:06	Mango Swimming Club	24	7	23.3
545	Wong Hoi Tin		00:05:20	00:12:07	00:17:27		25	6	20.0
534	Chau Chun Fan		00:05:33	00:12:42	00:18:15	Titan Triathlon	26	5	16.7
542	To Cheuk Hei, Mike		00:07:36	00:12:55	00:20:31		27	4	13.3
529	Chan Kwun Ho		00:06:46	00:14:34	00:21:20	Sea Bear Swimming Club	28	3	10.0
544	Wong Ching Kit		00:06:49	00:14:36	00:21:25	Hoi Ngai Sports Association	29	2	6.7
546	Wong Tin Yan		00:09:07	00:12:18	00:21:25	Titan Triathlon	30	1	3.3
537	Jacob Kingham						DNS		
539	Lee Ho Chang					Energetic Triathlon Shatin	DNS		
	Course A - Boys 2000								
589	Matthew Tan		00:05:53	00:07:45	00:13:38		1	23	100.0
592	Oscar Royds		00:05:51	00:07:50	00:13:41		2	22	95.7
587	Lo Hei Yeung		00:05:24	00:08:37	00:14:01		3	21	91.3
588	Lo Yik Hei		00:05:15	00:08:52	00:14:07	Hoi Ngai Sports Association	4	20	87.0
568	Pang Ho Kiu Holdee		00:05:13	00:09:59	00:15:12	Energetic Triathlon Shatin	5	19	82.6
585	Lau Pak Lun		00:06:25	00:09:19	00:15:44	Soar Athletic Association	6	18	78.3
586	Leung Tak Lun		00:06:05	00:09:44	00:15:49		7	17	73.9
575	Chung Man Hin		00:06:48	00:09:30	00:16:18		8	16	69.6
570	LI Man Ki		00:06:50	00:09:36	00:16:26	Energetic Triathlon Shatin	9	15	65.2
574	Cheung Wai Yin, Alvin		00:06:45	00:09:42	00:16:27	Mango Swimming Club	10	14	60.9
581	Guan Yue		00:07:37	00:09:01	00:16:38		11	13	56.5
578	Tse Hing Pok, Trevor		00:06:50	00:09:56	00:16:46		12	12	52.2
580	Chan Yik Ming, Ricky		00:07:17	00:09:34	00:16:51		13	11	47.8
591	Yip Kun Fung		00:06:57	00:10:04	00:17:01		14	10	43.5
593	Cameron Roberts		00:06:58	00:10:25	00:17:23		15	9	39.1
573	WONG YAT NAM		00:07:43	00:09:43	00:17:26	Energetic Triathlon Shatin	16	8	34.8
579	Chan Chi Wang, Eric		00:05:59	00:11:42	00:17:41		17	7	30.4
576	Wong Tak Man		00:06:15	00:11:27	00:17:42		18	6	26.1
590	Tsang Ngo Ching		00:07:06	00:11:57	00:19:03	Sea Bear Swimming Club	19	5	21.7
577	Sam Hui		00:07:07	00:12:37	00:19:44		20	4	17.4
572	Tse Chong Heng, Salomon		00:08:55	00:13:19	00:22:14		21	3	13.0

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
514	LAM LOK YIN		00:06:43	00:17:31	00:24:14	Excel Swim Sports Association	22	2	8.7
571	LEUNG Siu Hang		00:12:43	00:21:21	00:34:04	Energetic Triathlon Shatin	23	1	4.3
569	Choi Nicolas Chun Fung					Energetic Triathlon Shatin	DNS		
582	Ip Poe Lam					Energetic Triathlon Shatin	DNS		
583	Kwan Chung Hang Chris					Sonic Sports Association	DNS		
584	Lam Yin Wang					Energetic Triathlon Shatin	DNS		
_									
0.40	Course A - Boys 2001		00.05.54	00 00 10	00.45.40	Coon Athletic Accordation		-00	400.0
640	Lee Siu Fu		00:05:54	00:09:19	00:15:13	Soar Athletic Association	1	20	100.0
562	Lau Chun Ip Robot		00:06:27	00:08:48	00:15:15	Excel Swim Sports Association	2	19	95.0
550	Tsui Nga Hang		00:05:59	00:09:23	00:15:22	Mango Swimming Club	3	18	90.0
560	Chu Check Hei, Leo		00:06:40	00:08:58	00:15:38		4	17	85.0
563	Lau Yue Hon		00:06:56	00:10:07		Energetic Triathlon Shatin	5	16	80.0
565	Li Tsz Ho, Angus		00:06:46	00:10:38	00:17:24	Compass Sports Association	6	15	75.0
556	Brenton Lin		00:08:19	00:09:55	00:18:14		7	14	70.0
564	Lee Ka Him, Kenneth		00:07:28	00:10:47	00:18:15		8	13	65.0
650	Chan Ho Fung		00:07:47	00:10:58	00:18:45	Sea Bear Swimming Club	9	12	60.0
561	Hung Tik Long		00:07:34	00:11:26	00:19:00	Sea Bear Swimming Club	10	11	55.0
566	Wong Kwan Ho, Edward		00:06:54	00:12:45	00:19:39	Energetic Triathlon Shatin	11	10	50.0
567	Alexander Wood		00:07:23	00:12:36	00:19:59		12	9	45.0
551	HO Trevor Reginald		00:06:57	00:13:07	00:20:04	Energetic Triathlon Shatin	13	8	40.0
555	Chan King Ho		00:06:29	00:13:45	00:20:14		14	7	35.0
559	Lewis Ng		00:07:54	00:12:32	00:20:26		15	6	30.0
557	Cody Chan		00:07:08	00:13:51	00:20:59		16	5	25.0
558	Joshua Tang		00:10:00	00:12:23	00:22:23		17	4	20.0
553	Lam Ho Hin, Vincent		00:07:05	00:15:36	00:22:41	Energetic Triathlon Shatin	18	3	15.0
554	Lam Man Hin, Andrew		00:07:15	00:18:24	00:25:39	Energetic Triathlon Shatin	19	2	10.0
552	LEUNG WAI KIT		00:13:07	00:16:11	00:29:18	Energetic Triathlon Shatin	20	1	5.0
	Course A - Boys 2002								
511	Wong Long Ching, Nigel		00:07:54	00:09:41	00:17:35	Energetic Triathlon Shatin	1	9	100.0
513	Chan CHUN HIN		00:07:17	00:10:25	00:17:42	Excel Swim Sports Association	2	8	88.9
510	Lam Wai Lok		00:09:09	00:09:15	00:18:24	Mango Swimming Club	3	7	77.8
518	Ng Chi Kin		00:07:32	00:11:04	00:18:36	Energetic Triathlon Shatin	4	6	66.7
512	Harold Yick		00:88:00	00:11:21	00:19:21		5	5	55.6
515	Lam Yat Him, Angus		00:08:15	00:11:10	00:19:25		6	4	44.4

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
517	Lee Man Hei		00:11:02	00:08:24	00:19:26		7	3	33.3
519	Philip Ehmann		00:07:35	00:13:22	00:20:57	Sea Bear Swimming Club	8	2	22.2
520	Wu Zhi Jian , Marco		00:20:12	00:04:33	00:24:45	Mango Swimming Club	9	1	11.1
516	Lau Chun Hin Oscar		00:06:51	00:09:52	00:16:43	Excel Swim Sports Association	DSQ		
_									
	Course B - Girls 1995								
345	Chan Lok Yi		00:04:54	00:08:48	00:13:42	Energetic Triathlon Shatin	1	10	100.0
344	Sin Pui Yan		00:04:49	00:09:09	00:13:58	Energetic Triathlon Shatin	2	9	90.0
347	Lam Lok Shan		00:05:17	00:09:03	00:14:20	Excel Swim Sports Association	3	8	80.0
277	Althea Suen		00:05:38	00:08:59	00:14:37		4	7	70.0
349	Li Sum Yi		00:05:50	00:10:32	00:16:22	Ma On Shan Swimming and Triathlon Club	5	6	60.0
348	Lau Ying Tung		00:06:10	00:10:25	00:16:35		6	5	50.0
350	Tsang Ka Hung		00:07:33	00:09:16	00:16:49		7	4	40.0
346	Hung Chung Yi		00:06:47	00:12:36	00:19:23	Energetic Triathlon Shatin	8	3	30.0
343	Wong Kwan In		00:07:46	00:12:00	00:19:46		9	2	20.0
351	Wong Sze Nga					Hoi Ngai Sports Association	10	1	10.0
_									
	Course B - Girls 1996								
341	Tsoi Wing Ki		00:05:23	00:09:49	00:15:12	The Little Dolphin Swimming Training Cent		8	100.0
338	En Lin Lung, Ethelia			00:10:40	00:15:56		2	7	87.5
342	Yee Hoi Ching			00:11:10	00:16:34	Excel Swim Sports Association	3	6	75.0
642	Annette Yuen		00:05:18	00:12:39	00:17:57		4	5	62.5
335	Natalie Chau		00:05:33	00:15:22	00:20:55		5	4	50.0
339	Hung Tsz To		00:07:27	00:13:59	00:21:26	Sea Bear Swimming Club	6	3	37.5
336	Wong Wing Yan		00:07:59	00:16:10	00:24:09		7	2	25.0
337	Mayumi Inoki		00:20:47	00:01:43	00:22:30		8	1	12.5
340	Kong Yan Pui					Sonic Sports Associaiton	DNS		
•	0 0 1 1007								
240	Course B - Girls 1997  Dayna Isabelle Riordan		00.04.24	00.00.44	00.12.15		4	10	100.0
319	•		00:04:34		00:13:15		1	18 17	94.4
312	Lau Ho Hei, Dawnie		00:04:53	00:09:09	00:14:02	Free Craims Charte Association	2		
323	Lee Suet Ying		00:04:55	00:09:20	00:14:15	Excel Swim Sports Association	3	16	88.9
318	Chuang Yan Wing		00:05:03	00:09:14	00:14:17	Energetic Triathlon Shatin	4	15	83.3
314	Chan Chian Wai		00:04:51	00:09:39	00:14:30	Dali Swimming Club	5	14	77.8
327	Pang Ching Wai		00:05:05	00:09:28	00:14:33	Titon Triothlan	6	13	72.2
315	Chan Hoi Yue		00:04:59	00:09:52	00:14:51	Titan Triathlon	7	12	66.7
313	Annabelle Barker		00:05:39	00:10:07	00:15:46		8	11	61.1

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
329	Tse Tsz Sum		00:05:40	00:10:14	00:15:54		9	10	55.6
324	Lee Wing Sum		00:06:00	00:10:14	00:16:14		10	9	50.0
317	Chu Yan Lam		00:06:04	00:10:13	00:16:17		11	8	44.4
330	Tso Choi Ni		00:05:18	00:11:07	00:16:25		12	7	38.9
332	Wong Lok Ching, Jacinta		00:05:35	00:11:02	00:16:37	Energetic Triathlon Shatin	13	6	33.3
331	Wan Tsz Huen		00:06:19	00:11:58	00:18:17	Crest Ray Recreation & Sports Club	14	5	27.8
321	Kwong Cheuk Ying		00:06:02	00:12:21	00:18:23	Sea Bear Swimming Club	15	4	22.2
326	Ng Sze Wing		00:05:58	00:13:07	00:19:05	, and the second	16	3	16.7
325	Li Lok Yi		00:06:52	00:13:29	00:20:21	Ma On Shan Swimming and Triathlon Club	17	2	11.1
311	Fung Lok See		00:08:01	00:16:38	00:24:39	Energetic Triathlon Shatin	18	1	5.6
310	Ng Siu Yiu					Energetic Triathlon Shatin	DNS		
316	Chan Ka Ying					Ti Dynamic	DNS		
320	Keng Hung Hop					•	DNS		
322	Lam Yin Tung					Energetic Triathlon Shatin	DNS		
328	Rosie Wright					3	DNS		
333	Yau Yuet Ching					Energetic Triathlon Shatin	DNS		
334	Yip Wing Chin Tracy					Dali Swimming Club	DNS		
	Course B - Girls 1998								
301	Lau Tsz Wing		00:05:19	00:08:59	00:14:18	Titan Triathlon	1	14	100.0
308	Yu Ka Yiu		00:05:11	00:09:11	00:14:22	Sea Bear Swimming Club	2	13	92.9
304	Tang Yue Man, Michelle		00:04:52	00:09:33			3	12	85.7
299	Hung Cheuk Yi		00:05:01	00:09:30	00:14:31	Energetic Triathlon Shatin	4	11	78.6
309	Catriona Royds		00:04:30	00:10:28	00:14:58		5	10	71.4
295	Chelesa Mumba Hinzano		00:05:42	00:09:36	00:15:18	Excel Swim Sports Association	6	9	64.3
293	Luk Kiu Cho		00:05:30	00:09:51	00:15:21	Soar Athletic Association	7	8	57.1
294	Ailene Elvina Lung		00:06:11	00:09:19	00:15:30		8	7	50.0
298	Fu Chiu Man		00:05:49	00:09:43	00:15:32	Excel Swim Sports Association	9	6	42.9
307	Wong Long Kiu		00:06:22	00:09:59	00:16:21	Energetic Triathlon Shatin	10	5	35.7
300	Isabella Steains		00:06:55	00:09:56	00:16:51	0 0 0 1 1	11	4	28.6
296	Chow Wan Yin		00:06:07	00:12:34	00:18:41	Sea Bear Swimming Club	12	3	21.4
291	Kea Braund		00:07:29	00:14:45	00:22:14		13	2	14.3
292	Stella Iris Morgan		00:07:52	00:14:23	00:22:15	Titon Triothlan	14 DNC	1	7.1
302 306	Lee YI LAM					Titan Triathlon	DNS		
306	Tsui Ngai Ying					Mango Swimming Club	DNS		
	Course A - Girls 1999								
500	Au Yeung Hok Ka		00:05:40	00:08:29	00:14:09	Excel Swim Sports Association	1	16	100.0
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Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
503	Chan KA YEE, KELLY		00:05:51	00:09:02	00:14:53	Excel Swim Sports Association	2	15	93.8
505	Choy Yung Hei		00:05:26	00:09:56	00:15:22		3	14	87.5
303	Tam Nga Man		00:06:09	00:09:20	00:15:29		4	13	81.3
297	Erin Bridget Riordan		00:05:36	00:10:02	00:15:38		5	12	75.0
502	Yu Sin Ying		00:06:12	00:09:27	00:15:39	Soar Athletic Association	6	11	68.8
508	Wong Sze Kiu		00:05:27	00:10:35	00:16:02	Energetic Triathlon Shatin	7	10	62.5
497	Lau Yan Wing		00:05:57	00:10:14	00:16:11		8	9	56.3
305	Tsang Ching Sze		00:06:24	00:10:27	00:16:51	Compass Sports Association	9	8	50.0
498	Nathalie Minijens		00:06:17	00:10:35	00:16:52		10	7	43.8
499	Luk Wing Suet		00:06:11	00:10:48	00:16:59	Soar Athletic Association	11	6	37.5
509	Yu Tsz Hei		00:07:02	00:10:49	00:17:51	Titan Triathlon	12	5	31.3
507	TSANG INGRID WAH LING		00:07:05	00:11:38	00:18:43	Excel Swim Sports Association	13	4	25.0
501	Kwan Man Hei		00:07:13	00:11:31	00:18:44	Soar Athletic Associaiton	14	3	18.8
504	Chan Ka Yee Peony		00:07:15	00:11:30	00:18:45	Excel Swim Sports Association	15	2	12.5
506	Chu Tsz Wai		00:07:14	00:14:58	00:22:12	Sea Bear Swimming Club	16	1	6.3
	Course A - Girls 2000								
491	Ma Che Yan		00:05:56	00:08:59	00:14:55	Dali Swimming Club	1	15	100.0
481	Clarisa Huang		00:05:54	00:09:50	00:15:44		2	14	93.3
496	Yee Tin Wai		00:06:14	00:10:02	00:16:16	Excel Swim Sports Association	3	13	86.7
492	Natalie Lauren Ho		00:06:30	00:10:09	00:16:39	Energetic Triathlon Shatin	4	12	80.0
489	Ko Wing Wah		00:06:23	00:10:22	00:16:45	Titan Triathlon	5	11	73.3
646	Tse Hoi Yan, Gloria		00:07:01	00:10:36	00:17:37	Energetic Triathlon Shatin	6	10	66.7
493	Tsang Ying Chi		00:07:03	00:10:42	00:17:45	Compass Sports Association	7	9	60.0
488	Kelly Law		00:07:07	00:10:40	00:17:47	Sonic Sports Associaiton	8	8	53.3
486	Chau Man Wing		00:07:11	00:10:41	00:17:52	Energetic Triathlon Shatin	9	7	46.7
485	Carin Chan		00:07:12	00:10:52	00:18:04	Energetic Triathlon Shatin	10	6	40.0
484	Alexandra Barker		00:07:09	00:11:02	00:18:11		11	5	33.3
483	Li Ming Sum		00:07:04	00:11:36	00:18:40		12	4	26.7
490	Luk Kei Yuen		00:07:00	00:11:50	00:18:50	Titan Triathlon	13	3	20.0
487	Chung Yuen Tung, Hera		00:07:18	00:13:45	00:21:03	Energetic Triathlon Shatin	14	2	13.3
482	Lai Jun Yee, Nicole		00:07:17	00:14:55	00:22:12		15	1	6.7
494	WAN LING SHU						DNS		
495	Wong Wan Ting					Titan Triathlon	DNS		
	Course A - Girls 2001								
476	Jemima Abate		00:06:31	00:10:34	00:17:05		1	7	100.0
475	Cho Wing To, Cheri		00:06:35	00:10:46	00:17:21	Energetic Triathlon Shatin	2	6	85.7

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
478	WONG WING SZE		00:06:30	00:11:43	00:18:13		3	5	71.4
479	Ho Yuen Shun		00:07:10	00:11:27	00:18:37		4	4	57.1
477	Tam Hei Tung		00:07:08	00:12:40	00:19:48	Mango Swimming Club	5	3	42.9
473	Chan Hang Ki			00:13:46	00:21:02		6	2	28.6
480	LIU KWAN KIU GWYNETH		00:07:19	00:15:49	00:23:08		7	1	14.3
474	Chang Ka Wing					Chi Keung Aqua Club	DNS		
	Course A - Girls 2002								
472	Tsoi Lok Yu, Tess		00:06:05	00:09:59	00:16:04		1	3	100.0
470	Chan Hiu Yee		00:07:06	00:09:53	00:16:59		2	2	66.7
469	Cathy Lau		00:07:20	00:14:55	00:22:15	Energetic Triathlon Shatin	3	1	33.3
471	Liu Siu Hang, Alison					Energetic Triathlon Shatin	DNS		
	Course C - Male Junior								
267	Tang Ho Fai, Jeffrey		00:05:13	00:07:05	00:12:18	Titan Triathlon	1	19	100.0
271	Wong Yui Hong		00:04:36	00:08:02	00:12:38		2	18	94.7
258	Lau Chak Fung		00:05:10	00:07:31	00:12:41	Titan Triathlon	3	17	89.5
263	Mok Wai Lun		00:05:11	00:07:37	00:12:48	Titan Triathlon	4	16	84.2
268	Tong Lai Hin		00:05:15	00:07:34	00:12:49	Titan Triathlon	5	15	78.9
270	Wong Wai Tung		00:05:59	00:07:11	00:13:10	Energetic Triathlon Shatin	6	14	73.7
273	Wu Tsz Shun		00:05:29	00:08:06	00:13:35	Soar Athletic Associaiton	7	13	68.4
266	Szeto Kit		00:05:20	00:08:22	00:13:42	Sonic Sports Associaiton	8	12	63.2
272	Wu Tsz Fung		00:05:16	00:08:30	00:13:46	Soar Athletic Associaiton	9	11	57.9
257	Kwan Siu Yau		00:05:36	00:08:30	00:14:06	Sonic Sports Association	10	10	52.6
275	Yung Man Ho		00:05:03	00:09:36	00:14:39		11	9	47.4
251	Cheung Hok Kan		00:05:33	00:09:12	00:14:45	Sonic Sports Association	12	8	42.1
274	Yau Lok Yin		00:05:48	00:09:04	00:14:52		13	7	36.8
253	Dong Lap Chun		00:05:41	00:09:22	00:15:03		14	6	31.6
276	Ziqiao Wu		00:05:39	00:09:39	00:15:18	Energetic Triathlon Shatin	15	5	26.3
250	Chan Ho Yin		00:05:26	00:09:58	00:15:24		16	4	21.1
269	Tsoi Ka Hei		00:05:56	00:10:37	00:16:33	Wong Tai Sin District Life Saving Society	17	3	15.8
255	Kenex Chung		00:05:40	00:13:24	00:19:04		18	2	10.5
254	Ho Chun		00:08:41	00:14:54	00:23:35	Crest Ray Recreation & Sports Club	19	1	5.3
252	Chui Tsz Chung					Sea Bear Swimming Club	DNS		
256	Kun Chi Hin					Titan Triathlon	DNS		
260	Lau wun Ki					Titan Triathlon	DNS		
261	Leung Fu Kwong					Titan Triathlon	DNS		
262	Li Chun Yin						DNS		

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
_									
0.40	Course C - Male Elite Junior		00.04.00		00.44.45	The A Triad Is a		40	100.0
249	Chan Chun Lung		00:04:38	00:06:37		Titan Triathles Obstice	1	13	100.0
264	Perry Wong		00:04:32	00:07:02	00:11:34	Energetic Triathlon Shatin	2	12	92.3
226	Law Leong Tim		00:04:28	00:07:19	00:11:47	Soar Athletic Association	3	11	84.6
228	Ng Ka Lok, Jason		00:04:47	00:07:02		Energetic Triathlon Shatin	4	10	76.9
232	Chiu Wia Chun		00:04:57	00:06:53	00:11:50	Energetic Triathlon Shatin	5	9	69.2
231	Ip Ching Kiu		00:04:49	00:07:24	00:12:13	Energetic Triathlon Shatin	6	8	61.5
259	Lau Long Fung		00:04:55	00:07:21	00:12:16	Titan Triathlon	7	7	53.8
230	Wong Ka Ho, Vicko		00:04:51	00:07:30	00:12:21	Titan Triathlon	8	6	46.2
224	Cheung Tsz hei		00:04:42	00:07:54	00:12:36	Energetic Triathlon Shatin	9	5	38.5
225	Cheung Tsz Kit		00:04:59	00:08:05	00:13:04	Energetic Triathlon Shatin	10	4	30.8
229	Sin Long Hin		00:05:01	80:80:00	00:13:09	Titan Triathlon	11	3	23.1
227	Leung Tsz Chun		00:04:44	00:08:56	00:13:40	Energetic Triathlon Shatin	12	2	15.4
248	Au Chi Hin		00:05:24	00:09:27	00:14:51	Titan Triathlon	13	1	7.7
_									
0.40	Course C - Male Youth Open		00 04 00		00 44 50	Francis Taulia Olassa		4.4	100.0
246	Li Tsz Hei		00:04:28	00:07:24	00:11:52	Energetic Triathlon Shatin	1	11	100.0
242	Lau Tsun Ling		00:05:08	00:07:13	00:12:21	Titan Triathlon	2	10	90.9
240	Chan Hon Man,Alfred		00:05:12	00:07:32	00:12:44	0 0 0 1 1 0 1	3	9	81.8
245	Leung Sheung Hang		00:05:25	00:07:29	00:12:54	Sea Bear Swimming Club	4	8	72.7
286	Chan Ka Lung		00:05:23	00:07:33	00:12:56	Excel Swim Sports Association	5	7	63.6
239	Chan Hok Man, Arthur		00:05:49	00:07:10	00:12:59		6	6	54.5
459	Lau Tsun Yat		00:05:02	00:07:58	00:13:00		7	5	45.5
241	Tse Chun Nok		00:05:11	00:08:02		Energetic Triathlon Shatin	8	4	36.4
244	Leung Pok Yin		00:05:47	00:07:49	00:13:36	Energetic Triathlon Shatin	9	3	27.3
243	Leung Po Yan		00:05:34	00:08:10	00:13:44	Sonic Sports Association	10	2	18.2
247	Nam Pok Lai Ryan		00:05:21	00:09:55	00:15:16	Hoi Ngai Sports Association	11	1	9.1
•									
000	Course C - Female Junior		00.05.04	00 00 40	00.40.40	Titora Taiothlan			
280	Chan On Ki		00:05:24	00:08:18	00:13:42	Titan Triathlon		•	100.0
282	Law Chui Yee		00:05:30	00:09:25	00:14:55	Hoi Ngai Sports Association	1	3	100.0
283	Leung Wing Hin		00:05:26	00:11:41	00:17:07	Energetic Triathlon Shatin	2	2	66.7
281	Chow Wing Yan		00:06:17	00:14:17	00:20:34	Hoi Ngai Sports Association	3	1	33.3
278	Chan Cheuk Ying					Ma On Shan Swimming and Triathlon Clul			
279	Chan Ching Man						DNS		
284	Sin Chin Wing Sonia						DNS		

Race No English Name Run1 Swim Run2 Total Club	Pos	Points	%
285 Tong Sze Huen	DNS		
Course C - Female Elite Junior			
220 Choi Yan Yin 00:05:21 00:07:03 00:12:24 Energetic Triathlon Shatin	1	4	100.0
221 Lam Sin Ching 00:05:23 00:07:44 00:13:07 Compass Sports Association	2	3	75.0
223 Wu Sum Yi 00:05:11 00:08:04 00:13:15 Energetic Triathlon Shatin	3	2	50.0
222 Wan Tsz Ching 00:05:06 00:08:43 00:13:49 Titan Triathlon	4	1	25.0
Course C - Female Youth Open			
233 Chan Long Ching 00:04:54 00:08:05 00:12:59 Energetic Triathlon Shatin	1	5	100.0
236 Lee Yuk Ying, Aggie 00:05:19 00:08:15 00:13:34 Energetic Triathlon Shatin	2	4	80.0
237 Ng Yui Lam 00:05:21 00:08:54 00:14:15 Titan Triathlon	3	3	60.0
234 Choi See Chung 00:05:43 00:09:42 00:15:25 Energetic Triathlon Shatin	4	2	40.0
235 June Lam 00:06:18 00:15:16 00:21:34	5	1	20.0
238 Wan Hoi Ting, Florence Ma On Shan Swimming and Triathlon C	Club DNS		
Course E - Male Open			
597 Hui Ka Cheong 00:05:05 00:07:48 00:12:53 Energetic Triathlon Shatin	1	9	100.0
600 Leung Ka Lun 00:05:07 00:08:07 00:13:14 Energetic Triathlon Shatin	2	8	88.9
599 Lam Tsz Wai 00:05:39 00:08:32 00:14:11 Energetic Triathlon Shatin	3	7	77.8
607 Michael Yeung 00:05:50 00:08:35 00:14:25 Energetic Triathlon Shatin	4	6	66.7
596 Cheng Pak Lun 00:05:55 00:09:01 00:14:56 Energetic Triathlon Shatin	5	5	55.6
604 Wan Tin Lap 00:06:55 00:08:33 00:15:28 Energetic Triathlon Shatin	6	4	44.4
602 Man Ka Kee 00:06:51 00:09:53 00:16:44 Energetic Triathlon Shatin	7	3	33.3
606 WONG KWOK CHUNG 00:07:31 00:11:55 00:19:26	8	2	22.2
595 Chan Ho Shing 00:09:22 00:10:17 00:19:39	9	1	11.1
594 Andrew Wright 601 Mak Jit Ho.ALAN Titan Triathlon	DNS		
,	DNS DNS		
603 Sak Kai Sheung 649 Kelvin Chiu	DNS		
649 Kelvin Chiu	DNS		
Course E - Male Veteran			
625 Wan Shu Wah 00:05:35 00:07:46 00:13:21 Energetic Triathlon Shatin	1	16	100.0
610 Chan Chu 00:06:03 00:07:32 00:13:35 Energetic Triathlon Shatin	2	15	93.8
621 Poon Kwok Wing 00:06:40 00:07:51 00:14:31 Energetic Triathlon Shatin	3	14	87.5
627 Wong Tak Wah, Edward 00:06:27 00:08:24 00:14:51 Energetic Triathlon Shatin	4	13	81.3

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
624	Tsang Chung Ming		00:06:52	00:08:12	00:15:04	Titan Triathlon	5	12	75.0
612	Cheung Man Kwong		00:06:21	00:09:05	00:15:26	Mango Swimming Club	6	11	68.8
611	Chau Ho Ming		00:06:30	00:09:05	00:15:35	Energetic Triathlon Shatin	7	10	62.5
618	Leo Ho		00:09:58	00:07:24	00:17:22		8	9	56.3
609	Bradley Wright		00:09:57	00:07:30	00:17:27		9	8	50.0
617	Lee KIT FAYE		00:09:56	00:07:39	00:17:35	Titan Triathlon	10	7	43.8
613	Ip To Kwan		00:08:37	00:09:39	00:18:16	Energetic Triathlon Shatin	11	6	37.5
608	Andy Wong		00:09:22	00:08:55	00:18:17	Mango Swimming Club	12	5	31.3
615	Ko Kwok Fai		00:09:59	00:09:28	00:19:27	Energetic Triathlon Shatin	13	4	25.0
619	Liang Anthony Ka Keung		00:10:22	00:10:32	00:20:54	Mango Swimming Club	14	3	18.8
620	Lo Tak Choi		00:10:01	00:11:03	00:21:04	Energetic Triathlon Shatin	15	2	12.5
622	Poon Siu Man		00:10:00	00:14:01	00:24:01	Titan Triathlon	16	1	6.3
614	Jesse Chang						DNS		
623	Scott James Burton						DNS		
648	Kwan Chi Man					New Target Sports Association	DSQ		
	Course E - Female Open								
628	Carlay Tong		00:05:43	00:09:21	00:15:04	Energetic Triathlon Shatin	1	2	100.0
629	Fung Kit Yi		00:06:16	00:10:29	00:16:45		2	1	50.0
631	Leung Yim Ting						DNF		
634	Wong Hoi Yan					Titan Triathlon	DNF		
630	Lam Lai Po					Titan Triathlon	DNS		
632	Lui Ngao Yan Natalie					Sonic Sports Association	DNS		
633	Mak So Ning, Tania					Energetic Triathlon Shatin	DNS		
	Course E - Female Veteran								
638	Lui Shuk Han, Karen		00:07:24	00:08:48		Energetic Triathlon Shatin	1	2	100.0
635	Chan Man Mei		00:09:22	00:08:16	00:17:38	Energetic Triathlon Shatin	2	1	50.0
636	Cheung Yuk Bing					Energetic Triathlon Shatin	DNS		
637	Chi Yin Har Winnie					Sonic Sports Association	DNS		