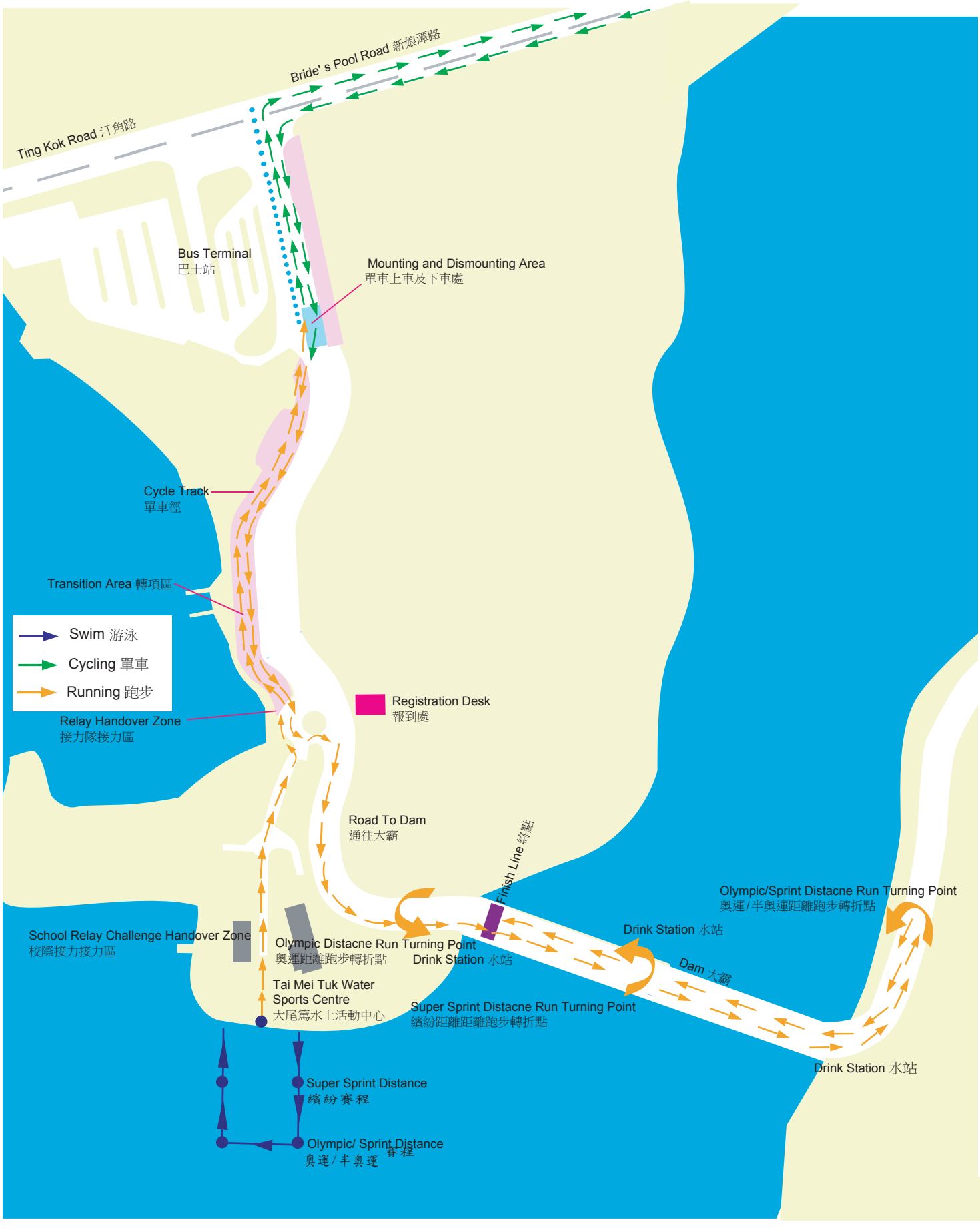
Swim/Run/Transition Map 游泳/跑步/轉項區地圖

(Not to scale 不按比例))