

2010 Duathlon Series - Race 3 Result

Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
Course A - Male Elite Open									
152	Ho King Fun	00:14:27	00:50:35	00:15:05	01:20:07	1	2	130.0	Titan Triathlon
151	Chui Hok Sum	00:19:33	01:15:08	00:24:43	01:59:24	2	1	65.0	
183	Chan Ye Ko, Ricco					DNS			Energetic Triathlon Shatin
Course A - Male Age-Group 20-24									
156	Chan Lok Ki, Rocky	00:15:32	00:53:53	00:15:14	01:24:39	1	4	130.0	Energetic Triathlon Shatin
158	Leung Ka Lun	00:15:43	00:51:52	00:18:10	01:25:45	2	3	97.5	Energetic Triathlon Shatin
153	Wong Ho Him	00:16:52	00:53:44	00:17:54	01:28:30	3	2	65.0	Titan Triathlon
157	Hui Ka Cheong	00:16:15	00:54:57	00:22:13	01:33:25	4	1	32.5	Energetic Triathlon Shatin
154	Yuen Chi Hang	00:15:44	00:58:31			DNF			Titan Triathlon
155	Au Wing Chun					DNS			
Course A - Male Age-Group 25-29									
229	Michal Bucek	00:14:26	00:50:33	00:14:02	01:19:01	1	12	130.0	Sonic Sports Associaiton
166	Tsang Chun Kit	00:15:06	00:51:30	00:14:34	01:21:10	2	11	119.2	
162	Iau Yue Fung	00:15:26	00:52:12	00:16:18	01:23:56	3	10	108.3	
163	Li Yin Shun	00:16:39	00:50:03	00:20:35	01:27:17	4	9	97.5	
167	LamTsz Wai	00:16:45	00:52:14	00:18:23	01:27:22	5	8	86.7	Energetic Triathlon Shatin
161	Chu Hing Cheung	00:16:13	00:54:22	00:17:20	01:27:55	6	7	75.8	
168	Tang Wing Kei	00:16:11	00:56:12	00:16:58	01:29:21	7	6	65.0	
165	Pang Ho Yin	00:17:24	00:56:06	00:19:00	01:32:30	8	5	54.2	
169	Lui Kim Lun	00:16:59	01:01:28	00:19:38	01:38:05	9	4	43.3	
160	Chan Yui	00:18:42	01:01:00	00:20:16	01:39:58	10	3	32.5	
277	Chan Ying Ming	00:22:04	01:03:49	00:21:14	01:47:07	11	2	21.7	
159	Chan Ho Lit	00:24:32	01:43:57	00:29:19	02:37:48	12	1	10.8	
164	Nicolas Maes					DNS			Tritons Triathlon Club
Course A - Male Age-Group 30-34									
182	Erich Felbabel	00:13:35	00:49:58	00:12:07	01:15:40	1	16	130.0	Tritons Triathlon Club
179	Wong KA MING	00:15:14	00:51:08	00:14:14	01:20:36	2	15	121.9	Energetic Triathlon Shatin
187	Tai Tak Wah	00:15:43	00:49:33	00:17:36	01:22:52	3	14	113.8	Tung Chung Triathlon Association
178	Ho Siu Lun	00:16:47	00:50:00	00:19:33	01:26:20	4	13	105.6	Energetic Triathlon Shatin
180	Li Chun Pong	00:16:12	00:54:27	00:18:02	01:28:41	5	12	97.5	Energetic Triathlon Shatin
171	Gareth Bridges	00:17:09	00:55:26	00:17:46	01:30:21	6	11	89.4	
173	Tsui Sze Kam, Kenny	00:17:17	00:57:22	00:18:59	01:33:38	7	10	81.3	
174	James Whitman	00:16:58	00:59:38	00:17:50	01:34:26	8	9	73.1	Tung Chung Triathlon Association
170	Lok Lam Fung	00:19:12	00:55:05	00:20:59	01:35:16	9	8	65.0	Titan Triathlon
176	Yeung Ka Ming, Ivan	00:17:49	01:02:50	00:18:36	01:39:15	10	7	56.9	Sonic Sports Association
184	Ning Han Sen	00:18:21	01:01:37	00:21:04	01:41:02	11	6	48.8	
181	Cheung Hua	00:16:40	01:06:37	00:19:59	01:43:16	12	5	40.6	
185	Yick Man Lung	00:20:10	01:02:39	00:21:43	01:44:32	13	4	32.5	
177	Yu Wing Hang	00:19:46			01:46:08	14	3	24.4	
186	Wong Man Wai, Benjamin	00:19:41	01:06:05	00:21:32	01:47:18	15	2	16.3	
172	Ng Kar Fai	00:20:46	01:05:37	00:25:13	01:51:36	16	1	8.1	
175	Derek Wong								Energetic Triathlon Shatin
188	Chan Kit Bun, Erik								Tung Chung Triathlon Association
Course A - Male Age-Group 35-39									
196	James Mak	00:16:43	00:51:04	00:19:09	01:26:56	1	12	130.0	
194	Hiroaki Ine	00:15:49	00:54:48	00:17:24	01:28:01	2	11	119.2	

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Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
193	Luke Fletcher	00:16:51	00:53:54	00:18:27	01:29:12	3	10	108.3	Hong Kong Dragons Triathlon Club
195	Leung Ching Fai Frankie	00:16:42	00:57:28	00:18:22	01:32:32	4	9	97.5	New Wave Swimming Club
189	Wah Lun, Alain	00:16:40	00:57:12	00:19:25	01:33:17	5	8	86.7	Titan Triathlon
197	Ng Ka Lai	00:18:59	00:54:35	00:22:52	01:36:26	6	7	75.8	
190	Wong Yat Leung, David	00:21:39	01:00:07	00:22:25	01:44:11	7	6	65.0	Titan Triathlon
199	Andy wong	00:18:29	01:02:38	00:23:52	01:44:59	8	5	54.2	
198	Ngan MING KIN	00:18:23	01:15:00	00:15:49	01:49:12	9	4	43.3	
192	Chan Ka Lun	00:21:48	01:12:44	00:16:40	01:51:12	10	3	32.5	
191	Poon Wai On	00:21:35	01:13:05	00:19:12	01:53:52	11	2	21.7	Excel Swim Sports Association
200	Sun Cho Kan	00:21:23	01:13:22	00:26:04	02:00:49	12	1	10.8	
Course A - Male Age-Group 40-44									
207	Hermann Holst	00:16:18	00:51:26	00:17:42	01:25:26	1	16	130.0	
223	Lam Kam Ching	00:16:16	00:52:49	00:16:25	01:25:30	2	15	121.9	Tung Chung Triathlon Association
217	Wong Kin, Kenny	00:16:25	00:54:21	00:17:30	01:28:16	3	14	113.8	Energetic Triathlon Shatin
216	Yeung Yam Ho	00:16:49	00:54:20	00:17:51	01:29:00	4	13	105.6	Energetic Triathlon Shatin
202	Chiu Kok Fu	00:15:56	00:54:56	00:18:59	01:29:51	5	12	97.5	Titan Triathlon
204	Yip Shing Yan	00:16:06	00:58:32	00:18:15	01:32:53	6	11	89.4	Titan Triathlon
221	Chan Tze Chung	00:16:44	00:57:29	00:19:07	01:33:20	7	10	81.3	
213	PnPang See Kit,Alwy	00:19:34	00:56:20	00:20:20	01:36:14	8	9	73.1	Tung Chung Triathlon Association
218	Chan Chik Kin	00:19:36	00:56:39	00:21:43	01:37:58	9	8	65.0	Energetic Triathlon Shatin
211	Lee Yiu Ming	00:19:52	01:01:36	00:20:56	01:42:24	10	7	56.9	Sonic Sports Association
203	Yip Ho Ming	00:19:01	01:04:40	00:20:14	01:43:55	11	6	48.8	Titan Triathlon
208	Joerg Jacobsen	00:20:48	01:01:57	00:23:07	01:45:52	12	5	40.6	
212	Yu Wai	00:19:20	01:08:06	00:19:52	01:47:18	13	4	32.5	
214	Adriano Peguinho	00:21:19	01:04:44	00:23:46	01:49:49	14	3	24.4	
215	Chung Wai Lap William	00:19:24	01:09:23	00:22:18	01:51:05	15	2	16.3	
220	Chau Chak Wai	00:25:10	01:13:06	00:28:32	02:06:48	16	1	8.1	Titan Triathlon
201	Cheung Kai Shui					DNF			Titan Triathlon
205	Ashley Billington					DNS			
206	Chan KWOK KUEN					DNS			
209	Sheel Kohli					DNS			
210	Lam HING YIN					DNS			
222	Christophe Lee					DNS			Energetic Triathlon Shatin
Course A - Male Age-Group 45-49									
245	Chiu Lap Wing	00:16:24	00:54:24	00:18:12	01:29:00	1	20	130.0	
219	Tong Chi Hung Philip	00:17:30	00:55:07	00:18:09	01:30:46	2	19	123.5	Energetic Triathlon Shatin
232	Lee Ying Ho	00:16:41	00:58:43	00:18:13	01:33:37	3	18	117.0	Sonic Sports Association
224	Lau Siu Kan	00:18:17	00:56:08	00:19:16	01:33:41	4	17	110.5	Titan Triathlon
227	Sung Yan Wah	00:16:41	00:59:19	00:18:09	01:34:09	5	16	104.0	Titan Triathlon
235	Tsang Hon Min	00:18:40	00:57:06	00:20:02	01:35:48	6	15	97.5	Sonic Sports Association
239	Ho Chak	00:18:24	00:56:35	00:21:25	01:36:24	7	14	91.0	Energetic Triathlon Shatin
231	Kim Young Ho	00:18:43	00:58:06	00:21:00	01:37:49	8	13	84.5	
242	Ho Tak Ming	00:17:40	01:02:15	00:20:40	01:40:35	9	12	78.0	Energetic Triathlon Shatin
241	Poon Kwok Wing	00:17:40	01:00:49	00:22:55	01:41:24	10	11	71.5	Energetic Triathlon Shatin
236	Wang Zhe Shen, Julius	00:20:13	01:01:46	00:22:52	01:44:51	11	10	65.0	Sonic Sports Association
233	Tim Smith	00:19:56	01:03:42	00:22:17	01:45:55	12	9	58.5	
225	Miu Chung Kin	00:20:25	01:02:16	00:23:33	01:46:14	13	8	52.0	Titan Triathlon
228	Tsang Chung Ming	00:19:23	01:06:52	00:20:39	01:46:54	14	7	45.5	Titan Triathlon
237	Armin Zahner	00:21:23	01:01:07	00:25:38	01:48:08	15	6	39.0	

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Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
243	Chung Lui Hung, Lawrence	00:19:57	01:09:21	00:22:04	01:51:22	16	5	32.5	Energetic Triathlon Shatin
230	Mark FORD-McNICOL	00:19:44	01:13:18	00:19:59	01:53:01	17	4	26.0	
226	Mok King Kuen	00:18:45	01:15:57	00:22:44	01:57:26	18	3	19.5	Titan Triathlon
238	Chan Ka Keung	00:24:30	01:12:15	00:30:09	02:06:54	19	2	13.0	Energetic Triathlon Shatin
246	Lee Chung Wah	00:24:01	01:17:11	00:27:03	02:08:15	20	1	6.5	
234	Tang Chor Kerng								
240	Hung Kung Yam								Energetic Triathlon Shatin
244	Nick Dargan								Tritons Triathlon Club
Course A - Male Age-Group 50 -54									
251	Li Ka Wo			00:18:36	01:32:00	1	9	130.0	New Wave Swimming Club
252	Wong Kam Tim	00:18:24	00:55:13	00:20:10	01:33:47	2	8	115.6	
247	Wong Kwok Wah	00:18:14	00:56:41	00:19:49	01:34:44	3	7	101.1	Titan Triathlon
250	Lam CHI CHAM	00:16:41	01:01:38	00:16:49	01:35:08	4	6	86.7	
254	Ma Yuk Fu	00:17:25	00:58:13	00:20:07	01:35:45	5	5	72.2	Titan Triathlon
253	Chau Ho Ming	00:19:01	00:57:16	00:23:23	01:39:40	6	4	57.8	Energetic Triathlon Shatin
256	Wu Chi Wai	00:17:50	01:02:57	00:22:05	01:42:52	7	3	43.3	
255	Chan Wing Fu	00:17:41	01:10:17	00:18:51	01:46:49	8	2	28.9	
248	Lam Chi Wing	00:20:35	01:21:07	00:24:29	02:06:11	9	1	14.4	Titan Triathlon
249	Kevin Eggleston					DNS			
Course A - Male Age-Group 55& Over									
257	Chan Ho Kee	00:19:48	00:58:46	00:20:21	01:38:55	1	7	130.0	Titan Triathlon
259	Leung Chi Hung, Nelson	00:19:00	01:07:06	00:19:54	01:46:00	2	6	111.4	Titan Triathlon
265	James Vickers	00:18:49	01:05:27	00:22:14	01:46:30	3	5	92.9	
264	Kwok Hon Sum	00:19:39	01:09:09	00:20:51	01:49:39	4	4	74.3	
263	Tsoi Hon Kuen	00:21:00	01:07:06	00:23:48	01:51:54	5	3	55.7	Energetic Triathlon Shatin
260	Chan Fai Ming	00:21:12	01:15:39	00:24:44	02:01:35	6	2	37.1	
267	Ian Brownlee	00:24:43	01:10:17	00:28:47	02:03:47	7	1	18.6	Sonic Sports Association
258	Chan King Yuen					DNS			Titan Triathlon
261	Liu Ming T					DNS			Energetic Triathlon Shatin
262	Lau Shiu Lon					DNS			Energetic Triathlon Shatin
266	Doug Oates					DNS			Hong Kong Dragons Triathlon Club
Course A - Female Age-Group 20-29									
270	Mak So Ning, Tania	00:16:43	00:56:38	00:18:20	01:31:41	1	2	130.0	Energetic Triathlon Shatin
268	Stephanie Bina	00:20:07	01:08:38	00:18:20	01:47:05	2	1	65.0	Sonic Sports Association
269	Eva Jentschura					DNS			Tritons Triathlon Club
Course A - Female Age-Group 30-39									
271	Wong Suet Fan	00:20:21	01:08:31	00:21:19	01:50:11	1	3	130.0	Titan Triathlon
272	Lam Lai Po	00:19:45	01:09:21	00:21:35	01:50:41	2	2	86.7	Titan Triathlon
273	Lee King Chui, Connie	00:21:08	01:07:48	00:23:35	01:52:31	3	1	43.3	Tung Chung Triathlon Association
Course A - Female Age-Group 40 & Over									
274	Lui Shuk Han, Karen	00:18:23	00:57:13	00:18:56	01:34:32	1	1	130.0	Energetic Triathlon Shatin
Course A - Relay Team									
275	Wong Yin Cheong	00:20:49	01:00:01	00:19:44	01:40:34	1	2	130.0	Titan Triathlon
276	Team Robotica	00:20:31	01:00:10	00:20:20	01:41:01	2	1	75.0	

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Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
Course B - Female Elite Junior									
9	Hui Wai Sum, Vincici	00:08:01	00:36:45	00:08:40	00:53:26	1	4	130.0	Energetic Triathlon Shatin
12	Choi Yan Yin	00:08:02	00:37:08	00:09:17	00:54:27	2	3	97.5	Energetic Triathlon Shatin
11	Wu Sum Yi	00:08:03	00:38:15	00:09:35	00:55:53	3	2	65.0	Energetic Triathlon Shatin
112	Wan Tsz Ching	00:08:57	00:40:47	00:09:29	00:59:13	4	1	32.5	Titan Traithlon
10	Wai Chi Kwan					DNS			
Course B - Male Elite Junior									
1	Chan Chun Lung, Alan	00:06:49	00:32:53	00:07:45	00:47:27	1	7	130.0	Titan Triathlon
5	Law Leong Tim	00:07:06	00:34:20	00:08:16	00:49:42	2	6	111.4	Soa Athletic Sports Associaiton
7	Ng Ka Lok, Jason	00:07:00	00:34:24	00:08:29	00:49:53	3	5	92.9	Energetic Triathlon Shatin
2	Lau Long Fung	00:06:55	00:34:55	00:09:25	00:51:15	4	4	74.3	Titan triathlon
3	Ip Ching Kiu	00:07:12	00:36:20	00:08:24	00:51:56	5	3	55.7	Energetic Triathlon Shatin
8	Chiu Wai Chun	00:07:07	00:37:38	00:07:40	00:52:25	6	2	37.1	Energetic Triathlon Shatin
51	Leung Tsz Chun	00:08:31	00:40:02	00:11:19	00:59:52	7	1	18.6	Energetic Triathlon Shatin
4	Perry Wong	00:06:50	00:33:00	00:07:49	00:47:39	DSQ			Energetic Triathlon Shatin
6	Wong Ka Ho, Vicko					DNS			Titan Triathlon
Course B - Male Youth Open									
20	Lau Tsun Ling	00:06:58	00:32:51	00:08:06	00:47:55	1	19	130.0	Titan Triathlon
55	Wong Hui Wai	00:08:52	00:32:33	00:08:09	00:49:34	2	18	123.2	Energetic Triathlon Shatin
17	Li Tsz Hei	00:07:12	00:36:29	00:08:54	00:52:35	3	17	116.3	Energetic Triathlon Shatin
14	Leung Yat Lai	00:07:44	00:36:06	00:08:56	00:52:46	4	16	109.5	Titan Triathlon
21	Kwok Wing Kan	00:07:12	00:38:16	00:07:31	00:52:59	5	15	102.6	Titan Triathlon
19	Chan Hon Man, Alfred	00:07:13	00:37:53	00:08:16	00:53:22	6	14	95.8	
41	Chu Long San	00:07:40	00:37:37	00:09:25	00:54:42	7	13	88.9	Energetic Triathlon Shatin
36	Chow Man Him	00:07:24	00:39:06	00:08:30	00:55:00	8	12	82.1	Excel Swim Sports Association
37	Chang Ho Yin	00:07:25	00:38:50	00:08:49	00:55:04	9	11	75.3	Excel Swim Sports Association
45	Leung Pok Yin	00:07:40	00:37:29	00:10:25	00:55:34	10	10	68.4	Energetic Triathlon Shatin
40	Chow SIN KI	00:08:03	00:38:09	00:09:42	00:55:54	11	9	61.6	Energetic Triathlon Shatin
16	Leung Sheung Hang	00:08:22	00:39:23	00:09:25	00:57:10	12	8	54.7	Sea Bear Swimming Club
43	Ip Ho Lam	00:07:48	00:40:53	00:09:15	00:57:56	13	7	47.9	Energetic Triathlon Shatin
53	Lee Yik Hin	00:08:51	00:40:34	00:09:38	00:59:03	14	6	41.1	Titan Triathlon
13	Ho Fuk Hung	00:10:00	00:39:29	00:09:58	00:59:27	15	5	34.2	Titan Triathlon
44	Leung Chun Sun	00:08:15	00:42:40	00:09:23	01:00:18	16	4	27.4	Energetic Triathlon Shatin
42	Chu Shiu Lun	00:08:56	00:41:07	00:12:08	01:02:11	17	3	20.5	Energetic Triathlon Shatin
15	Poon Lik shing	00:08:51	00:44:42	00:08:58	01:02:31	18	2	13.7	Titan Triathlon
48	Lee Chun	00:09:18	00:49:28	00:10:15	01:09:01	19	1	6.8	Energetic Triathlon Shatin
18	Chan Hok Man, Arthur					DNS			
50	Leung Po Yan					DNS			Sonic Sports Associaiton
52	Maximilian Gil Mitchelmore					DNS			Titan Triathlon
Course B - Female Youth Open									
25	Chan Long Ching	00:08:50	00:38:16	00:08:55	00:56:01	1	4	130.0	Energetic Triathlon Shatin
24	Lee Yuk Ying, Aggie		00:38:18	00:10:32	00:57:42	2	3	97.5	Titan Triathlon
23	Ng Yui Lam	00:08:55	00:53:51	00:07:17	01:10:03	3	2	65.0	Energetic Triathlon Shatin
26	Ashley Man	00:09:56	00:54:41	00:09:23	01:14:00	4	1	32.5	
22	Choi See Chung					DNS			Energetic Triathlon Shatin
Course B - Male Junior									
30	Lau Chak Fung	00:06:59	00:32:42	00:08:24	00:48:05	1	11	130.0	Titan Triathlon

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Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
39	Wong WAI TUNG	00:06:58	00:34:30	00:08:35	00:50:03	2	10	118.2	Energetic Triathlon Shatin
33	Tang Ho Fai, Jeffrey	00:07:24	00:36:28	00:08:08	00:52:00	3	9	106.4	Titan Triathlon
35	Tong Lai Hin	00:06:59		#N/A	00:52:17	4	8	94.5	Titan Triathlon
28	Chow Yat Sing, Kinson	00:07:00	00:38:11	00:08:25	00:53:36	5	7	82.7	Titan Triathlon
34	Wong Ho Kan	00:07:42	00:37:22	00:09:12	00:54:16	6	6	70.9	Titan Triathlon
32	Mok Wai Lun	00:07:24	00:38:46	00:08:24	00:54:34	7	5	59.1	Titan Triathlon
29	Kun Chi Hin	00:04:41	00:40:19	00:10:03	00:55:03	8	4	47.3	Titan Triathlon
27	Au Chi Hin	00:07:47	00:36:02	00:17:51	01:01:40	9	3	35.5	Titan Triathlon
46	Li Cheuk Ki	00:08:58	00:40:57	00:12:16	01:02:11	10	2	23.6	Energetic Triathlon Shatin
54	Kwong Lok Man			00:13:50	01:03:46	11	1	11.8	Energetic Triathlon Shatin
31	Lo Kin Cheung					DNS			Titan Triathlon
102	Yu Kin Hei					DNS			
Course B - Male Open									
56	Wan Zhen Hao	00:06:54	00:32:46	00:07:51	00:47:31	1	15	130.0	Titan Triathlon
71	Tsoi Chun Ming	00:07:09	00:34:14	00:08:20	00:49:43	2	14	121.3	Energetic Triathlon Shatin
77	Wong Chung Man	00:08:13	00:39:44	00:08:26	00:56:23	3	13	112.7	Energetic Triathlon Shatin
78	Lam Kin Fai, Leo	00:08:34	00:39:40	00:08:12	00:56:26	4	12	104.0	Energetic Triathlon Shatin
76	Ho Kam Tim	00:08:39	00:38:15	00:09:53	00:56:47	5	11	95.3	
47	Ho Wing Tung	00:08:53	00:40:18	00:10:50	01:00:01	6	10	86.7	Energetic Triathlon Shatin
66	Chu Kwok Leung	00:08:54	00:42:03	00:09:43	01:00:40	7	9	78.0	Energetic Triathlon Shatin
68	Wong Hon Wei			00:11:16	01:01:24	8	8	69.3	Energetic Triathlon Shatin
64	Yung Leong Sang			00:08:41	01:01:34	9	7	60.7	Titan Triathlon
69	Hui Sze Yuen	00:09:33	00:42:04	00:10:59	01:02:36	10	6	52.0	Energetic Triathlon Shatin
67	Man Ka Kee	00:09:46	00:46:11	00:10:13	01:06:10	11	5	43.3	Energetic Triathlon Shatin
75	Ho Lam Fai	00:09:10	01:04:37	00:07:48	01:21:35	12	4	34.7	
59	Ng Ho Yin	00:10:07	01:04:59	00:07:57	01:23:03	13	3	26.0	
73	Kwok Ting Pong	00:08:40	01:07:51	00:06:33	01:23:04	14	2	17.3	
74	Tsang Po Yuen	00:09:45	01:08:12	00:10:23	01:28:20	15	1	8.7	
58	Lai Kin Nang					DNS			
62	Tung Kak					DNS			
63	Yip Chi Bun					DNS			
65	Fung POON SHUN					DNS			Energetic Triathlon Shatin
70	Mak YIU NGA					DNS			Energetic Triathlon Shatin
72	Chung Ching Man					DNS			Ma Om Shan Swimming Triathlon Clu
Course B - Male Veteran									
90	Wan Shu Wah	00:07:39	00:36:21	00:09:04	00:53:04	1	10	130.0	Energetic Triathlon Shatin
89	WongTAK WAH, EDWARD	00:07:28			00:53:12	2	9	117.0	Energetic Triathlon Shatin
81	Ma Chi Po			00:09:30	00:56:26	3	8	104.0	Titan Triathlon
94	Cheung Man Kwong			00:09:02	00:58:08	4	7	91.0	Mango Swimming Club
82	Lee Kit, Faye	00:09:37	00:43:58	00:12:52	01:06:27	5	6	78.0	Titan Triathlon
91	Wan Ting Yiu, Ricky	00:08:57	00:47:03	00:11:02	01:07:02	6	5	65.0	Energetic Triathlon Shatin
79	Chau Sai Ho	00:10:26	00:46:59	00:12:26	01:09:51	7	4	52.0	Titan Triathlon
80	Chow Sai Kin	00:10:17	00:48:18	00:12:47	01:11:22	8	3	39.0	Titan Triathlon
92	Wu Chi Hing	00:09:59	00:46:08	00:16:23	01:12:30	9	2	26.0	
88	Suen Chung yin	00:10:15	00:58:59	00:08:45	01:17:59	10	1	13.0	Hoi Ngai Sports Association
93	Leung Yue Hong					DNS			Ti Dynamic
Course B - Female Junior									
95	Chan On Ki	00:08:52	00:41:44	00:09:15	00:59:51	1	3	130.0	Titan Triathlon

2010 Duathlon Series - Race 3 Result

Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
96	Chan Lok Yi	00:08:52	00:41:49	00:09:18	00:59:59	2	2	86.7	Energetic Triathlon Shatin
38	Leung Wing Hin	00:09:49	00:44:26	00:11:21	01:05:36	3	1	43.3	Energetic Triathlon Shatin
Course B - Female Open									
97	Lui Lai-han Dennex	00:09:32	00:40:32	00:11:41	01:01:45	1	1	130.0	Energetic Triathlon Shatin
Course B - Female Veteran									
98	Chan MAN MEI	00:09:51	00:47:32	00:10:55	01:08:18	1	2	130.0	Energetic Triathlon Shatin
100	Sy Mei Lee, Janet	00:10:09	00:47:07	00:14:19	01:11:35	2	1	75.0	
Course C - Male Junior (Mountain Bike)									
101	Chan Kam Po	00:09:48	00:52:13	00:07:15	01:09:16	1	2	130.0	Energetic Triathlon Shatin
49	Chau Man Kei	00:09:42	00:49:59	00:10:53	01:10:34	2	1	75.0	Energetic Triathlon Shatin
Course C - Male Open (Mountain Bike)									
105	Chan Yuk Fai	00:08:10	00:41:00	00:09:59	00:59:09	1	5	130.0	
57	Chan Chi Chung	00:08:21	00:45:04	00:07:33	01:00:58	2	4	104.0	
61	Tang Yiu Fai			00:09:06	01:01:03	3	3	78.0	
113	Chan Wing Kit	00:08:50	00:54:13	00:11:31	01:14:34	4	2	52.0	
60	Tang Siu Lam	00:09:24	00:59:57	00:06:16	01:15:37	5	1	26.0	
103	Andy Tang					DNS			Titan Triathlon
104	Ho Tung Yin					DNS			Excel Swim Sports Association
Course C - Male Veteran (Mountain Bike)									
84	Chang King Fu	00:08:02	00:41:45	00:08:52	00:58:39	1	7	130.0	
83	Chan Kwong ming	00:07:52	00:41:24	00:09:54	00:59:10	2	6	111.4	
109	Wong Yuk Sing	00:09:15	00:44:27	00:11:37	01:05:19	3	5	92.9	
110	Lau Yat Chor	00:09:27	00:49:11	00:09:44	01:08:22	4	4	74.3	
106	Yu Kam Choi	00:09:30	00:48:04	00:10:49	01:08:23	5	3	55.7	
107	Chung Kwok Wing	00:09:03	00:53:33	00:07:40	01:10:16	6	2	37.1	Titan Triathlon
86	Leung yan Kit	00:09:29	01:02:42	00:05:06	01:17:17	7	1	18.6	
85	Cho Wai Kin					DNS			Energetic Triathlon Shatin
87	Liang Anthony Ka Keung					DNS			Mango Swimming Club
108	Yip Kin Wing					DNS			
Course C - Female Junior (Mountain Bike)									
111	Wong Lok Ching, Jacinta	00:09:59	00:56:55	00:07:06	01:14:00	1	1	130.0	Energetic Triathlon Shatin