Race No	Name	1st Run	Swim Time 2nd Run Finish	Club Name	Po	Points	%	Remarks
	Course A - Male Elite Open							
754	Hsieh Chun Shing, Jason	00:08:18	00:16:41 00:09:32 00:34:31	Titan Triathlon	1	9	100.0	
750	Ho King Fun	00:08:26	00:16:28 00:09:43 00:34:37	Titan Triathlon	2	8	88.9	
1	Kevin Clark	00:08:02	00:17:18 00:09:24 00:34:44	Energetic Triathlon Shatin	3	7	77.8	
753	Chan Ye Ko, Ricco	00:08:24	00:16:32 00:10:16 00:35:12	Energetic Triathlon Shatin	4	6	66.7	
751	Tam Joe Dick, Dickson	00:08:25	00:16:47 00:10:54 00:36:06	Titan Traithlon	5	5	55.6	
5	Hui Ka Cheong	00:08:42	00:18:36 00:11:02 00:38:20	Energetic Triathlon Shatin	6	4	44.4	
3	Richard Hall	00:08:51	00:20:05 00:10:57 00:39:53	Hong Kong Dragons Triathlon Club	7	3	33.3	
755	Lau Ching Yin, Lmeuel	00:08:26	00:17:15 00:16:43 00:42:24	Energetic Triathlon Shatin	8	2	22.2	
6	Luke Fletcher	00:12:19	00:25:31 00:14:24 00:52:14		9	1	11.1	
2	Christopher Gunns	00:11:07	00:27:41 00:13:37 00:52:25	Hong Kong Dragons Triathlon Club	DSQ			no race number cloth
4	Andrew Patrick			Tung Chung Triathlon Associaiton	DNS			
7	Tam Yau Yan				DNS			
	Course A - Female Elite Open							
9	Eva Jentschura	00:13:01	00:29:10 00:16:59 00:59:10		1	1	100.0	
8	Cheung Ting Yan, Joyce			Energetic Triathlon Shatin	DNS			
	Course A - Male Elite Junior							
18	Chan Chun Lung	00:08:27	00:16:43 00:10:36 00:35:46	Titan Triathlon	1	11	100.0	
15	Law Leong Tim	00:08:38	00:16:46 00:10:54 00:36:18	Sonic Sports Association	2	10	90.9	
13	Cheung Tsz Hei	00:08:39	00:17:43 00:10:14 00:36:36	Energetic Triathlon Shatin	3	9	81.8	
14	Ng Ka Lok, Jason	00:08:38	00:17:46 00:10:34 00:36:58	Energetic Triathlon Shatin	4	8	72.7	
16	Lau Long Fung	00:08:28	00:18:28 00:10:23 00:37:19	Titan Triathlon	5	7	63.6	
19	Cheung Tak Her, Arthur	00:08:27	00:17:54 00:12:10 00:38:31	Titan Triathlon	6	6	54.5	
17	Yuen Chi Hang	00:09:07	00:19:03 00:11:18 00:39:28	Titan Triathlon	7	5	45.5	
20	Lo Kin Cheung	00:08:59	00:19:38 00:12:00 00:40:37	Titan Triathlon	8	4	36.4	
21	Wong Ho Him	00:09:43	00:19:43 00:11:23 00:40:49	Titan Triathlon	9	3	27.3	
23	Sin Long Hin	00:09:32	00:19:55 00:12:29 00:41:56	Titan Triathlon	10	2	18.2	
12	Kam Chung Hay, Derek	00:10:07	00:19:30 00:14:11 00:43:48	Energetic Triathlon Shatin	11	1	9.1	
22	Wong Ka Ho			Titan Triathlon	DNS			
	Course A - Female Elite Junior							
752	Li Yik Lam, Edith	00:10:03	00:18:06 00:11:38 00:39:47		1	3	100.0	
11	Chan On Ki	00:10:03	00:19:56 00:12:17 00:42:16	Titan Triathlon	2	2	66.7	
10	Hui Wai Sum	00:10:02	00:20:19 00:12:34 00:42:55	Energetic Triathlon Shatin	3	1	33.3	
	Course B - Male Age Group 20 -24							
77	Wan Zhen Hao		00:09:15 00:19:33 00:28:48	Titan Triathlon	1	6	100.0	
74	Chan Siu Hang		00:08:46 00:21:35 00:30:21	New Wave Swimming Club	2	5	83.3	

Race No	Name	1st Run	Swim Time 2nd Run Finish	Club Name	Po	Points	%	Remarks
71	Leung Ka Lun		00:08:49 00:21:33 00:30:2	2 Energetic Triathlon Shatin	3	4	66.7	
75	Ng Siu Hin		00:11:50 00:25:23 00:37:	3 Pro-Trinity Sports Associaiton	4	3	50.0	
79	Yau Chun Ming		00:14:52 00:26:48 00:41:4	40	5	2	33.3	
78	Chan Ting Chung, Kevin		00:55:2	24	6	1	16.7	
80	Jonathan Paul		00:08:55 00:29:41 00:38:3	36	DSQ			no racing top
72	Clarenece Tan			Energetic Triathlon Shatin				
76	Ip Shiu Chun			Titan Triathlon				
	Course B - Male Age Group 25-29							
106	Lau Yue Fung		00:08:53 00:20:44 00:29:3	37	1	19	100.0	
101	Tsang Chun Kit		00:09:36 00:20:46 00:30:2	22	2	18	94.7	
87	Yeung Ka Ming, Ivan		00:09:32 00:20:58 00:30:3	30 Sonic Sports Association	3	17	89.5	
93	Yip Chun Kit, Kenneth		00:08:39 00:22:03 00:30:4	2 Sonic Sports Association	4	16	84.2	
104	Chan Tsz Leung		00:09:54 00:21:40 00:31:3	34	5	15	78.9	
82	Ng Siu Yu		00:08:41 00:23:44 00:32:2	25 Energetic Triathlon Shatin	6	14	73.7	
95	Chu Lap Yin		00:09:50 00:23:17 00:33:0	7 Wong Tai Sin District Life Saving Society	7	13	68.4	
81	Lam Tsz Wai		00:08:58 00:25:01 00:33:5	9 Energetic Triathlon Shatin	8	12	63.2	
97	Aaron Flugge		00:08:18 00:26:12 00:34:3	30	9	11	57.9	
85	Michal Bucek		00:34:4	8 Sonic Sports Association	10	10	52.6	
103	Wong Wing Sang		00:11:04 00:25:19 00:36:2	23	11	9	47.4	
100	Greg Moore		00:11:26 00:25:51 00:37:	7	12	8	42.1	
94	Wong Yat Tung		00:09:16 00:29:47 00:39:0	3 Titan Triathlon	13	7	36.8	
88	Fai Ming Hoi, Leo		00:11:53 00:28:46 00:40:3	9 Sonic Sports Association	14	6	31.6	
92	Wong Ka Shing, Ivan		00:11:28 00:30:03 00:41:3	Sonic Sports Association	15	5	26.3	
96	Brycne Chun		00:14:07 00:31:30 00:45:3	37	16	4	21.1	
102	Wong Kwok Chung		00:13:34 00:37:04 00:50:3	38	17	3	15.8	
98	Leung Chi Keung		00:15:57 00:35:55 00:51:	52	18	2	10.5	
89	Leonard Ford		00:31:17 00:22:47 00:54:0	94 Sonic Sports Association	19	1	5.3	
99	Nicolas Maes		00:11:18 00:25:40 00:36:	58	DSQ			no race number cloth
84	Sak kai yau Angus			Hoi Ngai Sport Associaiton	DNS			
86	Lai Chi Ho, Marco			Sonic Sports Association	DNS			
90	Todd Reid Samuelson			Sonic Sports Association	DNS			
91	Cheng Wai Chung			Sonic Sports Association	DNS			
105	Chan Ka Hing, Brian							
	Course B - Male Age Group 30-34							
140	Li Chun Pong		00:09:34 00:21:00 00:30:3	84 Energetic Triathlon Shatin	1	29	100.0	
156	Tsui Wai Yuen		00:11:41 00:19:42 00:31:2	23 Titan Triathlon	2	28	96.6	
149	Sebastien Stoffel		00:10:24 00:21:23 00:31:4	7 Sonic Sports Association	3	27	93.1	
155	Yam Chi Wai		00:11:10 00:22:17 00:33:2	7 Titan Triathlon	4	26	89.7	

Race No	Name	1st Run	Swim Time 2nd Run Finish	Club Name	Po	Points	%	Remarks
160	Justin Choo		00:09:29 00:24:00 00:33:29	Tung Chung Triathlon Associaiton	5	25	86.2	
146	Thomas Hardman		00:10:43 00:23:05 00:33:48	Hong Kong Dragons Triathlon Club	6	24	82.8	
138	Derek Wong		00:10:33 00:23:17 00:33:50	Energetic Triathlon Shatin	7	23	79.3	
141	Ng Wing Fai		00:12:22 00:21:29 00:33:51	Energetic Triathlon Shatin	8	22	75.9	
164	Nicholas Hodges		00:12:24 00:21:36 00:34:00		9	21	72.4	
147	Leung Ching Fai, Frankie		00:11:44 00:22:54 00:34:38	New Wave Swimming Club	10	20	69.0	
154	Lok Lam Fung		00:10:41 00:24:17 00:34:58	Titan Triathlon	11	19	65.5	
161	Chan Pak Fai		00:36:17		12	18	62.1	
172	Chris Van Beek		00:13:07 00:24:39 00:37:46		13	17	58.6	
163	Kristian Francis		00:20:50 00:17:13 00:38:03		14	16	55.2	
153	Tang King Man		00:10:07 00:28:35 00:38:42	Titan Triathlon	15	15	51.7	
152	Hui Chun Yu, Charles		00:11:35 00:27:58 00:39:33	Sonic Sports Association	16	14	48.3	
148	Li Kin Tung		00:14:08 00:25:48 00:39:56	Pro-Trinity Sports Associaiton	17	13	44.8	
166	Marshall Lai		00:13:10 00:28:39 00:41:49		18	12	41.4	
158	David Wong		00:12:29 00:30:01 00:42:30	Titan Triathlon	19	11	37.9	
162	Chan Ying Fung		00:17:04 00:25:59 00:43:03		20	10	34.5	
169	Poon Cheuk Wah, Peter		00:13:32 00:29:35 00:43:07		21	9	31.0	
83	Wan Ting Yiu, Ricky		00:11:52 00:31:40 00:43:32	Energetic Triathlon Shatin	22	8	27.6	
167	Lau Kai Bun, Kevin		00:11:51 00:31:48 00:43:39		23	7	24.1	
150	Chan Chin Hung		00:44:26	Sonic Sports Association	24	6	20.7	
143	Chim Kwok On		00:12:34 00:32:20 00:44:54	Excel Swim Sports Association	25	5	17.2	
173	Ng Hon Tik		00:11:45 00:34:39 00:46:24		26	4	13.8	
171	Simon John Baly Tyrell		00:22:55 00:24:18 00:47:13		27	3	10.3	
157	Lai Siu Wing		00:15:10 00:34:12 00:49:22	Titan Triathlon	28	2	6.9	
174	Leung Yat Sing		00:23:00 00:32:42 00:55:42		29	1	3.4	
170	Adam Tejpaul		00:11:26 00:21:25 00:32:51		DSQ			only 1 run band
139	Sin Chun Kwong			Energetic Triathlon Shatin	DNS			
142	Ho Tung Yin			Excel Swim Sports Association	DNF			
144	Lau Kwok Hong Jim			Hoi Ngai Sport Associaiton	DNS			
145	David Gething			Hong Kong Dragons Triathlon Club	DNS			
151	Mark Collins			Sonic Sports Association	DNS			
159	Tsoi Hiu Fai			Titan Triathlon	DNS			
165	Martijn Hoogerwerf				DNS			
168	Leung Ka Yi				DNS			
	Course B - Male Age Group 35-39							
205	Cheung Wai Kei		00:09:46 00:20:22 00:30:08		1	30	100.0	
195	Andrew Loong		00:10:21 00:21:36 00:31:57	Sonic Sports Association	2	29	96.7	
193	Lee Kin Lun, Brian		00:33:07	Sonic Sports Association	3	28	93.3	
253	Mike Watson		00:10:08 00:23:01 00:33:09		4	27	90.0	

Race No	Name	1st Run	Swim Time 2nd Run Finish	Club Name	Po	Points	%	Remarks
185	Lee Yue Hong		00:11:03 00:22:23 00:33:26	New Wave Swimming Club	5	26	86.7	
179	Yeung Wing Yin, Michael		00:10:46 00:23:05 00:33:51	Energetic Triathlon Shatin	6	25	83.3	
194	Wong Po Kin, Kent		00:12:49 00:21:27 00:34:16	Sonic Sports Association	7	24	80.0	
187	Kut Yip Ming		00:11:27 00:22:56 00:34:23	Sonic Sports Association	8	23	76.7	
189	Yvan Corno		00:10:40 00:24:04 00:34:44	Sonic Sports Association	9	22	73.3	
197	Chan Li		00:34:48	Titan Triathlon	10	21	70.0	
209	Osamu Yamagata		00:10:45 00:24:28 00:35:13		11	20	66.7	
177	Wan Tin Lap		00:12:10 00:23:20 00:35:30	Energetic Triathlon Shatin	12	19	63.3	
204	Chan Tze Chung		00:11:40 00:24:18 00:35:58		13	18	60.0	
191	Yong Leung Kwong, Richard		00:10:37 00:25:25 00:36:02	Sonic Sports Association	14	17	56.7	
207	Andy Wong		00:10:34 00:25:55 00:36:29		15	16	53.3	
183	David Gibb		00:11:25 00:25:27 00:36:52	Hong Kong Dragons Triathlon Club	16	15	50.0	
178	Wong Hon Wei		00:13:08 00:24:14 00:37:22	Energetic Triathlon Shatin	17	14	46.7	
199	Yung Leong Sang		00:12:12 00:25:39 00:37:51	Titan Triathlon	18	13	43.3	
182	Stephen Admas		00:12:00 00:26:07 00:38:07	Hong Kong Dragons Triathlon Club	19	12	40.0	
203	Au Yeung Hin		00:11:46 00:26:42 00:38:28		20	11	36.7	
200	Leung Wah Tat, Keith		00:12:08 00:26:26 00:38:34	Titan Triathlon	21	10	33.3	
201	Cheng Wai Ho		00:38:49	Titan Triathlon	22	9	30.0	
188	Lee Yiu Ming		00:12:21 00:26:46 00:39:07	Sonic Sports Association	23	8	26.7	
210	Kenneth Yuen		00:12:11 00:27:39 00:39:50		24	7	23.3	
208	Wong Hon Nam		00:14:21 00:26:22 00:40:43		25	6	20.0	
202	Ho Chi Hung		00:17:53 00:25:12 00:43:05	Titan Triathlon	26	5	16.7	
206	Mauricio Andres Ramirez		00:18:01 00:25:23 00:43:24		27	4	13.3	
192	Aki Su		00:16:56 00:26:30 00:43:26	Sonic Sports Association	28	3	10.0	
184	Chan Chun Fung		00:22:59 00:22:38 00:45:37	New Wave Swimming Club	29	2	6.7	
186	Chan Chi Kit		00:13:21 00:34:14 00:47:35	Pro-Trinity Sports Associaiton	30	1	3.3	
176	Chan Chi Wai			Energetic Triathlon Shatin	DNS			
180	Poon Wai On			Excel Swim Sports Association	DSQ			no swim cap
181	Chan Kam Wah, Marco			Hoi Ngai Sport Associaiton	DNS			
190	You Ka On, Walter			Sonic Sports Association	DNS			
196	Mak Checu Man, Jacky			Sonic Sports Association	DNS			
198	Wong Siu Yuen			Titan Triathlon	DNS			
749	Cheung Kit Lun				DNS			
	Course B - Female Age Group 20-29							
35	Emilie Shaw		00:13:33 00:21:39 00:35:12		1	10	100.0	
26	Stephaine Bina		00:12:59 00:23:05 00:36:04	Sonic Sports Association	2	9	90.0	
38	Lau Ping Tsz		00:11:53 00:26:58 00:38:51	Energetic Triathlon Shatin	3	8	80.0	
24	Kam Lok Ting		00:12:40 00:26:46 00:39:26	Energetic Triathlon Shatin	4	7	70.0	
28	Jancie Lee		00:13:54 00:25:57 00:39:51	Sonic Sports Association	5	6	60.0	

Race No	Name	1st Run	Swim Time 2nd Run Finish	Club Name	Po	Points	%	Remarks
33	Ng Man Wai		00:15:21 00:25:34 00:40:55		6	5	50.0	
32	Annabel Kelynack		00:14:12 00:27:15 00:41:27		7	4	40.0	
31	Cristina Eldon		00:13:35 00:28:30 00:42:05		8	3	30.0	
30	Wu Pui Yan, Natalie		00:13:47 00:30:07 00:43:54	Sonic Sports Association	9	2	20.0	
29	Evangeline Quek		00:16:52 00:30:52 00:47:44	Sonic Sports Association	10	1	10.0	
25	Chau Chiu Nam			Energetic Triathlon Shatin	DNS			
27	Echo Huang			Sonic Sports Association	DNS			
34	Kwan Wai Chung, Emilie				DNS			
	Course B - Female Age Group 30-39							
53	Sarah Wheeler		00:11:54 00:25:11 00:37:05	Tung Chung Triathlon Associaiton	1	20	100.0	
55	Rebecca Kynaston		00:12:51 00:24:32 00:37:23		2	19	95.0	
40	Nerida Rigg		00:13:37 00:24:08 00:37:45	Hong Kong Dragons Triathlon Club	3	18	90.0	
61	Cheung Kam Yan		00:15:02 00:23:28 00:38:30	Energetic Triathlon Shatin	4	17	85.0	
39	Annemarie Munk		00:11:46 00:27:50 00:39:36	Hong Kong Dragons Triathlon Club	5	16	80.0	
37	Lui Shuk Han, Karen		00:14:58 00:25:22 00:40:20	Energetic Triathlon Shatin	6	15	75.0	
49	Wong Suet Fan		00:15:14 00:26:55 00:42:09	Titan Triathlon	7	14	70.0	
58	LEUNG Kwan Ni, Wiwin		00:18:49 00:24:35 00:43:24	Sonic Sports Association	8	13	65.0	
51	Chan Kwai Wah		00:15:47 00:28:31 00:44:18	Titan Triathlon	9	12	60.0	
57	Abigail Jean Hughes Tyrell		00:15:57 00:29:04 00:45:01		10	11	55.0	
42	Susana Campuzano		00:16:24 00:28:44 00:45:08	Sonic Sports Association	11	10	50.0	
44	Chan Sui Yee, Olivia		00:15:10 00:30:30 00:45:40	Sonic Sports Association	12	9	45.0	
41	Christina Lee		00:17:30 00:28:20 00:45:50	Sonic Sports Association	13	8	40.0	
56	Poon Man Fung		00:16:57 00:29:17 00:46:14		14	7	35.0	
54	Erin Bowland		00:15:49 00:30:32 00:46:21	Tung Chung Triathlon Associaiton	15	6	30.0	
60	Tong Yin Sheung		00:17:28 00:31:57 00:49:25		16	5	25.0	
175	Yeung Tin Pui, Gloria		00:17:35 00:32:59 00:50:34		17	4	20.0	
36	Sakia Willenbue		00:16:29 00:34:28 00:50:57	Energetic Triathlon Shatin	18	3	15.0	
43	Kook Luk Ting, Rita		00:17:04 00:34:58 00:52:02	Sonic Sports Association	19	2	10.0	
737	Lui Yu Pik		00:18:52 00:35:24 00:54:16		20	1	5.0	
45	Leung Oi Sze, Elsie			Sonic Sports Association	DNS			
46	Gi Gi Wong			Sonic Sports Association	DNS			
47	Chow Sau Yee			Titan Triathlon	DNS			
48	Chan Lok Yan			Titan Triathlon	DNS			
50	Lam Lai Po			Titan Triathlon	DNS			
52	Li Chi Yan			Titan Triathlon	DNS			
59	Daisy Yau				DNS			
	Course B - Female Age Group 40& Over							
70	Tam Choi Ping		00:14:14 00:28:07 00:42:21		1	8	100.0	

Race No	Name	1st Run	Swim Time 2nd Run Finish	Club Name	Po	Points	%	Remarks
66	Kimme Hui		00:17:12 00:28:21 00:45:33	Titan Triathlon	2	7	87.5	
65	Tam Kok Po		00:17:56 00:27:54 00:45:50	Titan Triathlon	3	6	75.0	
63	Cheung Yuk Kam		00:16:16 00:31:06 00:47:22	Energetic Triathlon Shatin	4	5	62.5	
68	Yeung Sai Hee		00:18:07 00:29:17 00:47:24	Titan Triathlon	5	4	50.0	
69	Kathy Helms		00:18:15 00:29:10 00:47:25	0	6	3	37.5	
64	Wong Shun Ying		00:18:22 00:29:28 00:47:50	Hoi Ngai Sport Associaiton	7	2	25.0	
67	Chan Siu Yuk		00:19:22 00:31:42 00:51:04	Titan Triathlon	8	1	12.5	
62	Yeung Mei Lun			Energetic Triathlon Shatin				
245	Course B - Male Age Group 40-44							
215	Wan Shu Wah		00:09:56 00:21:13 00:31:09	Energetic Triathlon Shatin	1	36	100.0	
230	Chiu Kok Fu		00:10:02 00:21:10 00:31:12	Titan Triathlon	2	35	97.2	
240	Philip James Walker		00:09:42 00:22:04 00:31:46		3	34	94.4	
232	Nick Dargan		00:09:39 00:22:12 00:31:51		4	33	91.7	
231	Scott James Burton		00:09:32 00:22:21 00:31:53		5	32	88.9	
213	Ng Kwok Chuen		00:10:16 00:21:58 00:32:14	Energetic Triathlon Shatin	6	31	86.1	
211	Yeung Yam Ho		00:10:13 00:22:06 00:32:19	Energetic Triathlon Shatin	7	30	83.3	
217	Christophe Lee		00:11:34 00:22:29 00:34:03	Energetic Triathlon Shatin	8	29	80.6	
216	Wong Kin, Kenny		00:12:36 00:21:33 00:34:09	Energetic Triathlon Shatin	9	28	77.8	
218	CHAN YUN KEUNG		00:09:30 00:25:38 00:35:08	Hoi Ngai Sport Associaiton	10	27	75.0	
219	Marc Harvey		00:11:41 00:23:44 00:35:25	Hong Kong Dragons Triathlon Club	11	26	72.2	
225	Wong Ming Fae		00:11:06 00:24:49 00:35:55	Sonic Sports Association	12	25	69.4	
214	Chan Chik Kin		00:10:59 00:25:18 00:36:17	Energetic Triathlon Shatin	13	24	66.7	
229	Yip Shing Yan		00:13:00 00:23:26 00:36:26	Titan Triathlon	14	23	63.9	
242	Yue Kwok Chung, Andrew		00:13:34 00:23:27 00:37:01		15	22	61.1	
227	Lee Wing Kwong		00:12:30 00:24:55 00:37:25	Titan Triathlon	16	21	58.3	
223	Billy Chow		00:13:08 00:26:15 00:39:23	Sonic Sports Association	17	20	55.6	
222	Fung Chi Wai, John		00:13:54 00:25:34 00:39:28	Sonic Sports Association	18	19	52.8	
235	Lee Chi Chung, Harvey		00:40:12		19	18	50.0	
246	Bradley Wright		00:14:08 00:26:18 00:40:26		20	17	47.2	
236	Mak Kim Keung, Andrew		00:18:38 00:21:50 00:40:28		21	16	44.4	
251	Fong Chi Yuen		00:41:12		22	15	41.7	
234	Ko Chi Ming		00:16:20 00:24:54 00:41:14		23	14	38.9	
212	Ko Kwok Fai		00:14:28 00:26:54 00:41:22	Energetic Triathlon Shatin	24	13	36.1	
221	Rayson Chung		00:15:44 00:25:52 00:41:36	Sonic Sports Association	25	12	33.3	
250	Lee Yiu Kee, Eric		00:12:56 00:29:41 00:42:37		26	11	30.6	
241	Paul Weise		00:14:27 00:28:14 00:42:41		27	10	27.8	
245	Yuen Chung Yat		00:15:36 00:28:32 00:44:08		28	9	25.0	
220	Tan Wing On		00:13:59 00:30:20 00:44:19	Sonic Sports Association	29	8	22.2	
247	Cheung Kai Shui		00:13:22 00:32:57 00:46:19		30	7	19.4	

Race No	Name	1st Run	Swim Time	2nd Run Finish	Club Name	Ро	Points	%	Remarks
249	Mak Nai Sum, Sam		00:15:40	00:30:45 00:46:25		31	6	16.7	
239	Thung Kin Tung, Dick		00:14:30	00:32:13 00:46:43		32	5	13.9	
252	Mak Ka Yan, Samuel		00:10:39	00:37:25 00:48:04		33	4	11.1	
248	Mok King Kuen		00:16:57	00:31:41 00:48:38		34	3	8.3	
244	To Ka Fai		00:28:05	00:25:02 00:53:07		35	2	5.6	
237	Alan Morgan		00:27:59	00:31:22 00:59:21		36	1	2.8	
238	Renato Peixoto		00:11:02	00:30:04 00:41:06		DSQ			no rcaing top
224	Wong Ho Ming				Sonic Sports Association	DNS			
226	David Glasscock				Titan	DNS			
228	Lo Kit Hung				Titan Triathlon	DNS			
233	Scott Harmer				0	DNS			
243	Edmoud Stokes				0	DNS			
257	Course B - Male Age Group 45-49			00.22.42	Engraptic Triathles Chatin	4	26	100.0	
257	Chan Chu		00.00.44	00:32:12 00:22:41 00:32:25	Energetic Triathlon Shatin New Wave Swimming Club	1 2	26 25	96.2	
269	Li Ka Wo				New Wave Swimming Club				
278	Jamie Erwin			00:23:28 00:33:14	Francetic Triethles Chatin	3	24	92.3	
263	Chiu Lap Wing			00:21:06 00:33:19	Energetic Triathler Shatin	4	23	88.5	
254	Ho Tak Ming			00:23:39 00:33:39	Energetic Triathlon Shatin	5	22	84.6	
273	Chan Wai Kee, Eric			00:23:28 00:34:04	Sonic Sports Association	6	21	80.8	
268	Mak Tak Cheung			00:21:58 00:34:12	Ma On Shan Swimming and Traithlon Club	7	20	76.9	
272	Lee Ying Ho			00:23:18 00:34:55	Sonic Sports Association	8	19	73.1	
258	Poon Kwok Wing			00:23:45 00:35:21	Energetic Triathlon Shatin	9	18	69.2	
275	Lau Siu Kan			00:24:52 00:35:41	Titan Triathlon	10	17	65.4	
286	Chan Kin Wah			00:24:50 00:36:13	Francis Triathles Obets	11	16	61.5	
283	Lee Chun Fai			00:24:47 00:36:14	Energetic Triathlen Shatin	12	15	57.7	
276	Man Wai Leung			00:23:57 00:36:35	Titan Triathlon	13	14	53.8	
768	Lam Ying Wai, Kevin			00:25:36 00:36:59		14	13	50.0	
284	Wong Kwok Ming			00:23:11 00:37:45	Ossis Ossats Association	15	12	46.2	
271	Tsang Hon Min			00:24:50 00:38:38	Sonic Sports Association	16	11	42.3	
264	Choi Tai Wing			00:25:35 00:38:46	Hoi Ngai Sport Associaiton	17	10	38.5	
279	Lawrence Mills			00:25:24 00:40:27		18	9	34.6	
282	Ng Sui Hing			00:13:34 00:41:06	Francis Triathles Obatis	19	8	30.8	
262	Chau Ho Ming			00:28:33 00:41:26	Energetic Triathlon Shatin	20	7	26.9	
265	Choy Ying Keung			00:27:23 00:41:37	Hoi Ngai Sport Associaiton	21	6	23.1	
280	Ben Jr. Tan			00:27:26 00:41:51		22	5	19.2	
281	Jean Francois Tremblay		00:15:46	00:26:42 00:42:28	Operio Operato Appropiati	23	4	15.4	
270	Julius Wang		00.45.45	00:42:35	Sonic Sports Association	24	3	11.5	
277	Chu Kai Cheong			00:28:04 00:43:19	Titan Triathlon	25	2	7.7	
266	Lam Chi Wing		00:28:03	00:16:13 00:44:16	Hoi Ngai Sport Associaiton	26	1	3.8	

Race No	Name	1st Run	Swim Time	2nd Run Finish	Club Name	Po	Points	%	Remarks
267	Ng Ying Dun, Douglas		00:28:08	00:18:21 00:46:29	Hong Kong Dragons Triathlon Club	DSQ			no swim cap
255	Steven Bemet					DNS			
256	Chung Lui Hung, Lawrence				Energetic Triathlon Shatin	DNS			
259	Chan Ka Keung				Energetic Triathlon Shatin	DNS			
274	Fong Chi Wai				Titan Triathlon	DNS			
285	Jimmy Chau								
	Course B - Male Age Group 50-54								
122	Jeese Chang		00:09:01	00:22:03 00:31:04		1	13	100.0	
118	Tim Helms		00:09:56	00:22:10 00:32:06		2	12	92.3	
114	Wong Cheuk Yin		00:09:09	00:23:48 00:32:57	Titan Triathlon	3	11	84.6	
113	Armando Osmani		00:11:57	00:22:40 00:34:37	Titan Triathlon	4	10	76.9	
124	Wong Kam Tim		00:11:15	00:23:57 00:35:12		5	9	69.2	
111	Wong Kwok Wah		00:12:04	00:24:05 00:36:09		6	8	61.5	
116	Chan King Yuen		00:10:42	00:26:21 00:37:03	Titan Triathlon	7	7	53.8	
109	Tsang Wai Ling		00:15:07	00:23:01 00:38:08	LGP	8	6	46.2	
110	Lau Kim Wah		00:11:47	00:28:07 00:39:54	Titan Triathlon	9	5	38.5	
107	Chow Man Ping			00:40:40	Energetic Triathlon Shatin	10	4	30.8	
123	Au Yau Kit		00:11:08	00:35:06 00:46:14		11	3	23.1	
115	Lau Kim Man		00:14:03	00:34:17 00:48:20	Titan Triathlon	12	2	15.4	
119	Philip Penaloza		00:15:40	00:40:52 00:56:32		13	1	7.7	
765	Yuen Chi Leung		00:11:52	00:14:30 00:26:22		DSQ			short run
108	Lau Wai Kwong				Energetic Triathlon Shatin	DNS			
112	Tso Chun Bong				Titan Triathlon	DNS			
117	Hui Tsz Chung				Titan Triathlon	DNS			
120	Yue Kwok Chung, Andrew					DNS			
121	James Vickers					DNS			
	Course B - Male Age Group 55 & Over								
126	Chan Kam Por		00:09:05	00:25:15 00:34:20	Hoi Ngai Sport Associaiton	1	11	100.0	
130	Leung Chi Hung		00:10:52	00:24:48 00:35:40	Titan Triathlon	2	10	90.9	
131	Chan Ho Kee		00:11:39	00:24:44 00:36:23	Titan Triathlon	3	9	81.8	
127	Koo Choi Fat		00:12:52	00:27:53 00:40:45	Hoi Ngai Sport Associaiton	4	8	72.7	
133	Chan Fai Ming		00:13:03	00:30:20 00:43:23		5	7	63.6	
132	Chan King Leung		00:13:56	00:29:36 00:43:32	Titan Triathlon	6	6	54.5	
136	Bernie Ryan		00:13:37	00:30:29 00:44:06		7	5	45.5	
129	lan Brownlee		00:10:47	00:34:52 00:45:39	Sonic Sports Association	8	4	36.4	
128	FUNG Yan Ming		00:11:58	00:34:12 00:46:10	Hoi Ngai Sport Associaiton	9	3	27.3	
137	Ian Dacre		00:12:34	00:34:44 00:47:18		10	2	18.2	
125	Lau Shiu Lon			00:35:32 00:53:19	Energetic Triathlon Shatin	11			

Race No	Name	1st Run	Swim Time	2nd Run Finish	Club Name	Po	Points	%	Remarks
134	Alan Collins		00:16:25	00:28:42 00:45:07		DSQ			no race number cloth
135	Ho Wah Hoi		00:12:00	00:22:43 00:34:43		DSQ			short run
	Course C - Male Junior								
295	Cheung Tsz Kit		00:04:10	00:09:54 00:14:04	Energetic Triathlon Shatin	1	29	100.0	
318	Chiu Wai Chun		00:04:13	00:10:21 00:14:34	Titan Triathlon	2	28	96.6	
313	Tong Lai Hin		00:04:19	00:10:35 00:14:54	Titan Triathlon	3	27	93.1	
310	Au Chi Hin		00:04:32	00:10:25 00:14:57	Titan Triathlon	4	26	89.7	
311	Yu Kin Hei		00:04:56	00:10:13 00:15:09	Titan Triathlon	5	25	86.2	
323	Vernon Lam		00:04:15	00:11:05 00:15:20	Sonic Sports Association	6	24	82.8	
291	Hui Ka Ki		00:04:26	00:11:10 00:15:36	Energetic Triathlon Shatin	7	23	79.3	
315	Ng Tsz Kit		00:04:49	00:11:01 00:15:50	Titan Triathlon	8	22	75.9	
308	Wong Ho Kan		00:05:09	00:10:46 00:15:55	Titan Triathlon	9	21	72.4	
317	Lo Man Lap		00:04:54	00:11:14 00:16:08	Titan Triathlon	10	20	69.0	
309	Mok Wai Chuen		00:05:06	00:11:09 00:16:15	Titan Triathlon	11	19	65.5	
314	Siu Ming Kit		00:04:58	00:11:20 00:16:18	Titan Triathlon	12	18	62.1	
290	Wong Wai Tung		00:05:44	00:10:57 00:16:41	Energetic Triathlon Shatin	13	17	58.6	
293	Or Ming Ho		00:04:35	00:12:14 00:16:49	Energetic Triathlon Shatin	14	16	55.2	
302	Siu Chung Him		00:05:38	00:11:59 00:17:37	Sonic Sports Association	15	15	51.7	
303	Cheung Hok Kun		00:05:22	00:12:17 00:17:39	Sonic Sports Association	16	14	48.3	
289	Leung Tsz For		00:04:09	00:14:03 00:18:12	Energetic Triathlon Shatin	17	13	44.8	
316	Lui Hei Yeung			00:18:34	Titan Triathlon	18	12	41.4	
301	Lam Chun Hong, Jacky		00:04:44	00:13:52 00:18:36	Sonic Sports Association	19	11	37.9	
322	Tong Lap Chun		00:05:08	00:13:32 00:18:40		20	10	34.5	
321	Lai Ho Tat, Costa		00:05:12	00:13:33 00:18:45		21	9	31.0	
287	Sin Wai Hong		00:04:57	00:14:11 00:19:08	Energetic Triathlon Shatin	22	8	27.6	
304	Sham Lok Man		00:88:00	00:12:41 00:20:41	The Little Dolphin Swimming Training Cent	23	7	24.1	
306	Cheung Zi Feng, Chris		00:05:40	00:15:01 00:20:41	The Little Dolphin Swimming Training Cent	24	6	20.7	
292	Hui Chi Hang		00:05:37	00:16:23 00:22:00	Energetic Triathlon Shatin	25	5	17.2	
312	Wong Kin Man		00:04:28	00:18:20 00:22:48	Titan Triathlon	26	4	13.8	
294	Siu Yat Heng, Jeremy		00:08:01	00:15:13 00:23:14	Energetic Triathlon Shatin	27	3	10.3	
300	Dreyfus Koo		00:05:11	00:20:44 00:25:55	Sonic Sports Association	28	2	6.9	
305	Lui Ming San		00:07:59	00:21:13 00:29:12	The Little Dolphin Swimming Training Cent	29	1	3.4	
296	YIU KA CHI				Hoi Ngai Sport Associaiton	DNS			
298	Lee Kai Yeung				Pro-Trinity Sports Associaiton	DNS			
299	Chung Kwun Ho				Pro-Trinity Sports Associaiton	DNS			
307	Cheng Tsz Yeung				Titan Triathlon	DNS			
319	Li Chun Ting				Titan Triathlon	DNS			
320	Leung Fu Kwong				Titan Triathlon	DNS			

Course C - Female Junior								
Cheng Wang		00:04:42	00:13:14 00:17:56	Energetic Triathlon Shatin	1	10	100.0	
Michelle Choi		00:04:47	00:14:48 00:19:35	· ·	2	9	90.0	
Liu Tsi Yan		00:05:19	00:14:29 00:19:48	Sonic Sports Association	3	8	80.0	
Law Chui Yee		00:05:00	00:14:57 00:19:57	LGP	4	7	70.0	
Chan Hoi Tung		00:05:18	00:14:48 00:20:06	Soar Athletic Association	5	6	60.0	
Vivian Hsieh		00:07:57	00:12:15 00:20:12	Energetic Triathlon Shatin	6	5	50.0	
Lau Ka Hei, Catherine		00:07:46	00:13:10 00:20:56	Energetic Triathlon Shatin	7	4	40.0	
Chan Yuen Tung		00:07:58	00:17:23 00:25:21	Soar Athletic Association	8	3	30.0	
_		00:08:03	00:18:05 00:26:08		9	2	20.0	
Ip Tak Yin		00:08:02	00:20:45 00:28:47		10	1	10.0	
Lo Si Wing			02:08:59	Ma On Shan Swimming and Traithlon Club	DSQ			wrong heat
Fung Sin Yan, Suki				Sonic Sports Association				
Course D - Male 2001								
		00:06:26	00:13:41 00:20:07	Excel Swim Sports Association	1	12	100.0	
Lee Siu Fu		00:05:50	00:15:10 00:21:00	Soar Athletic Association	2	11	91.7	
Chu Check Hei, Leo		00:06:07	00:15:18 00:21:25		3	10	83.3	
Tom Neill		00:05:26	00:16:36 00:22:02		4	9	75.0	
Nam Hoi Wai		00:06:51	00:17:08 00:23:59	Soar Athletic Association	5	8	66.7	
Lee Ka Him, Kenneth		00:07:58	00:17:18 00:25:16		6	7	58.3	
		00:08:18	00:17:09 00:25:27	Energetic Triathlon Shatin	7	6	50.0	
		00:09:31	00:18:08 00:27:39	Sea Bear Swimming Club	8	5	41.7	
•		00:06:49	00:22:09 00:28:58	Compass Sports Associaiton	9	4	33.3	
Lau Yu Hon		00:08:15	00:22:59 00:31:14	Energetic Triathlon Shatin	10	3	25.0	
Hung Tik Long		00:08:07	00:24:50 00:32:57	_	11	2	16.7	
•		00:06:46	00:28:26 00:35:12	Titan Triathlon	12	1	8.3	
•		00:07:06	00:07:02 00:14:08	Chi Keung Aqua Club	DSQ			no run band
Ho Ka Kit		00:08:03	00:06:47 00:14:50	Energetic Triathlon Shatin	DSQ			no run band
Tam Ka Chun		00:07:45	00:06:53 00:14:38	The Little Dolphin Swimming Training Cent	DSQ			no run band
Sin Chun Kong		00:07:13	00:06:57 00:14:10	,	DSQ			no run band
Course D - Female 2001								
Chang Ka Wing		00:06:39	00:17:26 00:24:05	Chi Keung Aqua Club	1	4	100.0	
Cho Wing To, Cheri		00:08:21	00:15:52 00:24:13		2	3	75.0	
<u> </u>		00:08:18	00:18:49 00:27:07	The Little Dolphin Swimming Training Cent	3	2	50.0	
Tam Hei Tung			00:21:43 00:30:08	Mango Swimming Club	4	1	25.0	
	Michelle Choi Liu Tsi Yan Law Chui Yee Chan Hoi Tung Vivian Hsieh Lau Ka Hei, Catherine Chan Yuen Tung Wong Man Kuen, Sabina Ip Tak Yin Lo Si Wing Fung Sin Yan, Suki Course D - Male 2001 Lau Chun Ip Lee Siu Fu Chu Check Hei, Leo Tom Neill Nam Hoi Wai Lee Ka Him, Kenneth Ho Ka Chun Chan Ho Fung Li Tsz Ho, Angus Lau Yu Hon Hung Tik Long Chung Hau Yin Chan Wing Hei Ho Ka Kit Tam Ka Chun Sin Chun Kong Course D - Female 2001 Chang Ka Wing Cho Wing To, Cheri Wong Wing Sze	Michelle Choi Liu Tsi Yan Law Chui Yee Chan Hoi Tung Vivian Hsieh Lau Ka Hei, Catherine Chan Yuen Tung Wong Man Kuen,Sabina Ip Tak Yin Lo Si Wing Fung Sin Yan, Suki Course D - Male 2001 Lau Chun Ip Lee Siu Fu Chu Check Hei, Leo Tom Neill Nam Hoi Wai Lee Ka Him, Kenneth Ho Ka Chun Chan Ho Fung Li Tsz Ho, Angus Lau Yu Hon Hung Tik Long Chung Hau Yin Chan Wing Hei Ho Ka Kit Tam Ka Chun Sin Chun Kong Course D - Female 2001 Chang Ka Wing Cho Wing To, Cheri Wong Wing Sze	Michelle Choi Liu Tsi Yan Law Chui Yee Chan Hoi Tung Vivian Hsieh Vivian Hsieh Chan Yuen Tung Wong Man Kuen, Sabina Ip Tak Yin Lo Si Wing Fung Sin Yan, Suki Course D - Male 2001 Lau Chun Ip Lee Siu Fu Chu Check Hei, Leo Tom Neill Nam Hoi Wai Lee Ka Him, Kenneth Ho Ka Chun Chan Ho Fung Li Tsz Ho, Angus Lau Y Hon Hung Tik Long Chung Hau Yin Chan Wing Hei Ho Ka Kit Tam Ka Chun Sin Chun Kong Course D - Female 2001 Chang Ka Wing Choole 39 Chouse O - Female 2001 Chang Ka Wing Chang Ka Wing Choole 39 Chouse O - Female 2001 Chang Ka Wing Choole 39 Chouse D - Female 2001 Chang Ka Wing Choole 39 Chouse D - Female 2001 Chang Ka Wing Chowing To, Cheri Wong Wing Sze Occurse O - Course O - Cheri Wong Wing Sze Occurse O - Cheri Wong Wing Sze Occurse O - Course O - Cheri Wong Wing Sze Occurse O - Course O - Cheri Wong Wing Sze Occurse O - Cheri Occurse O - Che	Michelle Choi 00:04:47 00:14:48 00:19:35 Liu Tsi Yan 00:05:19 00:14:29 00:19:48 Law Chui Yee 00:05:00 00:14:57 00:19:57 Chan Hoi Tung 00:05:18 00:14:48 00:20:06 Vivian Hsieh 00:07:57 00:12:15 00:20:12 Lau Ka Hei, Catherine 00:07:46 00:13:10 00:20:56 Chan Yuen Tung 00:08:03 00:17:23 00:25:21 Wong Man Kuen,Sabina 00:08:00 00:08:00 00:20:45 00:28:47 Lo Si Wing 00:08:02 00:13:41 00:20:08 Fung Sin Yan, Suki 00:08:02 00:13:41 00:20:07 Course D - Male 2001 Lau Chun Ip 00:06:26 00:13:41 00:20:07 Lee Siu Fu 00:06:07 00:15:18 00:21:20 Chu Check Hei, Leo 00:06:07 00:15:18 00:21:20 Nam Hoi Wai 00:06:07 00:15:18 00:21:20 Lee Ka Him, Kenneth 00:07:58 00:17:18 00:22:50 Ho Ka Chun 00:08:18 00:27	Michelle Choi Liu Tai Yam 00:06:19 00:14:48 00:19:35	Michelle Choi	Michelle Choi Choi	Michelle Choi

Course D - Male 2000

Race No	Name	1st Run	Swim Time	2nd Run Finish	Club Name	Po	Points	%	Remarks
605	Lo Yik Hei		00:05:09	00:13:41 00:18:50	LGP	1	24	100.0	
614	Lo Hei Yeung		00:05:29	00:14:34 00:20:03		2	23	95.8	
593	Chan Chun Kau		00:05:46	00:14:20 00:20:06	Compass Sports Associaiton	3	22	91.7	
769	Cheung Ho Kwan		00:06:09	00:14:00 00:20:09		4	21	87.5	
606	Yip Kun Fung		00:06:24	00:14:07 00:20:31	Ma On Shan Swimming and Traithlon Club	5	20	83.3	
608	Lau Pak Lun		00:06:28	00:14:38 00:21:06	Soar Athletic Association	6	19	79.2	
613	Leung Tak Lun		00:06:01	00:15:13 00:21:14		7	18	75.0	
594	Choi Chun Fung, Nicolas		00:05:52	00:15:32 00:21:24	Energetic Triathlon Shatin	8	17	70.8	
616	Cheung wai Yin		00:06:27	00:15:18 00:21:45		9	16	66.7	
597	Ip Poe Lam		00:06:58	00:15:43 00:22:41	Energetic Triathlon Shatin	10	15	62.5	
592	Matthew Tan		00:05:41	00:17:31 00:23:12		11	14	58.3	
612	Chan Yik Ming, Ricky		00:07:19	00:16:19 00:23:38		12	13	54.2	
615	Ho Tin Long		00:06:52	00:18:04 00:24:56		13	12	50.0	
609	Kwan Chung Hang, Chris		00:07:21	00:17:52 00:25:13	Sonic Sports Association	14	11	45.8	
617	Chang Ho Hin		00:06:57	00:18:40 00:25:37		15	10	41.7	
598	Szeto Yat Hei		00:07:28	00:19:42 00:27:10	Energetic Triathlon Shatin	16	9	37.5	
601	Leung Kwok Yiu		00:06:41	00:22:10 00:28:51	Excel Swim Sports Association	17	8	33.3	
604	Woo Hin Leung		00:07:14	00:24:23 00:31:37	LGP	18	7	29.2	
611	Leung Hoi Kam		00:07:02	00:26:12 00:33:14	Wong Tai Sin District Life Saving Society	19	6	25.0	
610	Cheng Chi Fung		00:07:09	00:27:46 00:34:55	Titan Triathlon	20	5	20.8	
600	Lam Yin Wang		00:07:56	00:30:08 00:38:04	Energetic Triathlon Shatin	21	4	16.7	
607	Tam Man Yiu		00:07:31	00:31:52 00:39:23	New Wave Swimming Club	22	3	12.5	
599	Tsang Tsz nok			00:46:08	Energetic Triathlon Shatin	23	2	8.3	
602	Cheng Zhe Fung		00:09:32	00:36:37 00:46:09	Excel Swim Sports Association	24	1	4.2	
596	Wong Yat Nam		00:07:46	00:06:01 00:13:47	Energetic Triathlon Shatin	DSQ			no run band
586	Wong Chak Ming				Titan Triathlon	DNS			
595	Song Sang Hun				Energetic Triathlon Shatin	DNS			
	Course D - Female 2000								
548	Claudia Neill		00:05:41	00:14:17 00:19:58		1	12	100.0	
545	Tse Hoi Yan, Gloria		00:07:02	00:14:45 00:21:47	The Little Dolphin Swimming Training Cent	2	11	91.7	
565	Yee Tin Wai		00:07:34	00:15:47 00:23:21	Excel Swim Sports Association	3	10	83.3	
591	Jemima Ridley		00:05:53	00:17:43 00:23:36	•	4	9	75.0	
543	Tsang Ying Chi		00:08:23	00:16:36 00:24:59	Ma On Shan Swimming and Traithlon Club	5	8	66.7	
547	Lai Kok Lam		00:07:41	00:17:33 00:25:14	Titan Triathlon	6	7	58.3	
539	Chau Man Wing			00:17:16 00:25:43	Energetic Triathlon Shatin	7	6	50.0	
540	Carin Chan			00:17:18 00:25:44	Energetic Triathlon Shatin	8	5	41.7	
544	Yau Sin Tung			00:19:04 00:27:20	Ma On Shan Swimming and Traithlon Club	9	4	33.3	
541	Chung Yuen			00:20:00 00:28:29	Energetic Triathlon Shatin	10	3	25.0	
546	Tsang Yau Mei			00:21:10 00:29:40	Titan Triathlon	11	2	16.7	

% Remarks
8.3
100.0
96.4
92.9
89.3
85.7
82.1
78.6
75.0
71.4
67.9
64.3
60.7
57.1
53.6
50.0
46.4
42.9
39.3
35.7
32.1
28.6
25.0
21.4
17.9
14.3
10.7
7.1
3.6
no run band
100.0
92.9

Race No	Name	1st Run	Swim Time 2nd	Run Finish	Club Name	Ро	Points	%	Remarks
556	Yu Sin Ying		00:07:01 00:1	12:40 00:19:41	Soar Athletic Association	3	12	85.7	
561	Tam Nga Man		00:06:52 00:1	14:14 00:21:06		4	11	78.6	
549	Wong Tsz Ching		00:05:45 00:1	15:27 00:21:12	Chi Keung Aqua Club	5	10	71.4	
550	Wong Sze Kiu		00:05:52 00:1	15:41 00:21:33	Energetic Triathlon Shatin	6	9	64.3	
552	Au Yan Tung		00:06:32 00:1	15:08 00:21:40	Excel Swim Sports Association	7	8	57.1	
558	Lau Yan Wing		00:06:37 00:1	15:35 00:22:12		8	7	50.0	
560	To Hoi Ying		00:06:26 00:1	15:49 00:22:15	Energetic Triathlon Shatin	9	6	42.9	
554	Tsang Ching Sze		00:07:52 00:1	16:09 00:24:01	Ma On Shan Swimming and Traithlon Club	10	5	35.7	
559	Wong Sum Yue, Florence		00:07:51 00:1	16:21 00:24:12		11	4	28.6	
551	Ko Ka Hei, Natalie		00:08:17 00:1	19:02 00:27:19	Excel Swim Sports Association	12	3	21.4	
557	Kwan Man Hei		00:08:24 00:1	19:57 00:28:21	Soar Athletic Association	13	2	14.3	
761	Chow Tsz Kwan		00:08:28 00:2	21:41 00:30:09	Sea Bear Swimming Club	14	1	7.1	
	Course D - Male 1998								
654	Ngan Ming Yin, Joshua		00:04:44 00:1	12:08 00:16:52	Energetic Triathlon Shatin	1	44	100.0	
696	Leung Nok Hin			00:16:57	•	2	43	97.7	
690	Chen Man Hoi		00:05:16 00:1	11:55 00:17:11		3	42	95.5	
663	Tsang Kui Shun		00:05:09 00:1	12:40 00:17:49	Ma On Shan Swimming and Traithlon Club	4	41	93.2	
660	Choy Fu Kwong		00:04:59 00:1	13:41 00:18:40	Energetic Triathlon Shatin	5	40	90.9	
677	Fung Ka Chung		00:05:12 00:1	13:31 00:18:43	The Little Dolphin Swimming Training Cent	6	39	88.6	
689	Tsang Ho Yin		00:04:49 00:1	13:56 00:18:45		7	38	86.4	
652	Cheng Long Hei		00:05:00 00:1	14:17 00:19:17	Energetic Triathlon Shatin	8	37	84.1	
672	Wong Wing Yin, Eugene		00:05:43 00:1	13:40 00:19:23	Sonic Sports Association	9	36	81.8	
653	Fong In Hon		00:04:55 00:1	14:40 00:19:35	Energetic Triathlon Shatin	10	35	79.5	
659	Chan Kam Po		00:05:19 00:1	14:25 00:19:44	Energetic Triathlon Shatin	11	34	77.3	
655	Yeung Chun Yin		00:04:31 00:1	15:29 00:20:00	Energetic Triathlon Shatin	12	33	75.0	
673	Wong Tsz To		00:05:18 00:1	15:12 00:20:30	The Little Dolphin Swimming Training Cent	13	32	72.7	
691	Christopher Chung		00:06:29 00:1	14:11 00:20:40		14	31	70.5	
682	Law Ho Kei		00:05:40 00:1	15:04 00:20:44	Wong Tai Sin District Life Saving Society	15	30	68.2	
693	Wong Yu Wai		00:04:53 00:1	15:57 00:20:50	- •	16	29	65.9	
650	Choi King Yu		00:06:36 00:1	14:37 00:21:13	Compass Sports Associaiton	17	28	63.6	
678	Ng Sze Yuen			00:21:18	The Little Dolphin Swimming Training Cent	18	27	61.4	
694	Lee Tsun Kiu		00:05:14 00:1	16:37 00:21:51	· · · · · ·	19	26	59.1	
656	Yau Kam Yuen		00:05:22 00:1	16:40 00:22:02	Energetic Triathlon Shatin	20	25	56.8	
671	Leung Man Hin		00:06:43 00:1	15:50 00:22:33	Sea Bear Swimming Club	21	24	54.5	
683	Lee Man Sum		00:06:37 00:1	16:01 00:22:38		22	23	52.3	
697	Lim Yantung Daryl		00:05:13 00:1	17:47 00:23:00		23	22	50.0	
686	Cheung Man Pan		00:06:42 00:1	16:27 00:23:09		24	21	47.7	
666	Ching Kwan Long		00:05:51 00:1	17:43 00:23:34	Mango Swimming Club	25	20	45.5	
651	Liu Chung Yau			17:08 00:24:11	Crest Ray Sports Associaiton	26	19	43.2	

Race No	Name	1st Run	Swim Time	2nd Run Finish	Club Name	Po	Points	%	Remarks
667	Wong Ching Yu		00:06:11	00:19:04 00:25:15	New Wave Swimming Club	27	18	40.9	
688	Cheung Ka Chun		00:06:16	00:19:05 00:25:21		28	17	38.6	
699	Choi Hei		00:05:23	00:20:01 00:25:24		29	16	36.4	
676	Lai Cheuk Yin		00:05:39	00:19:51 00:25:30	The Little Dolphin Swimming Training Cent	30	15	34.1	
662	Clarence Ma		00:08:35	00:17:14 00:25:49	Excel Swim Sports Association	31	14	31.8	
658	Yuen Ling Hong		00:05:49	00:20:51 00:26:40	Energetic Triathlon Shatin	32	13	29.5	
698	Tam Ming Lok		00:06:02	00:20:49 00:26:51		33	12	27.3	
679	Chan Pak Tong		00:05:41	00:23:35 00:29:16	Titan Triathlon	34	11	25.0	
762	Yuen Chi Shing		00:06:41	00:23:19 00:30:00	Mango Swimming Club	35	10	22.7	
661	Wong Hong Tai		00:06:47	00:23:30 00:30:17	Excel Swim Sports Association	36	9	20.5	
680	Tse Long Hin		00:05:05	00:25:15 00:30:20	Titan Triathlon	37	8	18.2	
668	Tam Man Kit			00:30:47	New Wave Swimming Club	38	7	15.9	
669	Wong Kai Lamm		00:06:10	00:24:38 00:30:48	New Wave Swimming Club	39	6	13.6	
684	Wu Tsun Hei		00:06:40	00:24:47 00:31:27		40	5	11.4	
685	Yuen Man Lok		00:07:55	00:24:55 00:32:50		41	4	9.1	
687	Chung Ho Tsit		00:07:54	00:26:55 00:34:49		42	3	6.8	
695	Chau Chun Ming		00:06:50	00:32:07 00:38:57		43	2	4.5	
664	Ching Ho Nam		00:06:35	00:32:27 00:39:02	Ma On Shan Swimming and Traithlon Club	44	1	2.3	
657	Lam Ho Ching				Energetic Triathlon Shatin	DNS			
665	Chau Chung Ming				Mango Swimming Club	DNS			
670	Ho Shing Lok				Sea Bear Swimming Club	DNS			
675	Tsang Yui Ho				The Little Dolphin Swimming Training Cent	DNS			
692	Christopher Lor			00:24:22 00:19:43		DSQ			no race number cloth
	Course D - Female 1998								
563	Chelesa Mumba Hinzano		00:05:42	00:11:45 00:17:27	Excel Swim Sports Association	1	14	100.0	
567	Yu Ka Yiu		00:05:31	00:12:07 00:17:38	Sea Bear Swimming Club	2	13	92.9	
566	Tong Sze Wan		00:05:30	00:12:35 00:18:05	Sea Bear Swimming Club	3	12	85.7	
569	Luk Kiu Cho		00:05:46	00:12:43 00:18:29	Soar Athletic Association	4	11	78.6	
562	Chan Ka Hei		00:05:34	00:13:26 00:19:00	Energetic Triathlon Shatin	5	10	71.4	
681	Lau Tsz Wing		00:05:35	00:14:23 00:19:58	Titan Triathlon	6	9	64.3	
564	Fu Chiu Man		00:07:04	00:14:32 00:21:36	Excel Swim Sports Association	7	8	57.1	
568	Chan Kai Yin		00:05:55	00:17:10 00:23:05	Sea Bear Swimming Club	8	7	50.0	
570	Mak Ka Sin		00:08:22	00:16:29 00:24:51	Soar Athletic Association	9	6	42.9	
575	Wong Long Kiu		00:08:15	00:16:49 00:25:04		10	5	35.7	
574	Anna Helms		00:06:27	00:20:11 00:26:38		11	4	28.6	
572	Hui King Yau		00:06:55	00:21:06 00:28:01	The Little Dolphin Swimming Training Cent	12	3	21.4	
573	Cheung Tung Yan		00:07:42	00:20:21 00:28:03	Titan Triathlon	13	2	14.3	
571	Yip Mun Ting		00:07:03	00:21:08 00:28:11	The Little Dolphin Swimming Training Cent	14	1	7.1	

Race No	Name	1st Run	Swim Time 2nd Run Finish	Club Name	Po	Points	%	Remarks
	Course D - Male 1997							
481	Lachlan Neill		00:04:13 00:11:40 00:15:53		1	42	100.0	
467	Maximilian Gil Mitchelmore		00:04:55 00:11:09 00:16:04	Titan Triathlon	2	41	97.6	
461	Luk Kiu Fung		00:04:56 00:11:13 00:16:09	Soar Athletic Association	3	40	95.2	
480	Heung Chin Tung		00:04:51 00:11:37 00:16:28		4	39	92.9	
462	Michael Lam		00:05:09 00:11:24 00:16:33	Sonic Sports Association	5	38	90.5	
475	Tse Chun Yin		00:04:33 00:12:06 00:16:39		6	37	88.1	
470	Tsoi Ka Kit		00:04:36 00:12:08 00:16:44	Wong Tai Sin District Life Saving Society	7	36	85.7	
439	Lui Yiu Kwong		00:04:40 00:12:09 00:16:49		8	35	83.3	
451	Au Yeung Ho Cheung		00:04:54 00:12:06 00:17:00	Excel Swim Sports Association	9	34	81.0	
443	Ip Ho Lam		00:17:11	Energetic Triathlon Shatin	10	33	78.6	
440	Leung Wai Cheuk		00:04:31 00:13:13 00:17:44	Energetic Triathlon Shatin	11	32	76.2	
478	Shuen Chun Kit, Jeffrey		00:17:49		12	31	73.8	
482	Pak Ngo Fung, Ryan		00:04:47 00:13:19 00:18:06		13	30	71.4	
455	Loo Tsz Hei		00:05:16 00:13:16 00:18:32	Sea Bear Swimming Club	14	29	69.0	
466	Leung Wai Yan, Benson		00:18:38	Ti Dynamic	15	28	66.7	
457	Fung Yat To		00:05:30 00:13:12 00:18:42	Sea Bear Swimming Club	16	27	64.3	
358	James Tan		00:05:31 00:14:12 00:19:43		17	26	61.9	
468	Lau Ho Ching		00:20:23	Titan Triathlon	18	25	59.5	
448	Chan Chun Wai		00:05:15 00:15:10 00:20:25	Excel Swim Sports Association	19	24	57.1	
464	Wong Tsz Him		00:06:11 00:14:15 00:20:26	The Little Dolphin Swimming Training Cent	20	23	54.8	
465	Tsang Yin Lung		00:05:25 00:15:01 00:20:26	The Little Dolphin Swimming Training Cent	21	22	52.4	
446	Kam Chun Him, James		00:05:19 00:15:38 00:20:57	Energetic Triathlon Shatin	22	21	50.0	
444	Leung Chun Sun		00:05:29 00:15:29 00:20:58	Energetic Triathlon Shatin	23	20	47.6	
447	Cheng Man Kit		00:21:45	Excel Swim Sports Association	24	19	45.2	
479	Choy Ho Cheong		00:21:45		25	18	42.9	
460	Chan Ching Fung		00:21:56	Soar Athletic Association	26	17	40.5	
477	Lukas Long Fan		00:05:24 00:17:01 00:22:25		27	16	38.1	
471	Shiu Wai Wa		00:22:49	Wong Tai Sin District Life Saving Society	28	15	35.7	
463	Tong Shing Chung		00:07:29 00:15:22 00:22:51	Sonic Sports Association	29	14	33.3	
445	Wong Tsz Shing		00:24:07	Energetic Triathlon Shatin	30	13	31.0	
453	Ng Tai Shing		00:05:20 00:18:56 00:24:16	LGP	31	12	28.6	
442	Lo Tim Bo		00:06:26 00:18:30 00:24:56	Energetic Triathlon Shatin	32	11	26.2	
472	Cho Ho Yin		00:05:21 00:20:04 00:25:25	Wong Tai Sin District Life Saving Society	33	10	23.8	
441	Chan Ka Lok		00:06:12 00:20:06 00:26:18	Energetic Triathlon Shatin	34	9	21.4	
469	Lai Kok Sum		00:14:39 00:12:05 00:26:44	Titan Triathlon	35	8	19.0	
473	Lee Ka Kei, Gareth		00:06:54 00:19:51 00:26:45		36	7	16.7	
458	Fong Siu Kan		00:05:28 00:21:44 00:27:12	Sea Bear Swimming Club	37	6	14.3	
449	Chan Pak Wai		00:14:21 00:13:15 00:27:36	Excel Swim Sports Association	38	5	11.9	
758	Leung Sheung Chun		00:30:43	Sea Bear Swimming Club	39	4	9.5	

Race No	Name	1st Run	Swim Time	2nd Run Finish	Club Name	Po	Points	%	Remarks
771	Cheung Wai Lap		00:06:55	00:27:21 00:34:16	Sea Bear Swimming Club	40	3	7.1	
767	Chiu Ki Fung			00:35:20	New Wave Swimming Club	41	2	4.8	
450	Cheng Yao Fung		00:14:25	00:26:17 00:40:42	Excel Swim Sports Association	42	1	2.4	
452	Chan Lok Man				LGP	DNS			
	Course D - Female 1997								
500	Ng Yin Yee, Janna		00:04:54	00:13:08 00:18:02		1	16	100.0	
493	Chan Ka Ying		00:05:00	00:13:40 00:18:40	Ti Dynamic	2	15	93.8	
497	Lee Wing Sum			00:19:05		3	14	87.5	
490	Tsang Ka Lok		00:06:05	00:13:42 00:19:47	Sonic Sports Association	4	13	81.3	
496	Vanessa Ng		00:04:56	00:15:04 00:20:00	Titan Triathlon	5	12	75.0	
485	Lam Yin Tung		00:05:38	00:14:38 00:20:16	Energetic Triathlon Shatin	6	11	68.8	
495	Chan Hoi Yue			00:20:35	Titan Triathlon	7	10	62.5	
491	Chan Kwan Ho		00:05:33	00:15:08 00:20:41	The Little Dolphin Swimming Training Cent	8	9	56.3	
770	Choi Ching Man		00:05:48	00:15:04 00:20:52	Sea Bear Swimming Club	9	8	50.0	
499	Yip Wing Chin, Tracy		00:05:03	00:16:06 00:21:09		10	7	43.8	
487	Lau Yi Lam		00:06:03	00:15:46 00:21:49	Excel Swim Sports Association	11	6	37.5	
488	Li Lok Yi		00:06:15	00:17:19 00:23:34	Ma On Shan Swimming and Traithlon Club	12	5	31.3	
484	Wong Lok Ching, Jacinta		00:17:46	00:06:00 00:23:46	Energetic Triathlon Shatin	13	4	25.0	
459	Kwong Cheuk Ying		00:06:27	00:18:14 00:24:41	Sea Bear Swimming Club	14	3	18.8	
492	Li Yuet Tung		00:06:40	00:18:28 00:25:08	The Little Dolphin Swimming Training Cent	15	2	12.5	
489	Chow Man Yan		00:17:50	00:07:52 00:25:42	Soar Athletic Association	16	1	6.3	
486	Lee Suet Ying				Excel Swim Sports Association	DNS			
494	Lui Hei In				Titan Triathlon	DNS			
498	Roise Wright					DNS			
	Course D - Male 1996								
434	Chan Hok Man, Arthur		00:04:38	00:09:53 00:14:31		1	36	100.0	
435	Chan Hon Man, Alfred			00:10:03 00:14:45		2	35	97.2	
402	Leung Pok Yin			00:15:48	Energetic Triathlon Shatin	3	36	100.0	
412	Nam pok lai ryan		00:04:29	00:11:19 00:15:48	Hoi Ngai Sport Associaiton	4	35	97.2	
428	Tse Chun Nok			00:11:30 00:16:02	9	5	36	100.0	
408	Yeung Tsz Fung			00:16:10	Excel Swim Sports Association	6	35	97.2	
406	Chan Ka Lung		00:04:41	00:11:39 00:16:20	Excel Swim Sports Association	7	36	100.0	
425	Leung Hoi Kit			00:11:36 00:16:24	Wong Tai Sin District Life Saving Society	8	35	97.2	
429	Muk Lai Kan			00:11:26 00:16:26	g .a. a District Line daving desirity	9	36	100.0	
414	Tam Cheuk Him			00:11:37 00:16:38	Ma On Shan Swimming and Traithlon Club	10	35	97.2	
401	Lau Hiu Wing		50.00.01	00:16:39	Energetic Triathlon Shatin	11	36	100.0	
405	Wong Ching Yin			00:17:36	Excel Swim Sports Association	12	35	97.2	
415	Ng Cheuk Hong		00.04.40	00:17:30	Mango Swimming Club	13	36	100.0	
415	ing Cheuk Hong		00.04.49	00.12.00 00.17.47	Mango Swimining Club	13	30	100.0	

Race No	Name	1st Run	Swim Time 2nd Run Finish	Club Name	Po	Points	%	Remarks
399	Mak Tsz Ho		00:18:08	Compass Sports Associaiton	14	35	97.2	
514	Lai Man Hei		00:04:45 00:13:28 00:18:13		15	36	100.0	
410	Clement Ma		00:05:16 00:13:00 00:18:16	Excel Swim Sports Association	16	35	97.2	
427	Tse Tsz Tun		00:04:58 00:13:48 00:18:46		17	36	100.0	
437	Tang Cheuk Lam		00:18:55		18	35	97.2	
436	Lee Chun		00:05:15 00:14:35 00:19:50	Energetic Triathlon Shatin	19	36	100.0	
438	Nip Ching		00:04:46 00:14:20 00:19:06	Excel Swim Sports Association	20	35	97.2	
420	Justin Kiatrongcharoen		00:05:11 00:14:24 00:19:35	Titan Triathlon	21	36	100.0	
411	Yuen Chun Pang		00:20:04	Hoi Ngai Sport Associaiton	22	35	97.2	
416	Lai Chi Fung, Desmond		00:05:02 00:15:07 00:20:09	The Little Dolphin Swimming Training Cent	23	36	100.0	
417	Poon Lik Shing		00:05:32 00:14:39 00:20:11	Titan Triathlon	24	35	97.2	
421	Ho Fung Hung		00:05:17 00:15:16 00:20:33	Titan Triathlon	25	36	100.0	
432	Ron To		00:05:35 00:15:30 00:21:05	Energetic Triathlon Shatin	26	35	97.2	
400	Kwok Pak Hei		00:04:40 00:16:41 00:21:21	Energetic Triathlon Shatin	27	36	100.0	
433	Yip Chun Hin, Oscar		00:06:47 00:15:04 00:21:51		28	35	97.2	
426	Yam Chin Hung		00:05:38 00:16:28 00:22:06	Wong Tai Sin District Life Saving Society	29	36	100.0	
404	Chau Man Kei		00:06:32 00:15:42 00:22:14	Energetic Triathlon Shatin	30	35	97.2	
431	Wong Chun Hei		00:05:18 00:17:42 00:23:00		31	36	100.0	
430	Chan Wai Shun, Wilson		00:05:43 00:17:18 00:23:01		32	35	97.2	
418	Tung Tak Ho		00:06:11 00:19:04 00:25:15	Titan Triathlon	33	36	100.0	
422	Yim Ho Yin		00:15:48 00:09:41 00:25:29	Titan Triathlon	34	35	97.2	
756	Pang Tsz Hin		00:06:12 00:23:16 00:29:28	Sea Bear Swimming Club	35	36	100.0	
409	Ng Tsz Sing		00:05:39 00:26:30 00:32:09	Excel Swim Sports Association	36	35	97.2	
403	Tam Cheuk Lam			Energetic Triathlon Shatin	DNS			
407	Lee Chun Yiu			Excel Swim Sports Association	DNS			
413	Chan Kin Hang			Hoi Ngai Sport Associaiton	DNS			
423	Gary Chu			Titan Triathlon	DNS			
424	Jason Chu			Titan Triathlon	DNS			
419	Stanley Lai		00:05:44 00:17:09 00:22:53	Titan Triathlon	DSQ			foul langaue to official
	Course D - Female 1996							
512	Lee Yuk Ying		00:04:45 00:12:35 00:17:20	Titan Triathlon	1	12	100.0	
503	Ng Yui Lam		00:04:42 00:13:05 00:17:47	Energetic Triathlon Shatin	2	11	91.7	
509	Tsang Hei Yiu		00:05:29 00:12:25 00:17:54	Soar Athletic Association	3	10	83.3	
508	Leung Yee		00:05:44 00:12:55 00:18:39	Soar Athletic Association	4	9	75.0	
501	Choi See Chung		00:05:30 00:13:23 00:18:53	Energetic Triathlon Shatin	5	8	66.7	
505	Florence Wan		00:04:47 00:15:02 00:19:49	Ma On Shan Swimming and Traithlon Club	6	7	58.3	
511	Tsoi Wing Ki		00:19:53	The Little Dolphin Swimming Training Cent	7	6	50.0	
504	Lo Wing Yu		00:04:59 00:15:11 00:20:10	LGP	8	5	41.7	
510	Kong Yan Pui		00:17:49 00:03:11 00:21:00	Sonic Sports Association	9	4	33.3	

Race No	Name	1st Run	Swim Time	2nd Run Finish	Club Name	Po	Points	%	Remarks
507	Leung Kit Ching		00:05:25	00:15:38 00:21:03	Soar Athletic Association	10	3	25.0	
502	Lung En Lin, Ethelia		00:05:31	00:16:22 00:21:53		11	2	16.7	
506	Po Wing Sze		00:17:54	00:12:06 00:30:00	New Wave Swimming Club	12	1	8.3	
513	Janice Chu				Titan Triathlon	DNS			
	Course D - Male 1995								
363	Wong Hui Wai		00:04:02	00:10:08 00:14:10	Energetic Triathlon Shatin	1	35	100.0	
382	Sam Brian Mitchelmore		00:04:03	00:10:07 00:14:10	Titan Triathlon	2	34	97.1	
387	Kwok Wing Kan		00:04:32	00:10:28 00:15:00	Titan Triathlon	3	33	94.3	
385	Lau Tsun Ling		00:04:26	00:10:46 00:15:12	Titan Triathlon	4	32	91.4	
368	Cheng Ho Yin		00:04:40	00:10:38 00:15:18	Excel Swim Sports Association	5	31	88.6	
365	Chu Long San, Elvis			00:15:30	Energetic Triathlon Shatin	6	30	85.7	
367	Chow Man Him			00:15:38	Excel Swim Sports Association	7	29	82.9	
364	Kwok Chun Ting, Jasper		00:04:21	00:11:21 00:15:42	Energetic Triathlon Shatin	8	28	80.0	
757	Leung Sheung Hang		00:04:23	00:11:28 00:15:51	Sea Bear Swimming Club	9	27	77.1	
383	Leung Yat Lai		00:04:48	00:11:04 00:15:52	Titan Triathlon	10	26	74.3	
393	Lam Ming Yeung		00:04:29	00:11:32 00:16:01	0	11	25	71.4	
390	Tsoi Ka Cheuk		00:04:27	00:11:46 00:16:13	Wong Tai Sin District Life Saving Society	12	24	68.6	
381	Leung Po Yan, Jason		00:04:28	00:11:55 00:16:23	Sonic Sports Association	13	23	65.7	
369	Lam Ming Yan		00:04:33	00:12:51 00:17:24	Excel Swim Sports Association	14	22	62.9	
373	Ng Cheuk Lun		00:04:45	00:12:40 00:17:25	LGP	15	21	60.0	
374	Pang Ho Yin		00:04:43	00:12:45 00:17:28	LGP	16	20	57.1	
394	Lau Hin Nam		00:05:28	00:12:12 00:17:40		17	19	54.3	
377	Lam Siu Ki		00:02:35	00:15:26 00:18:01	Soar Athletic Association	18	18	51.4	
366	Lam Jung Yee		00:05:01	00:13:18 00:18:19	Excel Swim Sports Association	19	17	48.6	
362	Chow Sin Ki		00:04:34	00:13:46 00:18:20	Energetic Triathlon Shatin	20	16	45.7	
384	Lee Yik Hin			00:19:15	Titan Triathlon	21	15	42.9	
398	Yuen Yat Lun		00:04:47	00:14:52 00:19:39	Compass Sports Associaiton	22	14	40.0	
375	Mak Ho Man		00:05:14	00:14:58 00:20:12	Ma On Shan Swimming and Traithlon Club	23	13	37.1	
392	Shiu Wai Ki		00:04:47	00:15:48 00:20:35	Wong Tai Sin District Life Saving Society	24	12	34.3	
378	Poon Kai Yuen, Anthony		00:04:14	00:17:02 00:21:16	Soar Athletic Association	25	11	31.4	
396	Lee Kwan Leung		00:05:12	00:16:30 00:21:42		26	10	28.6	
388	Wong Yip Him		00:05:07	00:16:53 00:22:00	Ma On Shan Swimming and Traithlon Club	27	9	25.7	
360	Chan Shun Hei		00:04:30	00:17:37 00:22:07	Chi Keung Aqua Club	28	8	22.9	
380	Kwan Pak Hei			00:17:01 00:23:46	Sonic Sports Association	29	7	20.0	
371	Fan Chun Chung			00:19:37 00:24:39	Hoi Ngai Sport Associaiton	30	6	17.1	
391	Law Chung Kei			00:19:17 00:25:06	Wong Tai Sin District Life Saving Society	31	5	14.3	
379	Chan Hei Yin			00:19:25 00:25:23	Soar Athletic Association	32	4	11.4	
397	Chan Cheuk Man, Adam			00:26:19		33	3	8.6	
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Race No	Name	1st Run	Swim Time 2nd Run Finish	Club Name	Po	Points	%	Remarks
370	Cheng Teng Fung		00:06:46 00:23:32 00:30:18	Excel Swim Sports Association	35	1	2.9	
372	Tung Chun Kit			Hoi Ngai Sport Associaiton	DNS			
376	Ching Ho Pan			Ma On Shan Swimming and Traithlon Club	DNS			
389	Tsoi Ka Cheuk			Wong Tai Sin District Life Saving Society	DNS			
395	Kwok Chung Ting, Jasper			Energetic Triathlon Shatin	DNS			
	Course D - Female 1995							
515	Chan Long Ching		00:04:41 00:11:57 00:16:38	Energetic Triathlon Shatin	1	13	100.0	
747	Sin Pui Yan		00:04:43 00:12:55 00:17:38		2	12	92.3	
516	Chan Lok Yi		00:04:48 00:13:19 00:18:07	Energetic Triathlon Shatin	3	11	84.6	
518	Lam Lok Shan		00:04:52 00:13:30 00:18:22	Excel Swim Sports Association	4	10	76.9	
525	Chan Yuan Ting		00:04:57 00:13:32 00:18:29		5	9	69.2	
519	Li Sum Yi		00:19:19	Ma On Shan Swimming and Traithlon Club	6	8	61.5	
524	Wong Sau Yu		00:04:46 00:14:58 00:19:44		7	7	53.8	
523	Althea Suen		00:21:52		8	6	46.2	
517	Wong Ho Yee		00:05:52 00:16:29 00:22:21	Energetic Triathlon Shatin	9	5	38.5	
520	Fok Chi Yin		00:06:45 00:18:34 00:25:19	Mango Swimming Club	10	4	30.8	
521	Shek Tsz Wai		00:06:10 00:19:28 00:25:38	Soar Athletic Association	11	3	23.1	
526	Woo Hiu Laam		00:06:23 00:19:49 00:26:12		12	2	15.4	
522	Brooke Helms		00:05:40 00:21:19 00:26:59		13	1	7.7	
	Course D - Male 1994							
353	Tang Ho Fai, Jeffrey		00:04:27 00:10:13 00:14:40	Titan Triathlon	1	22	100.0	
337	Wu Tsz Fung		00:04:16 00:10:26 00:14:42	Soar Athletic Association	2	21	95.5	
345	Lau Chak Fung		00:04:26 00:10:19 00:14:45	Titan Triathlon	3	20	90.9	
338	Wu Tsz Shun		00:04:23 00:11:01 00:15:24	Soar Athletic Association	4	19	86.4	
342	Mok Wai Lun		00:04:28 00:10:58 00:15:26	Titan Triathlon	5	18	81.8	
347	Kun Chi Hin		00:04:44 00:11:29 00:16:13	Titan Triathlon	6	17	77.3	
344	Leung Yat Yin		00:04:59 00:11:16 00:16:15	Titan Triathlon	7	16	72.7	
340	Szeto Kit		00:07:20 00:09:02 00:16:22	Sonic Sports Association	8	15	68.2	
349	Chow Yat Sing		00:16:43	Titan Triathlon	9	14	63.6	
341	Wu Tsz Lok		00:04:49 00:12:16 00:17:05	Titan Triathlon	10	13	59.1	
348	Shaun Kiatvongcharoen		00:04:41 00:12:27 00:17:08	Titan Triathlon	11	12	54.5	
336	Chui Tsz Chung		00:04:45 00:12:46 00:17:31	Sea Bear Swimming Club	12	11	50.0	
334	Leung Tsz Chun		00:04:03 00:13:29 00:17:32	Energetic Triathlon Shatin	13	10	45.5	
339	Kwan Siu Yau		00:04:52 00:13:07 00:17:59	Sonic Sports Association	14	9	40.9	
333	Lee Cheuk Him		00:04:58 00:13:20 00:18:18	Compass Sports Association	15	8	36.4	
359	Derrick Choi		00:04:04 00:15:00 00:19:04	, , ,	16	7	31.8	
350	Jorge Kento		00:05:15 00:14:34 00:19:49	Titan Triathlon	17	6	27.3	
				Wong Tai Sin District Life Saving Society		5	-	

Race No	Name	1st Run	Swim Time	2nd Run Finish	Club Name	Po	Points	%	Remarks
356	Pang Tsz Wing		00:04:48	00:15:33 00:20:21	Wong Tai Sin District Life Saving Society	19	4	18.2	
357	Cheng Wai Shun		00:05:27	00:15:20 00:20:47		20	3	13.6	
352	Ng Chun Hei		00:05:31	00:16:58 00:22:29	Titan Triathlon	21	2	9.1	
335	Chan Lok Yiu		00:04:37	00:23:20 00:27:57	LGP	22	1	4.5	
346	Chu King Long				Titan Triathlon	DNS			
351	Andrew Fawls				Titan Triathlon	DNS			
	Course D - Female 1994								
532	Mok Nga Ting			00:17:32	Titan Triathlon	1	8	100.0	
531	Elizabeth Lam		00:05:43	00:12:45 00:18:28	Sonic Sports Association	2	7	87.5	
530	Lau Ching Ning			00:15:06 00:19:50	Sonic Sports Association	3	6	75.0	
534	Sin Chin Wing, Sonia			00:14:10 00:20:01		4	5	62.5	
355	Pang Hui Kwan			00:20:02		5	4	50.0	
529	Luk Wing Sum		00:05:45	00:14:49 00:20:34	Soar Athletic Association	6	3	37.5	
528	Chui Wing Yin			00:16:03 00:21:35	Soar Athletic Association	7	2	25.0	
343	Szeto Cho Yi			00:19:18 00:25:22	Titan Triathlon	8	1	12.5	
527	Chan Cheuk Ying				Ma On Shan Swimming and Traithlon Club	DNS			
533	Sambie Poon				Titan Triathlon	DNS			
	Course E - Male Open		1						
704	Li Chun Pong			00:10:51 00:15:31	Energetic Triathlon Shatin	1	17	100.0	
712	Yip Chun Kit, Kenneth			00:11:16 00:15:42	Sonic Sports Association	2	16	94.1	
707	Leung Ka Lun			00:11:29 00:16:11	Energetic Triathlon Shatin	3	15	88.2	
700	Derek Wong			00:11:29 00:16:24	Energetic Triathlon Shatin	4	14	82.4	
706	Lam Tsz Wai			00:12:46 00:17:22	Energetic Triathlon Shatin	5	13	76.5	
705	Ng Wing Fai			00:11:18 00:17:26	Energetic Triathlon Shatin	6	12	70.6	
748	Wong Wai Ho			00:11:56 00:18:02	Energetic Triathlon Shatin	7	11	64.7	
702	Wan Tin Lap			00:12:24 00:18:24	Energetic Triathlon Shatin	8	10	58.8	
714	Chow Hoi Tat			00:12:22 00:18:33	Titan Triathlon	9	9	52.9	
709	Lau Chun Ngai			00:13:59 00:18:43	New Wave Swimming Club	10	8	47.1	
288	Ho Wing Tung			00:15:36 00:20:30	Energetic Triathlon Shatin	11	7	41.2	
713	Lam Chung Kei		00:05:38	00:15:01 00:20:39	Titan Triathlon	12	6	35.3	
717	Yu Let Pen		00:06:30	00:14:18 00:20:48		13	5	29.4	
711	Hui Chun Yu, Charles		00:06:09	00:15:35 00:21:44	Sonic Sports Association	14	4	23.5	
718	Lui Wai Man		00:06:04	00:17:57 00:24:01		15	3	17.6	
733	William Hau		00:06:51	00:19:44 00:26:35		16	2	11.8	
715	Lim Heung Tung, Paul		00:06:12	00:31:57 00:38:09		17	1	5.9	
701	So Chi Wai				Energetic Triathlon Shatin	DNS			
703	Sin Chun Kwong				Energetic Triathlon Shatin	DNS			
708	Wong Wing Ho				Energetic Triathlon Shatin	DNS			

Race No	Name	1st Run	Swim Time 2nd Run Finish	Club Name	Po	Points	%	Remarks
710	Yvan Corno			Sonic Sports Association	DNS			
716	Federico Masin				DNS			
	Course E - Male Veteran							
722	Wan Shu Wah		00:04:52 00:11:21 00:16:13	Energetic Triathlon Shatin	1	13	100.0	
732	Jeese Chang		00:04:43 00:11:34 00:16:17		2	12	92.3	
719	Chan Chu		00:05:32 00:11:46 00:17:18	Energetic Triathlon Shatin	3	11	84.6	
721	Ng Kwok Chuen		00:05:01 00:12:18 00:17:19	Energetic Triathlon Shatin	4	10	76.9	
261	Wong Tak Wah		00:05:30 00:11:55 00:17:25	Energetic Triathlon Shatin	5	9	69.2	
726	Tsang Chung Ming		00:06:05 00:12:05 00:18:10	Titan Triathlon	6	8	61.5	
723	Wong Kin, Kennt		00:06:29 00:11:48 00:18:17	Energetic Triathlon Shatin	7	7	53.8	
730	Ng Yuen Fu		00:05:16 00:13:28 00:18:44		8	6	46.2	
720	Poon Kwok Wing		00:06:07 00:12:57 00:19:04	Energetic Triathlon Shatin	9	5	38.5	
260	Chan Kun Ying		00:06:13 00:13:54 00:20:07	Energetic Triathlon Shatin	10	4	30.8	
731	Leung Yau Hong		00:06:29 00:14:32 00:21:01		11	3	23.1	
724	Chan Po Kwok		00:07:05 00:15:34 00:22:39	Ma On Shan Swimming and Traithlon Club	12	2	15.4	
727	Poon Siu Man		00:09:29 00:21:23 00:30:52	Titan Triathlon	13	1	7.7	
725	Wong Ho Ming			Sonic Sports Association	DNS			
728	Scott James Burton				DNS			
729	Nick Dargan				DNS			
766	CHAN YUN KEUNG			Hoi Ngai Sport Associaiton	DNS			
	Course E - Female Open							
735	Jancie Lee		00:05:42 00:12:52 00:18:34	Sonic Sports Association	1	3	100.0	
739	Lui Shuk Han, Karen		00:06:10 00:12:37 00:18:47	Energetic Triathlon Shatin	2	2	66.7	
738	Chan Shuk Han		00:08:24 00:21:19 00:29:43		3	1	33.3	
736	Evangeline Quek			Sonic Sports Association	DNS			
	Course E - Female Veteran							
740	Chan Suet Wah		00:07:50 00:13:15 00:21:05	Energetic Triathlon Shatin	1	7	100.0	
745	Chan Man Mei		00:06:46 00:15:13 00:21:59		2	6	85.7	
742	Yu Pik Yuk Julie		00:06:19 00:16:47 00:23:06		3	5	71.4	
746	Tam Mei Ling		00:06:45 00:16:43 00:23:28		4	4	57.1	
741	Cheung Yuk Bing		00:07:40 00:16:06 00:23:46	Energetic Triathlon Shatin	5	3	42.9	
743	Chan Kit Har		00:09:01 00:17:16 00:26:17		6	2	28.6	
744	Chow Woon Kiu		00:07:51 00:18:29 00:26:20		7	1	14.3	
734	Yeung Mei Lun			Energetic Triathlon Shatin	DNS			