

2009 Duathlon Series - Race 1 (Individual Result)

Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
Course A - Male Elite Open										
115		Ho King Fun	00:09:28	00:36:14	00:10:57	00:56:39	Titan Triathlon	1	2	100.0
130	許家鏘	Hui Ka Cheong	00:09:46	00:39:02	00:10:36	00:59:24	Energetic Triathlon Shatin	2	1	50.0
116		Leung Ching Yin, Samuel					Titan Triathlon	DNS		
Course A - Male Elite Junior										
123	陳振龍	Chan Chun Lung	00:09:31	00:36:09	00:11:16	00:56:56	Titan Triathlon	1	5	100
131	劉朗鋒	Lau Long Fung	00:09:36	00:38:05	00:10:16	00:57:57	Titan Triathlon	2	4	80
127	羅亮添	Law Leong Tim	00:09:34	00:39:16	00:10:42	00:59:32		3	3	60
129	葉青翹	Ip Ching Kiu	00:10:26	00:38:23	00:11:34	01:00:23	Energetic Triathlon Shatin	4	2	40
126	冼朗軒	Sin Long Hin	00:10:27	00:40:17	00:12:44	01:03:28	Titan Triathlon	5	1	20
124	甘松熹	Kam Chung Hay, Derek	00:11:33	00:37:55			Energetic Triathlon Shatin	DNF		
125	盧建璋	Lo Kin Cheung					Ma On Shan Swimming and Triathlon Club	DNS		
128	張子熙	Cheung Tsz Hei					Energetic Triathlon Shatin	DNS		
Course A - Male Age-Group 20-24										
133	溫振豪	Wan Zhen Hao				00:57:57	Titan Triathlon	1	8	100
132	葉兆秦	Ip Shiu Chun	00:09:54	00:37:46	00:10:41	00:58:21	Titan Triathlon	2	7	87.5
135	梁嘉倫	Leung Ka Lun	00:10:36	00:38:15	00:13:08	01:01:59	Energetic Triathlon Shatin	3	6	75
137	陳肇恆	Chan Siu Hang	00:10:27	00:38:51	00:13:23	01:02:41	New Wave Swimming Club	4	5	62.5
138	譚進明	Tam Tsun Ming	00:11:44	00:37:10	00:14:52	01:03:46		5	4	50
136	陳慶峰	Chan Hing Fung	00:11:57	00:41:44	00:13:32	01:07:13	Titan Triathlon	6	3	37.5
418	黃子洋	Wong Tsz Yeung, Ato	00:12:20	00:42:19	00:14:31	01:09:10	Sonic Sports Associaiton	7	2	25
134	譚祐恩	Tam Yau Yan	00:10:01	00:47:51	00:14:48	01:12:40	Energetic Triathlon Shatin	8	1	12.5
139	黃子洋	Wong Tse Yeung, Ato					Sonic Sports Associaiton	DNS		
140	丁豪輝	Ting Ho Fai					Ma On Shan Swimming and Triathlon Club	DNS		
Course A - Male Age-Group 25-29										
152		James McCurdy	00:09:27	00:35:43	00:10:15	00:55:25		1	16	100.0
553		Wong Wai Hong	00:10:58	00:38:38	00:12:27	01:02:03		2	15	93.8
143	鄧榮基	Tang Wing Kei	00:11:38	00:37:54	00:13:18	01:02:50	Tung Chung Triathlon Associaiton	3	14	87.5
149	林梓維	Lam Tsz Wai	00:11:16			01:03:02	Energetic Triathlon Shatin	4	13	81.3
144	劉裕峰	Lau Yue Fung	00:10:57	00:40:25	00:12:32	01:03:54		5	12	75.0
141	楊家明	Yeung Ka Ming, Ivan	00:10:34	00:41:07	00:12:50	01:04:31	Sonic Sports Associaiton	6	11	68.8
154		Chak Chun Wing	00:11:50	00:37:06	00:16:21	01:05:17		7	10	62.5
142	石啓右	Sak Kai Yau	00:11:25	00:41:38	00:12:37	01:05:40	Hoi Ngai Sport Associaiton	8	9	56.3
146	唐宇鋒	Tong Yu Fung	00:11:55	00:42:19	00:14:29	01:08:43		9	8	50.0
156		Yung Chun Hong	00:11:54	00:44:35	00:13:49	01:10:18		10	7	43.8
150	劉錦聰	Lau Kam Chung	00:13:54	00:39:12	00:17:22	01:10:28	Excel Swim Sports Association	11	6	37.5
155	李偉堅	Lee Wai Kin	00:11:30	00:48:51	00:12:37	01:12:58		12	5	31.3
145	曹君彥	Cho Kwan Yin	00:15:10	00:44:09	00:16:02	01:15:21		13	4	25.0
157		Wong Hon Bub, Ryan				01:16:34		14	3	18.8
151	彭嘉霆	Justin Persuitti	00:13:45	00:48:17	00:14:49	01:16:51	Hong Kong Dragons Triathlon Club	15	2	12.5
158		Wong Ka Shing	00:14:15	01:00:41	00:19:20	01:34:16	Sonic Sports Associaiton	16	1	6.3

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Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
147	鄭韋聰	Cehng Wai Chung					Sonic Sports Associaiton	DNS		
148	李嘉業	Li Ka Yip					Energetic Triathlon Shatin	DNS		
153		Samuel Caillaut						DNS		
Course A - Male Age-Group 30-34										
7	任智偉	Yam Chi Wai				00:58:17	Titan Triathlon	1	12	100.0
3	單振光	Sin Chun Kwong	00:10:12			00:58:40	Energetic Triathlon Shatin	2	11	91.7
10	戴德華	Tai Tak Wah	00:10:30	00:35:58	00:12:46	00:59:14	Tung Chung Triathlon Associaiton	3	10	83.3
8	梁家怡	Leung Ka Yi	00:11:51	00:43:26	00:13:24	01:08:41		4	9	75.0
12		Mark Collins	00:12:01	00:43:41	00:13:49	01:09:31		5	8	66.7
11	明福灝	Ming Fuk Ho	00:11:20	00:44:28	00:13:46	01:09:34	Energetic Triathlon Shatin	6	7	58.3
9		Justine Choo	00:12:13	00:43:41	00:14:23	01:10:17	Tung Chung Triathlon Associaiton	7	6	50.0
15		Cheung Man Kit	00:12:11	00:34:14	00:25:20	01:11:45		8	5	41.7
14		LeeYu Keung	00:14:46	00:31:41	00:34:22	01:20:49		9	4	33.3
13		Shindo Takaai, Eugene	00:14:49	00:48:56	00:18:51	01:22:36	Sonic Sports Associaiton	10	3	25.0
4	陳展雄	Chan Chin Hung				01:22:38	Sonic Sports Associaiton	11	2	16.7
2	陳啓中	Chan Kai Chung	00:15:32	01:25:07	00:08:00	01:48:39	Energetic Triathlon Shatin	12	1	8.3
5		Lau Gum Bong, Gabriel					Sonic Sports Associaiton	DNS		
6	鄧景文	Tang King Man					Titan Triathlon	DNS		
Course A - Male Age-Group 35-39										
29		Craig Dally	00:10:14	00:36:12	00:11:41	00:58:07	Tung Chung Triathlon Associaiton	1	26	100.0
50	梁子榮	Leung Tsz Wing			00:12:59	00:59:24		2	25	96.2
51	黃兆元	Wong Siu Yuen, Jason	00:10:28	00:37:20	00:12:54	01:00:43	Titan Triathlon	3	24	92.3
35	黃寶健	Wong Po Kin, Kent	00:12:28	00:35:22	00:13:52	01:01:42	Sonic Sports Associaiton	4	23	88.5
42	華倫	Wah Lun, Alain	00:10:47	00:37:00	00:14:02	01:01:49		5	22	84.6
34	楊永賢	Yeung Wing Yin, Michael	00:10:55	00:38:18	00:13:17	01:02:30	Energetic Triathlon Shatin	6	21	80.8
1		Michael Watson	00:10:57	00:38:08	00:13:47	01:02:52	Hong Kong Dragon Triathlon Club	7	20	76.9
27	張偉基	Cheung Wai Kee	00:10:11	00:42:52	00:11:00	01:04:03		8	19	73.1
32	溫天立	Wan Tin Lap	00:11:26	00:39:08	00:13:39	01:04:13	Energetic Triathlon Shatin	9	18	69.2
19	黎建新	Lai Kin Sun	00:10:58	00:35:29	00:17:49	01:04:16	Titan Triathlon	10	17	65.4
16	何志亮	Bernard Ho	00:12:29	00:40:47	00:13:21	01:06:37	Sonic Sports Associaiton	11	16	61.5
52		Luke Flectcher	00:12:02	00:43:18	00:13:38	01:08:58		12	15	57.7
41	鄭裕光	Rudolf Cheng	00:11:26	00:43:49	00:13:44	01:08:59		13	14	53.8
33	黃漢威	Wong Hon Wei	00:12:28	00:42:55	00:15:22	01:10:45	Energetic Triathlon Shatin	14	13	50.0
36	李銘揚	Lee Ming Yeung	00:14:28	00:41:24	00:14:54	01:10:46	Energetic Triathlon Shatin	15	12	46.2
30	張傑倫	Cheung Kit Lun	00:10:12	00:46:18	00:14:57	01:11:27		16	11	42.3
28	容量生	Yung Leong Sang	00:11:47	00:48:12	00:12:25	01:12:24		17	10	38.5
31	麥耀雅	Mak Yiu Nga	00:12:53			01:12:43	Energetic Triathlon Shatin	18	9	34.6
26	李德霖	Lee Tak Ling, George	00:12:33	00:43:59	00:16:19	01:12:51	Sonic Sports Associaiton	19	8	30.8
21	尹庭耀	Wan Ting Yiu, Ricky	00:12:05	00:44:59	00:15:52	01:12:56	Energetic Triathlon Shatin	20	7	26.9
37	文家祺	Man Ka Kee	00:12:18	00:38:19	00:23:06	01:13:43	Energetic Triathlon Shatin	21	6	23.1
44		Kevin Cheng	00:12:33	00:50:31	00:15:18	01:18:22		22	5	19.2
47		Jamie Tadelis	00:14:48	00:51:41	00:17:50	01:24:19		23	4	15.4

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Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
48		Matthew Nelson	00:14:47	00:54:51	00:15:33	01:25:11		24	3	11.5
45		Clement Sun	00:14:20			01:25:37		25	2	7.7
53	司徒志輝	Sitou Chi Fai, Raymond	00:15:30	00:53:27	00:20:45	01:29:42	Sonic Sports Associaiton	26	1	3.8
17	湯惠聰	Christopher Tong					Sonic Sports Associaiton	DNS		
18	張卓華	Cheung Cheuk Wah					Energetic Triathlon Shatin	DNS		
20		Horatius Hwang					0	DNS		
22	陳錦華	Chan Kam Wah					Hoi Ngai Sport Associaiton	DNS		
23		Gianandrea Pesci					0	DNS		
24		Jon Adair					Hong Kong Dragons Triathlon Club	DNS		
25	蘇鵬飛	Aki Su					Sonic Sports Associaiton	DNS		
38	吳志威	Ng Chi Wai					Energetic Triathlon Shatin	DNS		
39	陳利	Chan Li					Titan Triathlon	DNS		
40	麥卓民	Mak Cheuk Man					Sonic Sports Association	DNS		
43		David Madden						DNS		
46	辛祖勤	Sun Cho Kam						DNS		
49		Ricky Yuen					Health Guide Sports Association Company Limited	DNF		
Course A - Male Age-Group 40-44										
74	溫樹華	Wan Shu Wah	00:10:12			00:59:04	Energetic Triathlon Shatin	1	23	100
73	李健平	Christophe Lee	00:10:30			00:59:33	Energetic Triathlon Shatin	2	22	95.7
61	林金清	Lam Kam Ching	00:10:41	00:37:12	00:12:47	01:00:35	Tung Chung Triathlon Associaiton	3	21	91.3
72	楊任豪	Yeung Yam Ho	00:10:56	00:39:36	00:13:17	01:03:49		4	20	87.0
65	彭思杰	Alwyn Pang				01:03:59	Tung Chung Triathlon Associaiton	5	19	82.6
77		Groves Gao Fei, Philip	00:10:46	00:42:12	00:11:36	01:04:34		6	18	78.3
58	吳國全	Ng Kwok Chuen	00:11:30	00:39:06	00:14:07	01:04:43	Energetic Triathlon Shatin	7	17	73.9
83	周鶴松	Zhou He Song	00:10:46	00:39:39	00:14:20	01:04:45		8	16	69.6
67	陳植堅	Chan Chik Kin	00:12:12	00:38:20	00:16:39	01:07:11	Energetic Triathlon Shatin	9	15	65.2
59	馬志寶	Ma Chi Po	00:12:19	00:41:11	00:14:28	01:07:58	Titan Triathlon	10	14	60.9
68	周捷恆	Billy Chow	00:12:29	00:41:15	00:14:17	01:08:01	Sonic Sports Associaiton	11	13	56.5
76	王鳴輝	Wong Ming Fae	00:11:32	00:42:11	00:15:45	01:09:28	Sonic Sports Associaiton	12	12	52.2
71	葉承恩	Yip Shing Yan	00:11:27	00:44:30	00:14:19	01:10:16	Titan Triathlon	13	11	47.8
55	江元強	Kong Yuen Keung	00:11:53	00:44:31	00:15:17	01:11:41	Tung Chung Triathlon Associaiton	14	10	43.5
70	李榮光	Lee Wing Kwong	00:13:08	00:44:09	00:15:20	01:12:37	Titan Triathlon	15	9	39.1
80	符致棟	Gary Fu	00:12:32	00:47:01	00:14:34	01:14:07		16	8	34.8
79		Leung Yab Kit , Eric	00:13:18	00:50:20	00:13:00	01:16:38		17	7	30.4
82	黃家福	Wong Ka Fook	00:10:57	00:51:44	00:16:03	01:18:44		18	6	26.1
56	胡兆駿	Wu Siu Chun, Chris	00:12:48	00:50:51	00:17:00	01:20:39	Sonic Sports Associaiton	19	5	21.7
62		Andrew Macpherson	00:13:57	00:49:47	00:17:28	01:21:12	Tung Chung Triathlon Associaiton	20	4	17.4
84		Andrew Shpiz	00:13:15	00:53:22	00:15:58	01:22:35		21	3	13.0
69	袁龍章	Yuen Lung Cheung Dominic	00:13:45			01:26:05	Sonic Sports Associaiton	22	2	8.7
85		Anthony Biniaris	00:14:50	00:54:54	00:19:24	01:29:08		23	1	4.3
54		Philip Walker						DNS		
57		Martin Allen					Tung Chung Triathlon Associaiton	DNS		
60		Tam Sze Lun, Alan					Sonic Sports Associaiton	DNS		

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Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
63	許國良	Hui Kwok Leung					Titan Triathlon	DNS		
64	鄧永安	Tan Wing On					Sonic Sports Association	DNS		
66		Anthony Pringle					Tung Chung Triathlon Associaiton	DNS		
75	黃浩明	Wong Ho Ming, Edwin					Sonic Sports Associaiton	DNS		
78	陳德璋	Chan Tak Cheung, Sam						DNS		
81	鄒澤偉	Chau Chak Wai						DNS		
Course A - Male Age-Group 45-49										
105	趙立榮	Chiu Lap Wing	00:10:24	00:37:28	00:12:38	01:00:30	Energetic Triathlon Shatin	1	21	100
102	宋仁華	Sung Yan Wah	00:10:31	00:37:18	00:12:58	01:00:47	Titan Triathlon	2	20	95.2
114	麥德長	Mak Tak Cheung	00:10:40	00:37:06	00:13:06	01:00:52	Ma On Shan Swimming and Triathlon Club	3	19	90.5
505	鄭景富	Chang King Fun	00:10:55	00:38:15	00:13:02	01:02:12	Titan Triathlon	4	18	85.7
87	黃漢生	Wong Hon Sang	00:10:58	00:38:39	00:14:16	01:03:53		5	17	81.0
107	何澤	Ho Chak	00:11:11	00:39:22	00:13:28	01:04:01	Energetic Triathlon Shatin	6	16	76.2
92	何德明	Ho Tak Ming				01:04:13	Energetic Triathlon Shatin	7	15	71.4
96	曾漢棉	Tsang Hon Min	00:11:53	00:38:38	00:14:19	01:04:50	Sonic Sports Associaiton	8	14	66.7
90	李家和	Li Ka Wo				01:04:51	New Wave Swimming Club	9	13	61.9
97	潘國榮	Poon Kwok Wing				01:07:01	Energetic Triathlon Shatin	10	12	57.1
95	0	Mark FORD-McNICOL	00:11:52	00:44:36	00:14:19	01:10:47		11	11	52.4
106	陳冠英	Chan Kun Ying	00:12:10	00:44:13	00:14:36	01:10:59	Energetic Triathlon Shatin	12	10	47.6
91	廖永全	Liu Wing Chuen	00:11:42	00:48:22	00:11:43	01:11:47	Crest Ray Sports Associaiton	13	9	42.9
113	0	Chung Lui Hung	00:13:52	00:43:21	00:16:05	01:13:18	Energetic Triathlon Shatin	14	8	38.1
109	陳嘉強	Chan Ka Keung	00:14:45	00:47:05	00:14:48	01:16:38	Energetic Triathlon Shatin	15	7	33.3
98	林子財	Lam Choi Choi	00:14:43	00:46:59	00:15:14	01:16:56	Titan Triathlon	16	6	28.6
93	周世浩	Chow Sai Ho	00:16:02	00:40:57	00:21:14	01:18:13	Titan Triathlon	17	5	23.8
101	蔡英強	Choy Ying Keung	00:13:27	00:52:48	00:13:14	01:19:29	Hoi Ngai Sport Associaiton	18	4	19.0
112	劉冠仁	Lau Koon Yan	00:14:44	00:49:19	00:17:16	01:21:19		19	3	14.3
100	朱兆麒	Chu Shiu Kay	00:14:51	00:51:51	00:19:45	01:26:27	Energetic Triathlon Shatin	20	2	9.5
104	陳保國	Chan Po Kwok	01:13:29	00:48:31	00:12:55	02:14:55	Ma On Shan Swimming and Triathlon Club	21	1	4.8
88	劉偉光	Lau Wai Kwong, Thomas					Energetic Triathlon Shatin	DNS		
89	林志榮	Lam Chi Wing					Hoi Ngai Sport Associaiton	DNS		
94	劉少根	Lau Siu Kan					Titan Triathlon	DNS		
99	潘祥勝	Poon Cheung Shing					Titan Triathlon	DNS		
103	黃賢昌	Wong Yin Cheong					Titan Triathlon	DNS		
108	陳偉基	Chan Wai Kee, Eric					Sonic Sports Associaiton	DNS		
111	何興祥	Ho Hing Cheung						DNS		
Course A - Male Age-Group 50 -54										
161		Armando Osmani	00:13:58	00:39:52	00:15:32	01:09:22	Titan Triathlon	1	6	100.0
160	陳景源	Chan King Yuen	00:13:40	00:44:21	00:14:14	01:12:15	Titan Triathlon	2	5	83.3
164	游新群	Yau San Kwan	00:13:58	00:42:29	00:17:40	01:14:07	Titan Triathlon	3	4	66.7
159	廖明澤	Liu Ming T	00:14:05	00:44:51	00:15:28	01:14:24	Energetic Triathlon Shatin	4	3	50.0
163	劉振國	Lau Chun Kwok	00:13:16	00:47:23	00:15:40	01:16:19		5	2	33.3
162	周世堅	Chow Sai Kin	00:15:40	00:47:32	00:19:50	01:23:02	Titan Triathlon	6	1	16.7

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Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
Course A - Male Age-Group 55& Over										
167	陳浩基	Chan Ho Kee	00:12:51	00:40:46	00:14:28	01:08:05	Titan Triathlon	1	3	100.0
169	梁治洪	Leung Chi Hung	00:12:40	00:45:34	00:13:44	01:11:58	Titan Triathlon	2	2	66.7
171	陳揮明	Chan Fai Ming				01:32:13		3	1	33.3
165		Tsoi HON KUEN	00:18:36	00:33:41	00:19:13	01:11:30	Energetic Triathlon Shatin	DSQ		Short Bike
166		James Stewart						DNS		
168		Les Collett					Hong Kong Dragon Triathlon Club	DNS		
170	黃國華	Wong Kwok Wah					Titan Triathlon	DNS		
117	張庭欣	Cheung Ting Yan, Joyce	00:10:46	00:39:39	00:12:30	01:02:55	Energetic Triathlon Shatin	1	1	100
Course A - Female Elite Junior										
120	韋芷君	Wai Chi Kwan, Naomi	00:11:23	00:37:34	00:15:01	01:03:58	Titan Triathlon	1	4	100
118	陳安琪	Chan On Ki	00:12:09	00:41:21	00:14:07	01:07:37	Titan Triathlon	2	3	75
122	胡心兒	Wu Sum Yi	00:12:05	00:42:07	00:13:41	01:07:53	Energetic Triathlon Shatin	3	2	50
121	溫子晴	Wan Tsz Ching	00:12:45	00:42:32	00:15:10	01:10:27	Titan Triathlon	4	1	25
119	蔡欣妍	Choi Yan Yin					Energetic Triathlon Shatin	DNS		
Course A - Female Age-Group 20-29										
175		Stephanie Bina	00:11:07	00:41:58	00:13:13	01:06:18	Sonic Sports Association	1	4	100
174	葉君幼	Yip Kwan Yau	00:12:11	00:42:35	00:15:44	01:10:30	Titan Triathlon	2	3	75
172	何秀儀	Ho Sau Yee	00:14:27	00:42:08	00:16:06	01:12:41	Sonic Sports Associaiton	3	2	50
173	郭懿聆	Evangeline Quek	00:15:41	00:59:37	00:19:54	01:35:12	Sonic Sports Associaiton	4	1	25
417		Lau Ping Tsz, Linnetta					Energetic Triathlon Shatin	DNS		
Course A - Female Age-Group 30-39										
178	呂淑嫻	Lui Shuk Han	00:11:19	00:41:45	00:12:58	01:06:02	Energetic Triathlon Shatin	1	15	100.0
189	周佩欣	Chow Pui Yan	00:11:54	00:42:22	00:13:27	01:07:43	Titan Triathlon	2	14	93.3
190		Mandy Tik	00:11:52	00:42:45	00:14:19	01:08:56	Hong Kong Dragon Triathlon Club	3	13	86.7
176	何潔瑩	Ho Kit Ying	00:13:32	00:41:52	00:14:29	01:09:53	Titan Triathlon	4	12	80.0
180	張錦欣	Cheung Kam Yan	00:12:21	00:43:56	00:14:00	01:10:17	Energetic Triathlon Shatin	5	11	73.3
188	許家敏	Hui Ka Man	00:13:42	00:45:03	00:15:21	01:14:06	Energetic Triathlon Shatin	5	10	66.7
183	林麗寶	Lam Lai Po	00:13:05	00:47:44	00:13:38	01:14:27	Titan Triathlon	7	9	60.0
181	呂麗嫻	Lui Lai Han Dennex	00:14:08	00:42:26	00:18:55	01:15:29	Energetic Triathlon Shatin	8	8	53.3
193	王姿慧	Wong Gi Wai, Gigi	00:13:13	00:48:55	00:13:53	01:16:01	Sonic Sports Associaiton	9	7	46.7
194	梁淑娟	Leung Shuk Kuen	00:13:42	00:48:37	00:14:26	01:16:45	Titan Triathlon	10	6	40.0
179	李頌儀	Christina Lee	00:13:39	00:54:17	00:11:13	01:19:09	Sonic Sports Associaiton	11	5	33.3
184		Susana Campuzano				01:21:23	Sonic Sports Association	12	4	26.7
186	李智恩	Li Chi Yan	00:14:21	00:58:17	00:14:27	01:27:05	Pro-trinity Sports Club	13	3	20.0
177		Imee Macpherson				01:28:16	Tung Chung Triathlon Associaiton	14	2	13.3
191	梁愛思	Leung Oi Sze Elsie	00:16:13	00:56:51	00:17:10	01:30:14	Sonic Sports Associaiton	15	1	6.7
192	湯嘉麗	Tong Carlay	00:14:43	01:00:54			Energetic Triathlon Shatin	DNF		
182	陳桂華	Chan Kwai Wah					Titan Triathlon	DNS		

2009 Duathlon Series - Race 1 (Individual Result)

Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
185		Sarah Wheeler					Tung Chung Triathlon Associaiton	DNS		
187	麥翠珊	Teresa Mak					Sonic Sports Associaiton	DNS		
195		Adelyn Cheong					Sonic Sports Association	DNS		
Course A - Female Age-Group 40 & Over										
199	許小儉	Kimme Hui	00:14:29	00:48:40	00:15:36	01:18:45	Energetic Triathlon Shatin	1	4	100
197	林秀群	Lau Sau Kwan				01:20:04	Energetic Triathlon Shatin	2	3	75
196	楊世喜	Yeung Sai Hee	00:15:39	00:55:45	00:08:50	01:20:14	Titan Triathlon	3	2	50
198	陳肖玉	Chan Siu Yuk	00:14:38	00:58:02	00:14:26	01:27:06	Titan Triathlon	4	1	25
Course D - Male Junior (Mountain Bike)										
421	黃俊強	Wong Chun Keung	00:06:01	00:19:58	00:09:08	00:35:07		1	3	100
422	黃朗然	Wong Long Yin	00:05:49	00:26:41	00:07:19	00:39:49		2	2	100
420	何恩樂	Frankie Ho	00:06:07	00:27:00	00:08:19	00:41:26		3	1	100
Course D - Male Open (Mountain Bike)										
433	戴德華	Tai Tak Wah	00:05:28	00:19:49	00:06:15	00:31:32	Tung Chung Triathlon Associaiton	1	13	100.0
438	何錦棠	Ho Kam Tong	00:05:44	00:20:30	00:06:40	00:32:54		2	12	92.3
424	周海達	Chow Hoi Tat	00:05:33	00:20:56	00:06:28	00:32:57	Titan Triathlon	3	11	84.6
432	沈庭峰	Shum Ting Fung	00:05:16	00:20:29	00:07:14	00:32:59		4	10	76.9
423		Wong Wai Kin	00:05:23	00:20:44	00:07:03	00:33:10	Titan Triathlon	5	9	69.2
449	黃兆元	Wong Siu Yuen, Jason	00:05:49	00:21:28	00:06:41	00:33:58	Titan Triathlon	6	8	61.5
430	魏豪廷	Ngai Ho Shun	00:06:06	00:21:46	00:07:10	00:35:02		7	7	53.8
429	秦宇軒	Tsaun William Yuhin				00:36:06		8	6	46.2
425	何永通	Ho Wing Tung	00:05:58	00:24:27	00:05:46	00:36:11	Energetic Triathlon Shatin	9	5	38.5
431	何子敬	Ho Tsz King	00:05:57	00:25:49	00:05:43	00:37:29		10	4	30.8
427		Lai Ka Kui	00:06:34	00:22:49	00:08:41	00:38:04		11	3	23.1
426		Terry Chan	00:06:28	00:23:50	00:08:19	00:38:37		12	2	15.4
428		Kwok Yiu Hang	00:06:34	00:25:30	00:08:50	00:40:54		13	1	7.7
Course D - Male Veteran (Mountain Bike)										
448	鄭景富	Chang King Fun	00:05:53	00:20:33	00:06:05	00:32:31	Titan Triathlon	1	8	100
437	黃德華	Wong Tak Wah	00:05:51	00:21:39	00:07:35	00:35:05		2	7	87.5
439	陳光明	Chan Kwong Ming	00:05:47	00:22:28	00:07:20	00:35:35		3	6	75
435	鄒浩明	Chau Ho Ming	00:06:42	00:23:08	00:07:37	00:37:27	Energetic Triathlon Shatin	4	5	62.5
436	黃旭昇	Wong Yuk Sing	00:06:31	00:24:47	00:07:00	00:38:18		5	4	50
440	廖明澤	Liu Ming T	00:07:58	00:24:55	00:09:12	00:42:05	Energetic Triathlon Shatin	6	3	37.5
110	李志良	Li Chi Leung	00:07:03	00:25:48	00:09:48	00:42:39		7	2	25
434	梁達榮	Leung Tat Wing	00:07:01	00:26:17	00:09:54	00:43:12		8	1	12.5
441		Tsoi Hon Kuen	00:08:04	00:24:45			Energetic Triathlon Shatin	DNF		
Course D - Female Open (Mountain Bike)										
527	何潔瑩	Ho Kit Ying	00:07:02	00:24:55	00:06:17	00:38:14	Titan Triathlon	1	4	100
442	呂麗嫻	Lui Lai Han Dennex	00:07:44	00:25:04	00:08:41	00:41:29	Energetic Triathlon Shatin	2	3	75

2009 Duathlon Series - Race 1 (Individual Result)

Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
444		Lao Ka Lai	00:07:09	00:25:43	00:08:49	00:41:41		3	2	50
443		Carla Chow	00:07:24	00:29:42	00:11:23	00:48:29		4	1	25
Course D - Female Veteran (Mountain Bike)										
445	譚婉紅	Tam Yuen Hung	00:07:35	00:25:15	00:09:08	00:41:58		1	3	100.0
447	陳曼薇	Chan Man Mei	00:07:31	00:25:23	00:10:30	00:43:24	Titan Triathlon	2	2	66.7
446	余碧玉	Yu Pik Yuk, Julie	00:08:32	00:32:08	00:12:46	00:53:26		3	1	33.3
Course C - Male Junior										
454	唐禮軒	Tong Lai Hin	00:05:18	00:17:29	00:06:25	00:29:12	Titan Triathlon	1	24	100.0
460	區誌軒	Au Chi Hin	00:05:17	00:17:14	00:07:05	00:29:36	Titan Triathlon	2	23	95.8
455	余建熹	YU Kin Hei	00:05:17	00:17:17	00:07:10	00:29:44	Titan Triathlon	3	22	91.7
475	嚴浩煒	Yim Ho Wai	00:05:20	00:17:12	00:07:18	00:29:50	Titan Triathlon	4	21	87.5
462	莫偉傳	Mok Wai Chuen				00:30:48	Titan Triathlon	5	20	83.3
453	吳國樑	Ng Kwok Leung	00:05:18			00:30:57	Titan Triathlon	6	19	79.2
465	張子杰	Cheung Tsz Kit				00:31:05	Energetic Triathlon Shatin	7	18	75.0
458	曾逸軒	Tsang Yat Hin				00:31:17	Energetic Triathlon Shatin	8	17	70.8
470	羅民立	Lo Man Lap	00:05:30	00:18:11	00:07:47	00:31:28	Titan Triathlon	9	16	66.7
476	陸匡時	Luk Hong Sze	00:05:29	00:17:04	00:09:00	00:31:33		10	15	62.5
472	吳子傑	Ng Tsz Kit	00:05:31	00:20:15	00:06:05	00:31:51	Titan Triathlon	11	14	58.3
473	邵明傑	Siu Ming Kit	00:06:20	00:17:54	00:07:38	00:31:52	Titan Triathlon	12	13	54.2
461	李晉霆	Li Chun Ting	00:05:39	00:18:37	00:08:09	00:32:25	Titan Triathlon	13	12	50.0
459	鄭子洋	Cheng Tsz Yeung	00:05:36	00:18:54	00:08:22	00:32:52	Titan Triathlon	14	11	45.8
548		Chung Ka Chun	00:08:02	00:16:13	00:09:08	00:33:23	Crest Ray Sports Associaiton	15	10	41.7
541		Chan Man Kit	00:05:35	00:18:40	00:09:18	00:33:33		16	9	37.5
471	呂曦陽	Lui Hei Yeung	00:05:49	00:18:25	00:09:30	00:33:44	Titan Triathlon	17	8	33.3
547		Alexander Sherr	00:06:04	00:20:13	00:09:22	00:35:39	Sonic Sports Associaiton	18	7	29.2
463	黃竣	Wong Tzun	00:06:19	00:22:29	00:10:08	00:38:56	Titan Triathlon	19	6	25.0
464	黎建君	Lai Kin Kwan				00:39:37	Tung Chung Triathlon Associaiton	20	5	20.8
466	張翎烽	Cheung Ling Fung	00:05:55	00:23:33	00:11:42	00:41:10	Titan Triathlon	21	4	16.7
540		Ng Chui Keung	00:07:46	00:23:20	00:17:16	00:48:22		22	3	12.5
550		Lai Chung Yan	00:17:03	00:23:09	00:10:26	00:50:38	Ma On Shan Swimming Na Triathlon Club	23	2	8.3
451	楊浩	Yeung Ho	00:05:19	00:35:02	00:10:57	00:51:18	Ma On Shan Swimming and Triathlon Club	24	1	4.2
450	陳駿逸	Chan Chun Yat					Ma On Shan Swimming and Triathlon Club		DNS	
452	馮景康	Fung King Hong	00:05:54				Titan Triathlon		DNF	
456	陳建中	Chan Kin Chung	00:05:18	00:18:25			Crest Ray Sports Associaiton		DNF	
457	李焯麒	Li Cheuk Ki	00:06:30				Energetic Triathlon Shatin		DNF	
467	趙偉竣	Chiu Wai Chun					Titan Triathlon		DNS	
468	劉冠岐	Lau Kwun Ki					Titan Triathlon		DNS	
469	梁富光	Leung Fu Kwong					Titan Triathlon		DNS	
474	甄允賢	Yan Wan Yin	00:06:33				Titan Triathlon		DNF	
477	林俊匡	Lam Chun Hong, Jacky					Sonic Sports Associaiton		DNS	
478	丁豪德	Ting Ho Fai					Ma On Shan Swimming and Triathlon Club		DNS	
479	譚皓文	Tam Ho Man					Ma On Shan Swimming and Triathlon Club		DNS	

2009 Duathlon Series - Race 1 (Individual Result)

Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
Course C - Male Open										
500	鄧宏業	Tang Wang Yip	00:05:20	00:16:36	00:06:50	3:58:46		1	19	100.0
488	單振光	Sin Chun Kwong				3:59:32	Energetic Triathlon Shatin	2	18	94.7
493	葉兆葵	Ip Shiu Chun	00:05:19	00:17:11	00:07:19	3:59:49	Titan Triathlon	3	17	89.5
494	溫振豪	Wan Zhen Hao				3:59:50	Titan Triathlon	4	16	84.2
495	梁嘉倫	Leung Ka Lun	00:05:56	00:18:17	00:08:48	00:33:01	Energetic Triathlon Shatin	5	15	78.9
490	明福灝	Ming Fuk Ho				00:33:31	Energetic Triathlon Shatin	6	14	73.7
491	林梓維	Lam Tsz Wai	00:06:08	00:13:52	00:13:49	00:33:49	Energetic Triathlon Shatin	7	13	68.4
489	林頌璣	Lam Chung Kei	00:06:29	00:19:07	00:08:36	00:34:12	Titan Triathlon	8	12	63.2
482	溫天立	Wan Tin Lap				00:34:23	Energetic Triathlon Shatin	9	11	57.9
499	梁毅誠	Leung Ngai Shing	00:06:04	00:19:58	00:08:46	00:34:48		10	10	52.6
492	盧之昊	Lo Chi Ho	00:06:15	00:19:48	00:09:21	00:35:24		11	9	47.4
481	麥耀雅	Mak YIU NGA	00:06:38	00:21:01	00:08:54	00:36:33	Energetic Triathlon Shatin	12	8	42.1
487	吳志威	Ng Chi Wai				00:36:46	Energetic Triathlon Shatin	13	7	36.8
485	李銘揚	Lee Ming Yeung	00:06:24	00:21:43	00:09:26	00:37:33	Energetic Triathlon Shatin	14	6	31.6
486	文家祺	Man Ka Kee	00:06:20	00:22:07	00:09:52	00:38:19	Energetic Triathlon Shatin	15	5	26.3
484	楊永賢	Yeung Wing Yin, Michael	00:06:23	00:22:07	00:10:44	00:39:14	Energetic Triathlon Shatin	16	4	21.1
498	何錦添	Ho Kam Tim	00:06:58	00:21:06	00:11:22	00:39:26		17	3	15.8
539	黎永賢	Lai Wing Yin	00:06:48	00:23:08	00:09:52	00:39:48	Sonic Sports Associaiton	18	2	10.5
497	鍾嘉恆	Chung Ka Hang	00:06:57	00:23:40	00:12:00	00:42:37		19	1	5.3
480	張卓華	Cheung Cheuk Wah					Energetic Triathlon Shatin	DNS		
483	黃漢威	Wong Hon Wei	00:06:21				Energetic Triathlon Shatin	DNF		
496	黃世澤	Wong Sai Chak	00:08:10	00:26:14			Titan Triathlon	DNF		
Course C - Male Veteran										
512	溫樹華	Wan Shu Wah	00:06:00	00:16:32	00:07:01	00:29:33	Energetic Triathlon Shatin	1	16	100.0
507	黃賢昌	Wong Yin Cheong	00:05:55	00:18:21	00:08:33	00:32:49	Titan Triathlon	2	14	87.5
511	葉承恩	Yip Shing Yan	00:06:03	00:20:41	00:08:23	00:35:07	Titan Triathlon	3	13	81.3
508	吳國全	Ng Kwok Chuen	00:06:34	00:20:09	00:08:31	00:35:14	Energetic Triathlon Shatin	4	12	75.0
510	張文光	Cheung Man Kwong	00:06:22	00:20:20	00:08:37	00:35:19	Mango Swimming Club	5	11	68.8
517	鄒連友	Tsou Lin Yau				00:35:43		6	10	62.5
513	劉志偉	Lau Chi Wai	00:06:54	00:19:54	00:10:00	00:36:48		7	9	56.3
516	梁中日	Leung Chung Yat				00:37:10		8	8	50.0
518	朱偉亮	Chu Wai Leung				00:37:10		9	7	43.8
520	曾廣釗	Tsang Kwong Chiu	00:06:48	00:19:58	00:10:24	00:37:10		10	6	37.5
509	趙漸強	Chiu Chim Keung	00:06:03	00:21:48	00:09:46	00:37:37	Mango Swimming Club	11	5	31.3
515	孫啓揚	Shuen Kai Yeung				00:37:58		12	4	25.0
519	朱偉傑	Chu Wai Kit	00:07:01	00:21:36	00:11:30	00:40:07		13	3	18.8
514		Chu Loi Hing			00:11:40	00:40:16		15	2	12.5
506		Graham Mitchelmore			00:09:20	00:41:13	Titan Triathlon	16	1	6.3
504	潘國榮	Poon Kwok Wing	00:06:05	00:16:12	00:09:14	00:31:31	Energetic Triathlon Shatin	DSQ		Short Bike
501	潘兆文	Poon Siu Man				00:34:43	Titan Triathlon	DSQ		Wrong Heat Start
502		Armando Osmani	00:06:29				Titan Triathlon	DNF		
503	許子忠	Hui Tsz Chung					Titan Triathlon	DNS		

2009 Duathlon Series - Race 1 (Individual Result)

Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
Course C - Female Junior										
521	盧詩穎	Lo Si Wing	00:06:35	00:21:40	00:09:48	00:38:03	Ma On Shan Swimming and Triathlon Club	1	2	100
522	曾逸思	Tsang Yat Sze			00:11:11	00:39:25	Energetic Triathlon Shatin	2	1	50
Course C - Female Open										
523	呂淑嫻	Lui Shuk Han					Energetic Triathlon Shatin	1	10	100.0
526	林麗寶	Lam Lai Po	00:06:42	00:22:23	00:09:21	00:38:26	Titan Triathlon	2	9	90.0
525	鄧鳳瑜	Phoebe Tang	00:06:50	00:23:18	00:09:37	00:39:45	Titan Triathlon	3	8	80.0
529	周秀儀	Chow Sau Yee	00:07:15	00:22:55	00:09:43	00:39:53	Titan Triathlon	4	7	70.0
538	陳詠怡	Chan Wing Yee	00:07:34	00:25:10	00:11:35	00:44:19	Energetic Triathlon Shatin	5	6	60.0
534	余雪朗	Cherlotte Yu	00:08:06	00:28:56	00:11:11	00:48:13	Sonic Sports Associaiton	6	5	50.0
531	朱安之	Ann Gillian Chu	00:10:12	00:41:33	00:14:58	01:06:43	Energetic Triathlon Shatin	7	4	40.0
524	林麗茹	Lam Lai Yu					Titan Triathlon	8	3	30.0
528	湯嘉麗	Tong Carlay					Energetic Triathlon Shatin	9	2	20.0
530	葉君幼	Yip Kwan Yau					Titan Triathlon	10	1	10.0
532	張惠芝	Grace Cheung	00:06:42				Sonic Sports Associaiton	DNF		
533		Echo Huang					Sonic Sports Associaiton	DNS		
Course C - Female Veteran										
536	陳肖玉	Chan Siu Yuk	00:08:13	00:26:36	00:12:33	00:47:22	Titan Triathlon	1	1	100
535	0	Ilaria Gallimberti						DNS		
537	林佩儀	Lam Pui Yee					Titan Triathlon	DNS		
Course B1 - Boys 2001										
202	劉宇航	Lau Yu Hon	00:05:30	00:12:17	00:06:53	00:24:40	Energetic Triathlon Shatin	1	5	100
201	譚家進	Tam Ka Chun	00:05:24	00:11:49	00:08:41	00:25:54	TheLittle DoplineSwimmingTrainingCenter	2	4	80
200	李嘉謙	Lee Ka Him, Kenneth	00:06:06	00:17:21	00:07:42	00:31:09		3	3	60
204	黎睿禧	Lai Yui Hei	00:05:24	00:21:37	00:08:00	00:35:01	Ma On Shan Swimming and Triathlon Club	4	2	40
205	張澤霖	Cheung Chak Lam	00:05:15	00:22:29	00:07:40	00:35:24	Ma On Shan Swimming and Triathlon Club	5	1	20
203	高志樺	Ko Hai Wa					Ma On Shan Swimming and Triathlon Club	DNS		
Course B1 - Boys 2000										
214	葉溥霖	Ip Poe Lam	00:03:09	00:10:18	00:05:59	00:19:26	Energetic Triathlon Shatin	1	12	100.0
212		Charlie Stewart				00:19:30		2	11	91.7
209	張煒彥	Cheung Wai Yin, Alvin	00:03:39	00:09:51	00:06:16	00:19:46	Mango Swimming Club	3	10	83.3
406	葉灌峰	Yip Kun Fung				00:21:09	Ma On Shan Swimming and Triathlon Club	4	9	75.0
208	梁德倫	Leung Tak Lun				00:21:41		5	8	66.7
211	何俊賢	Ho Chun Yin, Aneon				00:23:03	Tung Chung Triathlon Associaiton	6	7	58.3
206	黎梓曦	Lai Tsz Hei	00:03:30			00:25:48		7	6	50.0
217	林彥宏	Lam Yin Wang	00:03:55	00:14:17	00:09:11	00:27:23		8	5	41.7
213	陳易門	Chan Yik Ming	00:03:35	00:17:58	00:05:54	00:27:27		9	4	33.3
216	麥思朗	Zachary Daniel Mcmanus				00:27:29		10	3	25.0
215	邱子灝	Yau Tsz Ho				00:30:35	Energetic Triathlon Shatin	11	2	16.7
207	李浚齊	Lee Tsun Chai	00:04:41	00:18:08	00:08:25	00:31:14		12	1	8.3

2009 Duathlon Series - Race 1 (Individual Result)

Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
210	瞿樂生	Chak Lok Sang					Crest Ray Sports Associaiton	DNS		
Course B1 - Boys 1999										
219	李浩章	Lee Ho Chang, Kurt				00:17:32	Energetic Triathlon Shatin	1	19	100.0
233	周侃滔	Angus Chow				00:18:28	Titan Triathlon	2	18	94.7
223	黎諾曦	Lai Nok Hei	00:02:51	00:10:34	00:05:49	00:19:14	Energetic Triathlon Shatin	3	17	89.5
225	程鈞洋	Ching Kwan Yeung	00:03:09	00:10:13	00:06:00	00:19:22	Mango Swimming Club	4	16	84.2
229	謝鎮鸞	Tse Chun Luen, Jonathan	00:03:11	00:10:06	00:06:42	00:19:59	Mango Swimming Club	5	15	78.9
222	伍智謙	Ng Chi Him	00:03:10	00:10:29	00:06:29	00:20:08	Energetic Triathlon Shatin	6	14	73.7
235	趙進	Chiu Chun	00:03:11	00:10:22	00:06:53	00:20:26		7	13	68.4
231	陳庭曦	Chan Ting Hei	00:02:53	00:12:43	00:05:24	00:21:00		8	12	63.2
220	陳穎浚	Chan Wing Chun	00:03:03	00:12:22	00:05:41	00:21:06	Mango Swimming Club	9	11	57.9
232	周盛夏	Chau Sing Ha	00:03:13	00:12:09	00:06:04	00:21:26	Titan Triathlon	10	10	52.6
419		Riley Groves				00:23:11		11	9	47.4
236	鄭安深	Cheng On Sum	00:03:55	00:11:40	00:08:16	00:23:51	Ma On Shan Swimming and Triathlon Club	12	8	42.1
230	梁頌拍	Leung Chung Pak	00:05:04	00:11:33	00:08:27	00:25:04		13	7	36.8
226	黃智健	Wong Chi Kin				00:25:34	Excel Swim Sports Associaiton	14	6	31.6
228		Matthew Macpherson	00:04:04	00:12:16	00:09:40	00:26:00	Tung Chung Triathlon Associaiton	15	5	26.3
218	盧頌仁	Lo Chung Yan	00:04:55	00:12:01	00:09:25	00:26:21	Energetic Triathlon Shatin	16	4	21.1
221	邵洛軒	Shiu Lok Hin	00:04:06	00:09:12	00:14:11	00:27:29	Mango Swimming Club	17	3	15.8
227	韓衍洋	Hon Hin Yeung	00:03:53	00:13:16	00:11:07	00:28:16	Excel Swim Sports Associaiton	18	2	10.5
237	黃健朗	Wong Kin Long	00:04:58	00:15:53	00:07:45	00:28:36	Ma On Shan Swimming and Triathlon Club	19	1	5.3
224	余子謙	Yu Shing Him						DNS		
234	潘韋霆	Ronald Poon					Titan Triathlon	DNS		
Course B1 - Boys 1998										
261	曾鉅舜	Tsang Kui Shun	00:02:27	00:10:24	00:04:41	00:17:32	Ma On Shan Swimming and Triathlno Club	1	29	100.0
542	顏銘然	Ngan Ming Yin, Joshua	00:02:38	00:10:21	00:05:21	00:18:20	Energetic Triathlon Shatin	2	28	96.6
247	陳金寶	Chan Kam Po	00:02:57	00:10:03	00:05:46	00:18:46	Energetic Triathlon Shatin	3	27	93.1
252	程鈞朗	Ching Kwan Long	00:02:55	00:10:24	00:05:58	00:19:17	Mango Swimming Club	4	26	89.7
265	阮國泳	Yuen Kwok Wing	00:02:39	00:10:21	00:06:21	00:19:21		5	25	86.2
254	廖仲由	Liu Chug Yau	00:02:48			00:19:56	Crest Ray Sports Associaiton	6	24	82.8
250	李文心	Lee Man Sun				00:20:01		7	23	79.3
267	梁日孚	Leung Yat Fu	00:03:15	00:10:14	00:06:38	00:20:07	Ti Dynamic	8	22	75.9
246	蔡富光	Choy Fu Kwong, Franky	00:03:35			00:20:11	Energetic Triathlon Shatin	9	21	72.4
258	陳泓熙	Chan Wang Hei	00:03:50	00:09:47	00:06:46	00:20:23	Energetic Triathlon Shatin	10	20	69.0
262	余璟晉	Yu King Chun				00:20:37	Energetic Triathlon Shatin	11	19	65.5
257	陳逸智	Chan Yat Chi				00:20:45	Energetic Triathlon Shatin	12	18	62.1
263	梁鍵和	Leung Kin Wo	00:02:56	00:11:50	00:06:06	00:20:52		13	17	58.6
256	李孟軒	Lee Man Hin, Frankie	00:02:29	00:13:05	00:06:33	00:22:07	Mango Swimming Club	14	16	55.2
259	黎正傑	Lai Ching Kit	00:03:47	00:11:11	00:07:10	00:22:08	Titan Triathlon	15	15	51.7
255	黃永彥	Wong Wing Yin				00:22:44		16	14	48.3
244	盧靖弘	Lo Ching Wang				00:23:02	Mango Swimming Club	17	13	44.8
260	謝朗軒	Tse Long Hin	00:03:14	00:15:52	00:04:01	00:23:07	Titan Triathlon	18	12	41.4

2009 Duathlon Series - Race 1 (Individual Result)

Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
249	鍾皓哲	Chung Ho Tsit	00:04:09	00:12:09	00:07:18	00:23:36		19	11	37.9
242	陳朗軒	Chan Long Hin	00:03:10	00:12:28	00:08:11	00:23:49		20	10	34.5
248	袁文諾	Yuen Man Lok	00:03:57	00:11:40	00:08:54	00:24:31		21	9	31.0
241	鄧伏櫪	Karl Tang				00:24:39		22	8	27.6
264	王濬皓	Wang Chun Ho	00:04:39	00:13:07	00:07:24	00:25:10	Ma On Shan Swimming and Triathlon Club	23	7	24.1
240	劉展瑋	Lau Chin Wai	00:04:16	00:10:09	00:11:01	00:25:26	Ma On Shan Swimming and Triathlon Club	24	6	20.7
238	袁瑋駿	Yuen Wai Chun	00:03:59	00:13:16	00:08:21	00:25:36	Ma On Shan Swimming and Triathlon Club	25	5	17.2
251	何嘉豪	Kelvin Ho	00:04:13	00:11:56	00:10:03	00:26:12		26	4	13.8
245	姚浚樺	Yiu Tsun Wa				00:26:51	Mango Swimming Club	27	3	10.3
253	原智成	Yuen Chi Shing				00:30:36	Mango Swimming Club	28	2	6.9
243	容兆賢	Yung Siu Yin	00:05:16	00:19:22	00:08:48	00:33:26	Mango Swimming Club	29	1	3.4
239	周振康	Chau Chun Hong					Ma On Shan Swimming and Triathlon Club	DNS		
Course B2 - Boys 1997										
327	麥銘源	Maximilian Gil Mitchelmore	00:05:59	00:21:28	00:06:23	00:33:50	Titan Triathlon	1	27	100.0
314	孫鎮傑	Shuen Chun Kit	00:05:44	00:21:55	00:08:05	00:35:44		2	26	96.3
322	葉灝霖	Ip Ho Lam	00:05:57	00:21:41	00:08:07	00:35:45	Energetic Triathlon Shatin	3	25	92.6
324	梁晉笙	Leung Chun Sun	00:06:12	00:21:54	00:08:18	00:36:24	Energetic Triathlon Shatin	4	24	88.9
298	劉浩正	Lau Ho Ching	00:06:23	00:21:23	00:09:03	00:36:49	Titan Triathlon	5	23	85.2
333	李綽熙	Li Cheuk Hei	00:06:39	00:21:40	00:08:33	00:36:52		6	22	81.5
335	梁晉希	Leung Chun Hei	00:06:55	00:21:29	00:08:48	00:37:12		7	21	77.8
317	黎仲君	Lai Chung Kwan	00:06:56	00:21:22	00:09:07	00:37:25	Tung Chung Triathlon Associaiton	8	20	74.1
330	梁瑋殷	Leung Yan Wai, Benson	00:06:27	00:24:29	00:06:37	00:37:33	Ti Dynamic	9	19	70.4
329		Leung Sheung Chung				00:37:54	Sea Bear Swimming Club	10	18	66.7
309	黃梓誠	Wong Tsz Shing	00:06:40	00:24:20	00:07:23	00:38:23	Energetic Triathlon Shatin	11	17	63.0
336	張家裕	Cheung Ka Yu	00:06:44	00:23:54	00:08:20	00:38:58	Ma On Shan Swimming and Triathlon Club	12	16	59.3
552	陸翹鋒	Luk Kiu Fung	00:06:01	00:25:10	00:07:55	00:39:06		13	15	55.6
544	盧子希	Loo Tsz Hei	00:06:57	00:26:05	00:07:36	00:40:38	Sea Bear Swimming Club	14	14	51.9
318	蔡家傑	Tsoi Ka Kit	00:06:34	00:27:20	00:07:11	00:41:05	Wong Tai Sin District Saving Society	15	13	48.1
310	甘俊謙	Kam Chun Him James	00:07:37	00:25:03	00:08:26	00:41:06	Energetic Triathlon Shatin	16	12	44.4
325	李曜焱	Lee Yiu Hay, Wilbert	00:07:08	00:22:52	00:11:47	00:41:47	Energetic Triathlon Shatin	17	11	40.7
320	張瑋鈞	Cheng Wing Lap	00:07:10	00:22:53	00:12:24	00:42:27	Sea Bear Swimming Club	18	10	37.0
311	何浚禮	Ho Tsun Lai	00:07:05	00:27:46	00:09:37	00:44:28	Energetic Triathlon Shatin	19	9	33.3
326	洪顯樺	Richard Hune	00:08:37	00:27:16	00:09:28	00:45:21	Titan Triathlon	20	8	29.6
334	朱鍵朗	Chu Kin Long	00:08:51	00:25:59	00:10:45	00:45:35		21	7	25.9
331	鍾一瑯	Chung Yat Long	00:08:00	00:37:20	00:03:02	00:48:22		22	6	22.2
312	陳信成	Chan Shun Shing	00:08:16	00:37:06	00:04:23	00:49:45	Kun Sports Associaiton	23	5	18.5
323	林樂昇	Lam Lok Sing	00:09:44	00:30:07	00:11:00	00:50:51	Energetic Triathlon Shatin	24	4	14.8
313	戎韋僖	Yung Wai Hei	00:08:04	00:37:20	00:06:07	00:51:31	Kun Sports Associaiton	25	3	11.1
315	吳禮謙	Ng Lai Him, Joshua	00:07:07	00:38:18	00:07:43	00:53:08	Crest Ray Sports Associaiton	26	2	7.4
319	李嘉琦	Lee Ka Kei, Gareth	00:09:58			01:00:07		27	1	3.7
316	歐陽灝璋	Au Yeung Ho Cheung						DNS		
321	陳子楷	Chan Tsz Kai					Energetic Triathlon Shatin	DNS		
328	韋澤夫	Jamie Williams					Titan Triathlon	DNS		

2009 Duathlon Series - Race 1 (Individual Result)

Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
Course B2 - Boys 1996										
303	陳學文	Chan Hok Man, Arthur	00:05:21	00:20:22	00:06:24	00:32:07		1	20	100
304	陳翰文	Chan Hon Man, Alfred	00:05:23	00:21:23	00:05:22	00:32:08		2	19	95
307	藍博禮	Nam Pok Lai, Ryan	00:05:41	00:19:59	00:06:36	00:32:16	Hoi Ngai Sport Associaiton	3	18	90
293	梁博賢	Leung Pok Yin	00:05:40			00:33:11	Energetic Triathlon Shatin	4	17	85
289	麥子皓	Mak Tsz Ho	00:05:43			00:34:10	Compass Sports Association	5	16	80
296	木優	Justin Kiatrongcharoen	00:06:02			00:36:11	Titan Triathlon	6	15	75
299	潘力誠	Poon Lik Shing	00:06:50	00:21:45	00:09:11	00:37:46	Titan Triathlon	7	14	70
300	董德灝	Tung Tak Ho	00:07:04	00:21:35	00:09:33	00:38:12	Titan Triathlon	8	13	65
295	何福鴻	Ho Fuk Hung	00:07:41	00:22:23	00:08:13	00:38:17	Titan Triathlon	9	12	60
308	譚卓謙	Tam Chuek Hi,	00:06:36	00:24:18	00:07:25	00:38:19	Ma On Shan Swimming and Triathlon Club	10	11	55
287	鄒文棋	Chau Man Kei	00:07:32	00:22:33	00:08:27	00:38:32	Energetic Triathlon Shatin	11	10	50
290	夏卓麟	Ha Cheuk Lun	00:07:11	00:25:13	00:07:17	00:39:41	Crest Ray Sports Associaiton	12	9	45
288	嚴浩然	Yim Ho Yin	00:07:21	00:24:09	00:08:52	00:40:22	Titan Triathlon	13	8	40
294	鍾耀森	Chung Yiu Sam	00:08:08	00:25:29	00:08:12	00:41:49	Titan Triathlon	14	7	35
306	黎浩恩	Lai Ho Yan	00:06:47	00:27:49	00:09:17	00:43:53	Ma On Shan Swimming and Triathlon Club	15	6	30
301	譚景文	Tam King Man	00:06:39	00:28:34	00:09:21	00:44:34	Ma On Shan Swimming and Triathlon Club	16	5	25
305	楊文俊	Yeung Man Chun	00:06:32	00:32:18	00:06:22	00:45:12	Ma On Shan Swimming and Triathlon Club	17	4	20
297	黎鈞凱	Stanley Lai	00:09:44	00:24:53	00:10:41	00:45:18	Titan Triathlon	18	3	15
292	陳慧信	Chan Wai Shun, Wilson	00:07:55	00:37:24	00:00:05	00:45:24		19	2	10
302	鄭恩烙	Cheng Yan Lok, Yireh	00:09:44	00:35:40	00:04:23	00:49:47		20	1	5
291	梁鍵堃	Leung Kin Kwan	00:09:43				Crest Ray Sports Associaiton	DNF		
Course B2 - Boys 1995										
350	麥森源	Sam Brian Mitchelmore	00:05:21	00:17:59	00:06:37	00:29:57	Titan Triathlon	1	16	100.0
346	劉峻峻	Lau Tsun Ling	00:05:23	00:18:00	00:06:49	00:30:12	Titan Triathlon	2	15	93.8
342	黃煦蔚	Wong Hui Wai	00:05:26	00:20:18	00:04:46	00:30:30	Energetic Triathlon Shatin	3	14	87.5
340	朱朗桑	Chu Long San	00:05:30	00:21:16	00:05:55	00:32:41	Energetic Triathlon Shatin	4	13	81.3
347	李奕軒	Li Yik Hin	00:05:48	00:21:05	00:06:43	00:33:36	Titan Triathlon	5	12	75.0
338	孔梓餘	Hung Tsz Yu	00:05:50	00:22:49	00:05:44	00:34:23	Compass Sports Association	6	11	68.8
356	陳正謙	Chan Ching Him, Carter	00:05:51	00:23:51	00:05:40	00:35:22		7	10	62.5
348	梁逸禮	Leung Yat Lai	00:12:02	00:17:28	00:05:54	00:35:24	Titan Triathlon	8	9	56.3
339	蔡家焯	Tsoi Ka Cheuk	00:06:36	00:23:08	00:06:43	00:36:27	Wong Tai Sin District Saving Society	9	8	50.0
351	鄭皓賢	Cheng Ho Yin	00:05:52	00:26:10	00:05:07	00:37:09	Excel Swim Sports Association	10	7	43.8
549		Mak Ho Man	00:07:12	00:23:13	00:08:00	00:38:25	Ma On Shan Swimming Na Triathlon Club	11	6	37.5
352	林紹淇	Lam Siu Ki	00:06:46	00:27:34	00:05:10	00:39:30		12	5	31.3
353	潘啓源	Poon Kai Yuen Anthony	00:06:48	00:35:26	00:02:31	00:44:45		13	4	25.0
344	江彥霆	Eitan Chiang	00:07:39	00:33:29	00:04:29	00:45:37	Titan Triathlon	14	3	18.8
349	梁延豐	Leung Yin Fung	00:07:34	00:35:36	00:04:04	00:47:14	Titan Triathlon	15	2	12.5
337	楊釗	Daniel Yeung	00:08:05	00:36:15	00:04:46	00:49:06	Ma On Shan Swimming and Triathlon Club	16	1	6.3
341	鍾秉桑	Chung Ping San					Energetic Triathlon Shatin	DNS		
343	陳嘉晴	Chan Ka Ching					Titan Triathlon	DNS		
345	郭穎勤	Kwok Wing Kan					Titan Triathlon	DNS		

2009 Duathlon Series - Race 1 (Individual Result)

Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
354	梁上行	Leung Sheung Hang	00:08:32				Sea Bear Swimming Club	DNF		
355	梁普恩	Leung Po Yan, Jason					Sonic Sports Associaiton	DNS		
357	陳景越	Chan King Yuet					Pro-trinity Sports Club	DNS		
Course B2 - Boys 1994										
373	鄧皓徽	Tang Ho Fai	00:05:36	00:24:57	00:05:30	00:30:27	Titan Triathlon	1	20	100
369	劉澤楓	Lau Chak Fung	00:05:36	00:20:05	00:04:53	00:30:34	Titan Triathlon	2	19	95
371	莫偉倫	Mok Wai Lun	00:05:45	00:20:03	00:04:55	00:30:43	Titan Triathlon	3	18	90
362	朱璟朗	Chu King Long	00:05:43	00:17:32	00:07:48	00:31:03	Titan Triathlon	4	17	85
366	木俊	Shaun Kiatvongcharoen	00:05:40	00:19:16	00:06:19	00:31:15	Titan Triathlon	5	16	80
367	鄧志軒	Kun Chi Hin				00:31:52	Titan Triathlon	6	15	75
361	周日星	Chow Yat Sing				00:32:15	Titan Triathlon	7	14	70
368	黎正浩	Lai Ching Ho	00:05:36			00:32:15	Titan Triathlon	8	13	65
370	梁逸然	Leung Yat Yin	00:05:44	00:21:41	00:06:30	00:33:55	Titan Triathlon	9	12	60
365		Jorge Kento	00:06:03			00:34:17	Titan Triathlon	10	11	55
363		AndrewFawls	00:06:04	00:22:46	00:06:23	00:35:13	Titan Triathlon	11	10	50
376	胡子諾	Wu Tsz Lok	00:06:12	00:22:29	00:07:04	00:35:45	Titan Triathlon	12	9	45
381	何冠睿	Francisco Ho	00:06:11	00:22:47	00:07:17	00:36:15	Titan Triathlon	13	8	40
360	梁梓俊	Leung Tsz Chun	00:06:08	00:20:43	00:09:32	00:36:23	Energetic Triathlon Shatin	14	7	35
377	方子樂	Fong Tsz lok	00:06:14	00:25:41	00:04:45	00:36:40		15	6	30
372	吳俊熹	Ng Chun Hei	00:06:37	00:26:27	00:07:00	00:40:04	Titan Triathlon	16	5	25
380	謝駿謙	Tse Tsun Him	00:07:33	00:26:14	00:06:57	00:40:44		17	4	20
359	蔡家熙	Tsoi Ka Hei				00:43:44	Wong Tai Sin District Saving Society	18	3	15
378	何豫雋	Eugene Ho	00:08:02	00:29:14	00:06:29	00:43:45		19	2	10
379	朱嘉翹	Chu Ka Kiu	00:08:11	00:32:55	00:03:17	00:44:23		20	1	5
364	許少杰	Hui Siu Kit					Titan Triathlon	DNF		
374	韋偉琛	Samuel Williams					Titan Triathlon	DNF		
375	黃政	Wong Ching					Titan Triathlon	DNF		
546	徐梓聰	Chui Tsz Chung					Sea Bear Swimming Club	DNF		
358	余人佳	Sher Yan Gai				00:21:16		DSQ	Wrong Heat Start	
Course B1 - Girls 2001										
270	曹詠洵	Cho Wing To, Cheri	00:04:33	00:14:06	00:07:44	00:26:23	Titan Triathlon	1	3	100.0
268	譚曦彤	Tam Hei Tung	00:04:15	00:14:18	00:07:51	00:26:24	Mango Swimming Club	2	2	66.7
269	郭芷晴	Kwok Tsz Ching	00:04:17	00:18:01	00:09:35	00:31:53	Ma On Shan Swimming and Triathlon Club	3	1	33.3
Course B1 - Girls 2000										
271	鄒文詠	Chau Man Wing			00:06:32	00:21:21	Energetic Triathlon Shatin	1	6	100.0
272	陳家允	Carin Chan	00:03:06	00:11:46	00:07:35	00:22:27	Energetic Triathlon Shatin	2	5	83.3
273	謝愷恩	Tse Hoi Yan, Gloria			00:07:15	00:23:04	TheLittle DoplineSwimmingTrainingCenter	3	4	66.7
274	黎思蓓	Lai Sze Pui	00:03:56	00:12:39	00:09:40	00:26:15	Titan Triathlon	4	3	50.0
276	劉卓儀	Annick Lau	00:03:47	00:15:02	00:08:03	00:26:52		5	2	33.3
275	曾映之	Tsang Ying Chi	00:04:11	00:15:03	00:08:48	00:28:02	Ma On Shan Swimming and Triathlon Club	6	1	16.7

2009 Duathlon Series - Race 1 (Individual Result)

Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
Course B1 - Girls 1999										
280	譚雅文	Tam Nga Man	00:03:46	00:12:55	00:06:24	2:19:05		1	4	100
282	曾靖斯	Tsang Ching Sze	00:03:41	00:13:13	00:06:56	2:19:50	Ma On Shan Swimming and Triathlon Club	2	3	75
279	區欣桐	Au Yan Tung				2:22:31	Excel Swim Sports Associaiton	3	2	50
281	朱曉琳	Natalie Chu	00:04:14	00:17:05	00:08:13	2:25:32		4	1	25
277		Jessica Eden						DNS		
278	歐陽學珈	Au Yeung Hok Ka	00:03:12	00:13:43				DNF		
Course B1 - Girls 1998										
551	陸翹楚	Luk Kiu Cho	00:02:59	00:11:55	00:06:41	00:21:35		1	4	100
285	洪綽怡	Hung Cheuk Yi			00:06:55	00:22:00		2	3	75
284	張鈺霖	Cheung Yuk Lam	00:05:14	00:14:45	00:08:36	00:28:35	Ma On Shan Swimming and Triathlon Club	3	2	50
286	曾嘉悅	Tsang Ka Yuet	00:03:48	00:15:19	00:09:29	00:28:36	Pro- Trinity Sports Club	4	1	25
283	黎靖希	Lai Ching Hei					Ma On Shan Swimming and Triathlon Club	DNF		
Course B2 - Girls 1997										
392	馮郁淇	Fung Yuk Ki, Ester	00:06:50	00:24:27	00:06:46	00:38:03		1	14	100.0
387	陳嘉盈	Chan Ka Ying				00:39:26	Ti Dynamic	2	13	92.9
388	陳凱瑜	Chan Hoi Yue	00:06:49	00:24:57	00:07:41	00:39:27	Titan Triathlon	3	12	85.7
332	林彥彤	Lam Yin Tung			00:08:26	00:41:09		4	11	78.6
395	葉穎鈺	Yip Wing Chin, Tracy	00:07:15	00:27:00	00:07:53	00:42:08		5	10	71.4
389	呂曦妍	Lui Hei In	00:07:52	00:27:52	00:07:58	00:43:42	Titan Triathlon	6	9	64.3
391	羅易殷	Law Yik Yan			00:06:17	00:44:24		7	8	57.1
383	李詠琛	Lee Wing Sum	00:06:51	00:34:30	00:04:49	00:46:10		8	7	50.0
382	溫子暄	Wan Tsz Huen	00:06:48	00:36:11	00:04:14	00:47:13	Crest Ray Sports Associaiton	9	6	42.9
385	黃樂澄	Wong Lok Ching, Jacinta	00:08:27	00:31:45	00:07:41	00:47:53		10	5	35.7
396	李樂怡	Li Lok Yu	00:09:38	00:27:41	00:11:29	00:48:48	Ma On Shan Swimming and Triathlon Club	11	4	28.6
394	陳可善	Chan Ho San	00:08:40	00:34:28	00:09:04	00:52:12		12	3	21.4
386	陳曉琳	Chan Hiu Lam	00:07:42	00:35:26	00:11:59	00:55:07		13	2	14.3
393	楊嘉晴	Yeung Ka Ching	00:08:57	00:36:21	00:13:12	00:58:30		14	1	7.1
390	曾嘉樂	Tsang Ka Lok				00:39:54	Sonic Sports Associaiton	DSQ		Wrogn Heat Start
384	陳曉茵	Chan Hiu Yan				00:47:22	Mango Swimming Club	DSQ		Wrong Heat Start
Course B2 - Girls 1996										
398	李鈺盈	Lee Yuk Ying	00:06:10	00:23:58	00:07:17	00:37:25	Titan Triathlon	1	8	100.0
405	溫凱婷	Wan Hoi Ting, Florence	00:06:14	00:25:06	00:07:21	00:38:41	Ma On Shan Swimming and Triathlon Club	2	7	87.5
397	蔡思聰	Choi See Chung	00:06:49	00:27:39	00:07:35	00:42:03	Energetic Triathlon Shatin	3	6	75.0
400	莫芷晴	Ophelia Mok	00:06:50	00:27:46	00:07:38	00:42:14	Energetic Triathlon Shatin	4	5	62.5
545	0	Hung Tsz To	00:09:06	00:31:44	00:07:04	00:47:54	Sea Bear Swimming Club	5	4	50.0
401	陳卓欣	Chan Cheuk Yan	00:07:13	00:34:46	00:08:13	00:50:12	Ma On Shan Swimming and Triathlon Club	6	3	37.5
402	林婕	June Lam	00:09:03	00:33:57	00:07:19	00:50:19	TI Dynamics	7	2	25.0
404	周月廷	Chau Yuet Ting,Eden	00:07:14	00:35:52	00:07:28	00:50:34		8	1	12.5
403	吳睿琳	Ng Yui Lam					Energetic Triathlon Shatin	DNS		
399	梁曉臨	Leung Hiu Lam				00:43:08	Titan Triathlon	DSQ		

2009 Duathlon Series - Race 1 (Individual Result)

Race No	Chinese Name	English Name	Run1	Bike	Run2	Total	Club	Pos	Points	%
Course B2 - Girls 1995										
409	陳朗澄	Chan Long Ching	00:06:11	00:24:54	00:03:50	00:34:55	Energetic Triathlon Shatin	1	6	100.0
412	陳樂怡	Chan Lok Yi	00:06:23	00:23:44	00:05:31	00:34:55	Energetic Triathlon Shatin	2	5	83.3
407	李心怡	Li Sum Yi	00:06:23	00:25:03	00:07:42	00:34:55	Ma On Shan Swimming and Triathlon Club	3	4	66.7
408	黃皓怡	Wong Ho Yee			00:08:27	00:34:55	Energetic Triathlon Shatin	4	3	50.0
410	葉菁霖	Ip Ching Lam	00:07:14	00:29:27	00:07:07	00:34:55	Energetic Triathlon Shatin	5	2	33.3
411	朱慧妍	Chu Wai Yin	00:08:02			00:34:55	Pro-trinity Sports Club	6	1	16.7
Course B2 - Girls 1994										
414	莫雅婷	Mok Nga Ting	00:06:10	00:24:59	00:05:23	00:36:32	Titan Triathlon	1	4	100
416	陳卓盈	Chan Cheuk Ying	00:07:42	00:26:48	00:07:16	00:41:46	Ma On Shan Swimming and Triathlon Club	2	3	75
413	夏露彤	Ha Oi Tung	00:07:39	00:29:36	00:09:33	00:46:48	Crest Ray Sports Associaiton	3	2	50
543	鄭月君	Cheng Yuet Kwan	00:09:05			00:52:19	Sea Bear Swimming Club	4	1	25
415	潘藹琳	Sambie Poon					Titan Triathlon	DNF		