

Race No	English Name	Total	Points	Member	Club
<u>Course A - Male Adult</u>					
72	Wong Lit Kan	0:24:33	84	Y	Ti Dynamic
112	Jan Falge	0:24:48	83	Y	Energetic Triathlon Shatin
178	Wan Zhen Hao	0:25:01	81	Y	Titan Triathlon
203	Tam Sze Lun	0:25:01	82	Y	Sonic Sports Association
126	Li Chun Pong, David	0:25:05	80	Y	Energetic Triathlon Shatin
106	Yeung Ka Ming, Ivan	0:25:38	79	Y	Sonic Sports Association
179	Lau Chun Ngai	0:25:45	78	Y	New Wave Sports Association
176	Leung Ka Lun	0:25:47	77	Y	Energetic Triathlon Shatin
163	Wan Shu Wah	0:26:33	76	Y	Energetic Triathlon Shatin
141	Yam Chi Wai, Eric	0:26:37	75	Y	Titan Triathlon
135	Tsui Wai Yuen	0:27:08	74	Y	Titan Triathlon
226	Li Ka Wo	0:27:23	73	Y	Energetic Triathlon Shatin
637	Clarence Tan	0:27:35	72	Y	Energetic Triathlon Shatin
82	Wong Cheuk Yin	0:27:52	71	Y	Titan Triathlon
642	Nip Lai Wo, Simon	0:27:54	70	Y	Energetic Triathlon Shatin
105	Wong Ping Hong, Derek	0:28:01	69	Y	Energetic Triathlon Shatin
218	Ho Tak Ming	0:28:09	1	Y	Energetic Triathlon Shatin
211	Chan Chu	0:28:32	1	Y	Energetic Triathlon Shatin
138	Wong Po Kin, Kent	0:28:37	66	Y	Sonic Sports Association
195	Ma Chi Po	0:28:41	65	Y	Titan Triathlon
227	Mak Tak Cheung	0:28:44	64	Y	Ma On Shan Swimming & Triathlon Club
224	Lee Ying Ho	0:28:49	63	Y	Sonic Sports Association
25	Chan Kam Por	0:28:50	62	Y	Hoi Ngai Sports Association
185	Chan Wai Kee, Eric	0:28:50	61	Y	Sonic Sports Association
233	Wong Ip Chor	0:28:54	60	Y	Titan Triathlon
110	Chan Li	0:29:03	59	Y	Titan Triathlon
168	Wong Kin, Kenny	0:29:17	1	Y	Energetic Triathlon Shatin
230	Poon Kwok Wing	0:29:23	1	Y	Energetic Triathlon Shatin
83	Wong Kam Tim	0:29:28	56	Y	Sonic Sports Association
155	Leung Kwai wah	0:29:33	55	Y	Hoi Ngai Sports Association
127	Lok Lam Fung	0:29:36	54	Y	Titan Triathlon
73	Armando Osmani	0:29:51	1	Y	Titan Triathlon
232	Tsang Chung Ming	0:29:56	1	Y	Titan Triathlon
137	Wong Lok Shun	0:30:02	51	Y	Sonic Sports Association
164	Wan Tin Lap, Ivan	0:30:05	1	Y	Energetic Triathlon Shatin

131	Sin Chun Kwong	0:30:11	1	Y	Energetic Triathlon Shatin
29	Wong Kwok Wah	0:30:24	1	Y	Titan Triathlon
86	Au Siu Ming	0:30:26	47	Y	The Little Dolphin Swimming Training Center
76	Chan King Yuen	0:30:30	1	Y	Titan Triathlon
223	Lau Kim Wah	0:30:41	1	Y	Titan Triathlon
108	Frederic Beaujean	0:30:45	44	Y	Sonic Sports Association
186	Chan Yun Keung	0:30:48	43	Y	Hoi Ngai Sports Association
119	Lau Kwok Hong	0:30:52	42	Y	Hoi Ngai Sports Association
182	Chan Chik Kin, Dave	0:31:01	1	Y	Energetic Triathlon Shatin
116	Lam Chung Kei	0:31:04	1	Y	Titan Triathlon
192	Lee Chun Fai	0:31:09	1	Y	Energetic Triathlon Shatin
169	Wong Ming Fae	0:31:23	38	Y	Pro-Trinity Sports Association
136	Wong Chung Man	0:31:27	1	Y	Energetic Triathlon Shatin
24	Chan Ho Kee	0:31:33	1	Y	Titan Triathlon
234	Wong Yin Cheong	0:31:47	1	Y	Titan Triathlon
94	Fai Ming Hoi, Leo	0:31:51	1	Y	Sonic Sports Association
111	Hui Chun Yu, Charles	0:32:17	1	Y	Sonic Sports Association
196	Ng Kwok Chuen	0:32:27	1	Y	Energetic Triathlon Shatin
181	Billy Chow	0:32:39	1	Y	Sonic Sports Association
212	Choi Tai Wing	0:32:49	30	Y	Hoi Ngai Sports Association
188	Fung Chi Wah, John	0:32:55	1	Y	Sonic Sports Association
157	Liew Chean Chuan, Arthur	0:32:56	1	Y	Sonic Sports Association
139	Wong Siu Yuen	0:33:06	1	Y	Titan Triathlon
81	Tso Chun Pong	0:33:11	1	Y	Titan Triathlon
150	Chu Kwok Leung	0:33:15	1	Y	Energetic Triathlon Shatin
28	Koo Choi Fat	0:33:24	24	Y	Hoi Ngai Sport Associaiton
167	Wong Hon Wei	0:33:24	1	Y	Energetic Triathlon Shatin
103	Sin Yuk Kwan	0:33:26	22	Y	Pro-Trinity Sports Association
89	Cheng Wai Chung	0:33:42	1	Y	Sonic Sports Association
27	Ian Brownlee	0:33:49	1	Y	Sonic Sports Association
216	Fong Chi Wai	0:33:56	1	Y	Titan Triathlon
193	Lee Wing Kwong	0:34:16	1	Y	Titan Triathlon
206	Wu Siu Chun Chri	0:34:20	1	Y	Sonic Sports Association
156	Leung Wah Tat, Keith	0:34:49	1	Y	Titan Triathlon
204	Tan Wing On	0:34:59	1	Y	Sonic Sports Association
213	Choy Ying Keung	0:35:06	14	Y	Hoi Ngai Sports Association
78	Chow Man Ping	0:35:18	1	Y	Energetic Triathlon Shatin
160	Ng Chi Wai, Simon	0:35:46	1	Y	Energetic Triathlon Shatin

231	Tam Ka Kit	0:36:07	11	Y	Ma On Shan Swimming & Triathlon Club
143	Au King Hang A.A	0:36:28	1	Y	Sonic Sports Association
26	FUNG YAN MING	0:36:48	9	Y	Hoi Ngai Sports Association
109	Chan Chin Hung	0:37:13	1	Y	Sonic Sports Association
215	Chu Shiu Kay, Ferdinand	0:39:29	1	Y	Energetic Triathlon Shatin
114	Lai Siu Wing	0:39:31	1	Y	Titan Triathlon
222	Lam Chi Wing	0:42:06	1	Y	Hoi Ngai Sports Association
229	Philip Penaloza	0:49:36	1	Y	Sonic Sports Association
104	Wong Hon Bun	0:51:50	3	Y	Hong Kong Dragon Triathlon Club
122	Lee Yuk Keung	0:54:10	2	Y	Hong Kong Dragon Triathlon Club
173	Ho Fuk Hung	0:59:12	1	Y	The Little Dolphin Swimming Training Centre

Course A - Female Age-Group 20-29

35	Fung Man Ting, Olivia	0:27:23	23	Y	Energetic Triathlon Shatin
40	Lau Ping Tsz	0:27:27	22	Y	Energetic Triathlon Shatin
43	Stephanie Bina	0:28:06	21	Y	Sonic Sports Association
53	Hui Ka Man	0:28:47	20	Y	Energetic Triathlon Shatin
38	Janice Lee	0:29:17	19	Y	Hoi Ngai Sports Association
45	Wu Pui Yan Natalie	0:29:59	18	Y	Sonic Sports Association
32	Chau Chiu Nam, Gorilla	0:30:18	17	Y	Energetic Triathlon Shatin
31	Carlay Tong	0:30:34	16	Y	Energetic Triathlon Shatin
49	Chan Lok Yan	0:30:47	15	Y	Titan Triathlon
71	Yeung Mei Lun	0:30:54	14	Y	Energetic Triathlon Shatin
57	Tie Ji Xi, Pearl	0:30:55	13	Y	Hoi Ngai Sports Association
39	Lam Kai Shan	0:31:39	12	Y	Hoi Ngai Sports Association
55	Lui Shuk Han, Karen	0:33:19	11	Y	Energetic Triathlon Shatin
58	Wong Gi Wai, GiGi	0:34:25	10	Y	Sonic Sports Association
48	Chan Kwai Wah. Janice	0:34:25	9	Y	Titan Triathlon
59	Wong Suet Fan	0:35:31	8	Y	Titan Triathlon
56	Tam Kok Po, Pearl	0:35:35	7	Y	Titan Triathlon
60	Yuen Yuk Kuen	0:36:04	6	Y	Hoi Ngai Sports Association
52	Christina Lee	0:36:12	5	Y	Pro-Trinity Sports Association
44	The Su Mei	0:36:47	4	Y	Sonic Sports Association
70	Wong Shun Ying	0:37:01	3	Y	Hoi Ngai Sports Association
65	Cheng Wing Ho	0:38:22	2	Y	Energetic Triathlon Shatin
64	Chan Siu Yuk	0:42:31	1	Y	Titan Triathlon

Course B - Male Junior

268	Yu Kin Hei	0:12:14	25	Y	Titan Triathlon
257	Tong Lai Hin	0:12:15	24	Y	Titan Triathlon
253	Sin Long Hin	0:12:23	23	Y	Titan Triathlon
258	Tsang Yat Hin	0:12:49	21	Y	Energetic Triathlon Shatin
238	Chan Siu Hang	0:12:53	20	Y	Energetic Triathlon Shatin
251	Ng Kwok Leung	0:12:55	19	Y	Titan Triathlon
249	Mok Wai Chuen	0:13:13	18	Y	Energetic Triathlon Shatin
240	Cheng Tsz Yeung	0:13:55	16	Y	Hoi Ngai Sports Association
266	Wu Yat Kiu	0:14:02	14	Y	Ma On Shan Swimming & Triathlon Club
244	Lam Chun Hong	0:14:36	12	Y	Sonic Sports Association
267	Wu Yee Lok, Kenneth	0:15:08	11	Y	Energetic Triathlon Shatin
250	Mok Wai Wah	0:15:20	10	Y	Ma On Shan Swimming & Triathlon Club
259	Tsi Hei Tat	0:15:28	8	Y	The Little Dolphin Swimming Training Centre
245	Lee Cheuk Kei	0:16:07	6	Y	Energetic Triathlon Shatin
254	Sin Wai Hong	0:16:09	5	Y	Energetic Triathlon Shatin
260	Tso Hei Lok	0:16:27	4	Y	The Little Dolphin Swimming Training Centre
263	Wong Kin Man, Simpson	0:17:00	3	Y	Titan Triathlon
265	Wong Tzun	0:17:23	2	Y	Titan Triathlon
247	Lui Ming San	0:18:36	1	Y	The Little Dolphin Swimming Training Centre

Course B - Female Junior

281	Tsang Yat Sze	0:14:21	5	Y	Energetic Triathlon Shatin
277	Lo Mann Hey, Vera	0:14:25	4	Y	Energetic Triathlon Shatin
275	Kam Lok Ting	0:15:09	3	Y	Energetic Triathlon Shatin
278	Ng Cheuk Yin, Priscilla	0:15:31	2	Y	Energetic Triathlon Shatin
271	Cheng Wang, Ruby	0:15:45	1	Y	Energetic Triathlon Shatin

Course C - Girls 2000-1997

536	Tong Sze Wai	0:12:25	32	Y	Sea Bear Swimming Club
544	Chan Hoi Yue	0:13:40	31	Y	Titan Triathlon
545	Ching Cho Miu	0:14:01	30	Y	Energetic Triathlon Shatin
516	Chan Ka Ying	0:14:11	29	Y	Ti Dynamic
540	Lee Ho Yan	0:14:21	28	Y	Energetic Triathlon Shatin
538	Chelesa Mumba Hinzano	0:14:34	27	Y	Excel Swim
547	Lee Suet Ying	0:14:36	26	Y	Excel Swim
517	Lee Lok Yee	0:14:57	25	Y	Ma On Shan Swimming & Triathlon Club
539	Lau Tsz Wing, Jowena	0:15:37	24	Y	Ma On Shan Swimming & Triathlon Club

522	Tse Hoi Yan	0:15:52	23	Y	The Little Dolphin Swimming Training Center
531	Wong Tsz Ching	0:16:07	22	Y	Chi Keung Aqua Club
546	Choi Ching Man	0:16:12	21	Y	Sea Bear Swimming Club
537	Chan Kai Yin	0:16:13	20	Y	Sea Bear Swimming Club
543	Lui Hei In	0:16:14	19	Y	Titan Triathlon
529	Tam Nga Man	0:17:01	18	Y	Ma On Shan Swimming & Triathlon Club
535	Chow Wan Yin	0:17:29	17	Y	Sea Bear Swimming Club
555	Wu Hok Yee	0:17:34	16	Y	The Little Dolphin Swimming Training Centre
549	Li Yuet Tung	0:18:23	15	Y	The Little Dolphin Swimming Training Centre
533	Chu Yan Lok	0:18:26	14	Y	The Little Dolphin Swimming Training Centre
519	Kan Tsz Ue	0:18:54	13	Y	Energetic Triathlon Shatin
532	Wu Hau Tung	0:18:54	12	Y	The Little Dolphin Swimming Training Centre
530	Tsang Ching Sze	0:19:02	11	Y	Ma On Shan Swimming & Triathlon Club
521	Tsang Ying Chi	0:19:15	10	Y	Ma On Shan Swimming & Triathlon Club
518	Chui On Yi	0:19:49	9	Y	Ma On Shan Swimming & Triathlon Club
551	Tam Wai Ling	0:20:40	8	Y	Excel Swim
527	Lam Yin Tsun	0:20:51	7	Y	Excel Swim
520	Lai Sze Pui, Sabrina	0:21:33	6	Y	Titian Triathlon
443	Cheng Tsz Ching	0:22:18	5	Y	LGP Sports
542	Suen Yik Ling	0:24:53	4	Y	Ma On Shan Swimming & Triathlon Club
550	Szeto Mei Ki	0:24:57	1	Y	Ma On Shan Swimming & Triathlon Club
552	Tse Oi Lam	0:26:56	1	Y	Ma On Shan Swimming & Triathlon Club
556	Yau Yuet Ching	0:27:08	1	Y	Energetic Triathlon Shatin

Course C2 - Girls 1996 - 1993

438	Wu Sum Yi	0:12:05	24	Y	Energetic Triathlon Shatin
418	Chan Long Ching	0:12:34	23	Y	Energetic Triathlon Shatin
411	Lee Yuk Ying, Aggie	0:13:13	22	Y	Titan Triathlon
410	Kan Tsz Yiu	0:13:20	21	Y	Energetic Triathlon Shatin
415	Wan Hoi Ting, Florence	0:13:52	20	Y	Ma On Shan Swimming & Triathlon Club
287	Wong Suet Yan	0:14:07	19	Y	Energetic Triathlon Shatin
421	Lee Ho Nam	0:14:21	18	Y	Energetic Triathlon Shatin
412	Lo Wing Yu	0:14:21	17	Y	LGP Sports
286	Wong So Fai	0:14:28	16	Y	Energetic Triathlon Shatin
414	Tsoi Wing Ki	0:14:58	15	Y	The Little Dolphin Swimming Training Centre
417	Chan Lok Yi	0:15:08	14	Y	Energetic Triathlon Shatin
285	Lo Si Wing	0:15:24	13	Y	Ma On Shan Swimming & Triathlon Club

422	Li Sum Yi	0:15:39	12	Y	Ma On Shan Swimming & Triathlon Club
424	Wong Ho Yee	0:15:45	11	Y	Energetic Triathlon Shatin
420	Fok Chi Yin	0:16:15	10	Y	Mango Swimming Club
368	Wong Sze Nga	0:17:10	9	Y	LGP Sports
432	Wong Hiu Tung	0:18:52	8	Y	LGP Sports
435	Sambie Poon	0:20:02	7	Y	Titan Triathlon
425	Woo Hiu Laam	0:20:03	6	Y	LGP Sports
283	Fan Cho Ting	0:20:40	5	Y	Hoi Ngai Sports Association
413	Ng Yi Ting	0:22:10	4	Y	LGP Sports
436	Szeto Mei Ying	0:22:42	3	Y	Ma On Shan Swimming & Triathlon Club
416	Yiu Tsz Ching	0:23:06	2	Y	Ma On Shan Swimming & Triathlon Club
409	Chui Ho Yin	0:27:25	1	Y	Ma On Shan Swimming & Triathlon Club

Course C1 - Boys 2000 - 1997

490	Maximilian Mitchelmore	0:09:56	46	Y	Titan Triathlon
482	Tsang Kui Shun	0:13:43	45	Y	Ma On Shan Swimming & Triathlon Club
467	Ngan Ming Yin, Joshua	0:13:46	44	Y	Energetic Triathlon Shatin
465	Cheng Long Hei	0:14:09	43	Y	Energetic Triathlon Shatin
513	Yim Pak Ching	0:14:09	42	Y	The Little Dolphin Swimming Training Center
502	Leung Chun Sun, Gareth	0:14:14	41	Y	Energetic Triathlon Shatin
494	Chan Ka Chun, Kris	0:14:17	40	Y	Energetic Triathlon Shatin
499	Ip Ho Lam	0:14:35	39	Y	Energetic Triathlon Shatin
512	Wong Tsz Shing	0:14:35	38	Y	Energetic Triathlon Shatin
466	Fong In Hon, Henry	0:15:08	37	Y	Energetic Triathlon Shatin
511	Tsoi Ka Kit	0:15:11	36	Y	Wong Tai Sin District Life Saving Society
488	Yu Shek Fung, Thomas	0:15:11	35	Y	The Little Dolphin Swimming Training Centre
501	Lee Wui Hoi	0:15:12	34	Y	Energetic Triathlon Shatin
468	Lam Ho Ching	0:15:24	1	Y	Energetic Triathlon Shatin
489	Lo Tim Bo	0:15:30	1	Y	Energetic Triathlon Shatin
508	Ng Cheuk Hei	0:15:32	31	Y	The Little Dolphin Swimming Training Centre
473	Fung Ka Chung	0:15:38	30	Y	New Target Sport Association
506	Loo Tsz Hei	0:15:52	29	Y	Sea Bear Swimming Club
478	Lam Ho Ting	0:15:56	28	Y	Ma On Shan Swimming & Triathlon Club
449	Lo Yik Hei	0:15:58	27	Y	LGP Sports
495	Chan Lok Man	0:15:59	26	Y	LGP Sports
503	Leung Ho Ching	0:16:08	25	Y	Sea Bear Swimming Club
471	Chan Kam Po	0:16:19	1	Y	Energetic Triathlon Shatin
459	Lee Ho Chang	0:16:58	23	Y	Titan Triathlon

453	Angus Chow	0:17:05	22	Y	Titan Triathlon
480	Law Ho Kei	0:17:17	21	Y	Wong Tai Sin District Life Saving Society
504	Leung Hoi Leung	0:17:56	20	Y	Ma On Shan Swimming & Triathlon Club
456	Chui Shing Hang, Ryan	0:18:26	19	Y	The Little Dolphin Swimming Training Center
469	Yau Kam Yuen	0:18:36	1	Y	Energetic Triathlon Shatin
447	Ip Poe Lam	0:19:04	1	Y	Energetic Triathlon Shatin
451	Yip Kun Fung	0:19:35	16	Y	Ma On Shan Swimming & Triathlon Club
492	Chan Cheuk Hin	0:19:36	15	Y	The Little Dolphin Swimming Training Centre
445	Chow King Hang	0:19:37	14	Y	The Little Dolphin Swimming Training Centre
487	Yip Wai Ming	0:19:58	13	Y	Excel Swim
497	Chung Chak Yin	0:20:20	12	Y	Ma On Shan Swimming & Triathlon Club
510	Poon Yui Chit	0:20:34	11	Y	Ma On Shan Swimming & Triathlon Club
477	Lai Ching Kit, Adrian	0:20:40	10	Y	Titan Triathlon
483	Tsang Yui Ho	0:21:22	9	Y	The Little Dolphin Swimming Training Centre
484	Tse Long Hin	0:22:00	8	Y	Titan Triathlon
493	Chan Chun Wai	0:22:14	7	Y	Excel Swim
457	Ho Tsz Hang	0:22:52	6	Y	Excel Swim
463	Roland Poon	0:23:11	5	Y	Titan Triathlon
474	Ho Kwong Wai	0:24:28	4	Y	Chi Keung Aqua Club
441	Chan Chun Tin	0:24:30	3	Y	The Little Dolphin Swimming Training Centre
485	Wong Hong Tai	0:25:02	2	Y	Excel Swim
462	Ng Shu To	0:29:52	1	Y	Excel Swim

Course C2 - Boys 1996 -1993

367	Wong Hui Wai	0:11:20	64	Y	Energetic Triathlon Shatin
313	Perry Wong	0:11:50	63	Y	Energetic Triathlon Shatin
323	Cheung Tsz Hei	0:11:52	62	Y	Energetic Triathlon Shatin
301	Ip Ching Kiu	0:12:13	61	Y	Energetic Triathlon Shatin
334	Ng Tsz Kit	0:12:32	60	Y	Titan Triathlon
337	Vernon Lam	0:12:44	59	Y	Energetic Triathlon Shatin
345	Chu Long San	0:12:45	58	Y	Energetic Triathlon Shatin
331	Lo Man Lap	0:12:46	57	Y	Titan Triathlon
300	Hui Siu Kit, Nelson	0:12:53	56	Y	Titan Triathlon
335	Siu Ming Kit	0:12:54	55	Y	Titan Triathlon
359	Leung Po Yan, Jason	0:13:06	54	Y	Sonic Sports Association
385	Leung Hoi Kit	0:13:16	53	Y	Wong Tai Sin District Life Saving Society
322	Cheng Yiu Ming	0:13:19	52	Y	Hoi Ngai Sports Association
381	Lau Hiu Wing	0:13:19	51	Y	Energetic Triathlon Shatin

386	Leung Pok Yin , Brian	0:13:19	50	Y	Energetic Triathlon Shatin
309	Mok Wai Lun	0:13:20	49	Y	Ma On Shan Swimming & Triathlon Club
339	Yim Ho Wai	0:13:32	1	Y	Energetic Triathlon Shatin
330	Liu Chi Hei	0:13:33	47	Y	Hoi Ngai Sports Association
336	Tam Ho Man	0:13:33	46	Y	Ma On Shan Swimming & Triathlon Club
307	Lau Chak Fung	0:13:33	45	Y	Titan Triathlon
342	Cheng Ho Yin	0:13:33	44	Y	Excel Swim
302	Jorge, Kento	0:13:49	43	Y	Titan Triathlon
296	Chow Yat Sing, Kinson	0:13:50	42	Y	Titan Triathlon
332	Lui Hei Yeung	0:13:55	41	Y	Titan Triathlon
299	Chui Tsz Chung	0:14:04	40	Y	Sea Bear Swimming Club
288	Lee Cheuk Him	0:14:07	39	Y	Compass Sports Association
326	Hui Ka Ki	0:14:09	1	Y	Energetic Triathlon Shatin
291	Andrew Fawls	0:14:20	1	Y	Titan Triathlon
384	Lee Chun Yiu	0:14:34	36	Y	Excel Swim
360	Leung Yat Lai	0:14:44	1	Y	Titan Triathlon
396	TAM CHEUK HIM	0:14:46	34	Y	Ma On Shan Swimming & Triathlon Club
298	Chu Yat Fai	0:14:47	33	Y	Excel Swim
383	Lau Yue Hin	0:14:47	32	Y	Excel Swim
403	Yuen Chun Pang	0:14:54	31	Y	Hoi Ngai Sports Association
357	Lee Yik Hin	0:14:56	1	Y	Titan Triathlon
371	Kwok Pak Hei	0:14:59	1	Y	Energetic Triathlon Shatin
397	Tam King Man	0:15:11	28	Y	Ma On Shan Swimming & Triathlon Club
365	Tsoi Ka Cheuk	0:15:11	27	Y	Wong Tai Sin District Life Saving Society
394	She Hung Cheung	0:15:15	1	Y	Energetic Triathlon Shatin
343	Cheung Ka Lun	0:15:20	25	Y	Excel Swim
292	Chan Lok Yiu	0:15:34	24	Y	LGP Sports
354	Lam Jung Yee	0:15:34	23	Y	Excel Swim
347	Fan Chun Chung	0:15:38	22	Y	Hoi Ngai Sports Association
369	Wong Yip Him	0:16:06	21	Y	Ma On Shan Swimming & Triathlon Club
361	Mak Ho Man	0:16:17	20	Y	Ma On Shan Swimming & Triathlon Club
366	Tung Chun Kit	0:17:07	19	Y	Hoi Ngai Sports Association
380	Lai Go Joy	0:17:14	18	Y	LGP Sports
392	Poon Lik Shing	0:17:50	1	Y	Titan Triathlon
398	Tung Tak Ho, Oscar	0:18:02	11	Y	Titan Triathlon
346	Chung Chak Lam	0:18:07	15	Y	Ma On Shan Swimming & Triathlon Club
400	Yam Chin Hung	0:18:07	14	Y	Wong Tai Sin District Life Saving Society
401	Yim Ho Yin	0:18:14	1	Y	Energetic Triathlon Shatin

348	Ho Chun Chiu	0:19:45	12	Y	LGP Sports
377	Chan Kin Hang	0:20:06	11	Y	Hoi Ngai Sports Association
327	Lau Kwun Ki	0:20:08	1	Y	Titan Triathlon
318	Tsoi Ka Hei	0:20:08	9	Y	Wong Tai Sin District Life Saving Society
353	Lai Go Free	0:21:05	8	Y	LGP Sports
374	Stanley Lai	0:21:08	1	Y	Titan Triathlon
349	Ho Tsz Kiu	0:21:51	6	Y	Ma On Shan Swimming & Triathlon Club
364	Tsang Chiu Cheuk	0:22:14	5	Y	LGP Sports
378	Ho Sen Sze	0:22:19	4	Y	LGP Sports
390	Ng Tsz Sing	0:23:07	3	Y	Excel Swim
338	Wong Kwun Yu	0:28:46	2	Y	LGP Sports
633	Law Chung Kei	0:30:57	1	Y	Wong Tai Sin District Life Saving Society

Course D - Male Open

596	Wan Zhen Hao	0:11:19	37	Y	Titan Triathlon
587	Li Chun Pong, David	0:11:26	36	Y	Energetic Triathlon Shatin
586	Leung Ka Lun	0:12:18	35	Y	Energetic Triathlon Shatin
577	Chu Iap Yin	0:12:29	34	Y	Wong Tai Sin District Life Saving Society
607	Ho Tak Ming	0:12:38	33	Y	Energetic Triathlon Shatin
643	Nip Lai Wo, Simon	0:13:26	32	Y	Energetic Triathlon Shatin
609	Lau Siu Kan	0:13:34	31	Y	Titan Triathlon
594	Tang Yuen Hung	0:13:44	30	Y	Pro-Trinity Sports Association
573	Chan Li	0:14:00	29	Y	Titan Triathlon
591	Sin Chun Kwong	0:14:06	28	Y	Energetic Triathlon Shatin
583	Lam Chung Kei	0:14:29	27	Y	Titan Triathlon
576	Chow Hoi Tat	0:14:36	26	Y	Titan Triathlon
601	Chan Chik Kin, Dave	0:15:02	25	Y	Energetic Triathlon Shatin
621	Tsang Chung Ming	0:15:02	24	Y	Titan Triathlon
588	Lok Lam Fung	0:15:05	23	Y	Titan Triathlon
612	Li Ka Wo	0:15:17	22	Y	Energetic Triathlon Shatin
617	Poon Kwok Wing	0:15:23	21	Y	Energetic Triathlon Shatin
614	Ng Kwok Chuen	0:15:24	1	Y	Energetic Triathlon Shatin
599	Armando Osmani	0:15:25	19	Y	Titan Triathlon
592	Tam Chi Fai	0:15:36	18	Y	Pro-Trinity Sports Association
604	Cheung Man Kwong	0:15:41	17	Y	Mango Swimming Club
603	Chan King Yuen	0:15:47	16	Y	Titan Triathlon
627	Wong Yin Cheong	0:15:47	1	Y	Titan Triathlon
595	Wan Tin Lap, Ivan	0:15:58	1	Y	Energetic Triathlon Shatin

574	Chan Wing Kit	0:16:00	13	Y	Pro-Trinity Sports Association
626	Wong Kwok Wah	0:16:01	1	Y	Titan Triathlon
183	Chan Chun Ying	0:16:04	1	Y	Energetic Triathlon Shatin
602	Chan Ho Kee	0:16:05	1	Y	Titan Triathlon
630	Wong Siu Yuen	0:16:09	1	Y	Titan Triathlon
590	Ng Chi Wai, Simon	0:16:14	1	Y	Energetic Triathlon Shatin
610	Lee Wing Kwong	0:16:39	1	Y	Titan Triathlon
623	Tso Chun Pong	0:17:18	1	Y	Titan Triathlon
620	Tong Chi Hei	0:18:21	5	Y	Wong Tai Sin District Life Saving Society
580	Ko Kwok Fai, Dennis	0:19:43	1	Y	Energetic Triathlon Shatin
616	Poon Cheung Shing, Ban	0:19:57	1	Y	Titan Triathlon
613	Ma Chi Po	0:20:15	1	Y	Titan Triathlon
618	Poon Siu Man	0:20:39	1	Y	Titan Triathlon

Course D - Female Open

558	Carlay Tong	0:15:14	7	Y	Energetic Triathlon Shatin
565	Lui Shuk Han, Karea	0:16:41	6	Y	Energetic Triathlon Shatin
562	Huang Yuting Echo	0:17:14	5	Y	Sonic Sports Association
570	Chan Suet Wah	0:17:49	4	Y	Energetic Triathlon Shatin
631	Wong Suet Fan	0:18:22	3	Y	Titan Triathlon
564	Lui Lai Han, Dennex	0:18:34	2	Y	Energetic Triathlon Shatin
569	Chan Siu Ching	0:19:03	1	Y	Titan Triathlon