

OSIM 2008 Hong Kong ITU Triathlon Asian Cup

16th November 2008

Sprint - Male 16-19

Rank	Last Name	First Name	Swim	Bike	Run	Penalty	Overall	Race Num
1	Chan	Siu Hang	00:12:27	00:44:44	00:20:35		01:17:45	2042
2	Koo	Dreyfus	00:14:12	00:56:00	00:23:17		01:33:28	2048
3	Lam	Chun Hong	00:12:37	00:57:12	00:25:34		01:35:22	2085
4	Cheng	Chun Hong	00:12:50	00:59:36	00:23:26		01:35:51	2044
5	But	Barton	00:15:02	01:02:22	00:29:25		01:46:48	2039
6	Siu	Trevor			00:29:25		01:46:48	2041
7	Hui	Chi Hang	00:14:56	01:06:14	00:39:35		02:00:45	2077
	Ho	Chung						(DNS) 2045
	Wong	Kin Man						(DNS) 2059
	Leung	Chin Fung	00:10:51				01:12:00	(Wrong Route) 2066
	Au	Chi Hin	00:11:07				01:08:43	(Wrong Route) 2043
	Sin	Wai Hong	00:14:35				01:22:47	(Wrong Route) 2040
	Lee	Yeuk Yu, Ross	00:12:03				01:13:14	(Wrong Route) 2037
	Pe Benito	Joshua	00:17:18				01:24:32	(Wrong Route) 2038
	Tong	Lai Hin	00:11:59				01:10:04	(Wrong Route) 3296
	Yu	Kin Hei	00:12:53				01:17:01	(Wrong Route) 2060
	Ng	Kwok Leung	00:11:03				01:08:46	(Wrong Route) 2056
	Lee	Cheuk Wing	00:13:45				01:27:23	(Wrong Route) 2083

Sprint - Male 20-29

Rank	Last Name	First Name	Swim	Bike	Run	Penalty	Overall	Race Num
1	Halkes	Michael	00:13:11	00:43:25	00:21:32		01:18:07	2101
2	LaHaie	Eric	00:17:39	00:42:58	00:17:36		01:18:12	2108
3	Lau	Chun Ngai	00:13:08	00:42:46	00:22:43		01:18:36	2086
4	Wong	Kin Chung	00:16:55	00:42:36	00:19:39		01:19:10	2244
5	Mak	Chi Chung	00:16:26	00:44:01	00:21:43		01:22:09	2121
6	Jenkinson	Colin Luke	00:13:17	00:47:43	00:24:40		01:25:39	2253
7	Wong	Tsz Yueng, Ato	00:15:51	00:46:39	00:23:11		01:25:40	2123
8	Sun	Fat Yee	00:11:45	00:53:11	00:23:21		01:28:16	2252
9	Fung	Terrance Chi Yeung	00:17:03	00:51:15	00:22:42		01:31:00	2113
10	Fai	Ming Hoi	00:17:01	00:52:35	00:22:30		01:32:05	2118
11	Lai	Chi Ho	00:17:21	00:50:59	00:25:56		01:34:15	2104
12	Chung	Man Lung	00:19:44	00:49:17	00:25:30		01:34:30	2105
13	Tan	Clarence	00:13:16	00:52:25	00:28:54		01:34:34	2246
14	Tsoi	Hui Fai	00:24:26	00:52:01	00:20:51		01:37:17	2111
15	Cho	Kwan Yin	00:19:25	00:54:20	00:27:14		01:40:59	2110
16	Chung	Man Wai	00:20:10	00:52:11	00:29:11		01:41:30	2106
17	Chan	Ka Hang	00:25:14	00:54:35	00:26:56		01:46:44	2115
18	Lau	Vince	00:22:19	01:00:21	00:24:39		01:47:19	2232
19	Chim	Kwok On	00:18:58	01:01:48	00:30:22		01:51:06	2117
20	Chan	Chun Yip	00:18:51	00:57:12	00:35:29		01:51:31	2116
21	Valentine	Jonathan	00:27:46	01:05:52	00:23:51		01:57:28	2107
22	Leung	Yat Lai Adrian	00:24:03	01:12:00	00:29:02		02:05:04	2114
23	Lam	Ho Yin	00:28:47	01:16:03	00:32:20		02:17:09	2100
	Lam	Chun Hang						(DNS) 2119
	Wong	Lit Ken						(DNS) 2124
	Law	Kin Wai						(DNS) 2120
	Chu	lap Yin						(DNS) 2102
	Ng	Cheuk Lun						(DNS) 2122

Sprint - Male 30-39

Rank	Last Name	First Name	Swim	Bike	Run	Penalty	Overall	Race Num
1	Watson	Michael	00:13:43	00:42:44	00:22:19		01:18:45	2242
2	Tang	King Man	00:13:02	00:43:33	00:24:18		01:20:52	2167
3	Elliott	Stuart	00:18:06	00:44:42	00:18:13		01:21:00	2238
4	Lok	Lam Fung	00:15:44	00:43:57	00:23:01		01:22:41	2166
5	adams	stephen			00:23:23		01:23:14	2135
6	Collins	Mark	00:15:31	00:45:37	00:22:46		01:23:53	2129
7	Sell	Richard	00:17:28	00:46:25	00:20:42		01:24:35	2240
8	Wong	Ming Fae	00:16:27	00:46:28	00:22:44		01:25:38	2162
9	edwards	chris	00:15:49	00:49:16	00:22:22		01:27:26	2159
10	Groves	Philip	00:21:29	00:45:20	00:21:26		01:28:14	2152
11	LEUNG	KA YI	00:17:49	00:48:14	00:22:30		01:28:33	2130
12	Lau	Chung Yuen	00:20:45	00:48:03	00:19:21	00:01:00	01:29:08	2127
13	Aeria	David	00:17:27	00:47:17	00:25:29		01:30:13	2131
14	Lau	wing chuen	00:21:58	00:47:42	00:21:01		01:30:40	2137
15	Yung	Leong Sang	00:17:26	00:51:31	00:23:13		01:32:09	2143
16	Sun	Eugene	00:17:15	00:50:59	00:24:51		01:33:04	2139
17	Wong	David YL	00:18:13	00:48:43	00:26:50		01:33:46	2146
18	Fletcher	Luke	00:21:13	00:49:27	00:23:09		01:33:49	2128
19	Wong	Ngai Leung	00:22:39	00:48:07	00:23:55		01:34:40	2161
20	Nixon	Charlie	00:23:03	00:50:39	00:22:22		01:36:03	2165
21	ng	wai chi daniel	00:19:29	00:55:08	00:22:25		01:37:02	2158
22	Mikula	Pavel	00:15:35	00:53:24	00:28:10		01:37:09	2239
23	Chiu	Gordon	00:17:43	00:55:34	00:24:55		01:38:11	2125
24	Yeung	Ka Wing	00:17:25	00:52:37	00:29:21		01:39:22	2164
25	Ho	Ho Yee	00:17:35	00:57:12	00:25:27		01:40:13	2154
26	FONG	ALAN	00:18:20	00:56:54	00:25:16		01:40:29	2172
27	Chang	Hua	00:23:51	00:55:39	00:21:00		01:40:30	2151
28	Lee	Yuk Keung	00:22:27	00:54:25	00:24:06		01:40:57	2156
29	Liu Yau	Ivan	00:24:28	00:50:27	00:27:44		01:42:38	2233
30	Lee	Elbert	00:18:31	00:51:22	00:32:53		01:42:46	2144
31	Yuen	Kok Sang	00:17:32	00:57:12	00:28:06		01:42:49	2235
32	Sit	Sing Kai	00:17:48	00:56:56	00:28:07		01:42:49	2234
33	Ho	Chi Hung	00:19:11	00:59:25	00:24:33		01:43:08	2134
34	Lui	Wai Man	00:18:47	00:56:31	00:28:31		01:43:48	2251
35	Tang	Seaman	00:21:39	00:58:59	00:24:56		01:45:33	2155
36	Ternes	Daniel	00:19:23	00:59:26	00:27:47		01:46:35	2149
37	Yuen	Ting Kin, Kenneth			00:25:20		01:48:16	2170
38	Cheung	Wai Kit	00:20:26	00:59:16	00:29:31		01:49:12	2163
39	Chan	Ming Kin	00:21:08	01:02:47	00:27:26		01:51:20	2132
40	Wong	Wing kin	00:24:15	01:02:00	00:25:47		01:52:01	2142
41	Chan	Chun Fung	00:27:14	00:59:02	00:26:05		01:52:20	2133
42	Chi keung	YU	00:21:55	01:06:39	00:27:38		01:56:11	2138
43	Sing	Hok Cheong	00:24:28	01:05:21	00:28:37		01:58:25	2145
44	Yiu	Ka Lun	00:27:36	00:57:49	00:34:35		01:59:59	2169
45	LI	HUNG MAN	00:22:01	01:21:33	00:31:17		02:14:50	2160
46	Chang	Chun wai	00:27:20	01:17:50	00:34:20		02:19:28	2141
	Fung	Ronald Chi Pun						(DNS) 2136
	Lau	Kin chung, Andy						(DNS) 2147
	Wong	Hung Lek						(DNS) 2168
	Shen	Li-Hao						(DNS) 2126
	rees	jonathan						(DNS) 2153
	King	Adrian						(DNS) 2140
	Chan	Rolland						(DNS) 2150

	Hervias	Roy Wyndell						(DNS) 2171
	Merrey	James						(DNS) 2148

Sprint - Male 40-49

Rank	Last Name	First Name	Swim	Bike	Run	Penalty	Overall	Race Num
1	Lam	Kam Ching	00:15:48	00:41:35	00:19:41		01:17:03	2200
2	Chiu	Kok Fu	00:15:15	00:43:21	00:20:07		01:18:41	2207
3	Ng	Kwok Chuen	00:15:03	00:44:38	00:20:38		01:20:18	2199
4	Lau	Siu Kan	00:15:13	00:44:13	00:21:12		01:20:38	2209
5	Ho	Chak	00:16:04	00:44:06	00:21:46		01:21:56	2173
6	Mok	Ka Fai, Teddy	00:12:58	00:47:28	00:22:30		01:22:56	2230
7	Pringle	Antony	00:17:19	00:45:16	00:21:13		01:23:47	2231
8	Jenkins	David	00:16:01	00:45:54	00:23:23		01:25:18	2190
9	Chen	Jebsen	00:19:22	00:47:00	00:22:47		01:29:09	2174
10	Chan	chik-fai	00:17:18	00:47:23	00:24:31		01:29:12	2188
11	Plaskonos	Paul	00:17:14	00:52:22	00:25:11		01:34:46	2212
12	Tse	Shu Yung	00:17:23	00:51:46	00:25:46		01:34:54	2198
13	CHUNG	CHUN BONG ALEX	00:19:41	00:54:38	00:22:05		01:36:23	2177
14	Man	Wai Leung	00:17:05	00:56:56	00:23:26		01:37:25	2210
15	De Ruijter	Leo	00:18:46	00:50:21	00:28:43		01:37:49	2229
16	Pies	John	00:15:30	00:54:22	00:28:38		01:38:30	2183
17	Wu	Chi Ho	00:16:49	00:58:00	00:25:15		01:40:03	2184
18	Li	Man Yee, Nick	00:23:21	00:54:12	00:25:07		01:42:39	2196
19	Chan	Kin Cheung	00:21:12	00:57:17	00:26:53		01:45:22	2191
20	Chan	Ka Sing	00:22:02	00:57:29	00:26:30		01:46:01	2249
21	Lam	Fergus	00:27:44				01:46:47	2245
22	Mo-Yung	Wing Fai	00:20:36	01:00:24	00:25:49		01:46:48	2178
23	Wong	Wing Him, Denis	00:23:27	00:56:06	00:28:00		01:47:32	2214
24	Chu	Shiu Kay	00:17:24	00:59:07	00:32:18		01:48:48	2175
25	Yeung	Kwan Wah, Ronald	00:19:55	01:05:59	00:24:04		01:49:57	2215
26	Pang	Chor Fu	00:25:14	00:57:40	00:27:18		01:50:11	2194
27	YUEN	LUNG CHEUNG DOMINIC	00:25:05	01:00:39	00:24:39		01:50:22	2179
28	Sak	Ka Fong Gilbert	00:25:06	01:00:58	00:25:00		01:51:02	2182
29	Lam	Chi Wing	00:25:40	00:58:49	00:27:21		01:51:48	2208
30	Lo	kwok wah	00:22:45	00:55:53	00:35:20		01:53:57	2204
31	Wong	Yin Cheong	00:17:26	01:16:34	00:22:49		01:56:48	2213
32	Pilling	Andrew	00:22:13	01:06:12	00:28:56		01:57:20	2248
33	HOW	SIK CHEONG	00:21:01	01:02:35	00:34:35		01:58:10	2185
34	LEUNG	Kwok To, Mike	00:21:15	01:04:06	00:33:30	00:01:00	01:59:50	2216
35	MAK	WAI CHUNG	00:22:25	01:02:06	00:35:43		02:00:13	2186
36	Leung	Kai Ming	00:20:08	01:03:10	00:37:48		02:01:05	2205
37	Wong	Kam Yim	00:23:26	01:12:38	00:27:26		02:03:28	2176
38	Wu	Alan	00:24:11	01:17:16	00:29:29		02:10:55	2189
39	Cheung	Kin Ming	00:26:23	01:09:11	00:35:24		02:10:57	2202
	Wong	Geoffrey						(DNS) 2206
	Allen	Martin						(DNS) 2192
	Lyons	Richard						(DNS) 2243
	Liu	Tak Ming						(DNS) 2217
	Zhou	Hesong						(DNS) 2193
	Burton	Scott James						(DNS) 2247
	Wu	Heung Wing Harry						(DNS) 2195
	Hugh	Stanley						(DNS) 2203
	Chung	Wai Lap William						(DNS) 2201
	Ngai	Pui Lam						(DNS) 2187
	Evans	Stephen						(DNS) 2180

	Dolan	Paul						(DNS) 2181
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Sprint - Male 50-59

Rank	Last Name	First Name	Swim	Bike	Run	Penalty	Overall	Race Num
1	MacDonald	Eric	00:19:37	00:46:37	00:23:03		01:29:16	2221
2	Alton	Paul	00:17:12	00:47:44	00:24:48		01:29:43	2220
3	Fok	Chi Man	00:20:52	01:00:47	00:29:00		01:50:38	2227
4	Chan	Fai Ming	00:21:06	00:59:30	00:32:44		01:53:19	2218
5	Au	Yau Kit	00:16:45	01:05:35	00:31:13		01:53:32	2222
6	Koo	Tung Wah, William	00:22:50	01:18:25	00:40:32		02:21:46	2226
7	Chan	Chiu Kwong	00:26:07	01:11:00	00:46:39		02:23:45	2224
	Halkes	Adrian						(DNS) 2219
	Ho	Wing Fu						(DNS) 2225

Sprint - Male 60 & Over

Rank	Last Name	First Name	Swim	Bike	Run	Penalty	Overall	Race Num
1	Chang	Pang Wen	00:21:44	00:49:11	00:24:55		01:35:49	2236

OSIM 2008 Hong Kong ITU Triathlon Asian Cup

16th November 2008

Sprint - Female 16-19

Rank	Last Name	First Name	Swim	Bike	Run	Penalty	Overall	Race Num
1	Li	Ying	00:10:48	00:46:23	00:21:30		01:18:40	2084
	She	Pui Shan	00:12:54				01:21:58	(Wrong Route) 2003
	Chan	On Ki	00:11:48				01:15:06	(Wrong Route) 2001
	Cheng	Wang, Ruby	00:11:43				01:24:53	(Wrong Route) 2078
	Tsang	Yat Sze	00:12:08				01:18:52	(Wrong Route) 2000

Sprint - Female 20-29

Rank	Last Name	First Name	Swim	Bike	Run	Penalty	Overall	Race Num
1	Tik	Mandy	00:15:55	00:54:17	00:21:59		01:32:10	2005
2	Lau	Ping Tsz	00:11:29	00:58:12	00:23:23		01:33:03	2011
3	Heslop	Sarah	00:12:23	00:59:24	00:23:05		01:34:51	2064
4	Huang	Yu Ting	00:25:03	00:59:32	00:31:29		01:56:03	2010
5	Brownlee	Kira	00:16:25	01:19:36	01:06:24		02:42:24	2012
6	Ng	Carmen	00:36:37	01:32:04	00:39:20		02:47:59	2074
	Tsai	Hsin-Ling						(DNS) 2007
	Poon	Man Fung	00:19:52	01:03:03	00:16:08		01:39:01	(DSQ Short Run) 2008
	Fung	Man Ting	00:13:19				01:21:58	(Wrong Route) 2006
	Dicey	Claire Elizabeth	00:15:44				01:25:05	(Wrong Route) 2067

Sprint - Female 30-39

Rank	Last Name	First Name	Swim	Bike	Run	Penalty	Overall	Race Num
1	Dingley	Louise	00:16:31				01:29:30	2009
2	Dyer	Cordelia	00:17:00	00:50:22	00:24:23		01:31:44	2016
3	Lo	Kit Yee Grace	00:16:45	00:50:39	00:24:50		01:32:13	2070
4	Wong	Suet Fan	00:19:22	00:53:26	00:24:01		01:36:48	2028
5	Cheung	Ngarsze	00:19:25	00:55:29	00:22:18		01:37:11	2029
6	Lui	Lai Han, Dennex	00:20:22	00:50:17	00:27:20		01:37:58	2025
7	cheung	kitty	00:15:40	00:56:10	00:26:38		01:38:27	2013
8	Cowley	Ruth	00:19:48	00:52:39	00:27:02		01:39:29	2022
9	Buswell	Nicola	00:20:47	00:55:08	00:27:40		01:43:34	2015
10	Lee	Christina	00:20:59	00:56:09	00:26:40		01:43:47	2024
11	Campuzano	Susana	00:21:18	00:55:52	00:27:00		01:44:09	2021
12	Lee	Bik Sai Ida	00:22:25	01:04:29	00:22:20		01:49:13	2031
13	Chan	Kwai Wah	00:19:03	01:01:13	00:30:10		01:50:25	2076
14	miyajima	takako	00:19:58	01:01:55	00:33:39		01:55:31	2030
15	Tang	Grace Yan Chung	00:19:18	01:07:23	00:30:09		01:56:49	2019
16	Atkins	Marianne Mclean	00:26:51	01:03:51	00:28:46		01:59:27	2068
17	Jones	Rachael	00:21:01	01:07:53	00:35:20		02:04:13	2023
	Beckett	Nicola						(DNS) 2018
	Miyajima	Takako						(DNS) 2062
	Fletcher	Lucy Jane						(DNS) 2014
	Plaskonos	Tina	00:20:59	01:01:39	00:18:08		01:40:45	(DSQ Short Run) 2026
	Li	Chi Yan	00:21:06	01:03:03	00:15:58		01:40:06	(DSQ Short Run) 2020
	Laliberte	Sophie	00:24:11	00:56:32	00:16:16		01:36:57	(DSQ Short Run) 2071
	Rutherford	Kate	00:12:16				01:17:45	(Wrong Route) 2017
	Pope	Victoria	00:14:15				01:27:42	(Wrong Route) 2063
	Tam	Kok Po	00:20:31	00:54:34	00:15:04		01:30:09	(Wrong Route) 2027

Sprint - Female 40-49

Rank	Last Name	First Name	Swim	Bike	Run	Penalty	Overall	Race Num
1	Cornell	Sally	00:16:53	00:51:25	00:24:39		01:32:56	2073
2	Nicolle	Penny	00:16:22	00:56:28	00:27:28		01:40:17	2032
3	Ng	Carolyn Poey Lyn	00:24:02	01:08:50	00:22:47		01:55:38	2034
4	Cheung	Yuk Kam	00:20:00	01:10:15	00:29:35		01:59:48	2079
	Ng	Lai Kwan	00:23:23					(DNF) 2069
	Chan	Siu Ching						(DNS) 2035

	Bemet	Andree						(DNS) 2033
	Stead	Abigail	00:13:49				01:23:28	(Wrong Route) 2036