

2007 OSIM Hong Kong ITU Triathlon Asian Cup - Triathlon Result

Rank	Name	Swim	T1	Bike	T2	Run	Overall	Club
<u>Olympic Triathlon -Female 20-29</u>								
1	WANG DAN	25:20	1:04	1:19:47	1:45	0:51:17	2:39:10	
2	BINA STEPHANIE	29:54	1:13	1:17:04	1:31	0:49:49	2:39:29	Sonic Sports Association
3	YIP KWAN YAU OIL	26:26	1:00	1:21:27	1:32	0:54:16	2:44:38	
4	HO SAU YEE	32:35	1:55	1:32:13	2:13	1:08:37	3:17:32	Sonic Sports Association
5	WONG GI WAI GIGI	39:28	2:16	1:39:08	2:15	1:03:03	3:26:09	Sonic Sports Association
6	CHAN WING YIN	38:40	2:38	1:44:45	1:42	0:59:16	3:26:59	
7	TONG CARLAY	31:45	1:18	1:55:40	2:14	1:10:14	3:41:09	Energetic Triathlon Shatin
8	POON MAN FUNG	41:12	2:22	2:14:28	2:28	1:11:42	4:12:10	
	WANG YI WEN							So nic Sports Associaito
<u>Olympic Triathlon -Female 30-39</u>								
1	CHOW PUI YAN	29:36	1:02	1:21:12	1:30	0:44:37	2:37:55	Titan Triathlon
2	RAYNE CATHERINE	32:06	1:22	1:24:45	1:57	0:52:38	2:52:46	Sonic Sports Association
3	NATASHA MCCARROLL	31:00	1:06	1:23:18	1:49	0:57:11	2:54:22	
4	LUI SHUK HAN KAREN	31:31	1:34	1:27:36	2:10	0:54:17	2:57:07	Energetic Triathlon Shatin
5	LO KIT YEE GRACE	38:55	1:15	1:25:17	1:34	0:50:23	2:57:23	Energetic Triathlon Shatin
6	HUI KA MAN AMY	30:45	1:26	1:29:10	2:09	0:57:06	3:00:33	Energetic Triathlon Shatin
7	CHEUNG KAM YAN	36:11	1:55	1:29:05	1:57	0:53:50	3:02:57	
8	MORITA, AYA	49:32	2:22	1:32:07	2:34	0:57:24	3:23:57	
9	TSANG WING NG	38:57	2:26	1:32:38	2:31	1:08:09	3:24:39	
10	CHUI TING YUK	43:08	2:18	1:41:23	2:58	1:06:24	3:36:09	
11	WONG KWOK MUI ENOCH	41:26	2:28	1:47:39	2:14	1:15:45	3:49:29	Energetic Triathlon Shatin
12	IMEE MACPHERSON	44:45	1:57	1:52:17	2:29	1:16:17	3:57:42	Energetic Triathlon Shatin
13	JOANNE FROIDEVAUX	45:39	3:33	1:55:51	2:50	1:10:59	3:58:50	
<u>Olympic Triathlon -Female 40 & Over</u>								
1	ANNE KNECHT BOYER	30:38	1:53	1:23:27	1:59	0:52:33	2:50:28	
2	SIAN ABATE	38:37	2:29	1:24:03	2:14	0:47:07	2:54:27	
3	FONG CHOI YING	32:16	2:10	1:26:03	2:13	1:00:28	3:03:08	Energetic Triathlon Shatin
4	HELMS KATHY	44:55	1:51	1:32:53	2:17	1:00:43	3:22:38	
5	MA YUEN FONG FIONA	48:14	2:21	1:52:18	2:38	1:22:19	4:07:48	
	LIEW SAU FOONG						DNS	Energetic Triathlon Shatin
<u>Olympic Triathlon - Male 20-24</u>								
1	WANG HOA HSIANG	22:40	1:20	1:09:54	1:40	0:43:24	2:18:56	Sonic Sports Association
2	WAN ZHEN HAO	29:56	1:01	1:05:48	1:12	0:47:47	2:25:41	Ma On Shan Swimming Club
3	LAM TSZ WAI VINCENT	30:02	1:05	1:05:46	1:38	0:49:40	2:28:08	Energetic Triathlon Shatin

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Rank	Name	Swim	T1	Bike	T2	Run	Overall	Club
4	LEUNG WAI CHUN	28:25	1:06	1:15:37	1:52	0:56:32	2:43:29	Sonic Sports Association
5	TAM YAU YAN	33:47	1:47	1:27:07	1:28	0:55:45	2:59:52	Ma On Shan Swimming Club
6	TSANG YIN TING, ANTON	33:11	2:00	1:33:33	1:50	0:51:47	3:02:20	
7	LI KA YIP	43:03	1:43	1:25:45	1:45	1:01:56	3:14:10	
8	FONG CHUN WING	45:51	1:59	1:31:53	2:35	1:07:50	3:30:07	
	HO HEI FUNG						DNS	
<u>Olympic Triathlon - Male 25-29</u>								
1	CANTWELL, DANE PATRICK	26:24	1:25	1:09:08	1:29	0:40:11	2:18:35	
2	MICHAL BUCEK	24:46	1:02	1:08:00	1:28	0:43:58	2:19:12	Sonic Sports Association
3	CHAN KIT BUN ERIK	28:50	1:05	1:12:34	1:30	0:45:39	2:29:36	New Wave Swimming Club
4	YIP CHUN KIT KENNETH	24:03	1:01	1:11:52	1:29	0:51:24	2:29:46	Sonic Sports Association
5	YEUNG KA MING IVAN	28:58	1:08	1:13:30	1:37	0:46:53	2:32:05	Sonic Sports Association
6	CHONG CHI SEAK	31:38	1:11	1:16:24	1:26	0:44:16	2:34:53	
7	DA SILVA KOK, JOAQUIM ARNALDO	28:31	1:31	1:14:48	2:11	0:53:18	2:40:17	
8	KOO, CHUEN TAK LAWRENCE	31:15	1:44	1:17:43	2:24	0:54:15	2:47:20	Sonic Sports Association
9	BELL, ASHLEY WILLEM	30:56	1:50	1:17:28	1:48	0:55:23	2:47:23	
10	LEUNG KIN TING	37:21	1:19	1:16:36	1:51	0:50:55	2:47:59	
11	SHIN DAVID	34:52	1:35	1:24:08	1:59	0:47:12	2:49:44	Sonic Sports Association
12	SAK KAI YAU	37:28	1:24	1:16:30	1:56	0:52:51	2:50:07	Pro-Trinity Sports Association
13	WANG AUSTIN	31:15	1:28	1:17:27	2:17	1:00:00	2:52:25	Sonic Sports Association
14	FUNG KA FAI	36:28	1:36	1:21:49	1:55	1:01:27	3:03:13	
15	LUI KIM LUN	33:54	1:08	1:24:04	2:01	1:07:18	3:08:24	
16	WONG YING FUNG	36:39	1:19	1:28:16	1:54	1:01:14	3:09:20	Sonic Sports Association
17	CHENG WAI CHUNG	36:50	1:39	1:32:25	2:06	1:05:58	3:18:56	Sonic Sports Association
18	YIP HING LAM	38:43	2:41	1:30:42	1:36	1:09:31	3:23:11	
19	CHAN SAI ON	47:07	3:05	1:44:41	2:04	0:50:24	3:27:19	
20	YAU CHUNG MING	33:18	2:11	1:34:49	2:00	1:16:08	3:28:24	
	FAI MING HOI						DNF	
	WONG PING HONG DEREK						DNS	Energetic Triathlon Shatin
	ROSTISLAV BURES						DNS	
	COLIN VINARD MORAWSKI						DNS	
							DNS	
<u>Olympic Triathlon - Male 30-34</u>								
1	LAM CHUNG KEI	29:56	1:08	1:05:47	1:33	0:45:00	2:23:22	Titan Triathlon
2	GORKA GOMEZ	33:15	1:40	1:07:32	1:39	0:43:55	2:27:59	
3	DREW WESTBROOK	24:04	1:03	1:11:27	1:39	0:53:34	2:31:45	
4	LOONG PUI FUNG ANDREW	28:44	1:27	1:12:51	1:51	0:48:32	2:33:22	Sonic Sports Association

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5	LI CHUN PONG DAVID	26:54	1:29	1:16:33	1:36	0:49:46	2:36:16	Energetic Triathlon Shatin
6	MARK STEVEN JONES	28:47	1:52	1:16:42	1:46	0:51:01	2:40:06	
7	PETER ALEX WILLIAM HILL	30:09	1:37	1:17:39	1:30	0:49:52	2:40:46	
8	TSUI WAI YUEN	33:16	1:32	1:16:07	2:10	0:48:21	2:41:24	Titan Triathlon
9	WONG PO KIN KENT	35:34	1:20	1:14:39	1:23	0:49:56	2:42:49	Sonic Sports Association
10	JAMES LAMBERT	29:47	2:02	1:18:16	1:43	0:51:42	2:43:28	
11	DAVID JOHN COOKE	30:22	1:14	1:18:34	1:24	0:52:09	2:43:42	
12	ANDERSON NEIL	28:07	1:42	1:20:31	2:00	0:51:51	2:44:08	Sonic Sports Association
13	YEUNG MICHAEL	31:12	1:40	1:21:46	1:36	0:48:23	2:44:36	Energetic Triathlon Shatin
14	SIN CHUN KWONG	37:46	1:37	1:15:16	1:35	0:48:45	2:44:57	Energetic Triathlon Shatin
15	NG KA LOK	33:09	1:48	1:20:02	2:05	0:48:24	2:45:26	
16	WONG LOK SHUN	30:37	1:25	1:17:51	1:52	0:55:00	2:46:44	Sonic Sports Association
17	WAN TIN LAP IVAN	34:55	1:07	1:19:04	1:28	0:50:23	2:46:55	Energetic Triathlon Shatin
18	LEE KIN LUN BRIAN	29:11	1:30	1:23:32	2:01	0:52:47	2:48:59	Sonic Sports Association
19	CHRISTOPHER KITCHING	33:13	1:33	1:17:39	2:03	0:55:44	2:50:10	
20	WAN PONG YIN	35:46	1:50	1:22:53	2:02	0:47:48	2:50:16	
21	WONG CHI HOU	37:18	1:51	1:18:55	1:49	0:50:48	2:50:39	
22	CHEUNG KIT LUN	35:46	1:28	1:19:04	1:54	0:53:08	2:51:17	Titan Triathlon
23	TIU, GARY KA CHUN	37:43	1:52	1:18:19	2:30	0:52:57	2:53:20	Energetic Triathlon Shatin
24	CHAN PAK FAI	32:31	1:34	1:16:52	2:02	1:01:47	2:54:44	
25	WONG CHUNG MAN	36:16	2:03	1:22:01	2:11	0:52:17	2:54:46	Energetic Triathlon Shatin
26	MAK CHEUK MAN JACKY	30:44	1:10	1:24:46	2:29	0:57:01	2:56:08	Sonic Sports Association
27	FON CHI ON	38:24	1:41	1:25:25	2:00	0:49:22	2:56:49	
28	WONG HON WA	36:45	1:54	1:20:08	2:37	0:57:20	2:58:43	
29	CHIAM CHOON WEI EDWIN	34:00	1:31	1:25:17	2:32	0:56:08	2:59:26	Sonic Sports Association
30	VILHAUER, THOMAS ISAAC	30:54	2:59	1:23:05	2:29	1:01:05	3:00:29	
31	LEE CHUN FAN	36:45	1:16	1:27:12	2:00	0:54:28	3:01:38	
32	CHARLES NIXON	37:09	2:05	1:21:22	2:03	0:59:13	3:01:49	
33	HUI CHUN YU CHARLES	33:08	1:59	1:21:39	3:36	1:02:50	3:03:10	Sonic Sports Association
34	ANDREW JOHN DALE	33:17	1:36	1:24:38	2:08	1:02:42	3:04:20	
35	WANG SZE CHUNG, TODD	35:22	4:38	1:28:28	2:41	0:53:25	3:04:32	Sonic Sports Association
36	MAN KA KEE RICKY	36:44	2:12	1:27:55	2:07	1:00:09	3:09:04	Energetic Triathlon Shatin
37	TANG LOK LUN LAWRENCE	41:18	2:17	1:31:06	2:29	0:56:34	3:13:42	
38	YIP KAI LEUNG	37:02	1:45	1:29:18	1:49	1:04:54	3:14:46	
39	NG CHI WAI SIMON	37:52	2:12	1:24:34	2:45	1:08:36	3:15:56	Energetic Triathlon Shatin
40	CHONG TSZ LUI	36:59	3:12	1:35:23	2:27	0:58:49	3:16:48	
41	LAI HOONG CHOY JEREMY	35:15	1:37	1:27:47	1:56	1:10:20	3:16:53	Sonic Sports Association
42	YU KWUN WAH	37:34	1:44	1:22:45	2:02	1:13:01	3:17:04	Sonic Sports Association

2007 OSIM Hong Kong ITU Triathlon Asian Cup - Triathlon Result

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43	YEUNG CHI YAT. JACK	36:19	2:15	1:31:23	2:16	1:07:48	3:20:00	
44	MAK YIU NGA ERIC	49:20	1:57	1:26:23	2:14	1:00:13	3:20:05	Energetic Triathlon Shatin
45	PICAZO, PAOLO L	39:30	2:08	1:30:52	2:36	1:11:32	3:26:36	
46	CHAN LI	35:09	2:27	1:36:56	2:55	1:11:11	3:28:36	Titan Triathlon
47	LAU CHUNG YUEN	46:30	2:10	1:44:23	5:02	0:52:26	3:30:28	
48	CHAN CHIN HUNG	35:21	2:36	1:35:54	3:33	1:13:58	3:31:20	Sonic Sports Association
49	WONG HO YEUNG RINGO	35:30	3:30	1:54:54	2:36	1:02:52	3:39:20	
50	LAU GUM BONG GABRIEL	36:25	3:03	1:31:38	3:57	1:26:02	3:41:04	Sonic Sports Association
51	CHAU CHUN KIT	44:43	3:17	1:32:00	3:16	1:24:03	3:47:17	Energetic Triathlon Shatin
52	CARTER MATTHEW LOVELACE	46:34	3:29	1:37:58	4:02	1:15:59	3:48:00	
	MING SIU KEI	44:26	3:11	1:53:08			DNF	
	KWOK CHUN HONG	45:27	1:46	1:38:30	3:00		DNF	Sonic Sports Association
	LEE MING YEUNG	35:52	1:35	1:24:07	2:04		DNF	Energetic Triathlon Shatin
	MAIERS, MICHAEL JOHN	29:22	1:12	1:06:25	1:27		DNF	
	RILEY STEVEN	36:01	1:38				DNF	
	JUNG JENS OLIVER						DNS	
	JONATHAN LEONARD PEREIRA						DNS	
	CHUA OEI TECK DEREK						DNS	
	SHEN, LI-HAO						DNS	
	YUE CHI WANG JEFFREY	34:59	1:29	1:23:11	2:12	1:06:46	DSQ	Sonic Sports Association
<u>Olympic Triathlon - Male 35-39</u>								
1	HALL RICHARD	26:01	1:13	1:07:55	1:40	0:42:48	2:19:35	Hong Kong Dragons Triathlon Club
2	WARREN SQUIRES	25:53	1:26	1:10:04	1:46	0:43:44	2:22:51	
3	PAQUET JEAN-CHRISTOPHE	26:02	1:19	1:10:05	1:31	0:52:12	2:31:06	
4	HARRY DE PRE	31:35	1:40	1:09:16	1:40	0:47:00	2:31:08	
5	KEVIN LEE CLAUS	30:12	2:07	1:15:02	1:53	0:43:37	2:32:48	
6	POLLARD CHRIS	34:11	1:42	1:10:13	2:03	0:45:51	2:33:59	
7	PAUL DINGLEY	29:24	1:26	1:13:55	1:41	0:47:58	2:34:22	
8	MICHAEL CHURCH	25:29	1:46	1:09:42	2:09	0:55:44	2:34:49	
9	WAN SHU WAH JIMMY	29:58	1:11	1:16:24	1:50	0:46:38	2:35:59	Energetic Triathlon Shatin
10	LEE KIN PING CHRISTOPHE	35:11	1:23	1:11:43	1:50	0:46:16	2:36:20	Energetic Triathlon Shatin
11	YEUNG CHI HONG	28:50	1:23	1:19:26	1:42	0:45:29	2:36:48	Titan Triathlon
12	KUT YIP MING	33:09	1:15	1:15:09	1:39	0:47:05	2:38:16	Sonic Sports Association
13	HILL COLIN	33:22	2:04	1:11:40	2:04	0:52:26	2:41:34	Hong Kong Dragons Triathlon Club
14	LEBEDA BRUNO MARC ANTOINE	34:01	1:11	1:08:41	1:34	0:57:34	2:43:00	
15	CAMERON HUGH KOSMALA	26:50	2:01	1:27:04	3:11	0:47:42	2:46:46	
16	YEUNG YAM HO	31:38	1:36	1:21:20	1:42	0:52:44	2:48:58	

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17	DAVID THOMAS GIBB	32:53	1:30	1:20:19	2:21	0:52:05	2:49:06	
18	TAM KWOK KEUNG GARY	30:43	1:30	1:24:00	2:02	0:51:10	2:49:22	Sonic Sports Association
19	GIGAUD NICOLAS ANDRE FREDERIC	33:17	1:42	1:18:13	1:52	0:55:06	2:50:08	
20	TONG WAI CHUNG, CHRISTOPHE	31:04	1:16	1:18:03	1:47	0:59:59	2:52:07	Sonic Sports Association
21	HUGHES, SEBASTIAN MATTHEW WHITE	35:07	1:26	1:16:34	1:58	0:57:52	2:52:56	
22	SEAN NICHOLAS MCLEAN	30:49	2:16	1:25:54	2:36	0:51:25	2:52:58	
23	NG KA LAI	39:14	2:30	1:14:13	2:06	0:55:27	2:53:29	
24	LIEW CHEAN CHUAN ARTHUR	34:02	1:16	1:21:06	2:10	0:56:17	2:54:49	Sonic Sports Association
25	LAM YING WAI KEVIN	33:15	1:15	1:25:03	2:04	0:53:46	2:55:22	
26	MCLENNAN, JUSTIN JOHN	36:47	1:34	1:22:59	1:53	0:52:38	2:55:49	
27	LEE YIU MING NEWTON	39:24	1:23	1:18:36	2:03	0:55:23	2:56:47	Sonic Sports Association
28	HO CHI LEUNG BERNARD DAVID	36:50	2:42	1:31:01	2:38	0:43:44	2:56:54	
29	CHAN TZE CHUNG	36:04	1:28	1:25:28	1:38	0:53:07	2:57:44	
30	HOI MAN WAI	33:06	1:37	1:25:20	1:54	0:56:44	2:58:40	
31	MA MAN WAI	40:49	1:51	1:22:07	2:48	0:52:31	3:00:04	
32	RICHARD P THORNTON	30:55	1:41	1:22:51	2:14	1:04:14	3:01:53	
33	TULL, ROBERT GEOFFREY	39:10	2:02	1:21:58	2:25	0:56:38	3:02:11	
34	LUN TAT YIN ALEX	34:20	2:15	1:18:05	2:25	1:06:20	3:03:23	
35	YONG LEUNG KWONG	36:32	3:19	1:17:20	3:19	1:03:24	3:03:53	
36	PANG SEE KIT ALWYN	36:18	1:59	1:21:53	1:59	1:02:03	3:04:10	Energetic Triathlon Shatin
37	YAU WING HONG TOM	36:24	2:24	1:20:51	2:28	1:02:07	3:04:12	
38	HEILEMANN, ERICH PAUL	35:26	1:24	1:26:51	2:24	0:59:08	3:05:11	
39	MYERS, PAUL DAVID	39:03	2:01	1:24:21	2:16	1:01:01	3:08:40	
40	CHU WAH YAN, GEORGE	38:42	3:16	1:26:27	2:17	0:59:50	3:10:30	
41	LEE KIN TO MICHAEL	36:42	3:21	1:32:10	2:32	0:57:02	3:11:46	Compass Sports Association
42	CHU KWOK LEUNG JACKY	36:22	1:45	1:35:31	1:54	0:58:41	3:14:11	Energetic Triathlon Shatin
43	STEVEN JEFFREY LYONS	36:03	2:19	1:22:28	3:13	1:11:12	3:15:13	
44	CHOW KAI PUN	30:15	2:54	1:40:35	2:48	0:59:20	3:15:49	
45	TANG WAI LEUNG	36:51	2:00	1:33:13	2:48	1:04:18	3:19:09	
46	MICHAEL ROUSE	36:37	2:21	1:35:50	2:18	1:05:13	3:22:17	
47	POON KWOK KEUNG PAUL	38:33	2:48	1:36:34	3:20	1:16:07	3:37:20	
48	RORY MACFARLANE	37:11	3:23	1:43:12	3:27	1:21:28	3:48:39	
49	TANG CHI HUNG ALFRED	40:44	2:44	1:55:18	1:58	1:11:30	3:52:11	
50	NEVIN PRICE	40:23	2:04	1:41:54	3:48	1:31:47	3:59:54	
	STEVEN HERSEY						DNS	
	LEE, JOE KOON MAN						DNS	
	LAI KIN SUN						DNS	
	RICHARD JEREMY BARTON						DNS	

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	CHOW CHIT HANG DENIS	39:59	1:52	1:17:15	2:14	0:51:09	DSQ	
	ERNESTO BORGE	36:58	2:26				DSQ	
<u>Olympic Triathlon - Male 40-44</u>								
1	PAUL THOMPSON	29:21	1:08	1:07:25	1:40	0:46:36	2:26:07	
2	IP CHIN NANG	26:28	1:03	1:11:05	1:54	0:46:42	2:27:10	Sonic Sports Association
3	CHIU KOK FU	30:34	1:14	1:13:12	1:47	0:44:14	2:30:58	Titan Triathlon
4	LAM KAM CHING ANDY	34:16	1:14	1:14:23	1:35	0:46:51	2:38:17	Pro-Trinity Sports Club
5	LANGFORD, NICHOLAS MARK	34:22	1:19	1:14:49	1:44	0:47:22	2:39:34	
6	WONG BING YIU	37:48	1:43	1:12:59	2:00	0:49:22	2:43:51	
7	CHAN WAI KEE ERIC	29:44	1:21	1:20:18	1:45	0:52:02	2:45:07	Sonic Sports Association
8	TONG CHI HUNG PHILIP	32:19	1:35	1:18:29	2:07	0:51:37	2:46:05	Energetic Triathlon Shatin
9	MA CHI PO	32:15	1:24	1:18:03	2:08	0:53:13	2:47:01	Titan Triathlon
10	NIP LAI WO SIMON	28:15	1:37	1:21:21	2:05	0:56:12	2:49:29	Energetic Triathlon Shatin
11	ANDREW SKINNER	34:19	1:48	1:19:56	2:12	0:52:27	2:50:39	
12	NG KWOK CHUEN	32:09	1:34	1:27:52	2:01	0:48:11	2:51:45	
13	IRVINE KEITH	39:40	1:51	1:15:44	2:07	0:52:31	2:51:50	Hong Kong Dragons Triathlon Club
14	PEDRO MEDINA	29:26	1:57	1:20:05	1:59	0:58:31	2:51:57	
15	CHIU LAP WING KENDRICK	38:18	2:03	1:18:32	1:55	0:51:43	2:52:29	
16	BRIAN WILLIAM GILCHRIST	33:55	2:42	1:17:09	2:42	0:59:06	2:55:32	
17	SHAUN DAVID BOULTER	34:51	1:34	1:15:36	1:57	1:01:52	2:55:47	
18	CHOW SAI LOK	37:41	1:34	1:17:33	2:10	0:58:20	2:57:17	Sonic Sports Association
19	MARK ANDREW WESTERN	37:04	1:45	1:23:33	1:52	0:53:44	2:57:56	
20	JOHN GERARD CROWLEY	32:17	2:09	1:25:56	2:24	0:56:02	2:58:47	
21	DUNCAN ABATE	35:33	2:06	1:20:08	1:58	1:06:52	3:06:34	
22	CHAN KA KEUNG	39:24	2:02	1:24:48	1:43	0:58:55	3:06:51	Sonic Sports Association
23	DEAN GORDON TREMAINE	39:42	3:33	1:24:41	3:06	0:59:26	3:10:26	
24	DARREN DUNNETT	34:16	2:12	1:34:13	2:40	0:57:52	3:11:11	
25	POON CHE WAI BERNARD	39:26	2:03	1:30:15	3:05	1:01:34	3:16:22	
26	RINGGER, CHRISTOPH THOMAS	40:25	2:35	1:25:03	2:43	1:06:26	3:17:11	
27	TAN WING ON	40:46	1:26	1:28:51	2:04	1:05:46	3:18:51	Sonic Sports Association
28	YAU SUN KWAN	36:52	1:35	1:26:29	2:47	1:11:12	3:18:55	Titan Triathlon
29	ANDREW MACPHERSON	35:59	2:31	1:30:05	3:04	1:08:36	3:20:14	
30	MURAKAMI KEIJI	39:14	2:32	1:32:28	2:35	1:07:02	3:23:48	
31	WU SIU CHUN	37:54	2:19	1:34:28	2:11	1:12:40	3:29:30	Sonic Sports Association
32	MARTIN JOHN ALLEN	41:19	3:43	1:40:38	2:54	1:10:56	3:39:28	
33	CHAN PAK WONG RINGO	39:25	1:52	1:40:18	2:19	1:17:12	3:41:05	
34	LAU KWOK WA	39:40	3:31	1:51:45	1:50	1:06:52	3:43:37	

2007 OSIM Hong Kong ITU Triathlon Asian Cup - Triathlon Result

Rank	Name	Swim	T1	Bike	T2	Run	Overall	Club
35	LO KIT HUNG ERIC	53:03	2:15	1:35:18	3:03	1:13:20	3:46:57	
36	KWONG KA KI JACKIE	31:56	1:52	1:56:35	2:12	1:16:33	3:49:05	
37	YEUNG KWAN WAH RONALD	38:38	4:32	2:05:51	3:32	1:05:31	3:58:03	
	CHAN WO CHI FRANCIS	36:04	1:31	1:24:54	1:45		DNF	Energetic Triathlon Shatin
	HALLWORTH TIMOTHY	28:37	2:02	1:13:39	2:05		DNF	
	LEE YING HO	36:23	1:13	1:36:19	2:06		DNF	Sonic Sports Association
	BEMET STEVEN	28:24	1:21	1:10:19	1:24		DNF	Hong Kong Dragons Triathlon Club
	ANTONY JAMES PETER FLYNN	41:17	2:46				DNF	
	CHU WAI LEUNG						DNF	
	JEAN TSING-YANG MONG						DNS	
	SCOTT BURTON						DNS	
	HO HON WAH HENRY						DNS	Titan Triathlon
	GUY ALEXANDER HORNE						DNS	
<u>Olympic Triathlon - Male 45-49</u>								
1	NOMOTO TETSURO	29:11	1:31	1:13:33	1:55	0:49:24	2:35:32	Sonic Sports Association
2	JONATHAN PHELAN HOWES	34:05	1:39	1:14:49	2:20	0:47:58	2:40:50	
3	LI KA WO	28:26	1:23	1:18:37	2:06	0:55:29	2:45:58	New Wave Swimming Club
4	FRANCIS OLIVER MARRIOTT	32:13	1:48	1:17:20	1:50	0:53:10	2:46:19	
5	LAU SIU KAN	32:22	1:42	1:22:35	1:57	0:52:07	2:50:41	Titan Triathlon
6	HO TAK MING	28:57	1:27	1:21:46	1:54	0:57:53	2:51:54	Energetic Triathlon Shatin
7	TSANG HON MIN TONY	39:06	1:18	1:16:19	1:46	0:54:11	2:52:38	Sonic Sports Association
8	RILEY JAMES	34:57	1:26	1:18:28	2:15	0:56:32	2:53:35	Hong Kong Dragons Triathlon Club
9	LEE KWOK NING LOBO	30:32	1:53	1:23:10	1:55	0:57:34	2:55:03	Hong Kong Dragons Triathlon Club
10	TSANG CHUNG MING	36:38	1:19	1:22:59	2:09	0:56:34	2:59:37	Titan Triathlon
11	CHAU YING KWONG JIMMY	49:55	2:10	1:20:22	2:34	0:51:02	3:06:01	
12	KWOK SUI WING	42:49	2:25	1:25:06	1:52	0:54:33	3:06:43	
13	POON KWOK WING	34:07	1:27	1:25:54	2:10	1:10:21	3:13:57	Energetic Triathlon Shatin
14	WANG JULIUS	39:31	2:58	1:25:30	2:47	1:03:42	3:14:26	Hong Kong Dragons Triathlon Club
15	HOWELL DAVID	39:33	2:35	1:33:57	2:47	0:56:44	3:15:34	
16	LIM PUN KEUNG	36:22	1:56	1:28:55	2:40	1:06:02	3:15:53	
17	WATANABE, KUNIHITO	44:13	3:32	1:34:49	3:30	0:55:45	3:21:47	
18	HO FUK YAU	42:45	3:20	1:31:20	2:48	1:04:13	3:24:25	
19	CHAN SUI MAN	35:54	3:13	1:21:26	3:04	1:23:03	3:26:39	
20	CHUNG LUI HUNG	47:58	5:06	1:37:25	3:14	1:06:12	3:39:53	
21	TAM FAI KIN	41:02	4:49	1:50:31	3:20	1:08:52	3:48:31	Energetic Triathlon Shatin
	YU KAM CHOI	38:56	1:40				DNF	Sonic Sports Association
	KAMBLI ROLF						DNS	

2007 OSIM Hong Kong ITU Triathlon Asian Cup - Triathlon Result

Rank	Name	Swim	T1	Bike	T2	Run	Overall	Club
	MASON MARK BERNARD						DNS	
	PAUL A MCMAHON						DNS	
	PATRICK ANDREW						DNS	
<u>Olympic Triathlon - Male 50-54</u>								
1	DOUMA JOHN						2:28:53	Hong Kong Dragons Triathlon Club
2	HELMS TIM	30:33	1:39	1:13:03	1:50	0:52:23	2:39:27	
3	LEE KAM MOON	29:09	1:24	1:15:40	1:40	0:52:04	2:39:55	Energetic Triathlon Shatin
4	R C A PEVERELLE	35:50	1:54	1:11:07	2:32	0:50:43	2:42:05	
5	WONG KAM TIM	33:25	1:23	1:16:36	1:52	0:52:02	2:45:17	Sonic Sports Association
6	WONG KWOK WAH	36:23	1:23	1:18:34	1:46	0:54:05	2:52:09	Titan Triathlon
7	CHAN KING YUEN	32:58	1:38	1:26:30	1:48	0:57:59	3:00:51	Titan Triathlon
8	CHUNG SHU KAU SUME	40:25	2:29	1:43:18	2:42	1:04:22	3:33:14	Sonic Sports Association
	CHANG JESSE						DNS	Hong Kong Dragons Triathlon Club
	GUNNS, CHRISTOPHER MICHAEL ADRIAN		1:49	1:17:03	2:11	0:59:55	DSQ	
<u>Olympic Triathlon - Male 55 & Over</u>								
1	CHAN HO KEE	36:01	1:35	1:14:02	1:48	54:20	2:47:44	Titan Triathlon
2	ENDICOTT LEONARD JOHN	41:28	1:49	1:21:42	1:47	53:15	2:59:58	
3	LI ANDREW	39:50	2:05	1:26:20	2:35	58:17	3:09:05	Energetic Triathlon Shatin
<u>Sprint Triathlon - Female Junior</u>								
1	SHE PUI SHAN	12:19	2:26	0:47:09	1:38	0:24:54	1:28:26	Energetic Triathlon Shatin
2	CHAN NGA YIN VICKY	12:20	2:41	0:52:31	2:05	0:32:19	1:41:56	Energetic Triathlon Shatin
3	TSANG YAT SZE	12:14	1:58	0:47:51	2:45	0:37:11	1:41:59	Energetic Triathlon Shatin
<u>Sprint Triathlon - Female Open</u>								
1	HEATHER BARRINGTON	17:59	2:56	0:51:07	2:13	0:25:29	1:39:43	
2	CHAN KWAI WAH JANICE	16:09	3:08	0:54:11	1:50	0:31:24	1:46:39	Titan Triathlon
3	LAI SHUN YEE	15:23	4:12	0:55:27	2:36	0:30:23	1:47:58	Sonic Sports Association
4	LEUNG KAM CHI	18:37	3:19	0:56:21	2:28	0:29:59	1:50:41	Sonic Sports Association
5	HO SUK YAN, MAY	19:29	4:27	0:54:10	3:12	0:31:44	1:53:00	
6	LEE CHRISTINA	19:57	3:10	0:56:17	2:05	0:32:42	1:54:10	Pro-Trinity Sports Club
7	LEUNG KA YAN CARMEN	20:31	4:28	1:05:38	2:27	0:39:03	2:12:04	
	CARTER SAMANTHA LEE						DNS	
	YVONNE MCMAHON						DNS	
	DINGLEY, LOUISE MARIE						DNS	
	HO KIT YING						DNS	

2007 OSIM Hong Kong ITU Triathlon Asian Cup - Triathlon Result

Rank	Name	Swim	T1	Bike	T2	Run	Overall	Club
<u>Sprint Triathlon - Female Veteran</u>								
1	YEUNG SAI HEE SALLY	20:36	2:54	0:50:52	2:23	0:27:52	1:44:36	Titan Triathlon
<u>Sprint Triathlon - Male Junior</u>								
1	LAU LONG FUNG	11:17	1:59	0:36:07	1:20	0:20:19	1:11:00	Titan Triathlon
2	LO KIN CHEUNG	10:57	2:25	0:36:31	1:21	0:21:17	1:12:29	Ma On Shan Swimming Club
3	CHEUNG TAK HEI ARTHUR	10:34	2:25	0:36:55	1:23	0:22:10	1:13:24	Titan Triathlon
4	KAM CHUNG HAY DEREK	11:24	2:16	0:36:12	1:24	0:22:36	1:13:51	Energetic Triathlon Shatin
5	TING HO TAK	11:17	2:12	0:39:01	1:20	0:24:11	1:17:59	Ma On Shan Swimming Club
6	YUEN CHI HANG	11:18	2:20	0:39:40	1:37	0:24:11	1:19:03	Titan Triathlon
7	TONG LAI HIN	13:14	2:14	0:39:29	1:18	0:23:30	1:19:44	Titan Triathlon
8	NG KWOK LEUNG	11:14	2:09	0:37:08	1:44	0:28:37	1:20:51	Titan Triathlon
9	HUI SIU KIT	11:54	2:26	0:41:28	1:30	0:24:04	1:21:20	Titan Triathlon
10	YU KIN HEI	14:00	2:13	0:41:52	1:33	0:22:31	1:22:07	Ma On Shan Swimming Club
11	CHAN MIN TING BERNIE	11:39	2:01	0:39:44	1:30	0:29:24	1:24:17	New Wave Swimming Club
12	LEUNG CHIU FUNG					0:26:49	1:26:11	
13	LO MAN LAP	14:31	2:23	0:44:02	2:14	0:24:36	1:27:43	Titan Triathlon
14	KWOK WING KAN	14:29	2:22	0:45:50	1:48	0:23:39	1:28:05	Titan Triathlon
15	LEUNG KA LUN	12:12	2:25	0:45:00	1:33	0:27:19	1:28:27	Energetic Triathlon Shatin
16	LAU CHAK FUNG	13:05	2:17	0:43:07	1:48	0:29:33	1:29:48	Titan Triathlon
17	LEUNG CHIN HO	15:47	2:17	0:45:33	1:32	0:27:11	1:32:18	Titan Triathlon
18	LEUNG WAI HUEN	14:45	3:04	0:53:44	1:46	0:35:11	1:48:28	Titan Triathlon
	WONG KIN MAN SIMPSON	10:57	3:05				DNF	Titan Triathlon
	LO KAI MING						DNS	
	ROBERT CHRISTIAN STEER HUTHART						DNS	
<u>Sprint Triathlon - Male Open</u>								
1	MIURA YOSHIKI	12:36	2:08	0:33:32	1:21	0:19:53	1:09:28	
2	LEE YUK TONG	16:44	2:40	0:42:08	1:33	0:19:19	1:22:23	
3	WONG KIN CHUNG LEO	16:49	2:57	0:38:38	1:46	0:22:16	1:22:24	
4	WONG KIN KENNY	16:50	2:53	0:38:42	1:48	0:22:13	1:22:25	Energetic Triathlon Shatin
5	YUEN WING KI	18:24	2:08	0:38:15	1:42	0:23:56	1:24:24	
6	PHILIP SOHMEN	10:41	3:09	0:41:46	2:13	0:27:48	1:25:34	
7	WONG HO MING EDWIN	12:45	2:52	0:42:57	1:43	0:25:30	1:25:45	Sonic Sports Association
8	POON CHU CHUNG	15:23	2:46	0:42:44	2:26	0:23:12	1:26:30	Titan Triathlon
9	WONG SIU YUEN	18:56	3:15	0:39:59	2:10	0:22:58	1:27:16	
10	CHEUNG MIN WAI	15:04	3:33	0:44:04	1:57	0:22:53	1:27:29	Hoi Ngai Sports Association

2007 OSIM Hong Kong ITU Triathlon Asian Cup - Triathlon Result

Rank	Name	Swim	T1	Bike	T2	Run	Overall	Club
11	LEUNG KA YI	17:06	3:02	0:42:18	1:53	0:24:59	1:29:17	
12	YIP KA LUN	16:17	4:03	0:45:03	2:31	0:23:25	1:31:16	
13	CHUNG MAN LUNG	16:31	3:03	0:43:29	1:43	0:27:40	1:32:24	
14	CHEUNG SING LONG	17:54	3:09	0:44:06	2:01	0:26:43	1:33:51	
15	WONG MING FAI	16:58	2:52	0:46:13	1:46	0:26:27	1:34:14	Pro-Trinity Sports Club
16	TANG WAI KI RICKY	14:39	2:58	0:45:57	2:35	0:28:31	1:34:38	Sonic Sports Association
17	TREVOR CLARK	15:14	3:30	0:44:17	2:36	0:29:40	1:35:15	
18	FUNG KIN MAN	17:05	3:22	0:45:29	1:49	0:28:22	1:36:05	
19	HARVEY, MARC PETER	17:35	3:00	0:46:30	2:26	0:26:45	1:36:14	
20	BEAUJEAN, FREDERIC	14:57	3:27	0:50:21	2:38	0:26:04	1:37:25	
21	FUNG CHI YEUNG	17:15	3:39	0:51:44	1:34	0:23:43	1:37:54	
22	STOFFEL, SEBASTIEN JOSE	15:44	4:05	0:50:14	2:10	0:26:09	1:38:19	
23	WONG NGAI LEUNG	19:11	3:53	0:47:58	2:02	0:26:07	1:39:09	
24	POON TUNG SHAN	15:40	4:35	0:48:51	2:21	0:27:51	1:39:16	
25	JON ADAIR	15:35	3:00	0:46:21	2:47	0:31:59	1:39:39	
26	CHOW CHI MAN	16:54	3:32	0:47:34	1:58	0:30:11	1:40:07	
27	YEUNG KA WING	15:49	2:57	0:49:22	2:39	0:32:03	1:42:49	
28	HO KWOK FAI	16:19	4:08	0:53:43	2:34	0:26:37	1:43:19	
29	CHEUNG MAN KIT	17:00	3:32	0:48:04	2:35	0:32:37	1:43:46	
30	SUN CHO KAN	17:07	3:27	0:53:08	2:38	0:30:03	1:46:21	
31	YUEN KOK SANG	15:48	4:30	0:52:23	2:24	0:31:22	1:46:24	
32	KUNG TAK HO	16:25	3:28	0:53:31	1:51	0:33:13	1:48:26	
33	WALLACE, JULIAN RICHARD	23:43	3:54	0:51:35	2:43	0:26:40	1:48:34	
34	WONG HON BUN RYAN	16:29	4:50	0:54:15	2:07	0:30:57	1:48:37	
35	WONG HO CHI	20:27	3:40	0:53:34	2:13	0:29:55	1:49:48	
36	KUNG HIN CHEUNG JOHN	20:20	5:09	0:52:15	2:56	0:30:12	1:50:50	
37	TSANG WAI MAN	19:28	3:33	0:54:18	1:59	0:31:52	1:51:07	
38	CHAN KIN HUNG PHILIP	16:47	4:14	0:58:17	2:18	0:30:36	1:52:10	
39	SO SAI WAI	19:18	4:09	0:56:57	1:55	0:30:06	1:52:23	
40	LEE CHUN YIP	18:33	3:57	0:57:10	2:38	0:30:12	1:52:29	
41	YIU KA LUN	21:25	3:31	0:52:36	2:10	0:33:11	1:52:51	
42	CHENG CHING	22:49	5:29	0:47:18	2:55	0:36:46	1:55:14	
43	WONG CHI ON OTTO	16:50	4:24	0:59:00	2:04	0:33:07	1:55:23	
44	WONG, WAI CHIU DANNY	18:32	4:36	1:00:22	2:07	0:30:33	1:56:08	
45	DROITCOURT ARNAUD	24:01	4:13	0:54:43	3:43	0:34:27	2:01:05	
46	LAM HO YIN	22:40	3:46	1:08:08	2:14	0:31:56	2:08:42	
47	HO CHUN LEUNG	22:05	5:02	1:03:33	5:15	0:40:45	2:16:38	
48	LEE YIU KEE, ERIC	17:16	3:44	1:14:51	3:39	0:39:08	2:18:35	

2007 OSIM Hong Kong ITU Triathlon Asian Cup - Triathlon Result

Rank	Name	Swim	T1	Bike	T2	Run	Overall	Club
	CHAN KA HANG	20:37	5:47				DNF	
	LEUNG WAH TAT	15:26	3:37				DNF	
	CHAN CHUN FUNG						DNS	
	CHAN IO NANG TERRY						DNS	
	CHAN WAI FUNG						DNS	
	CHAN WAI KIT						DNS	
	CHANG WAI TONG						DNS	
	HUNG INDIANA						DNS	
	JON ANDREW GANNON						DNS	
	LAI HON CHIU						DNS	
	LEE WING KWONG						DNS	Titan Triathlon
	LI HUNG MAN						DNS	
	MING FUK HO						DNS	
	HUNG HING						DNS	
	HO HO YEE						DNS	
	JULIEN BAHUREL	18:45	4:09				DSQ	
	WONG FUN LEONG	14:41	2:30				DSQ	
	CHAU HOI PANG	22:31	5:36				DSQ	
<u>Sprint Triathlon - Male Veteran</u>								
1	CHANG KING FU	18:26	2:36	0:38:52	1:38	0:20:58	1:22:28	
2	WONG YIN CHEONG	15:31	2:21	0:40:31	1:49	0:24:01	1:24:11	Titan Triathlon
3	CHAN CHIK FAI	16:27	3:38	0:39:04	2:02	0:25:01	1:26:10	
4	CHAUDHRY ALI REZA	16:03	2:36	0:41:32	2:25	0:25:06	1:27:39	
5	FONG CHI WAI	18:10	2:46	0:40:26	1:46	0:24:50	1:27:56	Titan Triathlon
6	OSMANI ARMANDO	16:33	3:26	0:43:10	2:21	0:26:50	1:32:18	Titan Triathlon
7	TSE SHU YUNG	15:17	3:10	0:46:08	2:13	0:27:44	1:34:30	
8	EUGENE WON SUH	15:21	3:12	0:50:33	2:29	0:27:14	1:38:49	
9	LIU MING T	17:55	4:33	0:43:53	2:27	0:30:02	1:38:49	Energetic Triathlon Shatin
10	YIM CHUNG CHEE	14:25	3:48	0:49:53	3:03	0:30:39	1:41:46	
11	CHAN YUK FAI STEPHEN	17:52	3:40	0:47:28	2:34	0:33:28	1:45:02	
12	CHUNG WAI LAP WILLIAM	15:56	3:13	0:55:07	2:26	0:30:49	1:47:29	
13	LARSSON KRISTER STIG HAKAN	21:19	4:16	0:51:02	4:41	0:26:33	1:47:50	
14	WONG WING HIM DENIS	17:39	3:19	0:52:05	2:34	0:32:44	1:48:19	
15	CHOY YING KEUNG	20:44	4:35	0:52:49	3:41	0:27:26	1:49:15	Hoi Ngai Sports Association
16	FONG SIU KEUNG	18:38	3:38	0:57:16	2:00	0:27:51	1:49:20	
17	YUEN KAI MING	19:20	3:36	0:52:38	2:05	0:32:33	1:50:10	Energetic Triathlon Shatin
18	HUGH GERARD STANLEY	17:13	5:41	0:52:55	3:01	0:33:38	1:52:26	

2007 OSIM Hong Kong ITU Triathlon Asian Cup - Triathlon Result

Rank	Name	Swim	T1	Bike	T2	Run	Overall	Club
19	RICHARD LIVINGSTON	18:49	4:13	0:59:19	2:08	0:28:00	1:52:28	
20	LEE HON MAN	21:06	5:18	0:52:45	2:47	0:32:09	1:54:02	
21	SAK KA FONG GILBERT	21:33	5:21	0:57:52	4:10	0:28:03	1:56:57	
22	LEUNG KWOK TO	18:41	7:01	0:55:49	3:15	0:32:22	1:57:06	
23	LO KWOK WAH	21:05	5:34	0:51:58	3:16	0:38:49	2:00:41	
24	CHU SHIU KAY FERDINAND	16:21	4:23	0:59:15	3:09	0:38:11	2:01:18	Energetic Triathlon Shatin
25	PENALOZA PHILIP	20:04	4:59	0:55:30	5:11	0:39:08	2:04:50	
26	LEUNG KAI MING	19:14	6:44	0:52:34	4:58	0:41:26	2:04:54	
27	WU HEUNG WING HARRY	20:54	6:26	0:49:50	7:50	0:40:55	2:05:55	
28	CHOI YIN CHEE	17:02	5:21	1:04:40	3:12	0:36:50	2:07:03	
29	CHEUNG KIN MING ALBERT	21:02	4:24	1:01:33	3:15	0:37:00	2:07:12	
30	LAU WAI KWONG THOMAS	20:28	5:55	0:58:39	2:49	0:39:45	2:07:33	Energetic Triathlon Shatin
31	HOW SIK CHEONG	19:07	6:47	0:54:59	4:52	0:43:09	2:08:53	
32	MAK WAI CHUNG	21:30	7:04	0:58:22	3:43	0:39:24	2:10:01	
33	LAU SHIU LONG	20:14	5:10	0:55:02	5:49	0:46:08	2:12:21	
34	LIU MAN-KEE	21:57	4:45	1:01:56	2:31	0:44:34	2:15:41	
35	ALAN WU	21:00	5:57			0:35:47	2:35:13	
	CHAN CHIU KWONG	21:55	5:28	0:55:08	5:21		DNF	
	COLLINS ALAN						DNS	
	FUNG CHI WAH JOHN						DNS	Sonic Sports Association
	LAWRENCE WILLIAM MILLS	19:02	3:19				DNF	
	LIANG SAI HOU, ALEX						DNS	
	MAN WAI LEUNG						DNS	Titan Triathlon
	MICHAEL FRIEDLANDER	25:25	3:18				DNF	
	PAUL WILLIAM WATTS						DNF	
	VALENTINE, JONATHAN DINESH ANDREW	23:54	3:52				DNF	
<u>Fun Triathlon - Female Junior</u>								
1	WAI CHI KWAN NAOMI	3:23	2:14	0:21:17	1:34	0:14:06	0:42:33	Energetic Triathlon Shatin
2	LAM SIN CHING	3:46	2:17	0:23:37	1:34	0:14:17	0:45:28	Compass Sports Association
3	CHAN ON KI	3:45	2:32	0:24:21	1:30	0:15:23	0:47:29	Titan Triathlon
4	MOK NGA TING	4:09	2:43	0:24:58	1:35	0:15:36	0:48:59	Energetic Triathlon Shatin
5	CHOI SEE KAY	3:45	2:31	0:25:56	1:40	0:15:54	0:49:43	Energetic Triathlon Shatin
6	HUI FUNG	3:57	2:21	0:24:45	1:29	0:19:02	0:51:33	Compass Sports Association
	KWOK WING LAM EVELYN						DNS	
<u>Fun Triathlon - Female Open</u>								
1	PEARL TAM	6:32	3:16	0:26:02	1:52	0:18:28	0:56:08	

2007 OSIM Hong Kong ITU Triathlon Asian Cup - Triathlon Result

Rank	Name	Swim	T1	Bike	T2	Run	Overall	Club
2	WONG SUET FAN	5:37	3:06	0:26:20	2:12	0:20:39	0:57:52	
3	DENNEX LUI	6:17	3:30	0:26:34	1:43	0:20:40	0:58:42	Energetic Triathlon Shatin
4	KONG SUI TING	6:20	4:59	0:28:51	2:55	0:18:22	1:01:25	
5	WONG WEN MEE JOYCE	6:39	3:23	0:33:41	3:04	0:24:03	1:10:48	Energetic Triathlon Shatin
6	FUNG CHING	5:27	5:48	0:37:38	3:31	0:24:05	1:16:28	
7	CHEUNG HONG NI	7:55	3:50	0:46:30	2:36	0:22:51	1:23:41	
	NATALIE THORNTON						DNS	
	LAM WAI YEE						DNS	Energetic Triathlon Shatin
	LUI LAI HAN						DNS	
<u>Fun Triathlon - Female Veteran</u>								
1	PAULINE TSE	6:04	3:26	0:26:46	1:46	0:16:13	0:54:13	Titan Triathlon
2	LAM PUI YEE	6:15	3:13	0:29:47	2:09	0:18:41	1:00:03	Titan Triathlon
3	TAM MEI LING	6:47	3:50	0:28:43	2:15	0:18:55	1:00:29	
<u>Fun Triathlon - Male Junior</u>								
1	LI TSZ HEI	3:32	1:55	0:20:21	1:18	0:12:37	0:39:42	Energetic Triathlon Shatin
2	AU CHI HIN	3:22	1:55	0:20:29	1:28	0:13:05	0:40:17	Energetic Triathlon Shatin
3	WONG HO KAN	3:29	2:01	0:21:09	1:24	0:12:39	0:40:40	Energetic Triathlon Shatin
4	WONG KA HO VICKO	3:21	2:11	0:22:27	1:24	0:12:53	0:42:14	Titan Triathlon
5	MITCHELMORE SAM BRIAN	3:58	2:08	0:21:48	1:25	0:13:11	0:42:28	Titan Triathlon
6	NG TSZ KIT	3:53	2:07	0:21:59	1:24	0:13:09	0:42:30	Titan Triathlon
7	WAI CHI HIM JEROME	3:30	2:24	0:20:53	1:30	0:14:54	0:43:10	Energetic Triathlon Shatin
8	LAI CHING HO TERENCE	3:35	2:18	0:20:47	1:40	0:16:01	0:44:18	Titan Triathlon
9	SHUN KIATVONGCHAROEN	3:24	2:07	0:22:04	1:44	0:15:06	0:44:23	Titan Triathlon
10	TANG HO FAI	3:57	2:34	0:21:21	1:27	0:16:08	0:45:25	Compass Sports Association
11	CHAN SIU HANG	3:23	2:04	0:24:19	1:28	0:15:05	0:46:17	
12	SIN LONG HIN	3:30	2:04	0:21:43	1:19	0:17:55	0:46:28	Titan Triathlon
13	KUN CHI HIN	4:04	2:26	0:24:34	1:43	0:14:13	0:46:58	Titan Triathlon
14	JORGE KENTO						0:48:14	Titan Triathlon
15	CHEUNG TSZ HEI	3:01	2:15	0:24:57	1:34	0:16:36	0:48:21	Energetic Triathlon Shatin
16	SIN WAI HONG	3:54	2:25	0:24:47	1:38	0:16:25	0:49:07	New Wave Swimming Club
17	CHEUNG TSZ KIT	3:32	2:19	0:23:40	1:41	0:18:20	0:49:30	Energetic Triathlon Shatin
18	NG CHI HUNG	3:56	2:39	0:24:51	1:40	0:17:33	0:50:36	
19	HUNG TSZ YU	4:33	2:59	0:24:33	1:44	0:16:50	0:50:37	Compass Sports Association
20	WU TSZ LOK	4:02	2:35	0:26:24	1:53	0:16:42	0:51:34	Compass Sports Association
21	LEE YIK HIN	5:18	2:42	0:27:24	1:34	0:15:47	0:52:43	Titan Triathlon
22	LEUNG YAT YIN GEOFFREY	5:18	2:34	0:27:46	1:44	0:15:26	0:52:47	Titan Triathlon

2007 OSIM Hong Kong ITU Triathlon Asian Cup - Triathlon Result

Rank	Name	Swim	T1	Bike	T2	Run	Overall	Club
23	MOK KWAN HO	4:18	1:54	0:25:11	1:43	0:21:00	0:54:04	Titan Triathlon
24	LEUNG YAT LAI LOUIS	4:57	2:35	0:27:58	1:35	0:17:53	0:54:56	Titan Triathlon
25	CHAN HING FUNG	4:14	2:13	0:26:35	1:53	0:22:07	0:57:00	New Wave Swimming Club
26	FAWLS ANDREW	5:04	2:49	0:28:24	1:47	0:19:05	0:57:08	Titan Triathlon
27	LEUNG TSZ CHUN	3:10	2:28	0:27:46	1:36	0:23:40	0:58:38	Titan Triathlon
28	LAU KWUN KI						1:10:41	Titan Triathlon
29	YIP PAK KWAN	4:50	3:52	0:51:25	2:10	0:38:16	1:40:30	
	LEE CHING LUNG						DNS	Titan Triathlon
	WONG TSZ HONG						DNS	
	LEE KAI YEUN						DNS	Pro-Trinity Sports Club
<u>Fun Triathlon - Male Open</u>								
1	LAU CHUN NGAI	3:28	2:10	0:20:59	1:18	0:14:03	0:41:56	New Wave Swimming Club
2	LOK LAM FUNG	4:14	2:19	0:21:27	1:41	0:15:31	0:45:09	Titan Triathlon
3	CHAN HING KUI	3:32	2:24	0:22:13	1:42	0:15:44	0:45:33	New Wave Swimming Club
4	MAK CHI CHUNG	4:57	2:42	0:21:09	1:40	0:15:07	0:45:34	Titan Triathlon
5	TANG KING MAN	3:40	2:18	0:21:51	1:37	0:17:18	0:46:42	Titan Triathlon
6	CHOW CHIU KIN	6:05	2:40	0:21:26	1:38	0:15:47	0:47:35	
7	LAI WAI KIT	4:43	2:28	0:24:13	1:56	0:17:12	0:50:30	
8	WONG HUNG LEK	4:08	2:05	0:24:37	1:49	0:18:59	0:51:36	Titan Triathlon
9	CHAN SUI FUNG	6:34	3:08	0:24:02	2:14	0:17:17	0:53:15	
10	TSUI KA CHUN	7:05	3:22	0:22:36	2:29	0:20:36	0:56:06	
11	WONG TIN KIT	7:07	2:56	0:27:24	1:54	0:17:04	0:56:22	
12	FONG WAI LIM	4:26	3:04	0:33:22	1:59	0:15:31	0:58:20	New Wave Swimming Club
13	FONG HIU KWAN	5:04	2:46	0:28:00	1:55	0:21:17	0:59:00	Titan Triathlon
14	KO KA LOK	6:41	4:12	0:28:24	2:25	0:17:47	0:59:27	
15	CHAN SHUN HIM ALAN	5:34	2:55	0:30:28	2:00	0:18:40	0:59:34	
16	SO HO YIN	5:43	4:38	0:33:03	2:31	0:17:43	1:03:36	
17	CHAN PAUL KWOK YEE	6:12	4:08	0:29:12	3:23	0:20:54	1:03:47	
18	LUI WAI KIT	7:46	4:43	0:30:45	3:02	0:17:54	1:04:10	
19	LEE YUK KEUNG	7:07	3:02	0:32:16	1:48	0:20:02	1:04:13	
20	CHOW PANG	7:21	3:51	0:35:40	1:35	0:19:36	1:08:01	
21	SO WAI HANG	5:29	4:06	0:36:36	2:14	0:20:51	1:09:13	
22	LUI WAI LUN	6:11	4:50	0:32:45	2:34	0:24:27	1:10:46	
23	LEE HO YI	4:55	4:43	0:33:43	2:59	0:25:20	1:11:38	
24	CHAN PAK KIN REEBOK	6:15	3:18	0:40:13	2:39	0:22:24	1:14:47	
25	CHAN CHUNG MAN	6:13	3:38	0:34:48	2:48	0:27:54	1:15:18	
26	CHUENG LIK HO	6:19	5:02	0:35:53	3:11	0:27:28	1:17:51	

2007 OSIM Hong Kong ITU Triathlon Asian Cup - Triathlon Result

Rank	Name	Swim	T1	Bike	T2	Run	Overall	Club
27	FAN KING LUN	7:37	3:37	0:50:22	1:45	0:16:39	1:19:58	
28	AU KING HANG	5:54	3:59	0:34:44	2:33	0:34:39	1:21:48	
29	YIP TAK CHEUN	7:13	5:37	0:39:11	4:08	0:27:22	1:23:30	
30	CHAN FUK HONG THOMAS	11:00	3:00	0:38:43	3:29	0:27:25	1:23:36	
31	TUNG CHING CHU	6:30	5:07	0:49:36	2:52	0:37:38	1:41:42	
	LEE BUI WICK BERWICK	5:05	2:57	0:40:40			DNF	
	NGAN PAK LUNG BILLY	4:23	3:23				DNF	
	FUNG HIU SIU BERNARD						DNS	
	LEUNG YAT LAI ADRIAN						DNS	
	LAM CHUNG H						DNS	
	WONG HUNG-LEK						DNS	
	TREVOR GRAHAM CLARK						DNS	
<u>Fun Triathlon - Male Veteran</u>								
1	TAM SZE LUN	3:36	2:20	0:22:18	1:33	0:12:56	0:42:42	Titan Triathlon
2	WONG CHEUK YIN	3:23	2:24	0:25:06	1:38	0:14:08	0:46:37	Titan Triathlon
3	YIM YU KONG	6:33	2:57	0:22:16	1:29	0:14:07	0:47:21	
4	CHAU HO MING	4:42	2:52	0:21:09	2:08	0:17:00	0:47:50	
5	CHEUNG MAN KWONG MANGO	4:39	2:55	0:22:36	1:31	0:16:23	0:48:01	Mango Swimming Association
6	CHU KAI CHEONG	4:54	3:05	0:24:38	1:39	0:17:04	0:51:17	
7	TSE TIN WAI	5:40	2:49	0:24:55	1:45	0:16:13	0:51:21	
8	LAM CHI CHAM	8:03	3:14	0:24:10	1:33	0:14:28	0:51:26	
9	FUNG WAI CHUNG	5:08	4:11	0:23:43	1:58	0:18:04	0:53:00	
10	WRIGHT BRADLEY STEPHEN	5:42	3:44	0:29:35	1:48	0:16:51	0:57:38	
11	LEE KING KWOK	5:48	3:55	0:28:01	2:27	0:18:03	0:58:12	
12	HUI TSZ CHUNG	6:26	2:59	0:28:13	2:29	0:18:06	0:58:12	
13	LEE KING MAY	5:27	3:43	0:28:13	2:33	0:19:51	0:59:45	
14	HO KWOK LEUNG DENNY	6:22	4:27	0:29:07	3:12	0:18:19	1:01:26	
15	CHONG WAI HO	6:38	4:33	0:30:20	2:01	0:18:56	1:02:26	
16	LAM CHI CHOI	7:31	3:51	0:32:17	2:16	0:18:21	1:04:14	
17	LEE CHEN CHING	6:52	3:41	0:25:50	3:22	0:31:16	1:10:58	
18	NG KING WAI	6:40	6:34	0:46:04	2:51	0:17:33	1:19:40	
19	WONG CHIN WANG	7:33	4:55	0:44:36	2:11	0:22:48	1:22:02	
20	TAM FU LING	7:03	4:52	0:59:07	3:37	0:25:30	1:40:07	
21	SIMON FUNG	14:04	5:04	1:10:45	3:43	0:35:50	2:09:26	
	HUI CHE SUM						DNS	
	YIP LUN MIN						DNS	