

## 2007 OSIM Hong Kong ITU Triathlon Asian Cup - Standard Distance Aquathlon Result

| Rank                                            | Name                  | Swim  | Run   | Overall | Points | %    | Club                        |
|-------------------------------------------------|-----------------------|-------|-------|---------|--------|------|-----------------------------|
| <b>Standard Distance - Female 20-29</b>         |                       |       |       |         |        |      |                             |
| 1                                               | FUNG MAN TING OLIVIA  | 10:15 | 21:49 | 32:03   | 7      | 100  | Energetic Triathlon Shatin  |
| 2                                               | WU PUI YAN NATALIE    | 09:13 | 23:56 | 33:09   | 6      | 85.7 | Sonic Sports Association    |
| 3                                               | LAU LINNETTA PING TSZ | 09:23 | 24:10 | 33:32   | 5      | 71.4 | Energetic Triathlon Shatin  |
| 4                                               | TONG CARLAY           | 10:23 | 28:34 | 38:57   | 4      | 57.1 | Energetic Triathlon Shatin  |
| 5                                               | LEUNG SHUK KUEN       | 13:51 | 26:24 | 40:15   | 3      | 42.9 |                             |
| 6                                               | POON MAN FUNG         | 13:51 | 28:13 | 42:03   | 2      | 28.6 |                             |
| 7                                               | THE SU ME             | 13:43 | 31:11 | 44:54   | 1      | 14.3 | Sonic Sports Association    |
| <b>Standard Distance - Female 30-39</b>         |                       |       |       |         |        |      |                             |
| 1                                               | HUI KA MAN AMY        | 10:13 | 23:19 | 33:32   | 9      | 100  | Energetic Triathlon Shatin  |
| 2                                               | GRACE WONG            | 09:58 | 23:45 | 33:43   | 8      | 88.9 |                             |
| 3                                               | LUI SHUK HAN KAREN    | 12:28 | 22:27 | 34:55   | 7      | 77.8 | Energetic Triathlon Shatin  |
| 4                                               | CHEUNG KAM YAN        | 11:54 | 23:44 | 35:37   | 6      | 66.7 |                             |
| 5                                               | HO KIT YING           | 13:08 | 24:38 | 37:46   | 5      | 55.6 |                             |
| 6                                               | CHAN KWAI WAH JANICE  | 12:03 | 28:04 | 40:06   | 4      | 44.4 | Titan Triathlon             |
| 7                                               | LEE CHRISTINA         | 14:17 | 27:55 | 42:12   | 3      | 33.3 | Pro-Trinity Sports Club     |
| 8                                               | YUEN YUK KUEN         | 13:01 | 29:39 | 42:40   | 2      | 22.2 | Hoi Ngai Sports Association |
| 9                                               | YUEN LAI KWAN         | 15:36 | 35:35 | 51:11   | 1      | 11.1 |                             |
|                                                 | CHEUNG WAI-YAN        |       |       |         | DNS    |      |                             |
|                                                 | CHOW PUI YAN          |       |       |         | DNS    |      | Titan Triathlon             |
| <b>Standard Distance - Female 40 &amp; Over</b> |                       |       |       |         |        |      |                             |
| 1                                               | FONG CHOI YING        | 10:48 | 24:52 | 35:39   | 8      | 100  | Energetic Triathlon Shatin  |
| 2                                               | LIEW SAU FOONG        | 12:46 | 23:13 | 35:59   | 7      | 88   | Energetic Triathlon Shatin  |
| 3                                               | TAM CHOI PING         | 11:58 | 25:43 | 37:40   | 6      | 75   | Energetic Triathlon Shatin  |
| 4                                               | PAULINE TSE           | 13:49 | 24:16 | 38:05   | 5      | 63   |                             |
| 5                                               | YEUNG SAI HEE SALLY   | 14:58 | 26:04 | 41:01   | 4      | 50   | Titan Triathlon             |
| 6                                               | LAM PUI YEE           | 14:26 | 26:46 | 41:12   | 3      | 38   | Titan Triathlon             |
| 7                                               | WONG SHUN YING        | 14:01 | 30:12 | 44:13   | 2      | 25   | Hoi Ngai Sports Association |
| 8                                               | MOK YUK MING          | 16:28 | 44:26 | 1:00:54 | 1      | 13   | Energetic Triathlon Shatin  |
|                                                 | HUNG PIK YI BETTY     |       |       |         | DNS    |      |                             |
| <b>Standard Distance - Male 20-24</b>           |                       |       |       |         |        |      |                             |
| 1                                               | LAU CHUN NGAI         | 08:56 | 21:47 | 30:42   | 5      | 100  |                             |

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|---------------------------------------|------------------------|-------|-------|---------|--------|------|-----------------------------|
| 2                                     | LAM TSZ WAI VINCENT    | 09:19 | 21:55 | 31:13   | 4      | 80   | Energetic Triathlon Shatin  |
| 3                                     | CHAN HING KUI          | 09:02 | 22:26 | 31:27   | 3      | 60   | New Wave Swimming Club      |
| 4                                     | PANG YING KEI KENNY    | 16:55 | 26:33 | 43:27   | 2      | 40   |                             |
| 5                                     | YIP CHUEN HAU          | 13:46 | 31:04 | 44:49   | 1      | 20   |                             |
| <b>Standard Distance - Male 25-29</b> |                        |       |       |         |        |      |                             |
| 1                                     | YEUNG KA MING IVAN     | 09:10 | 19:46 | 28:56   | 12     | 100  | Sonic Sports Association    |
| 2                                     | YUEN KAI LAI           | 08:17 | 21:01 | 29:17   | 11     | 91.7 | Sonic Sports Association    |
| 3                                     | LEE YUK TONG           | 12:47 | 19:06 | 31:53   | 10     | 83.3 |                             |
| 4                                     | SHIN DAVID             | 11:04 | 21:11 | 32:15   | 9      | 75.0 | Sonic Sports Association    |
| 5                                     | FONG WAI LIM           | 10:53 | 22:06 | 32:58   | 8      | 66.7 | New Wave Swimming Club      |
| 6                                     | CHEUNG MIN WAI         | 11:20 | 22:25 | 33:44   | 7      | 58.3 | Hoi Ngai Sports Association |
| 7                                     | LEE KA KUI             | 12:15 | 21:41 | 33:55   | 6      | 50.0 |                             |
| 8                                     | KWONG WAI KIN          | 14:10 | 23:21 | 37:30   | 5      | 41.7 |                             |
| 9                                     | LEUNG YU YAN, KENNETH  | 13:03 | 24:32 | 37:34   | 4      | 33.3 |                             |
| 10                                    | WONG HON BUN RYAN      | 13:34 | 27:48 | 41:22   | 3      | 25.0 |                             |
| 11                                    | TSE TIN CHEE EDGAR     | 12:36 | 33:46 | 46:21   | 2      | 16.7 |                             |
| 12                                    | LIU PAK HEI ANDRE      | 14:45 | 32:49 | 47:33   | 1      | 8.3  |                             |
|                                       | CHEUNG MAN KIT         |       |       |         | DNS    |      |                             |
|                                       | CANTWELL, DANE PATRICK |       |       |         | DNS    |      |                             |
|                                       | LAI HIN CHIU           |       |       |         | DNS    |      |                             |
|                                       | FUNG LONG SING         |       |       |         | DNS    |      |                             |
|                                       | FUNG CHI YEUNG         |       |       |         | DNS    |      |                             |
| <b>Standard Distance - Male 30-34</b> |                        |       |       |         |        |      |                             |
| 1                                     | LI CHUN PONG DAVID     | 08:22 | 20:05 | 28:27   | 22     | 100  | Energetic Triathlon Shatin  |
| 2                                     | LAM CHUNG KEI          | 09:36 | 20:57 | 30:33   | 21     | 95.5 | Titan Triathlon             |
| 3                                     | TSUI WAI YUEN          | 12:03 | 19:29 | 31:32   | 20     | 90.9 | Titan Triathlon             |
| 4                                     | WONG CHUNG MAN         | 11:55 | 20:27 | 32:21   | 19     | 86.4 |                             |
| 5                                     | SIN CHUN KWONG         | 12:21 | 20:17 | 32:38   | 18     | 81.8 | Energetic Triathlon Shatin  |
| 6                                     | LAU KWOK HONG          | 11:11 | 21:51 | 33:01   | 17     | 77.3 | Hoi Ngai Sports Association |
| 7                                     | WAN TIN LAP IVAN       | 11:29 | 22:07 | 33:36   | 16     | 72.7 | Energetic Triathlon Shatin  |
| 8                                     | HAKIM PETER PERCY      | 08:28 | 25:09 | 33:36   | 15     | 68.2 |                             |
| 9                                     | LEUNG CHING FAI        | 11:40 | 22:14 | 33:54   | 14     | 63.6 |                             |
| 10                                    | CHRISTOPHER KITCHING   | 11:14 | 22:45 | 33:58   | 13     | 59.1 |                             |

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|---------------------------------------|-------------------------|-------|-------|---------|--------|------|-----------------------------|
| 11                                    | STOFFEL, SEBASTIEN JOSE | 11:18 | 23:07 | 34:25   | 12     | 54.5 |                             |
| 12                                    | CHEUNG KIT LUN          | 11:55 | 22:35 | 34:29   | 11     | 50.0 | Titan Triathlon             |
| 13                                    | CHAN WAI FUNG           | 11:32 | 23:13 | 34:44   | 10     | 45.5 |                             |
| 14                                    | LEE MING YEUNG          | 12:44 | 22:02 | 34:45   | 9      | 40.9 | Energetic Triathlon Shatin  |
| 15                                    | WONG HON WAI            | 12:10 | 22:54 | 35:04   | 8      | 36.4 |                             |
| 16                                    | LOK LAM FUNG            | 10:50 | 24:25 | 35:14   | 7      | 31.8 |                             |
| 17                                    | CHANG WAI TONG          | 13:40 | 24:20 | 38:00   | 6      | 27.3 |                             |
| 18                                    | WONG NGAI LEUNG         | 14:43 | 24:03 | 38:45   | 5      | 22.7 | Pro-Trinity Sports Club     |
| 19                                    | CHAN CHI LEUNG          | 14:31 | 27:39 | 42:10   | 4      | 18.2 |                             |
| 20                                    | NG HON TIK              | 12:25 | 32:15 | 44:39   | 3      | 13.6 |                             |
| 21                                    | CHONG KWOK TUNG, GORDAN | 16:25 | 28:52 | 45:17   | 2      | 9.1  |                             |
| 22                                    | CHAN YUK WING, WILLIAM  | 15:57 | 30:36 | 46:33   | 1      | 4.5  |                             |
|                                       | CHAN LI                 |       |       |         | DNS    |      | Titan Triathlon             |
|                                       | FONG HIU KWAN           |       |       |         | DNS    |      | Titan Triathlon             |
|                                       | NG CHI WAI SIMON        |       |       |         | DNS    |      | Energetic Triathlon Shatin  |
|                                       | YAU KIN MAN             |       |       |         |        |      |                             |
| <b>Standard Distance - Male 35-39</b> |                         |       |       |         |        |      |                             |
| 1                                     | WAN SHU WAH JIMMY       | 09:06 | 19:10 | 28:15   | 19     | 100  | Energetic Triathlon Shatin  |
| 2                                     | MOTOKI SATO             | 09:42 | 20:06 | 29:48   | 18     | 94.7 |                             |
| 3                                     | LEE YUE HONG SAMSON     | 10:17 | 20:53 | 31:09   | 17     | 89.5 | New Wave Swimming Club      |
| 4                                     | KUT YIP MING            | 10:38 | 21:00 | 31:37   | 16     | 84.2 | Sonic Sports Association    |
| 5                                     | LIU WING HANG           | 11:28 | 21:13 | 32:41   | 15     | 78.9 |                             |
| 6                                     | CHENG CHUNG LAI         | 11:03 | 21:53 | 32:56   | 14     | 73.7 |                             |
| 7                                     | WONG KIN KENNY          | 12:22 | 21:14 | 33:35   | 13     | 68.4 | Energetic Triathlon Shatin  |
| 8                                     | WONG HO MING EDWIN      | 08:58 | 25:03 | 34:01   | 12     | 63.2 | Sonic Sports Association    |
| 9                                     | CHEUNG MAN SING         | 12:32 | 21:40 | 34:11   | 11     | 57.9 |                             |
| 10                                    | CHU KWOK LEUNG JACKY    | 11:53 | 22:57 | 34:49   | 10     | 52.6 |                             |
| 11                                    | CHAN KAM WAH MARCO      | 11:51 | 23:04 | 34:55   | 9      | 47.4 | Hoi Ngai Sports Association |
| 12                                    | LEUNG WAH TAT           | 11:26 | 23:36 | 35:02   | 8      | 42.1 |                             |
| 13                                    | WONG MING FAE           | 12:37 | 24:51 | 37:28   | 7      | 36.8 | Pro-Trinity Sports Club     |
| 14                                    | CLAUDIO SALGADO         | 12:22 | 26:27 | 38:49   | 6      | 31.6 |                             |
| 15                                    | LEE WING KWONG          | 12:32 | 27:05 | 39:37   | 5      | 26.3 | Titan Triathlon             |
| 16                                    | MAK NAI SUM             | 13:36 | 27:08 | 40:44   | 4      | 21.1 |                             |
| 17                                    | HO NAM WAI              | 14:31 | 26:26 | 40:56   | 3      | 15.8 |                             |

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|---------------------------------------|------------------------|-------|-------|---------|--------|------|----------------------------------|
| 18                                    | YU CHI-KEUNG           | 14:02 | 27:09 | 41:10   | 2      | 10.5 |                                  |
| 19                                    | LAU SAI KIN            | 13:30 | 36:14 | 49:44   | 1      | 5.3  |                                  |
|                                       | LAM YING WAI KEVIN     |       |       |         | DNS    |      |                                  |
|                                       | CHAN CHUN FUNG         |       |       |         | DNS    |      |                                  |
|                                       | CHENG MO LAM           |       |       |         | DNS    |      | Titan Triathlon                  |
|                                       | LAI KIN SUN            |       |       |         | DNS    |      |                                  |
| <b>Standard Distance - Male 40-44</b> |                        |       |       |         |        |      |                                  |
| 1                                     | TAM SZE LUN            | 08:21 | 19:32 | 27:53   | 19     | 100  | Titan Triathlon                  |
| 2                                     | CHIU KOK FU            | 10:07 | 19:13 | 29:20   | 18     | 94.7 | Titan Triathlon                  |
| 3                                     | SCOTT BURTON           | 08:27 | 22:02 | 30:29   | 17     | 89.5 |                                  |
| 4                                     | NIP LAI WO SIMON       | 08:56 | 22:23 | 31:19   | 16     | 84.2 | Energetic Triathlon Shatin       |
| 5                                     | SHI BERTRAM            | 08:45 | 22:38 | 31:23   | 15     | 78.9 | Energetic Triathlon Shatin       |
| 6                                     | MA CHI PO              | 10:34 | 22:01 | 32:35   | 14     | 73.7 |                                  |
| 7                                     | LEE YING HO            | 12:08 | 21:00 | 33:07   | 13     | 68.4 | Sonic Sports Association         |
| 8                                     | HO CHAK                | 11:28 | 22:01 | 33:29   | 12     | 63.2 | Energetic Triathlon Shatin       |
| 9                                     | WONG YIN CHEONG        | 11:41 | 22:06 | 33:46   | 11     | 57.9 | Titan Triathlon                  |
| 10                                    | MAK TAK CHEUNG         | 12:45 | 21:05 | 33:50   | 10     | 52.6 | Ma On Shan Swimming Club         |
| 11                                    | NG YUEN-FU             | 11:48 | 24:09 | 35:57   | 9      | 47.4 |                                  |
| 12                                    | FONG CHI WAI           | 13:43 | 23:14 | 36:57   | 8      | 42.1 | Titan Triathlon                  |
| 13                                    | YOUNG KWONG SUEN       | 14:07 | 23:05 | 37:12   | 7      | 36.8 |                                  |
| 14                                    | BRADLEY STEPHEN WRIGHT | 13:40 | 25:08 | 38:48   | 6      | 31.6 |                                  |
| 15                                    | CHOY YING KEUNG        | 14:36 | 25:19 | 39:55   | 5      | 26.3 | Hoi Ngai Sports Association      |
| 16                                    | YEE KWAN PING          | 13:55 | 26:42 | 40:36   | 4      | 21.1 |                                  |
| 17                                    | POON CHE WAI , BERNARD | 13:54 | 27:24 | 41:18   | 3      | 15.8 |                                  |
| 18                                    | YUEN KAI MING          | 14:48 | 28:09 | 42:56   | 2      | 10.5 | Energetic Triathlon Shatin       |
| 19                                    | CHEUNG KIN MING ALBERT | 14:30 | 30:31 | 45:01   | 1      | 5.3  |                                  |
|                                       | NICHOLAS DARGAN        |       |       |         | DNS    |      |                                  |
|                                       | BEMET STEVEN           | 08:47 |       |         | DNS    |      | Hong Kong Dragons Triathlon Club |
| <b>Standard Distance - Male 45-49</b> |                        |       |       |         |        |      |                                  |
| 1                                     | LI KA WO               | 09:21 | 21:55 | 31:15   | 15     | 100  | New Wave Swimming Club           |
| 2                                     | LAU SIU KAN            | 10:57 | 22:12 | 33:08   | 14     | 93.3 | Titan Triathlon                  |
| 3                                     | POON KWOK WING         | 11:04 | 22:34 | 33:38   | 13     | 86.7 | Energetic Traithlon Shatin       |
| 4                                     | TSANG CHUNG MING       | 12:15 | 22:13 | 34:27   | 12     | 80.0 | Titan Triathlon                  |

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|-----------------------------------------------|--------------------------|-------|-------|---------|--------|------|-----------------------------|
| 5                                             | LAU KIM WAH              | 10:44 | 24:51 | 35:35   | 11     | 73.3 | Titan Triathlon             |
| 6                                             | MAN WAI LEUNG            | 12:46 | 22:59 | 35:44   | 10     | 66.7 | Titan Triathlon             |
| 7                                             | WONG KWOK MING           | 13:32 | 22:46 | 36:17   | 9      | 60.0 |                             |
| 8                                             | KWOK SUI WING            | 14:09 | 22:26 | 36:34   | 8      | 53.3 |                             |
| 9                                             | YU KAM CHOI              | 12:26 | 24:35 | 37:01   | 7      | 46.7 | Sonic Sports Association    |
| 10                                            | CHAN MING SUM            | 13:31 | 25:33 | 39:03   | 6      | 40.0 |                             |
| 11                                            | FONG SIU KEUNG           | 14:03 | 25:05 | 39:08   | 5      | 33.3 |                             |
| 12                                            | TAM KA KIT               | 12:59 | 26:42 | 39:41   | 4      | 26.7 | Ma On Shan Swimming Club    |
| 13                                            | HUI TSZ CHUNG            | 14:39 | 25:17 | 39:56   | 3      | 20.0 | Titan Triathlon             |
| 14                                            | LIU MAN-KEE              | 15:01 | 30:01 | 45:01   | 2      | 13.3 |                             |
| 15                                            | PENALOZA PHILIP          | 14:37 | 36:18 | 50:55   | 1      | 6.7  | Sonic Sports Association    |
|                                               | KAMBLI ROLF              |       |       |         | DNS    |      |                             |
|                                               | DAVID MICHAEL CARTWRIGHT |       |       |         | DNS    |      |                             |
|                                               | WONG IP CHOR             |       |       |         | DNS    |      | Titan Triathlon             |
|                                               | ANDREW PATRICK           |       |       |         | DNS    |      |                             |
| <b>Standard Distance - Male 50-54</b>         |                          |       |       |         |        |      |                             |
| 1                                             | WONG CHEUK YIN           | 08:58 | 21:59 | 30:56   | 9      | 100  | Titan Triathlon             |
| 2                                             | WONG KAM TIM             | 11:02 | 22:20 | 33:21   | 8      | 88.9 | Sonic Sports Association    |
| 3                                             | OSMANI ARMANDO           | 12:34 | 22:03 | 34:37   | 7      | 77.8 | Titan Triathlon             |
| 4                                             | CHAN KING YUEN           | 11:02 | 23:44 | 34:46   | 6      | 66.7 | Titan Triathlon             |
| 5                                             | NG CHE MING              | 12:02 | 23:20 | 35:22   | 5      | 55.6 |                             |
| 6                                             | CHUNG SHU KAU SUME       | 13:52 | 22:48 | 36:39   | 4      | 44.4 | Sonic Sports Association    |
| 7                                             | WONG KWOK WAH            | 14:36 | 24:03 | 38:39   | 3      | 33.3 | Titan Triathlon             |
| 8                                             | LIU MING T               | 13:33 | 28:17 | 41:50   | 2      | 22.2 | Energetic Triathlon Shatin  |
| 9                                             | FUNG YAN MING            | 12:13 | 30:02 | 42:15   | 1      | 11.1 | Hoi Ngai Sports Association |
|                                               | TSO CHUN BONG            |       |       |         | DNS    |      | Titan Triathlon             |
| <b>Standard Distance - Male 55 &amp; Over</b> |                          |       |       |         |        |      |                             |
| 1                                             | CHAN KAM POR             | 08:54 | 24:18 | 33:12   | 3      | 100  | Hoi Ngai Sports Association |
| 2                                             | CHAN HO KEE              | 10:50 | 23:10 | 33:59   | 2      | 66.7 | Titan Triathlon             |
| 3                                             | LAU SHIU LON             | 15:58 | 34:36 | 50:33   | 1      | 33.3 |                             |
|                                               | KOO CHOI FAI             |       |       |         | DNS    |      |                             |
|                                               | LI ANDREW                |       |       |         | DNS    |      | Energetic Triathlon Shatin  |