

2007 Aquathon Series – Race 1 Race Information

Safety

- Race Course familiarization is recommended.
- All possessions are left there at your own risk, therefore valuables belongings are not recommended

Arrival & Registration

- Read through race information, your race number can be found on the start list (which will be posted on the HKTriA website on Thursday, 12 April 2007).
- Collect your race number from the Registration Desk on race day.
- On arrival at the race venue, proceed to the Registration Desk before registration time.
- Officials will have your race number marked on your arms and legs.

Race Briefing

- The Race Briefings for will be held at the swimming pool spectator stand. Please refer to the race schedule for race briefing.
- Race Briefing will be conducted in Cantonese and English. If you have any questions relating to the Race, you should ask immediately.
- Athletes must prepare all race equipments before the race briefing
- After the race briefing, official will distribute a plastic bag for transition use.

Swim Course

Course A: 100m (1996 -1999)

Course B: 200m (1992 -1996)

Course C: 300m (Junior and Elite Junior)

Course D: 500m (Elite Open and Age Group)

Course E: 200m (Age Group)

- Athletes starting in the wrong heat or missing the heat start will not be allowed go to the next heat start and will be disqualified
- Swim suits covering any part of your arms or extending below your knees will not be allowed.
- Your swim time will be taken as you exit the water.

Transition

- At the transition area, athletes must place your race equipments at the assigned basket.
- Official will help you to pack your race equipments after swimming; athletes should collect your equipments at the Event Center after the race with the presentation of number cloth. Event Center will be located at Kowloon Tsai Sports Ground.

Run Course

Course A: 1.5km (1996-1999) – 1 loop

Swim Exist → A → B → Finish Line

Course B: 2.9km (1992-1995) – 2 loops

Swim Exist → A → B → C → D → B → Finish Line

Course C: 2.9km (Junior and Elite Junior) – 2 loops

Swim Exist → A → B → C → D → B → Finish Line

Course D: 4.3km (Elite Open and Age Group) – 3 loops

Swim Exist → A → B → C → D → B → C → D → B → Finish Line

Course E: 2.9km (Age Group) – 2 loops

Swim Exist → A → B → C → D → B → Finish Line

- Your race number must be visible on your front throughout the run. Offender will be disqualified
- Male athletes must wear a running top throughout the run course. Offender will be disqualified.
- Competitors must count their own laps.

Run -Band Collection at Point B

Course	No.of Run -Band
A	1
B	2
C	2

D	3
E	2

Race Finish

- Race results for awardees of each category will be announced on race day only. Full result will be published on the web site (www.triathlon.com.hk) on Monday, 23 April 2006 (afternoon)
- The Ultrakids category will receive finisher certificate and the certificate will be distributed within 3 weeks after the race. If the athletes represent any affiliated clubs of HKTriA, the certificate will be distributed via your clubs.

Appeal

- Appeal is accepted only within 30 minutes after race and completed the "Appeal" form together with HK\$100 appealing fee. Appeal fee will only be refunded upon successful appeal.

Other Note

- Competitor is responsible for following the correct race course.
- All competitors must obey the instruction of race officials at all times. Failure to follow the instruction may result in disqualification.
- Athletes must report to Registration for withdrawals.
- Organizer reserves the right to change the schedule or event detail as necessary. This including moving the race forward. Athletes are advised to arrive at the race site early.
- Race result will be calculated according to the official clock.
- Parents are not allowed to enter the transition area or run with the competitors during the race. Otherwise competitors will be disqualified.

Inclement Weather/ Conditions Warnings

- If Typhoon Signal No.8 or above is hoisted at any time from 12:00 noon on the day before race, the race will be postponed.
- **For the Ultrakids Race:** If the Typhoon Signal No.3 / Amber Rainstorm/ Red Rainstorm/ Black Rainstorm/ Thunderstorm/ Landslide warning being hoisted at any time after 06:00 on race morning, the race will be postponed.
- **For the Elite/Junior and Age Group:** If the Typhoon Signal No.3 / Amber Rainstorm/ Red Rainstorm/ Black Rainstorm/ Thunderstorm/ Landslide warning being hoisted at any time after 11:30am on race morning, the race will be postponed.
- Should the above Inclement Weather / Condition Warnings being hoisted after the commencement of the race, the Race Director has the right to change the course distance or arrangement (e.g. triathlon to aquathon, etc) or to stop the race. Should the race being stopped, the race will be either cancelled or postponed.
- Please check the race day weather from the Hong Kong Observatory (Tel: 1878200)

Enquiries:

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